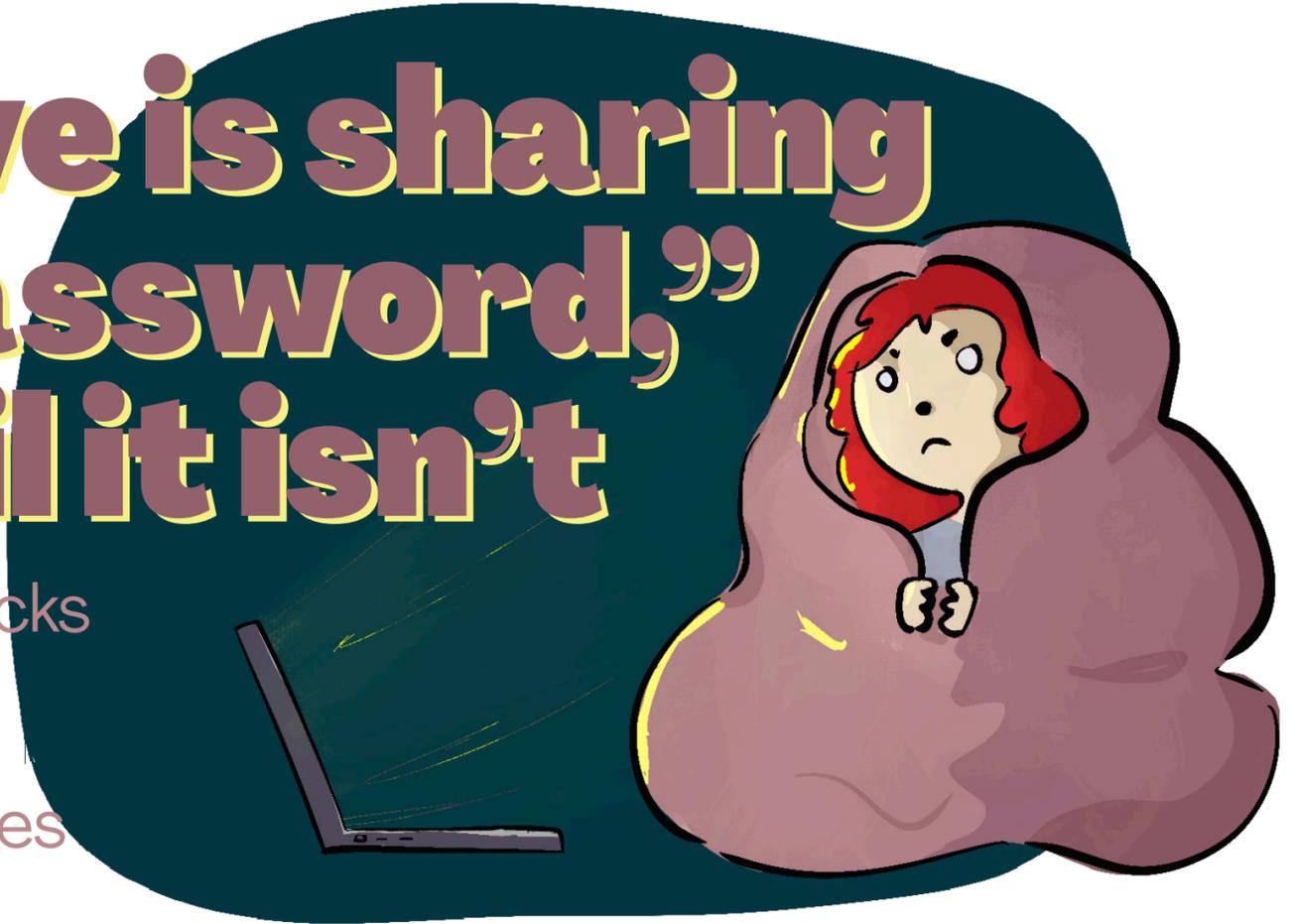


# “Love is sharing a password,” until it isn’t

Netflix cracks down on password sharing rules



Story, screenshot and illustration by Arianna Nalbach

Netflix once tweeted that “love is sharing a password.” However, as more streaming platforms emerge and the competition rises, Netflix has since decided to stop supporting their users' sharing of passwords.

Which is bad news for hundreds of California State University, Monterey Bay students who live on campus during the school year.

Chengyi Long, the director of product innovation at Netflix, posted an update on Netflix’s password-sharing policy on Feb. 8.

“We’ve always made it easy for people who live together to share their Netflix account with features like profiles and multiple streams,” it reads. “While these have been hugely popular, they’ve also created confusion about when and how you can share Netflix. Today, over 100 million households are sharing accounts — impacting our ability to invest in great new TV and films.”

The article explains their focus was to give members greater control over who can access their account, with a few new “features” in place, which the article lists as follows:

**Set primary location:** We’ll help members set this up, ensuring that anyone in their household can use their Netflix account.

**Manage account access and devices:** Members can now easily manage who has access to their account from our new Manage Access and Devices page.

**Transfer profile:** People using an account can quickly transfer a profile to a new account, which they pay for — keeping their personalized recommendations, viewing history, My List, saved games and more.

**Watch while you travel:** Members can still easily watch Netflix on their devices or log into a new TV, like at a hotel or holiday rental.

**Buy an extra member:** Members on our Standard or Premium plan in many countries (including Canada, New Zealand, Portugal, and Spain) can add an extra member sub-account for up to two people they don’t live with.

However, these features are more like parameters and raise questions, especially for the college students who aren’t able to log into their primary location (i.e. their parent’s house) once every 31 days to ensure their device is associated with their primary location.

It’s pretty straightforward: Netflix does not want anyone outside of the home to share an account, regardless of who that person may be.

Searching “password sharing” in the help center leads to one short article on the topic.

“A Netflix account is meant to be shared in one household (people who live in the same location as the account owner). People not in your household will need to sign up for their account to watch Netflix,” it reads.

While an additional member who is not living within the household can be added to a Netflix account for an additional fee that will likely be cheaper than a separate account, it still raises questions if Netflix is actually worth the extra money.

