Issue 3 *Vol.* 7

the trinae September 11, 2023



La Entrada en Monterey Bay A celebration of diversity and Hispanic culture

Nicholas Zuniga Staff Writer

During the third week of the semester and Hispanic Serving Institution (HSI) week at California State University, Monterey Bay (CSUMB), new students are still settling in. A large part of settling in is through finding those who welcome you - developing your community. Last Friday, Sept. 8, a multitude of students (at least 25) gathered in the main quad for just that, community.

Any student was welcomed at this event, many attending with different mindsets. When asked about her reason for coming, Derelim Bautista, a third-year student, said, "Free food! And, I wanted to meet other people. I feel like it's important to establish something for people to have a sense of belonging, and they could also socialize because school's stressful and it's important to make connections."

Coordinators of this event offered different types of tamales (pork, chicken, vegetable), paleta candies and sweet horchata for the sunny afternoon. "I think it's very



important to bring the aspect of diversity and unity onto our campus; I feel like that makes us a stronger campus as a whole," said Corina Rodriguez, the El Centro student

"Also just connecting with fellow students, making new friends, meeting the staff - that's very important as well. I think [feeling empowered by] pursuing a higher education is important to a lot of students," said Rodriguez.

Considering how this event took place during Hispanic Heritage Month, La Entrada was a celebration of diversity and Hispanic culture within our university.

"I was walking by and I saw the free tamales and horchata and I saw the little flags. My family is from Guatemala, both of my parents are Guatemalan, and that's the first time I've seen a Guatemalan flag here on campus," said Bryan Pablo, a first-year student. "Seeing that, it kind of hit hard, because I haven't seen my parents in a while. That and the free food and events, I [feel] a sense of belonging, I guess."

One activity that stood out at this event was a "letter to self," where students could write themselves letters which would return to them by the end of the school year. In regards to future activities, Rodriguez elaborated on an event to look forward to during the coming week.

"El Centro is gonna be working with the Cooperative Learning Center (CLC) throughout the semesters and for the years to come, hopefully. The CLC's actually hosting an event for Hispanic Heritage Month and it's gonna be on Tuesday, Sept. 12 from 11 a.m. to 1 p.m. They'll have free breakfast, coffee and conchas and [it will be] a good place to learn about resources on campus."

Here's to a prosperous Hispanic Heritage Month!



Men's soccer

Read about the Otters' victorious season home opener.



Game review

"The Root" combines fantasy, strategy and engaging storytelling.

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Helene's Vineyard

Need a wine recommendation? Look no further.



Campus

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De-stressing with free yoga classes

Emme Ryffel

Contributing Writer

In an effort to provide students support in both mental and physical health, Basic Needs has collaborated with the Otter Student Union (OSU) to introduce All Student Yoga. Yoga classes will take place three times a week for students, as well as a yoga class provided for staff once a week.

"With Basic Needs, we have the food covered, we have the clothing covered, all of those pieces that folks think of right away when they think of basic needs," said Robyn Decanto, Basic Needs program coordinator and yoga instructor.

"But really your mental health and your social and emotional wellbeing is a basic need as well," she said. Classes will be available on Mondays (8:30 - 9:30 a.m.) for students and on Wednesdays (2 - 3 p.m.) for parents and families in the East Lounge of building 12. There will also be a staff yoga class available on Wednesday from 12-1 p.m. in the Meeting House on Divarty Street.

Yoga offers a wide range of both physical and mental support. "I think it's a really great way to be active and mindful at the same time. And I think you get a lot out of it because it's kind of whatever you need. It's very based on

you," said Gillian Homick, a fourth-year transfer student.

Student yoga will also be available on Tuesday mornings from 8:30 - 9:30 a.m., in a different location - the school's meditation room. Located on the third floor of the OSU, the meditation room is available during OSU open hours and available to all students for meditation, yoga and prayer purposes. It is stocked with a few yoga mats, meditation pillows, books and more. This room serves as a quiet place for mental wellness.

