

Event discusses women's rights struggle in Iran



Kasey Shay from the international office gets her copy of Ava Homa's "Daughters of Smoke and Fire" signed on Nov. 15.

Story by Estrella McDaniel
Photos by Arianna Nalbach

Due to recent events of Iranians and their education systems having an impact on world peace, state department official Andrew Loomis and local novelist Ava Homa spoke out at the Women's Rights Movement in Iran Keynote in California State University Monterey Bay (CSUMB).

This event took place on Nov. 15 in the Student Center, West Lounge and via zoom.

"The topic matter that animates this event has echoed with my personal life and professional career," said Loomis, senior advisor for external relations for the state's department under the secretary of public diplomacy and public affairs. "With this came deep interactional engagement, academic work in the study of war and peace, and a focus on individuals as a persistent source of resistance as well as resilience."

Everything that Loomis gained from his experiences has all circled him back to the essential truth that local populations are often in the background prevailing exponentially in history over time.

"In both of these domains, the global and the societal, education is essential in deepening our understanding of these trends and equipping ourselves to make better decisions," said Loomis.

His closing consisted of Loomis stating, "two broad paths are preordained, but rather a product of decisions and hopefully informed decisions that can change the course anytime."

Homa, an award-winning author, journalist and activist, opened by saying, "We're gathered here today in honor of peace and education and everything happening in Iran. I stand before you today in honor of a peaceful unharmed message to inform you that Iranians have been asking for justice. With that, they have received in return bullets, arrests, tortured, and televised confessions."

People have been taking to the streets of Iran chanting "women, life, freedom." It is a regional and global power chant that parallels the French Revolution, but this one is a lot less patriarchal.

Homa quoted Martin Luther King, saying "injustice anywhere is a threat to justice everywhere." More than anything, mainly due to the pandemic, she bases her discussion on a movement and how it's a step toward justice.

She also talked about different unjustified cases and the struggles Iranian women went through as well as being arrested and went on to read an excerpt from her novel "Daughters of Smoke and Fire," for which she also had a signing.

After a reading of her novel Middleton asks Homa "Can you talk a little about how a novel like Daughters of Smoke and Fire gives a real in-depth look? How can it help the current protesting situation?"

"Having access to defense for sure will help people overcome that fear and create a bridge that has a sense of connection that we all need and we really starve for," answered Homa.

The next portion of the presentation included questions from the session's moderator Nancy Middleton, a CSUMB professor.

"Do you think protests in Iran are maybe typical and predictable of the types of protests we'll see in the future," asked Middleton.

"Reading the way Homa has written about the Iran protests and hearing the talk, it does sound very similar that there is a more remarkable ability to mobilize and a greater outspokenness," said Loomis. "There's a greater discussion with oppression and this concept that men taking on the part of the protest seem new and different which is the direction things are going and protests and concerns are getting broadened."

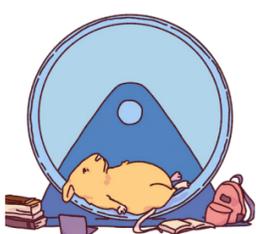
Loomis then proceeded to ask Homa, "Does it germinate domestically, or are there international components that are fueling or addressing any elements of the protests?"

"Iran does an excellent job of isolating themselves and creating a lot of enemies from the Israel region to southern Arabia to international. So I can't completely deny that a lot of countries would have an interest in seeing the government weakened. For the regional countries, I argue that other regional dictations would like to see the Iranian women succeed but not entirely because it would also put them in danger," said Homa.

From these speakers, individuals were able to get a sense of the impact of international education on world peace and discuss how we can be the change for some injustices to help stop them from happening in the future.

Class advice

Read up on a few tips to help you get back into the swing of things after the Fall break.



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Men's basketball

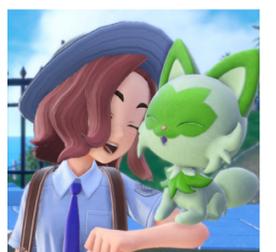
Basketball season is back, get a first look at what to expect from the men's team.



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8-Bit

Pokémon Scarlet and Violet released with a ton of glitches, but are still fun.



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Guerilla Gardening & the ice plant invasion

Submitted by Parker Jones / community journalism

Have you ever seen a gaggle of wild turkeys strut across campus? Or listened to the coyotes howl when the fire alarms go off at Strawberry Apartments? Maybe you've heard the calls of the red-tailed hawks on your way to class, or watched a fox race across a path into the shadowy protection of the wild coastal oaks. All of these creatures rely on Monterey's diverse collection of native plants: but this vegetation is being overrun.

You've probably noticed the seemingly endless swaths of iceplant—an invasive, coastal succulent that suffocates the ground beneath it, taking the nutrients away from native species. Other invasive species, such as pampas grass (the tall plants with plumes on the end) or Italian thistle (a spiky plant with purple flowers) are sprinkled across the California State University Monterey Bay (CSUMB) campus, as well as around the entire Monterey Peninsula.

The rampant growth of these invasive plants is overwhelming, but some groups and individuals on our campus are making a difference through education, or by getting their hands dirty themselves.

Bibiana Carrasco and Laura Lee Lienk work for Return of the Natives (RON), an organization dedicated to involving and informing the Monterey County community on our unique environment and its needs. They are no strangers to the importance of educating all age groups and are extremely knowledgeable on the best ways to support our native plant life.

Lienk, an adjunct faculty director for RON, provides advice for those who might try to make a change separate from other established organizations like RON. "Ask the experts, i.e., Fred Watson or Suzy Worcester from the science department, or ask RON – Christina McKnew or [myself]." She described how attempts to improve the campus by planting without consulting experts can sometimes do more harm than good, even resulting in the arrival of more invasive species if the planters haven't done their research.

Rogue planting like this is called guerilla gardening, a movement with the goal of beautifying and utilizing land by spreading seeds or planting. CSUMB has empty space galore; a quick look behind the library and you'll see relatively open space. Add in the acres covered by ice plant or our semi-manicured lawns, and you have the perfect target for guerilla gardening. It's a movement with good intentions, and sometimes good results.