“Well not going to lie, I do use my best friend's family account for Netflix, therefore I am probably going to lose my access,” said fourth-year Matthew Lencioni. “Although I can understand that Netflix has lost a lot of money because of password and account sharing, I don’t think this is going to help them increase revenue in any way. If anything I think this change will lose customers, their money and their trust.

“I think streaming platforms are a favorite pastime of many students, however once that ‘free’ account gets taken away I don’t think most students will want to pay to

keep watching unless they really value the platform and have additional income to do so,” he said. “If anything I think students would rather seek out cheaper options amongst other platforms like Hulu.”

Fellow fourth-year Emma Alexander held a similar sentiment to Lencioni and questioned how it would affect college students.

“While I see where they’re coming from for security purposes and at the end of the day they’re a company with the goal to have more users and making more money, I think it’s ridiculous because there’s many college students using their family’s accounts as well as people using a VPN. In conclusion, not a fan,” she said.

“I think it is impractical. Like, when I think about it how would even work?” second-year Emily Silva said. “People have so many devices and Netflix has enough money to not be stingy”

In general, it appears this change doesn’t encourage Netflix account users to make their own account. Instead, the change is encouraging viewers to seek out other options.

“I use my friend’s account, and I was planning on giving up Netflix and taking the L,” said Silva.

“I don’t really use Netflix as much as I used to now, so if I lose my friend’s account it’s not going to be the end of the world,” said Lencioni. “Eventually down the line I might start paying for streaming services again, but in the meantime I’ll probably just go back to using certain free movie streaming websites I know.”



## Sleep schedules

Struggling to fix your sleep schedule? Here’s a few tips to help.



## Punk Show

Otter Media hosts a punk show featuring local artists.



## Water Polo

Women’s water polo dedicates a game to mental health awareness.



# The Wave route changes

Story and photo by Estrella McDaniel

Although the Wave won't be returning to parking Lot 71 even after the bus lane project was created, they are striving to make their rides more efficient and student-friendly, according to school officials.

As a result of the feedback from students last semester, Transportation Program Manager Sloan Campi said he decided to change the bus routes to ensure more effective and safe stops.

"There were several reasons why we changed the route; it mostly had to do with cost-effectiveness and efficiency as well as the fact that lot 71 wasn't very conducive to students waiting," said Campi.

"This is why we moved the main hub to the library, so that's where all shuttles will start and end their journeys. Now we did this because the library has the most activity on campus."

The bus lane project built in Lot 71 cost about \$14,750 and was done for safety purposes due to the Wave previously parking in vehicle travel lanes, but since the rerouting, this has changed.

"During the rerouting process, we discovered that Campus Tour Bus Operations were also dropping and picking up prospective students in another area of a Lot 71 travel lane, which was unsafe," Campi stated.

"By allowing Campus Tours to operate in this bus lane, the project serves an important purpose for prospective students, and The Wave has its own area."

This assures that the money is not being wasted and is still being used to ensure the safety of those who are coming to tour the campus.

This project is only temporary, seeing as the campus's master plan is to install a mobility hub eventually.

While the Wave's shift in routing is made to be helpful and systematic, students have found that it's not always the most comfortable or reliable.

"I like the changes that they made; sometimes I do feel like the speed bumps are a little much, especially when you're coming back from the gym," said third-year Wes Aman. "I like that we get dropped off and picked up here at the library rather than in parking lot 71. It's very convenient time-wise."

The Wave was rerouted so that it would be able to open for more students and be flexible with their schedules.

"Sometimes the buses don't come consistently," said fourth-year Mary Black. "I preferred riding the MST buses and would want the Wave to have more of a schedule and more of a way to gain access to it."

Although there are some difficulties with the system, there are many upsides to these new routes, and more progress with this seeing as it's more organized.

"We're working on more readable material and a schedule, and are looking at more ways to get the word out, and those communications are forthcoming," explained Campi.

Due to MST not coming to East Campus anymore, those who live there and don't have cars have no form of transportation on the weekends because the Wave also doesn't operate on the weekend.

"In addition, we're looking at every avenue for the weekend service and seeing what we can do to improve. We are constantly evaluating what we can do here."



## the Lutrinae

The Lutrinae is a weekly campus newspaper covering CSUMB and its neighboring areas. Here at *The Lutrinae*, our goal is not only to educate and inform the public, but to entertain, to spark creativity, to encourage diversity of opinion, and to build a sense of community on campus and with the neighboring cities.

Vol. 6, Issue 18

### The Staff

**EDITOR-IN-CHIEF**  
Arianna Nalbach  
analbach@csumb.edu

**PRODUCTION MANAGER & WEBMASTER**  
Haley Graham

**ASSISTANT EDITOR**  
Estrella McDaniel

**STAFF WRITERS**  
Ferris Crosby  
Maxwelle Tartaglia  
Max Guerrera  
Andrea Valadez-Angulo  
Oscar Daniel Jimenez Iniguez

**VISUAL EDITOR**  
Malia Savella

**ADVISER**  
David Kellogg  
dkellogg@csumb.edu

**OPERATIONS MANAGER**  
Monica Conner  
mconner@csumb.edu

### Contact

**OFFICE PHONE**  
831.582.4066

**GENERAL INQUIRIES**  
thelutrinae@csumb.edu

**ADVERTISING SERVICES**  
advertising@thelutrinae.com

**MAILING ADDRESS**  
Wave Hall  
100 Campus Center,  
Seaside, CA 93955

**WEBSITE**  
www.thelutrinae.com

### Editorial Policy

The Lutrinae is a student-run publication produced for the students of CSUMB. Opinions expressed herein do not necessarily reflect the views of *The Lutrinae*, CSUMB administration, faculty, or staff.

The Lutrinae serves two purposes: It is a training ground for students who wish to develop journalism skills and build their resume, and it is a forum for free expression of campus issues and news. The Lutrinae Editorial team will determine what to print and reserves the right to edit for libel, space, or clarity.

Advertising revenue supports *The Lutrinae* publication and events. Letter to the Editors should include first and last name and should be submitted via email. The Lutrinae reserves the right to reject any Letter to the Editor for any reason, and anonymous letters will not be published.