The yoga classes are set at a beginner level with available variations for more advanced yogis. There is no prior experience needed before attending the guided yoga flow. "The practice that I design is really meant to be accessible for anybody, because yoga is for anybody," said DoCanto. "You don't have to be 'flexible.' You don't have to have practiced before. We want everyone in this space to be welcomed."

With a wide range of variations open to use during these yoga classes, participants will be able to advance in their practice. Visit Basic Needs on MyRaft for more information on future yoga events.



ILLUSTRATION BY ZOE KAPP

the Lutrinae

The Lutrinae is a weekly campus newspaper covering CSUMB and its neighboring areas. Here at *The Lutrinae*, our goal is not only to educate and inform the public, but to entertain, to spark creativity, to encourage diversity of opinion, and to build a sense of community on campus and with the neighboring cities.

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resume, and it is a forum

campus issues and news.

skills and build their

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The Lutrinae is a

Vol. 7, Issue 1

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Karaoke: Otters take the stage

Chris Hamilton *Contributing Writer*

Echoes of all-time favorite songs like "Yellow" by Coldplay and "Daughters" by John Mayer emanated from the Otter Student Union (OSU) on Sept. 5 at California State University, Monterey Bay (CSUMB). This could mean only one thing: the Inter-Club Council's (ICC) popular "Karaoke with the Clubs" was underway.

A welcoming crowd filled the seats in The Rookery as participants signed up to perform some of their favorite songs.

Some attendees came prepared to perform with costumes and well-practiced songs, while others were there simply to relax and enjoy the show after a day of schoolwork. What followed was a night filled with entertainment and community for students.

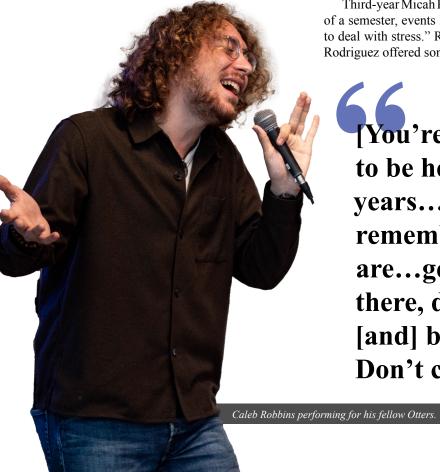
For the students brave enough to sing their hearts out on stage, an enthusiastic audience awaited. After every performance, applause and encouragement followed; it was clear the night's theme was support and camaraderie. "Events like this offer students an opportunity to bond, create memories, and meet new people...People really love to sing," said Lexi Yokomizo, a fourth-year student and ICC secretary. Her advice for success: "Just sing any Disney song - people will definitely sing along!"

Performances ranged from beautiful ballets to choreographed group performances, to karaoke newcomers giving it their all. In between acts, students mingled and introduced themselves to each other, fostering new connections and friendships.

As the night passed and performers checked their names off the sign-up sheet, the question loomed: who's next? While attendees deliberated over stepping on stage, nerves and hesitation were quickly dismissed by warm encouragement from fellow participants.

"Karaoke nights are always fun...something like this gives me the opportunity to invite my friends and do something different," said Allison Berry, a third-year student, as she considered signing up to perform.

Third-year Micah Rodriguez noted how at the beginning of a semester, events like karaoke nights "are a good way to deal with stress." Remarking on his own performances, Rodriguez offered some advice to the hesitant:



[You're] only going to be here for four years...no one's gonna remember who you are...get up, get out there, do something [and] be yourself. Don't care too much.

@the_lutrinae (🕥 (🔘) (🛊) PHOTO BY SAMANTHA HUTZ

Campus

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Vision boards:

Swiftie style (From the Makerspace)

Nicholas Zuniga

Staff Writer

Dear reader, what is your vision?