CSUMB student Trent Itow is trying to make a difference on his own. Before and after classes, Itow dedicates his time to pulling ice plants from the dunes close to campus, searching for native (often rare) species that have been covered. These native plants are usually shrived and small, blocked from the sun and in soil that has been drained of nutrients. "I purposely went there to look for those native plants hidden in the iceplant and I thought, 'Oh [shoot], they're getting suffocated.'"

Itow has done extensive research on native plants in order to avoid contributing to the problem, something Lienk also recommends when planting. The easiest (and cheapest) way to start becoming active in environmental issues is through education, one of RON's main effects on the Monterey community. "Our mission is to bring nature closer to people," describes Carrasco, a community outreach and volunteer coordinator for RON. "And

people closer to nature through hands-on experiences in community based habitat restoration and environmental education."

Itow also understands the importance of education and not just for the safety of the environment. "I've had someone ask me, 'How come you're pulling this out' and I showed them, 'This is the native plant.' It's valid, like, why are you pulling out this plant, but it's for a good reason."

This isn't the first time Itow has been approached and risk is a part of unsanctioned environmental work. Guerilla gardening is above all an act of resistance. In most cases, it isn't legal to plant without permission and it can be difficult to receive that permission. What if the land belongs to the city, or the state? Or what if someone says no? These are the risks and hurdles faced by environmental leaders. And yet, they don't give up.

With news of hurricanes, fires, melting ice caps and other climate-change related disasters flooding our Instagram feeds, it can seem like the average college student can do nothing to stop the destruction of our environment. Organizations like RON and individuals like Itow are making a difference, proving that even small changes can turn into something greener.

Tips to stay afloat after the break

By Maxwelle Tartaglia
Illustration by Malia Savella

Whether you went home or stayed on campus, the time to yourself during Thanksgiving break is well deserved. However, as the break comes and goes, it is easy to feel as though all of the information you have retained over the course of the semester is fading away. Here are some tips and tricks to help you make sure that all of your hard work does not go to waste.

Practice

Creating a short 20- to 30-minute session to do practice problems throughout the break and after coming back can also be extremely helpful. This tip may be the most difficult to bring yourself to do but it ensures that you stay on top of your work and can even begin to prepare you for the upcoming material that you will face as the end of the semester approaches.

Review old material

While it may seem like the last thing you want to do, reviewing course work can be very rewarding. Consider taking the time to simply look over relevant coursework on Canvas or recent graded assignments that can ensure that no material looks completely foreign to you when you return.

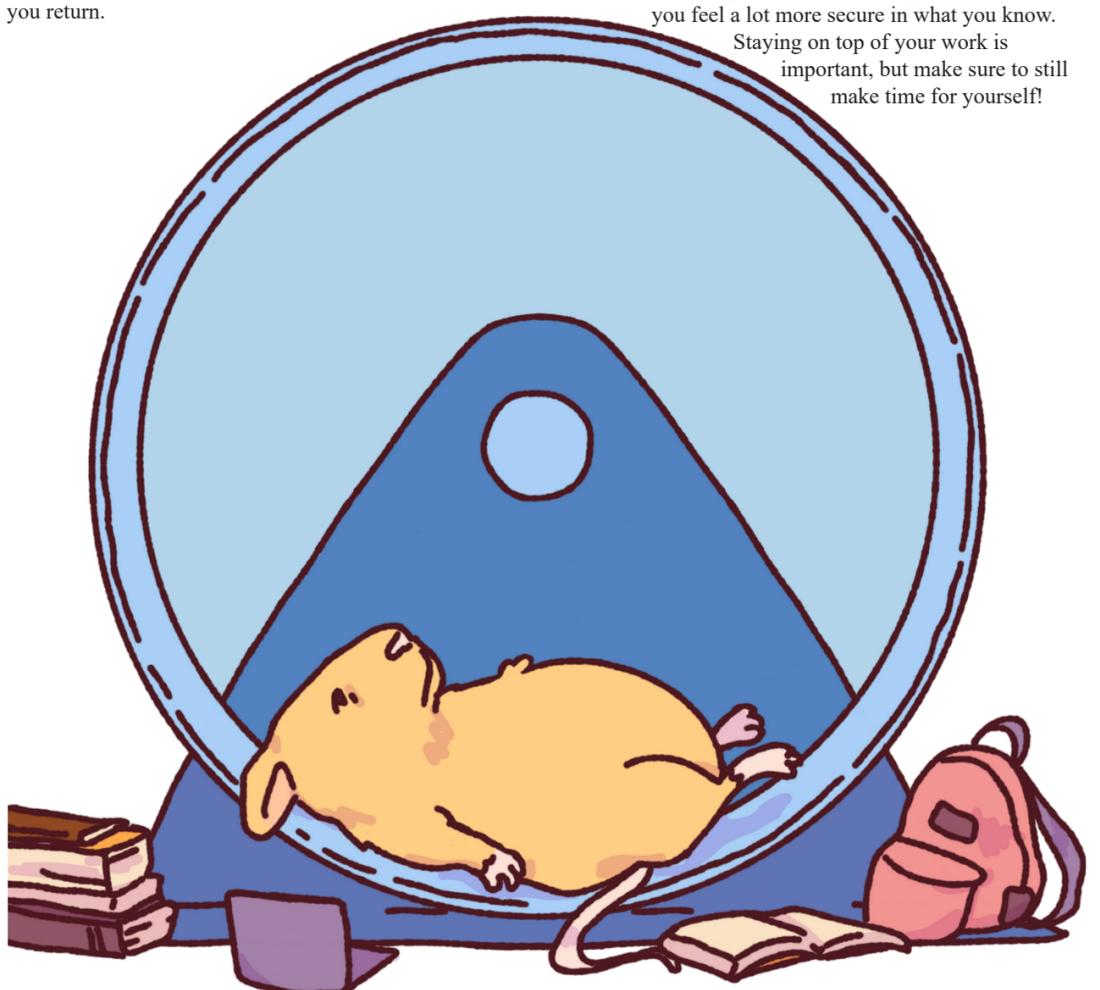
Watch Videos

Looking at course material and practicing is admittedly much easier said than done. During your down time, you probably will find yourself spending a lot of your downtime watching pointless videos. One easy way to keep yourself from falling behind is by watching videos related to your classes. If you are spending hours of your day on Youtube anyway, might as well make some of that time benefit you! If you are feeling especially brave you can even watch past recorded lecture videos if they are available.