@the\_lutrinae

@thelutrinae

## Night owl or early bird? Yes, you can fix your sleep schedule!

Story by Helene Marie Kristensen  
Illustration by Malia Savella

As students return to school after a break, there is excitement about new classes, professors and classmates. For some students, it can also be a struggle to get up for the 8 a.m. you had to sign up for because it was the only option to graduate.

With deadlines creeping up quickly, late-night study sessions in the library or staying up too late and being social can throw a student's sleep schedule off. Is it possible to fix a lousy sleep schedule?

Patterson Emesibe, a North Quad residential life coordinator, shared some information that can be helpful to students. Here are some tips he recommends:

### 1. Waking up at the same time every day to regulate our circadian rhythm.

According to Bjørn Bjorvatn, a professor and leader of coordinated PraksisNet and leader of science group Sleep, Musculoskeletal complaints, Infection and Laboratory medicine (SMIL) at the University of Bergen, Norway, "Our biological circadian rhythms are relatively stable, and will be maintained even if subjects are isolated from factors that affect the rhythm."

This means that without light and dark affecting your circadian rhythm you will continue to follow your own internal biological clock. "It has been shown that this clock does not necessarily follow a 24-hour day. In fact, the built-in circadian rhythm under normal conditions averages just over 24 hours. This means that the biological clock must be adjusted every day, otherwise we wake up later from day to day."

### 2. If you snore, ask for a sleep study because you could have sleep apnea or maybe a mild form of asthma.

"Many people have experienced a night with bad sleep, but for some individuals the sleep problems are present almost every single night. These problems affect your performance level, both at work, school and at home.

There have been studies about the frequency of sleep disorders in various counties and most results show that between 10-20% of the grown population suffers from serious and long lasting sleep problems," says Bjorvatn.

"There are many causes of sleep problems, and within the sleep field there are six different diagnostic groups. A thorough investigation is therefore important. The symptoms may be similar from patient to patient, but the cause/diagnosis may be different," Bjorvatn explained. "Therefore, treatment should not be started before a thorough medical history and any clinical examination has been carried out."

"Should I stay up an extra hour studying to ace the big test tomorrow?" said Kevin Grobman, a California State University Monterey Bay (CSUMB) psychology professor. "Intuitively, we answer yes. But sleep is vital to every part of our health, like weight gain, suffering depression, irritability harming peer relationships, and focus loss harming schoolwork. We just don't realize how tragically common sleep-loss is. I made an activity for Introductory Psychology students where they're often shocked to witness how their sleep loss drops their quiz grades and impacts how often we trip, bump, drop and spill things."

### 3. Create a daily night routine to wind yourself down. That way, you don't go to sleep too amped or with high nervous/anxious energy because that can affect your sleep cycle.

"Exercise regularly, however, wind down at least three hours before bedtime. Avoid napping during the day, (possibly allow a nap if it's less than 20 minutes). Don't stay in bed longer than your expected sleep time," Bjorvatn advises.

continued on page 3

continued from page 2

He also recommends, “avoid coffee, tea, Coca-Cola and energy drinks (any drinks containing caffeine) after 5 p.m. Avoid using alcohol as a sleeping aid. While alcohol can help in facilitating falling asleep fast, it results in a restless sleep with many awakenings and overall worse sleep quality. Avoid a high intensity work out hours before bedtime. Create a bedtime routine and ensure you have a dark, quiet and (room with a moderate temperature). Use a sleeping mask or earplugs if necessary. Don’t look at the clock if you wake up during the night. Set aside a problem-half-hour during the afternoon, or early during the evening where you think about your worries, and problems. Avoid taking these issues with you to bed.”

#### 4. People often use melatonin, Magnesium and CBN. Try Magnesium first.

Bjorvatn agrees with Emesibe and states that “It is uncertain if melatonin has a direct impact on sleep, regardless of the effect it has on our circadian rhythm. The hormone has been branded as a possible sleeping aid, but the results of this treatment have been divided. It can be hard to differentiate the effect of our circadian rhythm, from a possible direct effect on our sleep. This means that even though melatonin decreases the sleeping in phase, it can be as a result of impacting our circadian rhythm and not our falling asleep mechanism. Avoid regular use of sleeping aids like melatonin. They do not fix your sleeping issue.”

#### 5. If you don't eat enough during the day, the feeling of hunger can keep you awake.

“Avoid being hungry when you are going to bed, but don’t eat a heavy meal right before your bedtime either,” Bjorvatn advises.

#### 6. Put your alarm in another room, close enough to hear it, so you have to get on your feet to turn it off when you wake up.

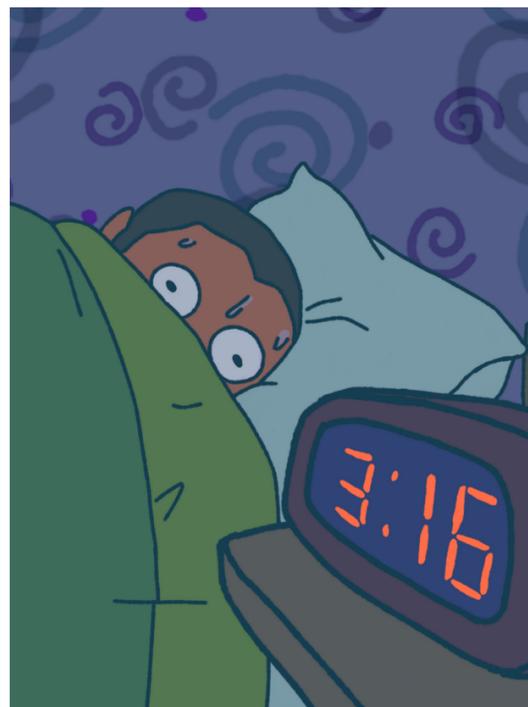
Third-year German exchange student Lynn Schneider agrees with the points given from Bjorvatn, and Emesibe.

“In order to get enough sleep during the week, it is important for me to have a consistent sleep schedule. After I decided to stick to a specific time for going to bed for several weeks, both my sleep quality and the number of hours I sleep have increased significantly,” Schneider says. “Since it has become a habit to always go to bed at the same time, I have been able to fall asleep faster. Therefore, I would definitely recommend getting into the habit of this sleep routine.”