This question was answered by around 15 Swifties in the Makerspace on Sept. 8. Their answers were colorful and unique, manifested using decorative parchments, glue sticks, scissors and stamps. All the while, Taylor Swift was echoing throughout the joy-filled room. "I'm a big Taylor Swift fan... I just think [creating vision boards is] a really cool idea," said Meghan Niegam, a first-year student. "My favorite song is 'Invisible String,' and [my favorite] era is 'Speak Now Taylors Version,' but also the original," said Niegman.

Going into any semester, it is important to set goals and to set yourself up for success. As Swift would say, if you fail to plan, you plan to fail.

"People can kind of set their intentions, decide what era they're entering or maybe even exiting," said Katie Scariot, a fifth-year student and the president/founder of the Swifties Club at California State University, Monterey Bay (CSUMB). Scariot also commented, "I would say that right now I'm in my 'Speak Now' era, and I'm gonna stay there for a minute. My favorite song right now is 'The Lakes' from Folklore."

Looking around at all of the gorgeous creations, there was a shared happiness which radiated throughout the Makerspace.

Some used specific colors and patterns to represent their favorite Swift album. One participant used newspaper clippings to mimic the "Reputation album," while others utilized photographs of friends and family to add a personal flare.

"The Makerspace provides resources to students, it's a place to build community," said Rachell Hester, the Makerspace coordinator. "I feel like being able to come in here and destress as a student helps with grades and retention. I love my job... I hope it provides a sense of belonging on campus," she said.

Swift has polarized society for many years; colossal crowds adore the musician while others scoff at the idea of her.

"I love her, I love everything that she does. I love how whenever she toured for The Eras Tour, she donated to charities and food banks for the city she was in; and she gave back to the economy and surrounding small businesses," said Maggie Pereja, a first-year student. "My favorite era is 'Speak Now' because of all the purple, it's so cute!"

This fall, try to envision how you want your semester to look! It might just work out. More on Taylor Swift and her global impact to come...



COLLAGE BY ZOE KAPP



PHOTOS BY NICHOLAS ZUNIGA





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Men's soccer wipes the turf with Fresno Pacific University

Max Guerrera

Staff Writer

California State University, Monterey Bay's (CSUMB) men's soccer team secured their first win of the season in Cardinale Stadium, beating the Fresno Pacific University Sunbirds 6-1 on Sept. 5.

The energy on the field was tumultuous from the start, as multiple yellow cards were pulled in the first few minutes of the game. Kane Ritchie scored a goal assisted by Janos Kömmerling three minutes into the first half, but the Sunbirds clapped back with a goal of their own, less than a minute later.

Unsettled by the pressure, Fresno Pacific committed one of their many fouls leading to another yellow card, which Kömmerling scored CSUMB's second goal off of. The Sunbirds began to argue with referees and hecklers in the crowd, while the Otters kept their heads in the game; the first half ended with CSUMB in the lead 2-1.

The Otters added four more goals in the second half. As the men's team took care of business on the field, the CSUMB women's soccer team showed their support with some tough love and skepticism in the stands.

Goalie Jessica Zavala said that spectating is "really hard because obviously as a player you're used to being on the field, [and] you get anxious. [The men's team is] doing pretty good at attacking but [they're] causing some unnecessary fouls" during the first half.

Olivia Saenz, another goalie, added that the men's team could work on releasing the ball. "I think [they] hold on a little too long sometimes when [they] could make a simple pass or cross."

Constructive criticisms aside, the Otters blew Fresno Pacific out of the water, winning 6-1 after a 1-1 draw against Colorado School of Mines the previous Friday.



PHOTO BY MAX GUERRERA

Game Results





Columns

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Now screaming - "The Nun II"

Nicholas Zuniga

Staff Writer

Haunting theaters as of Sept. 8, "The Nun II" is something straight out of a nightmare. With terrifying imagery of a nun with piercing eyes and bloodied teeth, this film petrified audience members present at its opening night.