Organize a study group!

If you find it very difficult to motivate yourself to stay on top of your studies, perhaps you could benefit from a study group. Being a part of a study group really forces you to be accountable as you do not want to let any other members down. See if any peers would be interested in meeting throughout the break to work together on either classwork or practice problems.

Most importantly, do not spend too much time worrying too hard. Following just one of these tips will make you feel a lot more secure in what you know. Staying on top of your work is important, but make sure to still make time for yourself!



The Lutrinae is a weekly campus newspaper covering CSUMB and its neighboring areas. Here at The Lutrinae, our goal is not only to educate and inform the public, but to entertain, to spark creativity, to encourage diversity of opinion, and to build a sense of community on campus and with the neighboring cities.

Vol. 6, Issue 13

The Staff

EDITOR-IN-CHIEF
Arianna Nalbach
analbach@csumb.edu

PRODUCTION MANAGER & WEBMASTER
Haley Graham

ASSISTANT EDITOR
Estrella McDaniel

STAFF WRITERS
Ferris Crosby
Maxwelle Tartaglia

ADVERTISING & SALES MANAGER
Ashley Farrell

VISUAL EDITOR
Malia Savella

ADVISER
David Kellogg
dkellogg@csumb.edu

OPERATIONS MANAGER
Monica Conner
mconner@csumb.edu

Contact

OFFICE PHONE
831.582.4066

GENERAL INQUIRIES
thelutrinae@csumb.edu

ADVERTISING SERVICES
advertising@thelutrinae.com

MAILING ADDRESS
Wave Hall
100 Campus Center,
Seaside, CA 93955

WEBSITE
www.thelutrinae.com

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The Lutrinae serves two purposes: It is a training ground for students who wish to develop journalism skills and build their resume, and it is a forum for free expression of campus issues and news. The Lutrinae Editorial team will determine what to print and reserves the right to edit for libel, space, or clarity.

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Game Show: By the students, for the students

Story and photos by Oscar Daniel Jimenez Iniguez

Right before Thanksgiving break, Otter Media hosted “Game Show,” a live event filmed in front of an audience where students and staff participated in game shows inspired and based on popular television game shows from the 1970s.

The first game based on the hit game show “Wheel of Fortune” titled Wheel of Faculty, saw faculty members at California State University Monterey Bay (CSUMB) participating in an Otter Media rendition of the classic game with a twist.

The second game, Fraternity Feud, took direct inspiration from “Family Feud” where instead of families competing, it was Fraternities and Sororities facing each other head-on in a brotherhood versus sisterhood battle.

JepOTTERdy, the third and final game of the night was played solely by participants chosen from the audience just like the longtime running game show “Jeopardy.”

Throughout the entirety of Game Show, the audience – which typically had between 20-30 members – participated and created an energetic and lively atmosphere with their awes, laughter, applause, gasps and occasional boos. The set for Game Show, along with the graphic design incorporated into the games made for a nostalgic and grand centerpiece to the already 1970’s inspired feel of the event.

Third-year Isabella Voskanyan and second-year Jaelynn Diokno worked on the set, with Diokno and second-year Skye Harrop putting on the designs.

Kah’maurie Norwood, host of Game Show and treasurer for Otter Media, delivered a charismatic and infectious performance. Despite feeling nervous at first, Norwood was proud of his performance but was more proud and even astonished by those who put on the event.

“The craziest part of this whole event is that it is student-made down to the bone. It was student-directed, the music we had was made by a student,” said Norwood. “Everything down to the tiniest detail was made by the students. Even the stands were packed with students.”

The notion of the event being entirely student-led was carried on by Game Show director and production manager for Otter Media, Micah Stamps.

“This event in every single step of the way was 100% produced by the students of CSUMB. And that is a huge thing coming out of the pandemic to be able to do something like that,” said Stamps.

Both Norwood and Stamps felt as if the administration has not believed in students and their voices as of recently, so they wanted this event to show that students can accomplish great things.



“There is a lot of talk about students not being ready and able to handle something on such a big scale. We believe that this event not only proves that students can do something like this but opens up the possibility for other students to do something like this,” said Norwood.

“A student-led project like this shows to the administration that we are more than just a couple of 20-year-olds screwing around. Regardless of the topic, when we can organize like this it gets noticed and it gets recognition. The whole way through production we had a lot of faculty and administration keeping tabs and wanting to know about the project, but not wanting to step foot

in it because there is this attitude on campus right now that students just don't know what they are doing,” said Stamps.

“I hope that this project reverses that and gets a lot more attention on students, and gets student voices heard more because it's very important,” Stamps continued. “Recently I feel like we have been waking up to and realizing that we need to have our student voice heard, and so this project is arguably helping in that ability for students to be able to speak and be taken seriously.”

The recording of Game Show will be available soon on Otter Media’s YouTube channel [ottermedia].

Student seeks to break the stigma around tattoos



Story by Andrea Valadez-Angulo
Photo courtesy of Mary Corral

While tattoos are an extremely popular form of self expression, there is still a debate surrounding the art form.

Many people have a bias against tattoos because they feel as though it is irresponsible to get something permanently etched on your skin. There is also the school of thought that by getting a tattoo at a young age, you are increasing the chances of regretting that tattoo in the future.

Second-year Mary Corral has recently fulfilled their dream of getting their first tattoo of many. Corral was ambitious and chose a half sleeve depicting different types of mushrooms on their right bicep.

“It was an easy decision to get this tattoo... It's something I've always wanted,” said Corral. “I really do find foraging for mushrooms a hobby of mine and something I care about deeply.” Living in the Monterey Bay area and having lots of beautiful nature around us propels this hobby.