Schneider also has some tips for fellow international Otters, or Otters who are feeling wanderlust.

“I had to deal with jetlag a few weeks ago when I came to the United States. It was definitely a challenge to get used to the nine-hour time difference. It may seem obvious, but the most important thing for me when

traveling to a country with a significant time difference is to definitely not take a nap on the day of arrival. Besides, it is very helpful to maintain a set sleeping schedule even when traveling and trying to go to bed at your ‘usual’ bedtime will help you to keep your natural rhythm.”



All about the Associated Students Fee Increase proposal for the 2023-2024 academic year

Information provided by AS

Infographic by Haley Graham

## A NEW WAVE OF STUDENT EXPERIENCE

### WHO ARE WE?

Our mission is to serve, empower and represent the concerns of a diverse student body of CSUMB as your student government.

AS touches all aspects of student life by offering:

- Direct funding for over **80** different **student organizations** and **clubs**.
- **Programs** and **services** such as food and toiletry pantries, scholarships, Box Office, Farmers Market, Otter Media, and Lobby Corps.
- Campus-wide **events** such as MB Madness, Otter Showcase, Otterlands Spring Concert, Earthfest, and more.

### FEE CHANGES

| CURRENT                        | PROPOSED INCREASE | FEE IF IMPLEMENTED IN 2023/2024 |
|--------------------------------|-------------------|---------------------------------|
| \$48                           | +\$42             | = \$90                          |
| per semester *established 2003 | per semester      | per semester                    |

**Come to the Spring '23 AS Elections to vote on the implementation of the fee increase!**

### PROS

- **Increasing** the amount of **funding** available for clubs in the Inter-Club Council and Sports Club Council.
- Providing more **scholarships** and **grants** to students.
- **Sustaining** and **enhancing** AS signature Services and Programs
- **Building capacity** for shared governance.

### WHY NOW

**STUDENT ENROLLMENT**

For the past 20 years, while our student enrollment grew from 5,300 to 6,550, our student fees have remained unchanged. The rising costs of providing our services has created an unsustainable funding level to continue serving the student body. The new proposed fee allows us to continue and expand essential services, scholarships, and programs without substantial cutbacks.

### SERVICE USAGE

|   |   |
|---|---|
| <b>2,500+</b> student organization members                        | <b>1,600+</b> students attended AS events               |
| <b>600</b> students on average attended AS Weekly Farmer's Market | <b>40</b> scholarships awarded in the amount of \$9,300 |

### CONS

- **Financial impact** to students with the increased fee.
- Not every student may **use services**.
- Students may be **unfamiliar with AS** operations, programs, and services offered.

SCAN QR CODE FOR MORE INFO

\*Data retrieved from MyRaft & 2021/2022 AS Reports

**For questions or comments about the fee proposal please contact [as@csumb.edu](mailto:as@csumb.edu)**

02.20.23

thelutrinae.com

# Otter Media's Punk Show rocks CSUMB away

Story and photos by Oscar Daniel Jimenez Iniguez

Otter Media hosted its largest and most ambitious project yet "Punk Show," a concert that brought students and fans of punk together from across the Monterey Bay area to rock the night away and enjoy the music of local bands in the Meeting House at California State University, Monterey Bay (CSUMB).

The first band in the lineup was Tortured Habits, with bassist and lead vocalist Colin Sullivan who gave an infectious and enthusiastic set. However, because a drummer was not available, he performed by himself for the majority of the show until Odder's drummer Dylan Thomas stepped up to the drums and delivered a wicked performance.

The WET Possums took the stage after with Troy Loper on drums, Jared Watson on trumpet, Jordan Heiny on keyboard, tambourine and vocals, Riley Romero on bass and vocals, Stone McDonald on guitar, and Ian Morram on lead vocals. They combined a myriad of instruments to deliver the night's most boisterous and energetic performance.

Following them was Odder with Adrián Maraquez on guitar, Leo Diaz on keyboard and vocals, Jesus Ayala on bass, Thomas on drums and Chris Ayala on vocals. They gave a stellar performance that exuded a rhythmic-like atmosphere throughout the entire venue.

The night ended with GOSH, with Jayden Bocaling on drums, Maya Durham on bass and vocals, and Ethan Dennerle on guitar and lead vocals. They blended hardcore punk aesthetics with riveting vocal performances that sent the audience into a craze.



As the performances from each band were nearing the end, the roaring yet respectful audience of roughly 220 students wanted more, constantly shouting for an encore, which in the end was graciously and enthusiastically given to them by all the bands.

Despite the attendees going hard on the floor and in the mosh pits that occurred ever so often, an emphasis was placed on safety being a top priority. When audience members occasionally fell down, others were there and ready to pick them right back up and continue the night of fun.

Punk fans were not the only ones in attendance, as throughout the night CSUMB's mascot Monte Rey made several appearances in the audience and on the stage rocking away with the bands.

Otter Media Student-Coordinator Jillian Hintz and Production Manager Micah Stamps felt as if the event was successful despite having to turn down over one hundred people waiting in line outside in order to comply with the maximum occupancy of the venue.

"The event went exactly as it was supposed to go. I think that the punk community who are usually not given a place in a lot of the school events finally got an event that they enjoyed to the fullest extent. I think it overall made a lot of memories for students and people who showed up," said Stamps.

Hintz believes that because of the large turnout, Otter Media will be able to host another punk show at a larger venue that will give more bands and fans a platform to express themselves through punk rock.

"We're doing this again," said Hintz. "This is happening again, hopefully at least once a semester."



# Water polo dedicates game to mental health awareness

## Otters lose 10-5 to Northridge

Story and photos by Oscar Daniel Jimenez Iniguez

The California State University, Monterey Bay (CSUMB) women's water polo team was defeated by visiting California State Northridge, the No. 25-ranked team in the nation, 10-5 in a game dedicated to raising mental health awareness on Feb. 17.

Before the game, all players were given a chance to write why they feel they matter on a banner that said "I matter because..." The referees and staff members for both teams were wearing green ribbons for mental health awareness. Attendees were also offered green ribbons to wear to show support.