The film takes place at a Catholic boarding school in France during the 1950s. Living inside this school is an unholy entity who seeks an ancient relic, creating death and wickedness along the way. Upon realizing that the demon is back for vengeance (following the 2018 film "The Nun"), the church cardinal reaches out to the only nun who has encountered this evil spirit before: Sister Irene.

Sister Irene is played by actress Taissa Farmiga, most

commonly known for her various roles in the T.V. series "American Horror Story." Alongside Farmiga, we saw other stars like Storm Reid (known for her role in "Euphoria"), Bonnie Aarons (several roles within 'The Conjuring universe') and Anna Popplewell (known for her roles in "The Chronicles of Narnia").

This film is the ninth installment in "The Conjuring" universe, in which we have seen other films like "The Conjuring," "Annabelle" or "The Curse of La Llorona." Although "The Nun II" succeeded in being suspenseful, it is not the best film in the franchise. As of Sept. 8, this film scored a 53% tomatometer score on Rotten Tomatoes, which seems accurate in my opinion.

Although I watched some of this film behind the

comfort of my hands, there were some aspects which threw me off. The first being a moment of uncontrollable laughter. Later on in the film, there is a goat-like monster who is said to be the devil, and one of the students sees the goat and screams. For me, the sequencing of this scene created laughter and I suddenly lost my fear of the monster.

The end of the film was also quite confusing. It left me wondering 'what's going to happen next?' It did not feel like a cliffhanger, but more like a muddy ending to a subseries within the The Conjuring world.

Will the Nun return for vengeance? Or did sister Irene banish her for good? Try going to the theater to answer this question for yourself (if you dare).



SCREENSHOTS BY NICHOLAS ZUNIGA

Root: A woodland strategy adventure

Maxwelle Tartaglia

Staff Writer



"Root" is a delightful strategy game that invites players into a vibrant woodland world filled with cunning creatures. Each player assumes the role of a unique faction fighting for control.

First released in 2018, "Root" is a popular board game designed by Cole Wehrle and published by Leder Games. It is a 2-4 player game that has gained a dedicated following in the board gaming community. The game is known for its unique asymmetrical gameplay and beautiful artwork by Kyle Ferrin.

The game is both whimsical and complex. It is a game of strategy and asymmetric gameplay, where each player has a goal and style of gameplay that is unique to their team. The game's visual charm is evident from the start, with its endearing artwork and quirky characters.

Asymmetry between factions is definitely the most captivating aspect of the game. Each group of animals has its own distinct abilities, objectives, and playstyle. Whether you're Marquise de Cat, the cunning Vagabond, the Eyrie Dynasty, or the rebellious Woodland Alliance, each faction offers a unique experience. This asymmetry adds depth and replayability, as there are different ways to learn to play the game depending on your faction.

The core gameplay revolves around area control, resource management and tactical maneuvering. Players want to expand their presence in the forest, gather resources and achieve their specific goals for the faction they represent.

The most fun aspect of this game is its interactive nature. Negotiation and alliances between players are encouraged. However, players are also rewarded for betraying "allies" which often sparks lively interactions among players.

The learning curve in "Root" can be steep, especially for new players, as understanding the various factions and their abilities is complicated and tedious. However, the rulebook is well-written and online tutorial videos can make it much faster and easier.

"Root" is best enjoyed with a group of lively players who are willing to be immersed in its fantasy world. The game is a dynamic, ever-changing experience that rewards strategic thinking, adaptability and good spirits.

"Root" stands out as a board game with its strategic depth and charming aesthetics. If you're seeking a game that combines strategy, negotiation and delightful storytelling, "Root" should be a top consideration.

Readers eager to explore the enchanting world of "Root" can either purchase the game or delve deeper into its community by visiting the official website at ledergames.com, or they can check their nearest Target store for availability.