Corral wanted to honor nature and specifically this type of fungi. For Corral, it was important to feature a variety of mushroom species since “all these mushrooms have different properties when it comes to medicinal purposes and even the way they taste... I believe mushrooms are the future.”

While Corral feels passionate about their decision, their parents have conflicting opinions.

Due to the size of the tattoo, Corral’s mother asked “Why didn't you start off with something smaller? Maybe you'll regret it in the future.” However, Corral is convinced that since “I've been wanting this tattoo for a year, there's no way I'll regret it.”

Corral’s mother was hesitant, but overall is supportive of their tattoo. Their father’s potential reaction, however, is likely to be a very different story. “I haven't shown it to my dad yet, I feel like he would be very upset... he's a very traditional man.”

Even though getting a tattoo is a big decision, Corral wholeheartedly believes that it was the right thing for them.

“Sometimes you ask yourself ‘Is this something that I want or something that I need?’ For me, this [tattoo] was a need.”

The mushroom sleeve is Corral’s first tattoo, and they are already planning to add more detail to it in the future, as well as getting more tattoos in general.

“I'm very happy about finally getting this tattoo,” beamed Corral.

Tribal liaison: Honor the land and its people

Story by Andrea Valadez-Angulo
Photo courtesy of Katherine Divas-Juarez

There's a difference between identity and political status, says Dr. Melissa Leal, the tribal liaison for Sacramento's Sierra College.

"There's a cultural identity that many people share in being [indigenous]," Leal said during her presentation Nov. 16 at California State University Monterey Bay (CSUMB), "but there's also a legal status for tribal nations in the United States that is separate from any racial or ethnic identity."

It's all about how people separate cultural identities from political identities, something that was the focus of Leal's talk entitled "Native American Voices: A Conversation On Identity & Sovereignty." The talk was put on by the Otter Cross Cultural Center (OC3).

Leal identifies as a California Indian and is a member of the Ohlone/Costanoan Esselen Nation. CSUMB was built on Esselen land.

Leal began by speaking in her native Esselen language. She explained that the standard greeting translates to "my heart is happy to be here."

The talk, attended by mostly students, touched on matters of indigeneity, terminology, culture and sovereignty.

The Constitution recognizes American Indian tribes as distinct government and political entities. This means that federally recognized tribes hold the "supreme power or authority of a state to self-govern," according to Leal.

Following an audience member's question about stolen land being given back to Native tribes, Leal pointed out that the media spin this narrative.

While the media will make you think that land has been "given" back to tribes, in reality, that land has been repurchased by nonprofit organizations that are often associated with tribes that are not federally recognized, Leal said.

An example of this occurred in 2020 when the Esselen Tribe of Monterey County worked with the environmental group Western Rivers Conservancy in order to purchase their ancestral homeland in Big Sur's Adler Ranch.

"I'm a result of really strong and resilient peoples who survived something really horrible," said Leal, who spoke passionately about the history of her ancestors. In 1899, the Esselen tribe was deemed extinct by anthropologists.

On this topic, Leal said that she wants people to know that her people are still here. "Sometimes you have to survive by becoming invisible."

Leal also expanded on a recent trend of people trying to learn more about their Indigenous lineage. "People are yearning for some sort of connection outside of themselves. They look at indigenous cultures to teach them that."



Melissa Leal presents about Native American voices and identity on Nov. 16.

It is perfectly understandable to want to learn more about one's ancestors, but Leal points to a few critical steps in order to "reclaim your indigeneity" while being respectful.

1. It's necessary to understand the trauma of your ancestors and the extent of the atrocities forced upon them by the U.S. government in particular.
2. Find your place and seek out where and who you connect with.
3. Learn the proper manner in which to interact with tribe members in specific spaces (learn the language, the protocols, etc.)

Leal also stresses that it will take a lot of time and effort until tribe members, especially elders, trust you to be in their spaces.

While the conversation surrounding Indigenous rights has become amplified in the past few years, there is still a lot of work to be done in order to support Native voices.

CSUMB issued a land acknowledgment in the spring of 2020 in order to recognize and honor that the land upon which the university was built previously belonged to the Ohlone/Costanoan Esselen Nation.

Leal recognized this as just a first step out of many that CSUMB could take in order to identify her people's land truly.

Firstly, Leal believes that CSUMB should reach out to the Repatriation Oversight Commission, which is in charge of facilitating the California Native American Graves Protection and Repatriation Act (CalNAGPRA).

CalNAGPRA was passed in 2001 and allows for the redistribution of tribal burial items and human remains that are still buried under the land. It is significant for Leal that her ancestors be reconnected with their tribes.

Leal also stated that in order to create more awareness, CSUMB would benefit from hiring a tribal liaison that can help facilitate the university's relationship with the appropriate tribes.

Lastly, Leal believes that CSUMB would highly benefit from hiring a group of professors to teach California Indian studies. "Every student should take a tribal law class," said Leal.

Leal recommends that everyone get in touch with their Indigenous roots. "Even if you can't learn your own indigeneity, there are ways you can learn about the Indigenous cultures of the place you're in."

CSUMB men's basketball team looking for great things this season

Story and photos by Max Guerrero

Basketball season has begun, and the California State University Monterey Bay (CSUMB) men's team is off to a good start, winning their opener 77-57 against Central Washington University on Nov. 11. Although they lost the final round of the GNAC/CCAA Challenge the next day to Western Oregon 80-77, they were able to cut into a 13-point lead after halftime.

While they currently are ranked 10th in the NCAA Division II Western region, their performance makes the rest of the season look optimistic.

The Otters hosted their first home tournament of the season, The Otter Invitational, on Nov. 18-19 and gathered a crowd at the Kelp Bed with over 150 spectators. Their first game against the University of Alaska Fairbanks was a nail-biter with 14 lead changes, but CSUMB came out on top, winning 80-77 after falling behind by one point with two minutes left in the game.

According to assistant coach John Seavey, "When you lose a lead like that, it's easy to fracture, but if we

continue to do what we practiced all week, the results will take care of themselves." He said that in order to prepare for the tournament, the team was practicing an aggressive offense and making sure to go for shots they wanted to take, not the ones the other team forced them to.