The Otters started the quarter off by giving up three consecutive goals all to Matador Dorottya Telek (#15). Monterey Bay could not stop the Matadors' strong offense and defensive front until the last minute of the quarter when goalie Megan Taylor (#1) saved two shots on goal along with Autumn Day (#10) scoring one goal.

The second quarter followed a similar trend as the Otters managed to score another goal, with the Matadors only scoring one. Going into the half the Otters were down by only three goals, however they could not hang on to the Matadors' level of play and were outplayed and outscored 6-3 in the second half. The Otters fell to 2-5, while the Matadors improved to 6-3.

During halftime, CSUMB volleyball players Jackie Wahl and Kaila Uota were given a platform to promote The Hidden Opponent club (THO), a nonprofit national organization aiming to raise awareness and address student-athlete mental health and the stigma within the culture of sports.

Wahl and Uota opened CSUMB's first chapter of THO and are serving as the club's campus captains. They strongly believe in the message of the organization and want student-athletes at CSUMB to know they are not alone and have a safe place to come to if need be.

"We as student-athletes want to shine light on mental health being just as important as physical health and to honor the lives lost as a result of lacking mental health services within athletics," said Wahl.

If you are interested in joining the THO chapter at CSUMB follow @tho\_csumb on Instagram for more information.

For more information on upcoming games, visit [otterathletics.com](http://otterathletics.com).

*See all game scores on page 8.*



# Create with Each Otter

Story and photos by Estrella McDaniel

With fun, creative ways to display that you care about others, California State University, Monterey Bay (CSUMB) Personal Growth and Counseling Center co-hosted different events to help show random acts of kindness.

One of them included a create with each "otter" event located in the Makerspace, where people could make beaded lizards, otters and more. Create fun bracelets, keychains and buttons to gift to yourself or give away as an act of kindness.

"The random acts of kindness week are something that's new for us this year, and it's a result of us just wanting students not only to take a minute to be kind to others but be kind to themselves," said CSUMB Health Promotion and Prevention Manager, Gary Rodriguez.

The students were invited to different events to spread positivity and use the outlet given to them.

"Part of the event is a collaboration, and our goal in the Makerspace is always to provide some kind of engagement or student center success activities and something fun for the students to do, and I thought it would be a fun activity," said Rachell Hester, a Makerspace coordinator.

Hester tries to create a safe environment for students to come to de-stress, along with finding a comfortable place just to be themselves and be open.

"I feel like if more people knew about it, more people would be there, but these events really help bring out your creativity like with one event, I didn't even know I was into button making until that event," said third-year Haley Bartlett.

Participants could make things for the event or also make their own creations.

"I like that there are events and I like how they give you the option to de-stress and I think they're accommodating and that they should do more of them," said first-year Flynn Mccartney.

Individuals are on site to help participants with step-by-step instructions.

The Makerspace is a free resource and is located on the third floor of the library, room 3125. The organization also provides all of the materials for free.

"You can come up to any of our student assistants," Hester said. "You should come to the Makerspace because every person who comes through the door shows that it is a valuable program. I want that to continue."



# Dive into the Ords

Story and photo by Arianna Nalbach  
Flier courtesy of In The Ords

The California State University, Monterey Bay (CSUMB) campus literary journal, In The Ords, is looking for new creatives to feature in their spring semester publication.

Once every semester, In The Ords publishes an issue comprised entirely of students' creative works centered around the same theme such as poems, short stories, or visual art.

"We love visual art. We don't get a lot of it," said fourth-year In The Ords President Alanah Hunsdorfer.

"Our theme for this semester is 'dive,'" she said. "Every semester, we have guiding questions to narrow down their work if they choose to submit it to us. So we're just asking people to dive into themselves and what makes them who they are and dig deeper into the self."

Club members helped to decide on the semester's theme; Hunsdorfer expanded a bit on what that process looks like.

"Every semester, we get together as a team and we just spitball ideas. Last semester it was all about music, so someone said the music of you, and so we just took that tagline and narrowed it down to different questions," Hunsdorfer explained. "This semester, someone was like 'DIVE' as we were like 'yeah.' We just yell out ideas and then write down whatever we were thinking, narrowing it down until we like the end product."

She explained that while the officers are in charge of everything, they like to delegate roles to everyone, so there is no hierarchy and every club member gets to be a part of the process.

Hunsdorfer went on to talk about how she first became involved in the club and her journey within it since joining in the fall of 2021, mentioning that one of her professors was the advisor of In The Ords at the time. Daniel B. Summerhill, Monterey County's poet-laureate and a CSUMB assistant professor, is currently the advisor.

"He just talked about it in class, and I was like, that sounds exactly like what I like to do. I've always wanted to be an editor, and I love creative writing," she said. "I joined, and we weren't a club at first, and then in spring of 2022, we became a club and that helps with funding."

While club members get to be more involved with the process of picking a theme, any student is welcome to submit creative works for the final publication through their website, <http://intheords.weebly.com/>

In The Ords Presents...

## Dive

What do you dive into without hesitation?

What depths have you emerged from?

Which ones do you have yet to explore?

How do you navigate the mysteries of the self?

Where does your compass lead?

On their website, heading over to the "submissions" tab will give you all of the submission guidelines, then at the bottom, the "click here to submit" button will take you to a Google form to submit your pieces.

Hunsdorfer also explained the submission process is kept mostly anonymous to avoid bias.

"We only have one person in our club who is in charge of submissions, so none of us know who's submitted except for that one person, so we try to keep it very unbiased because we do judge the pieces as they come in and see if we want them in the publication or not."

Students will have until March 6 to submit their creative works, however Hunsdorfer stated if there are any changes to the deadline and it is extended, they will mention it on their Instagram and MyRaft.

Once they receive all their submissions, Hunsdorfer said the process is "kind of hectic."

First, the editors review all the pieces individually to decide if they fit into the publication.

"We'll say yes to most of them, but sometimes it's off-theme and doesn't fit into the publication, we'll say no. But then we'll come together, and if there's any

confusion on any of the pieces, half yesses, half nos, or all maybes, then we'll come together and talk about it in a meeting to decide if we want to accept those pieces."

She explained that while the judging and editing processes are usually done individually, they will come together as a team to finalize everything and discuss how they want to structure the publication.