Columns

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Ask Max





Max Guerrera

Staff Writer

Disclaimer: This advice is meant to be helpful and informative, but it should not be taken as professional advice. Max is not an expert in any field; if you need further assistance, please refer to CSUMB campus resources.

"I decided to live off campus this semester and got a one bedroom apartment with a friend from high school in Seaside. It's been going well but this guy won't clean up after himself. He leaves food in the sink (no garbage disposal) - it's like he expects me to clean it up for him. When I ask him to do something he looks at me like I just told him to put down his dog. I need advice. How do I stop myself from strangling him?"

Dear responder,

Thank you for submitting to the column and I'm sorry that you're struggling with this. Living with friends can be complicated, but it doesn't have to be.

My first suggestion would be to sit him down and have a conversation about your expectations as roommates as soon as possible before he can develop any more bad habits. I understand that you have already voiced your concerns, but it's likely that he'll continue to dismiss them if you only mention them in passing. You can start by asking him if there's anything you can do to make your home comfortable for him so that the conversation doesn't feel one-sided; then specifically mention what's bothering you as well as other expectations you have.

It may seem uncomfortable, but devoting an entire conversation to discussing your needs will force him to look you in the eye and acknowledge that his actions have made your home a space that's uninviting.

I don't know your friend so I don't know how he was raised, but it's possible that he never learned how to clean up after himself properly. It shouldn't have to be your responsibility to teach him these things, but it's clear that there's something missing in his understanding of his own obligations as a roommate.

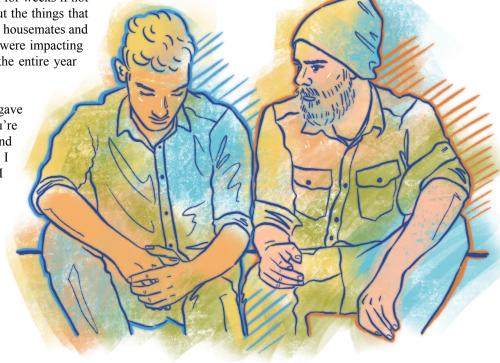
If you can identify the source of his behaviors and beliefs it'll be easier to solve the problem. There could be a difference between his definition of cleanliness and yours, so opening up this conversation will allow you to understand each other and the source of the conflict. The best way to identify the root of the issue is to ask him non-defensive questions, so try to be aware of your tone and choice of words. Even if he simply doesn't find cleanliness important, you have the right to express the way a messy environment makes you feel and hopefully, that will be enough to make him respect your shared space.

Unfortunately, these conversations aren't always as effective as we hope they would be. During my first year living on campus, I had a housemate who would leave dirty dishes in the sink for weeks if not months. We reached out to our RA and she even came over to have a discussion about the things that were bothering us. We explained that leaving the sink full made it difficult for my other housemates and I to do our own dishes. He was agreeable and seemed to understand how his actions were impacting others when we had these conversations, but my other housemates and I still spent the entire year cleaning up after him anyway.

I realize that I let this slide because I was avoiding conflict, but now I wish that I gave him a taste of his own medicine. Obviously, this isn't a diplomatic solution, but if you're stuck with him on a lease you might have to beat him at his own game as a last resort, and I think that this can be done without going overboard. For example, in my situation, I could have put all of his dirty dishes into a paper bag so that the sink was empty and I didn't have to clean up after him. You might want to be cautious with this tactic though because depending on how your roommate handles conflict, he could perceive these types of actions as a declaration of war rather than a wake-up call.

I hope that it doesn't have to get to that point, and your friend will shape up once he realizes that he's not doing his part. You can always send him this article if all else fails.

Best of luck,



The Lutrinae wants to hear your voices

Want to showcase your work in the student newspaper? Email avaladezangulo@csumb.edu to have your work considered for our next issue.