The Otters ran a man-to-man defense and out-rebounded their opponents, but Seavey and Joe Wall (#55) agreed the team needs to work on their defensive strategy. Wall is an outstanding asset for the team and he raked in 25 points and 10 rebounds.

The following night, the Otters played against Colorado School of Mines, losing 86-77, but CSUMB's point guards made a commendable effort. Jailen Nelson (#10) scored 10 points and had two rebounds and steals. Jordan Archi (#11) also had two rebounds, two assists and scored 21 points, nine of his baskets being three-pointers. While this game wasn't the end of the tournament the Otters hoped for, their record thus far leads to high expectations.

See all game scores on page 10.



Charles Johnston dunks for the Otters on Nov. 11 game against Central Washington University.

You butter believe it: The Butter House is a must-go breakfast spot

Submitted by Connor Plant

From its modest exterior, The Butter House breakfast restaurant may look like your average neighborhood breakfast joint, but after indulging in one of their most popular dishes, I know it's anything but.

After my strenuous and way-too-early 8 a.m. class on Mondays, I often need a good hearty breakfast to power my brain for the rest of my school-day agenda. I decided to google "good breakfasts near me" while I was on California State University Monterey Bay's (CSUMB) campus, and one of the first spots that popped up was The Butter House at 1760 Fremont Blvd., in Seaside. After reading a couple of positive reviews and seeing a few promising photos, I turned my curiosity and rumbling stomach into determination and gave The Butter House a shot.

With most things in life, first impressions are everything and the Butter House delivered in a big way.

There were two things in particular that stood out to me right as I walked through the door. The first being an incredibly personable and friendly hostess that promptly sat me at my table. Good service is so important when it comes to a restaurant experience that it shouldn't ever go unnoticed. And secondly, the wave of incredible and near tangible pungent aromas that pleasantly met my face as I took my first step inside. My expectations were soaring through the roof.

Just as the hostess was, my server was equally as polite. He handed me a water and a menu and told me to let him know if I had any questions. As I do in most local restaurants, I like to ask what their most popular item on the menu is. Without hesitation, my server Pedro quickly responded with: "Marciana's breakfast fried rice." While I was biasedly scanning the rest of the menu, I knew in the back of my mind I was going to order what my server recommended.

I want to give a shout out and honorable mention to the fried chicken and waffles though. A gentleman sitting next to me ordered it and my jaw just about dropped to the floor when it arrived. Crispy fried chicken and fluffy golden brown waffles with a chorizo gravy; like c'mon.

But back to the main attraction, Marciana's breakfast fried rice. After Pedro suggested it, I noticed it was the top item under the house specialty section. Butter fried rice with bacon, sausage and choice of ham or spam with soy sauce, bell peppers, garlic, white and green onions, topped with two eggs is how it reads on the menu. It sounded rich, indulgent, different and delicious, all while being priced at a reasonable \$15. The price wasn't the cheapest, but not the most pricey either so if it was filling and to my satisfaction, it would be worth every penny.

As I sat there at about 9:45 a.m. I began to notice the restaurant was already close to being full. This is a good sign for it being a Monday morning since they had close to 50 tables in the restaurant. Before I even knew it, I noticed Pedro was already walking over with my food



which seemed to be within roughly five minutes of me placing the order. When my food had arrived, there was an insurmountable amount of steam and smells wafting from the plate and the presentation looked as good as it smelled.

I knew I was in for a treat.

I'll start from the top. As per my choice, I decided to get my eggs cooked over-easy because I'm a big fan of a runny yolk completely smothering the rest of the breakfast. The butter fried rice absorbed the runny yolk more perfectly than I could have imagined. Each piece of ham, bacon, bell pepper, onion and sausage were cut with precision being identical in size. This made for a perfect bite, every single time.

The bacon was cooked with so many smokey flavors while being perfectly crispy. It reminded me of a backyard barbeque that all dad's dream of. The crispiness of the bacon complimented the softness of the rice and egg in a way that crossed textural boundaries. The bell pepper and onion balanced out the strong and confident flavors of the well seasoned sausage and ham.

Each ingredient in this breakfast was compiled and created an eclectic masterpiece of flavor and textures. And I now know why it is the most popular item on the menu. (P.S the golden flakey heavenly goodness pictured in the back is their version of hash browns called hash cakes, and yes, they were also incredible)

The Butter House opened its doors in August of 2019, months before COVID-19 shut down operations for many hole-in-the-wall local restaurants. Luckily through community, perseverance and great tasting food, The Butter House survived the pandemic and is now one of Monterey county's best new breakfast spots. I highly recommend this place if you're a student in need of a tasty and affordable meal not too far from campus, or a local in search of your new favorite go-to breakfast joint.

Don't let the modest exterior fool you- The Butter House is filled with rich culture, tasty food and will have you leaving grinning ear to ear!

Fall 2022 fashion trends

Story by Max Guerrero

As the color of the leaves change, so do our outfits. For many, the colder seasons are exciting times because they bring opportunities to experiment. Looking at collections from some of the most inventive brands is a great way to evaluate current trends.

Brand Analysis

While the trend cycle is known to repeat itself, this didn't stop brands from getting creative with their fall/winter 2022 collections. Menswear is headed in a classic direction with a modern twist as Golf Wang plays with color and geometry, borrowing from the past and adding their own flavor. As brands take us back in time, the 1950's are back and even better than ever.

Earth tones such as green, orange and tan seem to be consistent in many streetwear collections and Golf Wang designers use the shapes of the fabric itself (such as collars and sleeves) to compliment their geometric designs. Western and workwear are simple yet timeless and Golf Wang brings them back in a new light.

The temperature is dropping (somewhat), but luckily fleece and sherpa are everywhere. Jackets are the most typical piece of clothing made from these materials,

but brands like The Parks Project are using them with innovation. Sweatpants are already the most comfortable loungewear imaginable and The Parks Project takes them to another level with their Yellowstone Geyser Joggers. They bring back retro style designs and with their soft recycled polyester soft they can be styled as a statement piece or slept in for three days straight.