"We like to have the pieces flow into each other, so we get together and decide the order of things, and then we put it together," she said. "We put it all together and then send it off to the printer, and that whole process usually takes about a month. It takes a couple of weeks to come in the mail, but then we start distributing them."

Hunsdorfer also said this semester; they are planning to invite contributors to an open mic night reading in the middle of April, where they will distribute the final publication. They hope to have the event on April 17 but will update on MyRaft and Instagram with the finalized date.

Keep up to date with everything going on with In The Ords by following them on Instagram @InTheOrds or following the club on MyRaft.

# What's your go-to Super Bowl snack?

*Otter Chatter* By Andrea Valadez



**Alyssa Phillips**  
Humanities and Communication  
Fourth-Year

"Chips, salsa, and guacamole for sure. The crunchiness of the chips just always does it for me. I also really like switching between the salsa and the guac. It's a very dynamic taste."



**Carlos Lopez**  
Marine Science  
Fourth-Year

"Probably a hot pretzel with cheese on it. If you're in a stadium that's definitely the go-to snack to have."



**Aleesha Bardwell**  
Humanities and Communication  
Fourth-Year

"I would have to say my go-to Super Bowl snack would definitely be a good wings platter. I want spicy Buffalo-style wings. Honestly, anything with hot sauce, bring it on."

## out of reach

Poem by Alanah Hunsdorfer  
Photos by Arianna Nalbach

I can't help but see you in summer  
hidden in the sunshine  
peeking through leaves of trees  
In the taste of the apricots  
hanging in my backyard  
the ones hidden at the top  
the ones waiting to be picked

Or in the smell of the sunscreen on my skin  
I remember putting it on last week  
and wondering why I found you there  
What a silly place to hide

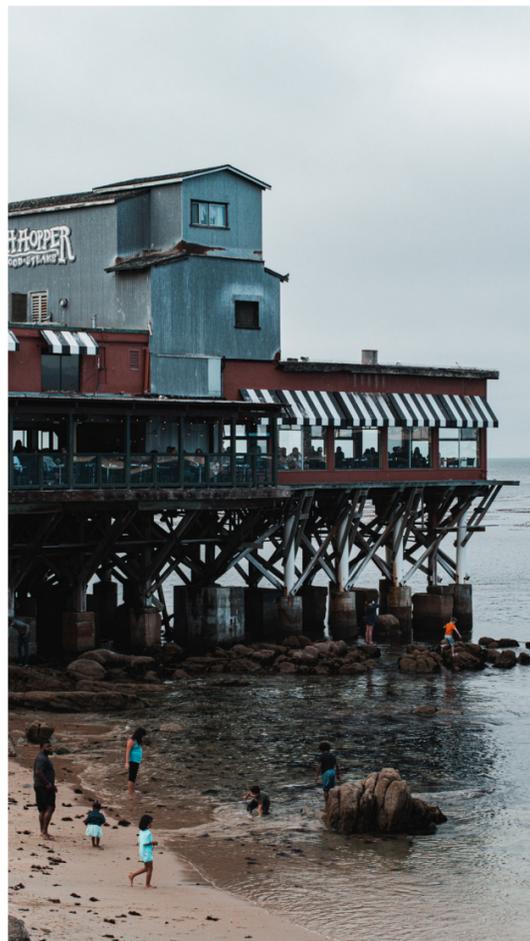
and yet I keep searching  
Looking for you in the flowers outside of my house  
pretty in a way that's overlooked  
pretty in a way that's almost unexpected  
taking you by surprise each time

I see you in old photographs  
a glimpse of you in a smile  
a hint of you in a pair of eyes

I can't escape you even in my dreams  
You'd think that's where I'd truly get to have you  
but still I'm on the outside looking in  
watching the show but never being in it