We love to see your: illustrations • short stories • poems • opinions

Columns

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Belene's Vineyard Da Vinci Chianti — A taste of Italy at Target

Helene Marie Kristensen

Contributing Writer

Disclaimer: Don't drink if you're under 21, don't buy alcohol for minors and always drink responsibly.

This week's bottle is Da Vinci. A good wine from a reputable winery or wine country doesn't have to cost a fortune. This one you could pick up at our local Target in Marina or at Total Wine and More in Sand City for \$13.99.

If you have the notion that wine from Target is considered bad or cheap, let me be the one to say you're wrong. Like with anything, there are exceptions. All it takes is a little bit of knowledge about what you need out of your wine. In other words, do you need it to be paired with food or enjoyed with your favorite TV show? In most cases, a bottle of wine from Target will do.

The initial aromas that come from this bottle of Da Vinci are of dark fruits (plum, blackberry and cherries) and spices such as black pepper. The taste lingers in the mouth, but isn't overpowering. Experts would classify this as a medium-body wine, which is a typical characteristic of a Chianti. This specific wine is created on Sangiovese which is an Italian red wine grape. Sangiovese gives a fuller, richer, fresh and more food-friendly taste to the wine.

Italian wines have a reputation of being versatile and well-rounded because they go with many different foods, as well as by themselves. Chianti is a wine with long traditions dating back to the 18th century in Tuscany. Today, Chianti is still produced in Tuscany, which is the area surrounding Florence in northern Italy. Chianti is still known as a quality wine with a good reputation in Northern and Central Europe, because of its versatility.

All wine should get some time to breathe before you

serve it; this lets all the flavors and aromas shine and get a chance to breathe. I would recommend opening a bottle about 30 minutes to an hour before consuming it - but if you don't, that's OK! You also don't need any fancy equipment to air out the bottle. Just pop the cork off and you should be good to go.

Chianti wines traditionally pair well with typical Italian dishes like pasta, pizza, chicken and lamb. However, that doesn't mean you can pick any bottle labeled Italian or Chianti and expect a perfect match with your food. Both the creation of the wine and the food play a vital role in creating a perfect combination.

A Chianti can go beautifully with a lasagna but there are some pitfalls. Be aware that if you make a vegetarian lasagna, the sweetness of the tomatoes would 'steal' flavor from the wine. While Da Vinci is sweeter than a traditional Chianti, you might need an even sweeter wine to compliment your food. However, the way you make your pasta sauce will be what ultimately affects which wine would complement it best. Da Vinci would also pair well with lighter red meats such as pork.

With that being said, it doesn't mean Da Vinci is a wine for everyone. Wines differ and so does your taste.

A recommendation from a friend, family member, or a wine expert might not suit your taste. But that's the beauty of it, we are all different. So if you find yourself thinking "No I don't like wine, this is not for me" fear not, there is probably a wine out there for you. You just haven't found

Don't be afraid to experiment! You never know when you might suddenly find your new favorite wine.



Have you joined any clubs this year? Otter Chatter

Chris Hamilton

Contributing Writer



Jason Pham **Environmental Studies** Second-year

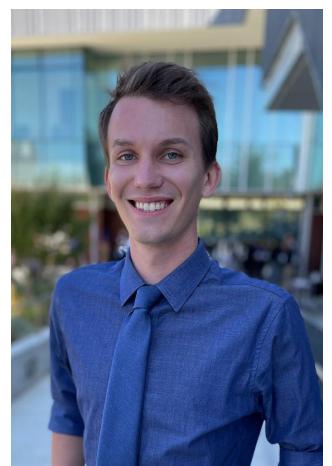
"I haven't joined any clubs this semester. There are already too many obligations to being a student and a lot of recreational activities I like to do outside of school as well."



Metzli Herrera Computer Science

Second-year

"This semester during club rush I joined the Network Security Team. It's a computer science based club dedicated to reverse engineering programs, network security, and learning about cyber security principles. I think it could help me find a career later down the line."