Accessories

Tote and crossbody bags have become popular in recent seasons and The Parks Project makes sherpa accessories to keep your stuff warm too. The Zion Narrows Sherpa Fanny Pack is a convenient and stylish small bag perfect for this winter and if you have bigger things to carry around campus, they make a winter-friendly tote.

Footwear

There are some mixed opinions on the Birkenstock Bostons, but if you like clogs, they're the essential convenient slip-on shoe for this season. They come in suede, leather and Birko-Flor® Nubuck, Birkenstock's vegan leather. The soles are made of a cork base that's designed to mold to the shape of your foot for comfortability. Their shearling footbed lining gives the

Boston's the seasonal touch but if you prefer plain cork for practicality, it's the classic option.

Doc Martens are known to be some of the most versatile and consistent footwear brands, making their classic boots since 1901. This season they've re-designed their classic black leather boots with a thick and durable PVC outsole with a modern design, perfect for the unpredictable weather conditions of Monterey.

The new Rikard Smooth platform boots have a one-and-three-eighths inch Bex elevation for our short kings and soles that are heat-sealed and sewn together for durability. Functional and versatile, these boots can be styled in countless ways which is why they're seen in every corner of the fashion spectrum. I imagine these boots paired with looser fitting bottoms like cargo pants because of their notability in the 90's grunge scene, but their 1461 Bex Smooth Leather Oxford loafers are also a reliable choice and compliment the resurging 1950's style.

11.28.22

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Local Brews: Fieldwork a Monterey find

Story and photos by Dee Davila

The cool and mild weather that envelops the Monterey coast is perfect for anyone who wants to enjoy a nice cold beer and what better place to enjoy a cold one than Fieldwork Brewing in Monterey.

Fieldwork Brewing is a brewing company out of Berkeley that was founded in 2014. Today, Fieldwork produces a wide array of beers in many different styles serving them throughout California, including Monterey.

The Monterey location is cozy and homey with a lovely rustic aesthetic that reminds one of California's history with the Redwoods. The outside seating is perfect for experiencing the blissful combination of a nice IPA or sour along with the California Coast's weather.

If Fieldwork is your destination, I recommend you try Rice & Easy, a Japanese-style lager that combines the lightness of a lager with the subtle floral notes of typical Japanese lagers. It's a beer that is easy to enjoy and what those of us in the beer world define as "crushable."

For those looking for something that carries a bit more weight and character, they also serve a wide array of IPAs. One of my favorites is Tiger Uppercut, a beer that pays homage to Street Fighter's Sagat. It is a three-hop blend that intends to bring out most of the IPA's hoppiness and bitterness while still providing some balance with its sweet and juicy notes of tangerine and general fruit.

For those who enjoy a fruity beer, there's always an excellent selection of sours. I prefer the Aloha Vibes, a kettle sour ale that combines passionfruit and hibiscus with fruits to give consumers a sweet yet tart and refreshing experience. The tropical notes quickly bring one to Hawaiian costs without having to spend a fortune on a plane ticket.

Fieldwork has a brew for everyone to enjoy regardless of what you get. It is located at 560 Munras Ave. in Monterey. At the center of such a vibrant part of Monterey's beautiful downtown area, Fieldwork is the perfect escape to catch fresh California beer before finding yourself in one of Monterey's many restaurants surrounding the brewpub.



What was your favorite Thanksgiving Dish?

Otter Chatter by Estrella McDaniel



Hana Terfai

Human Development & Family Science
Fourth-Year

"I'm Mexican, so my mom makes Arroz con Leche which is rice mixed with condensed milk and a bunch of sugar, it's super sweet and good."



Madi McKay

Master's Marine Science
First-Year

"I think it's bacon-wrapped water chestnuts, which is super random and is just something my family has done and can be kind of unexpected to others."



Ammy Guerrero

Marine Science
First-Year

"My favorite Thanksgiving dish is probably just ham, I love ham so much and in my family we have it every year, There's nothing special about it, it's just really good."

Pokémon Scarlet & Violet are a buggy blast

8-Bit

Story and screenshots by Arianna Nalbach

Fans of the “Pokémon” series had been eagerly awaiting the release of “Scarlet” and “Violet” since it was announced in February. After its Nov. 18 release, the newest installment of “Pokémon” has been met with mixed reviews.

While “Scarlet” and “Violet” saw record-high sales with over 10 million copies combined sold in the first three days of release, they have also been the most negatively received titles due to the number of bugs in the game.

The newest generation of “Pokémon” games went in a new direction from previous titles, introducing some promising mechanics, such as a fully open world and being able to play with friends online. However, this came with a variety of glitches players have been uncovering since the release of the games.

Some players have wondered if “Scarlet” and “Violet” were play-tested and have been frustrated with the number of glitches in the game. Many players had high expectations for the newest “Pokémon” titles and felt that the bugs were unacceptable coming from a AAA release.

Even though “Scarlet” and “Violet” are a fun new direction of storytelling for the series and show promise for the future, the number of bugs has stolen the spotlight for some players. There has been a plethora of memes and compilations put together of the glitches players have encountered.

Nothing appears to be particularly game-breaking and many of the bugs are pretty funny, but it is still worth noting how unpolished “Scarlet” and “Violet” are.

Unlike previous titles, “Scarlet” and “Violet” feature non-linear story progression to accompany the open world. Players can progress through the world however they wish and are free to explore everything. However, you may notice the Pokémon in an area start to become a higher level than the ones in your party.

For those a bit unsure where to go next or if you don’t want to over-level the Pokémon in your party, there are guides available online with suggested paths to take based on the levels of your team.

As a student of either Naranja or Uva Academy – the schools for “Scarlet” and “Violet,” respectively – the games take place as you set out on a Treasure Hunt. In this annual tradition, students go out on a journey to put their skills to the test and learn out in the world of Paldea.