Sometimes I think that's exactly where I want you

Close enough to touch  
but just out of reach



## June

Poem by Zitlalli Macias / In The Ords

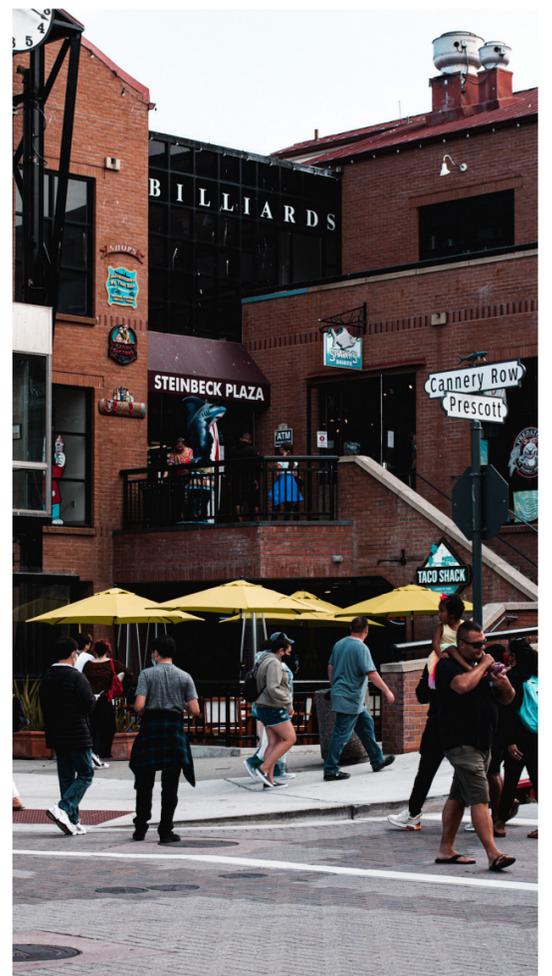
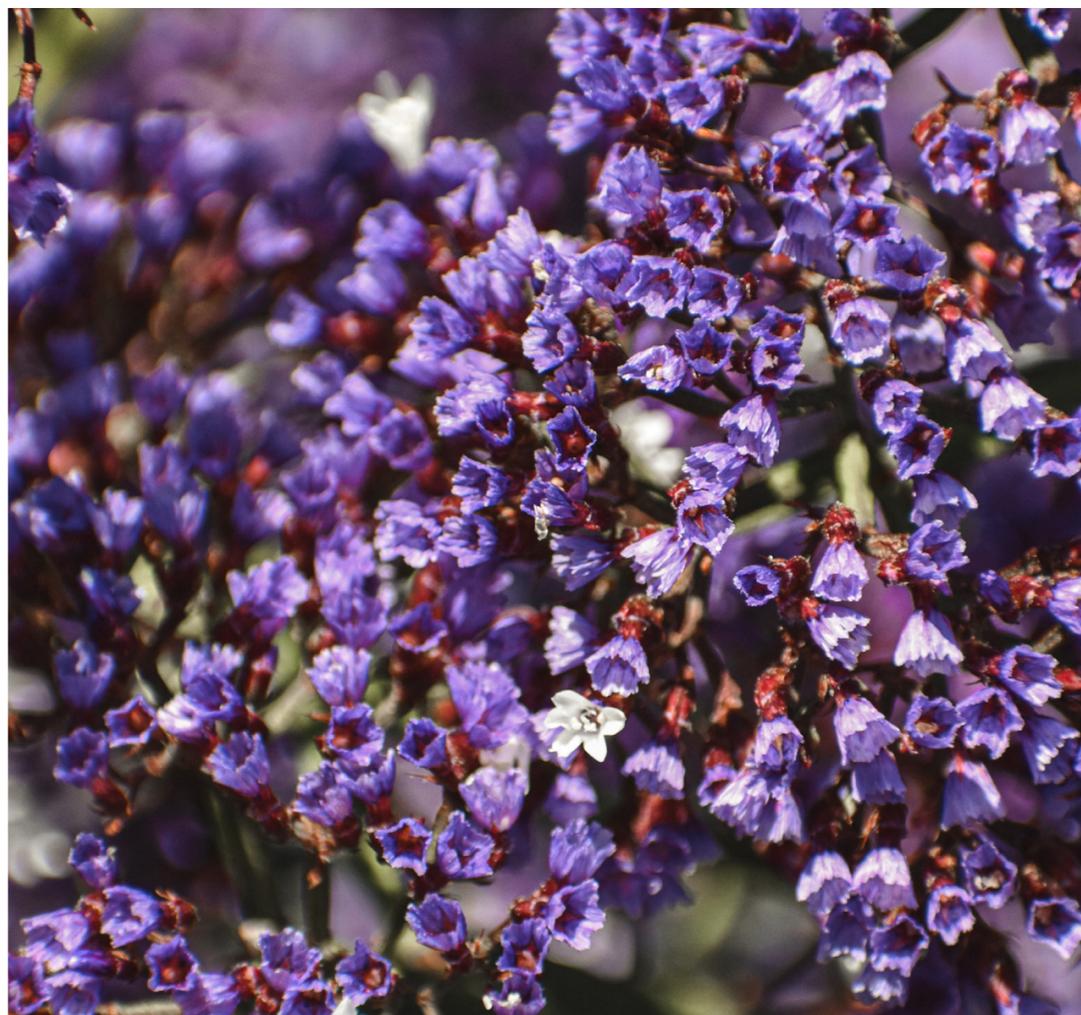
I have nothing to barter—  
A well with no water.

Only my empty hands,  
dripping with crimson,  
grasping at roses that fade to dust  
at my touch with no love to help them grow.

Only the stubborn stone  
I'm inching up the hill.  
I'd blister my feet to reach  
the peak where you stand—  
blinded by your sunlit face.

Before the stone rolls down for the last time,  
I close my eyes and leap through time to watch  
frames of refracted light and rose colored lenses,  
preserving your bitter sweetness.

I'll turn around and let the stone go—  
I'll hold my own scarred hand  
through the warmth of June.



## if life is a song

Poem by Elizabeth Wiles / In The Ords

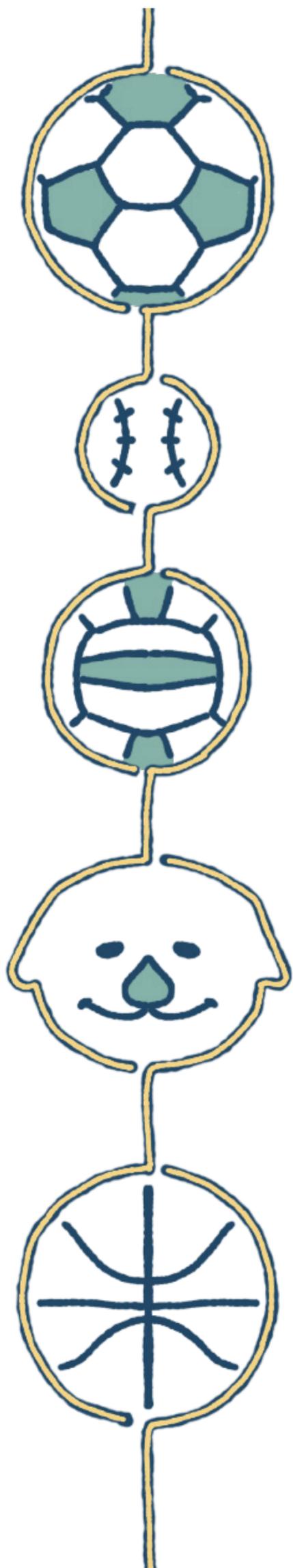
Life is a song.  
Some songs are more upbeat than others.  
As much I have hurt, as I look around the world  
and through this life,  
I am lucky...

the expression of bittersweetness  
that I can hear in these notes  
evident of a bleakness  
and hardships I haven't known

we are all trapped in prisons  
and we drag our chains on the ground  
but not all ankles clang in crimson  
adding bloody hues to the sound

that echoes in my head  
though my chains are not as long  
so restricting, this metal thread  
that's been sewn into this song

# Game Results



## Water Polo

Feb. 12 vs University of La Verne  
@ Aggie Invite

L 7 - 9

Feb. 12 vs San Jose State  
@ Aggie Invite

L 1 - 16

Feb. 12 vs Cal State Northridge

L 5 - 10

Feb. 18 vs Austin College  
@ Santa Clara Invitational

W 10 - 7

Feb. 18 vs Brown University  
@ Santa Clara Invitational

L 3 - 14

## Men's Golf

Feb. 13 & 14 @ Fujikura Invitational

6th out of  
12 teams

## Women's Basketball

Feb. 16 @ Stanislaus State

W 70 - 63

Feb. 18 @ Chico State

L 49 - 56

## Men's Basketball

Feb. 16 @ Stanislaus State

W 82 - 66

Feb. 18 @ Chico State

L 57 - 73

## Softball

Feb. 17 @ Chico State

W 1 - 0

Feb. 17 @ Chico State

L 1 - 2

Feb. 18 @ Chico State

W 9 - 2

Feb. 18 @ Chico State

L 3 - 4

## Track & Field

Feb. 18 @ MPC Invitational

4 out of  
10 teams

The Lutrinae  
wants to hear  
your voices

Want to showcase your work in the student newspaper? Email [analbach@csumb.edu](mailto:analbach@csumb.edu) to have your work considered for our next issue.