Micah Kendall Math

Fourth-year

"I joined the chess club this semester. I really like chess, and [there's] a lot of really cool people. It's a good time!"

8

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"Masked Ataraxia" captures moments from the heart of 831

Oscar Daniel Jimenez Iniguez

Staff Writer

Across the 831 area in its pure beauty and vastness lies an often overlooked city. To an outsider, it appears to be your average farm town, but for those who reside, it is simply known as Salinas.

Within the city lies a diverse and cultural hub ripe with people from all walks of life converging into different communities. Hardcore punk, a subculture in punk rock initially garnering worldwide attention in the late 1970s and early 1980s for its more aggressive critiques on society, has had a thriving community here in Salinas.

And for local collective Masked Ataraxia, they have been covering and capturing the rising hardcore scene taking place in the 831 through the power of photography. Masked Ataraxia started as an idea by founder and California State University, Monterey Bay graduate, Leonardo Diaz and his friends to create a collective initially intended to promote artwork from other local artists throughout the Salinas area. Since then, they have grown in size and turned that idea into a thriving Instagram account.

"There was a 10-year gap without any shows but as people were starting to bring it back I was like, dude I want to capture this, I want people to know that Salinas isn't a city of gangs and drugs, I want to show people that there's music out here trying to be built up," said Diaz.

From deep within the mosh pits, all the way to being right there on stage with artists and bands, Masked Ataraxia is there to capture those moments that can only be brought out of people through the power of music - something Diaz and the rest of the collective strive for.

"With the agenda of hardcore music, where there's anger, angst, emotions going everywhere, we want to capture a bit of what bands and what their music represents. Whether its fuck the government because they're taking money from us, or 'man I feel bad because I did something wrong.' We want to capture that emotion and give it to the people," said Diaz.

The love for the community within the hardcore scene is why the collective and Diaz capture and share such raw moments. The community means so much to them because of how genuinely accepting it has been of them and everyone else, fostering a tight-knit community.

"It's a very inviting and loving community, especially at the shows where everyone is friendly and talking. A group could be talking about Title Fight and you overhear them and you're like, 'Oh dude, you listen to Title Fight?""

The core purpose of Masked Ataraxia, according to Diaz, is intended to cultivate a community where bands and artists are given a spotlight to carve out a place for themselves in the scene. The collective believes they have fulfilled that purpose.

"We want to be a group that helps out the community. If an artist or band is nervous to start up and wants to submit photos or do anything, we have a base where they can send it to us so other people can see and enjoy it while getting an idea of other people that are in this community," said Diaz. "Whenever we take photos we send it to the artist and they can edit it however they want to and I feel like it gives them a piece of being part of Masked."

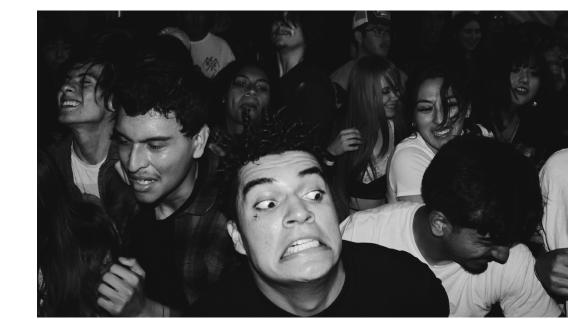
In the hardcore scene, there is a saying, "If someone falls in the pit you pick them right back up." For Masked Ataraxia, that's something they want to represent through their photos for the seasoned hardcore veterans, rookies looking to get into the scene and for the mere average observer.

"Masked gives people a bit of a different perspective on the hardcore scene because growing up in Salinas and the 831 when we were in high school people would always come to us and be like, 'You're one of those rocker foos right?'" Diaz shares. "I feel like a lot of people know that music style, but maybe they're a bit scared or not comfortable with it. But the idea is that we capture a shot, send it out there and we give a little bit of a different perspective of what people would think."