There are three main storylines for players to explore. First is the classic quest to become a Pokémon master and beat eight gyms. Second is Operation Starfall, where you must defeat the bosses of five different Team Star bases. The third is the most unique to the Generation IX titles – you must find five titan Pokémon and gather ‘herba mystica’ from them.

The herba mystica are powerful herbs that can heal Pokémon. After meeting Arven, the two of you seek to find all of the plants and see if they live up to the legends surrounding them.

“Scarlet” and “Violet” also feature more expansive character creators than previous “Pokémon” titles when it comes to hairstyles and facial features, but this comes at a cost. Sticking with the academic theming, your character is always in their school uniform.

This is a significant downgrade from previous “Pokémon” games. It’s always fun putting together the best outfits for your Pokémon trainer, but there are only four versions of the school uniform for you to choose from.

Players can still customize their outfits with different accessories such as shoes, socks, hats, glasses, backpacks and gloves, but it would have been nice to have more creative freedom with the clothing options.

It also would have been great to see some of the mechanics introduced in “Pokémon Legends: Arceus,” released earlier this year. “Arceus” took the franchise in a completely different direction, introducing new ways to catch Pokémon and Pokémon battles. The Guardians in “Arceus” had a different combat style, which would have worked amazingly for the Titan battles in “Scarlet” and “Violet,” but it didn’t return.

With all that being said, “Pokémon Scarlet and Violet” are still some of the most fun to come from the series, bugs and all. The open world, while mechanically flawed, shows a promising future for the franchise.

Being able to explore everything freely and with friends is a massive step in the right direction for the series from a gameplay and storytelling point-of-view. They are innovative while still staying true to the classic “Pokémon” formula, but they could do with some more playtesting before release.



Drowned In 2057

Short story by Jose Luis Lopez / In the Ords

Abstract

In the year of 2057, after World War 3, and after North Korea and South Korea came into war, and when extremists from Saudi Arabia started attacking Iran, and then other insurgents of the middle east started to fight the government of the United States of America, there was a long period of war. A time of utter anarchy throughout the world happened. And in this time of war, dictators by the name of The Council of Justice managed to combine together and began ending the chaos in places of war, but the council also took away many innocent lives in their quest for power.

The council of Justice took over the governments of those places by assassinating the people working for the governments, which were in power at the time. The council later became the main form of government in the world. In some countries such as the United States of America, the council was elected to come into power due to the government of the United States shutting down during the war. In many places such as the middle east, Asia, Africa, South America, and more, the council also took over.

Most people allowed the council to control them because the council had valuable resources such as food, weapons, and clothes, which were not very abundant during the war. The people also allowed the council to have control because the council was powerful. People wanted security and protection, and the council offered that and much more, but most people were not aware of the horrendous things the council did to come into power. Years later, the council made their capital in what was Washington, D.C. which is now known as Justice City, which is the capital of the world. The council members of Justice City, were the council members with the most power in the world. And the representative of Justice City was the most powerful council member in the world.

Years after the war concluded, the council started to end expression all through the world, by banning art classes everywhere in the world. Drama, music, and painting classes were banned in all schools. Furthermore, the council decided to ban art even more. The council banned paintings, drawings, and statues everywhere. Music was allowed, as was television, but all the television programs and music that was produced had to be approved by the council. People had no form of freedom because art was taken from them. In the city of Justice City, a humble artist by the name of Artemis is the only person capable of ending the council's rule over the people.

Chapter 1: Birth of the Rebellion

The artist Artemis ran a sewing business at the bottom of her house, in Justice City. Which was given to her after her parents passed away but secretly, she uses the basement of her home to make and sell art. One night, as Artemis was sleeping, she heard a knock on her door and opened the door. It was her friend Monica.

"I'm done, they took the painting I made of my mother that I had hidden in my garden, this was my mother's most cherished possession before she passed," Monica exclaimed.

Monica then began to shed tears. And Artemis proceeded to hug Monica.

"Ever since the council banned art, the world has collapsed," Artemis exclaimed loudly.

In 2057 the council decided to ban art by drowning it. Antarctica had almost completely melted due to global warming, so the council decided to use it to drown art. To them, art meant freedom, which was what they didn't want the people to have.

Artemis and Monica began to look at old albums of art, they also looked at Artemis's family album, which had a picture of the inauguration day of the Smithsonian American Art Museum.

Artemis suggested, "The world will see how necessary art is when we make a painting showing how corrupt the council is. I never told you this Monica, but my uncle fought in world war 3, and before he passed away because of his bad health he let me know that the council is not who they claim to be. The council killed innocent people to become the rulers of the world. And the council will do anything to stay in power, even if it means taking out anyone who challenges them! This is why we must show what the council did in art, and then the people will be woken up, we need to let the council know that our rebellion is alive!"

Monica and Artemis invited their friend Andrew to Artemis's home. He, too, was against the council. All three of them decided that they wanted to give a message to the council. They wrote the message in a note which was inserted into a glass bottle. All of them headed to the Justice City meeting center, which was formerly the Smithsonian American Art Museum. As they arrived, Andrew threw the bottle at the closest window nearby. Which shattered the window as it entered the building.

The representative of the Justice City Council of Justice, Suzan Belfry, picked it up.

She read the message aloud, "You cannot ban art because art is the expression of the soul. The rebellion is alive!"

After Suzan saw the message, she threw the bottle to the other side of the meeting hall and shouted furiously.

Later that night, Suzan called a meeting with the other council members. She uttered to the council, "I want every house searched for art because art is expression. Which is freedom, and to have full control of the people we must drown every bit of human expression left. There's enough room in Antarctica to ban every bit of art left in this wretched world!"

Chapter 2: The Battle for Expression

Suzan decided that she should disguise herself and search the city for the people starting the rebellion, but she knew that her clear blue eyes and pale blonde hair would be recognizable. So the next day, she wore a wig and colored contact lenses to disguise herself. Suzan noticed that people were secretly buying art in Artemis's sewing business, and Suzan immediately left to reveal this to the council.

Later that day, Artemis left to Monica's place to finish the painting showing how corrupt the council was. Monica and Artemis planned to show the painting during Utopia Day, which was a day made to celebrate the end of the war.