We love to see your:  
illustrations • short stories • poems

# February Horoscopes

Story by Maxwelle Tartaglia  
Illustration by Arianna Nalbach

## Aries (March 21 - April 19)

This month, Aries, you may find yourself feeling restless and eager for change. Try to channel this energy into positive pursuits, such as taking up a new hobby or focusing on personal growth. Your relationships may also be in focus and you may need to work on communicating your needs and desires to your loved ones.

## Taurus (April 20 - May 20)

February may bring some challenges for Taurus, particularly in finances. You may need to be extra careful with your money and ensure you're not overspending or taking on too much debt. However, there are also opportunities for growth and expansion in your career or personal life, so stay open to new opportunities.

## Gemini (May 21 - June 20)

This month you may feel pulled in different directions as you try to balance your various obligations and responsibilities. It is essential to take care of yourself and prioritize your needs, even if that means saying no to specific demands on your time. Trust your instincts and seek out supportive friends and family when you start feeling like you need it.

## Cancer (June 21 - July 22)

February may bring some challenges for Cancer, particularly in the realm of relationships. Get comfortable setting boundaries and clearly communicating your needs to your partner or loved ones. However, there are also opportunities for growth and expansion in your personal and professional life, so stay open to new experiences.

## Leo (July 23 - Aug. 22)

This is a time for creativity, Leo. Use this energy to pursue your passions and explore new interests. Your relationships may also be in focus, and you may need to work on communicating your needs and desires to your loved ones. Stay true to yourself, and don't be afraid to take risks.

## Virgo (Aug. 23 - Sept. 22)

February may bring some challenges for Virgo, particularly in the realm of work and career. You may need to be extra careful with your deadlines and make sure you're not taking on too much at once. However, there are also opportunities for growth and expansion in your personal life, so stay open to new experiences and try to find balance in all areas of your life.



## Libra (Sept. 23 - Oct. 22)

This month, Libra, you may be feeling extra social and outgoing. Use this energy to connect with friends and loved ones, and don't be afraid to step out of your comfort zone and try new things. You may also find opportunities for growth and expansion in your career or personal life, so stay open to new experiences and be willing to take risks.

## Scorpio (Oct. 23 - Nov. 21)

February may bring some challenges for Scorpio, particularly in the realm of relationships. You may need to work on setting boundaries and communicating your needs clearly to your partner or loved ones. However, there are also opportunities for growth and expansion in your personal and professional life, so stay open to new experiences and trust your instincts.

## Sagittarius (Nov. 22 - Dec. 21)

Sagittarius, you may be feeling extra adventurous and curious. Use this energy to explore new places, try new things, and not be afraid to take risks. Your relationships may also be in focus, and you may need to work on communicating your needs and desires to your loved ones. Trust your instincts and stay true to yourself.

## Capricorn (Dec. 22 - Jan. 19)

This month, Capricorn, you may need to pay extra attention to your finances. Make sure you're sticking to a budget and not overspending, and consider ways to increase your income or reduce your expenses. It's also an excellent time to focus on your career and professional goals. You may be presented with new opportunities for growth and advancement, so stay open to new experiences and be willing to take risks.

## Aquarius (Jan. 20 - Feb. 19)

This month, Aquarius, you may feel a sense of excitement and enthusiasm for the future. You may feel more creative and inspired than usual, which is an excellent time to explore new hobbies or creative projects. You may also find that your social life is more active, and you may enjoy spending time with friends or joining new social groups. Be wary of potential burnout.

## Pisces (Feb. 20 - March 20)

This month, focus on your personal and emotional well-being. Take time for self-care and to address any emotional issues. Focus on communication and building solid relationships in your professional life and follow through on your commitments.

Can you unscramble these Spring-related words to reveal their true meaning?

ingangle

eegrn

nira

liapr

chrma

oolbm

erstea

engnigadr

serwofl

nynbu

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
|   | 1 | 3 |   |   |   | 8 |   |
|   |   | 4 | 5 |   |   |   | 3 |
| 8 | 7 |   |   |   |   | 4 |   |
| 7 | 5 | 8 |   | 2 |   |   |   |
| 3 |   |   |   |   |   | 9 |   |
|   |   |   |   |   |   |   | 6 |
|   |   |   | 7 | 6 | 4 | 9 |   |
|   |   |   | 8 | 5 |   | 1 |   |
|   | 9 |   |   | 4 |   | 6 |   |

Answers:

|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| 8 | 6 | 3 | 4 | 2 | 7 | 5 |
| 2 | 1 | 5 | 9 | 8 | 6 | 4 |
| 5 | 6 | 4 | 9 | 7 | 3 | 1 |
| 6 | 2 | 7 | 8 | 5 | 3 | 1 |
| 7 | 4 | 9 | 6 | 2 | 8 | 5 |
| 1 | 3 | 8 | 5 | 7 | 6 | 2 |
| 3 | 6 | 2 | 1 | 4 | 8 | 9 |
| 8 | 7 | 5 | 9 | 6 | 3 | 2 |
| 9 | 2 | 4 | 5 | 8 | 1 | 6 |
| 6 | 1 | 3 | 4 | 7 | 2 | 5 |

Cleaning, Rain,  
March, Easter,  
Flowers, Green,  
April, Bloom,  
Gardening, Bunny