Although most of their stellar photography is centered around capturing the hardcore scene going on in the 831, Masked Ataraxia has been focusing on different genres of music and art. Regardless of whether it's hardcore punk or not, Diaz and the collective he has brought together are using photography as an art form to best represent their community and capture the moments that live on after any photo is taken.

"There are times where we catch ourselves taking too many photos because we don't want to always live in the moment but we definitely want to capture a moment to share and post it with everyone who was involved so people can be like, 'Oh snap that actually looks cool, I want to go out there and experience that for myself.""

To see what the Salinas and 831 scene is all about, check out @maskedataraxia on Instagram.









PHOTOS BY MASKED ATARAXIA

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Upcoming Events



Tuesday, Sept. 12

Are you interested in joining a fraternity or sorority? Rush week tabling will be from 11 a.m. - 2 p.m. in the Main Quad!

Tuesday, Sept. 12

Join the Personal Growth and Counseling Center for a conversation about mental health within Latino communities from 12-2 p.m. There will be games, giveaways and snacks. Register on MyRaft.

Wednesday, Sept. 13

The Health Promotion and Education program is hosting an interactive mental health day with booths that address various topics and resources. Free food and entertainment will be provided. Register on MyRaft to join!

Wednesday, Sept. 13

José Aguilar-Hernandez will be presenting on the importance of student activism in the Otter Student Union from 12:30 - 1:30 p.m. His talk will focus on the ways Chicano and Latino students of the 1990s mobilized in order to improve representation and acceptance of students of color. Registration on MyRaft is required.

Thursday, Sept. 14

The Undergraduate Research Opportunities Center (UROC) is hosting student-led meetings for researchers to share their experience and connect with peers. This will be a weekly event from 3 - 4 pm in the UROC suite of the Tanimura & Antle Family Memorial Library.

Thursday, Sept. 14

In honor of Hispanic Serving Institutions (HSI) week, there will be a cultural appreciation and folklórico dance experience from 6 - 8 p.m. in building 12. In partnership with Mexican American Nurtured Opportunity Services, the MAESTROs project will be hosting a night full of rich traditions that celebrate hispanic heritage.

Friday, Sept. 15

Join El Centro in celebrating the first day of Hispanic Heritage Month with this community event. There will be a live mariachi band, food and games from 6 - 7:30 p.m.! Register on MyRaft.

Friday, Sept. 15

To end off HSI week, the Otter Student Union will be hosting a movie night from 8 - 10:30 p.m. "La Bamba" will be featured, and popcorn and drinks will be provided! Register on MyRaft to join.



SUDOKU

In order to complete this Sudoku puzzle, you must fill in the square so that each row and column contain the numbers 1 - 9, with no repetitions within the 9x9 grid and outlined 3x3 grid.

5				4	3		9	8
			5	2				
						4		
	2							3
		3				1		
		8			6	5	4	
	9				6 2		1	
	9 6 8	5						9
	8					6		9

WORD SCRAMBLE

Can you unscramble these CSUMB-related words to uncover their true meaning?

tenmo gaurott

tlelwi tafRyM

rdo tfro dsene iscab

aduq thrno yorntomrop

ionun netudts erott snoommc gnidin

ANSWERS:

7	9	9	6	7	3	l	8	Þ
6	3	7	L	8	Þ	G	9	7
Þ	l	8	7	9	9	۷	6	ε
Z	Þ	G	9	3	2	8	l	6
9	7	L	Þ	6	8	3	G	L
3	8	6	9	l	7	Þ	7	9
G	Z	Þ	8	9	6	7	ε	l
l	9	3	L	7	9	6	7	8
8	6	7	ω	Þ	L	တ	L	9

Monte, Basic Needs, Tortuga, North Quad, Willet, Promontory, MyRaft, Otter Student Union, Fort Ord, Dining