Artemis, Monica, and Andrew finished the painting. Then Artemis headed home to rest for tomorrow's Utopia Day. As Artemis arrived home, she noticed police cars. She knew the council had found her, so she headed back to Monica's.

As Artemis arrived, she exclaimed, "We need to demonstrate this painting to the people fast." Since Monica and Artemis knew the Utopia Day celebration was right below a big building that was a clothing store they made a plan.

The following day was Utopia day. Artemis and her friends headed to the store and asked the store owner if they would let her advertise a poster of her business at the top of his store. And at the top of the store was also an electronic billboard. The store owner didn't let them receive what they wanted until Artemis offered him seven hundred dollars.

Artemis and her friends headed quickly to the top of the building, while council members were sitting in front of an enormous stage. Suzan Belfry later got up and exclaimed, "I'm so glad the war ended, I'm so glad the council was able to unite us together. I love you all, and I'm proud to be your leader."

As she was about to say her next word, Andrew hacked the electronic billboard above the building and made a picture of the painting appear.

The painting showed council members killing government leaders, which is how the Council of Justice came into power. And at the bottom of the painting there is a beautiful city underwater full of many canvases, the painting also has the caption, "I would rather die as a hero than live as a coward, and have the world and my art drown before my own eyes."

The council saw this and demanded it be taken down. Artemis felt defeated. But when people saw the billboard, they shouted, "Art!, Art!, Art!"

When the Council of Justice saw the spark of renovation in the people's eyes, the members knew that their reign had come to an end, for the people of the world had woken up, and realized that without expression there is no liberty.

Artemis revealed herself to the people cheering, in that moment she knew that she had achieved her dream because her world was restored, it was no longer drowned, drowned in 2057.

You Know I Hate the Sun

Poem by Parker Jones / In the Ords

You Know I Hate the Sun,

but I'd walk with you in the heat of summer,

with the smell of apricots and sweat,
to watch you feel the warmth & smile.

it's easy to see the appeal, with your skin aglow
and the flowers in your hair

i can picture your hands threading beads,
the click of glass rounds.

would you want to try the things we haven't?
watch you bite into a plum and the juice run down
your arm.

*(i'll set my time to you, sunrise/sunset &
you'll never have to worry.)*

make macaroni with me. the kind that comes in a box
with powdered cheese that your mother never let you
have.

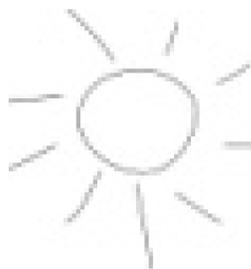
go with me to the county fair and we'll eat corndogs and
cotton candy
and make fun of the townies and cowboy boots.

take me trick-or-treating and we'll match our outfits
and trade candy and I'll laugh when you're scared.

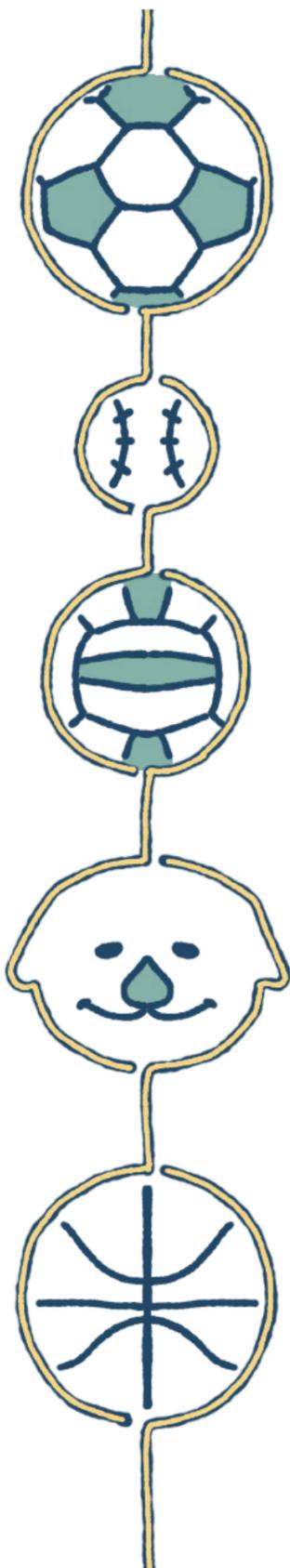
you'd like my town in October, small enough to walk in
an hour.
the locals will say, "Aren't you girls a little old...?"

could we paint each other by the sea?
you can watch me on the shore as I catch a wave,

& I'll always look back to smile at you.



Game Results



Women's Cross Country

Nov. 19 @ NCAA West Regional Championship

18 of 26 teams

Men's Cross Country

Nov. 19 @ NCAA West Regional Championship

18 of 26 teams

Women's Basketball

Nov. 18 @ Fresno Pacific University

W 64 - 63

Nov. 19 @ Dominican University

L 58 - 64

Nov. 26 vs San Francisco State

L 55 - 60

Men's Basketball

Nov. 18 vs University of Alaska @ Otter Invitational

W 80 - 77

Nov. 19 vs Colorado School of Mines @ Otter Invitational

L 77 - 86

Can you unscramble these Thanksgiving-related words to reveal their true meaning?

keytur

ngiuffst

fulnktha

vygra

astef

hedmas tooespat

toyrhis

kpinump iep

daysruht

riesrbecran

	2						
				9	5		7
					2	9	
	8		6	1		3	
		7					2
	6		9		5		
	3	1			2	7	
	7			3			8
8			7		1		6

Answers:

8	4	2	7	5	1	9	3	6
9	7	5	4	3	6	1	2	8
6	3	1	8	9	2	7	4	5
1	6	3	9	2	5	8	7	4
5	9	7	3	8	4	6	1	2
2	8	4	6	1	7	3	5	9
4	5	6	1	7	8	2	9	3
3	1	8	2	4	9	5	6	7
7	2	9	5	6	3	4	8	1

Turkey, Thankful,
Feast, History,
Thursday, Stuffing,
Gravy, Mashed
Potatoes, Pumpkin
Pie, Cranberries