

VPA hosts 25th annual Day of the Dead celebration



Story and photos by Arianna Nalbach

Students, staff, faculty and community members gathered on Nov. 2 to celebrate Día de los Muertos with the Visual Public Art (VPA) department. The evening was filled with art, music and live performances from Aztec dancers.

Attendees were also invited to take free Pan Dulce and hot chocolate during the gathering. Inside one of the VPA buildings, there was a large-scale altar on display, along with smaller artworks from students, clubs, sororities and fraternities.

Fourth-year Gema Hernandez helped to organize the event and mentioned a lot went on in the weeks leading up to the night, between building sugar skulls or other decorations used for the event to face-painting workshops.

“It was just an epic experience as a whole,” Hernandez said. “We have this big beautiful space and event to share with all of you and I’m grateful I got to see a lot of faces come out because it really means a lot.”

Día de los Muertos is often used as a way for families to remember and honor the people in their lives who have passed away. Hernandez spoke about the importance of Día de los Muertos to her, especially after the COVID-19 pandemic.

“Día de los Muertos is a way of honoring the people that I’ve lost, especially post-COVID because I lost a few aunts of mine during COVID so in a way this day is a way to heal from it and say ‘hey I remember you and you’re remembered and I love you,’” she said.

Hernandez continued, “to me, it’s always about connecting with people that you love and you lost in a way where it’s beautiful and celebrated and will not just make you sad but will also heal you.”



Community members Erika and Mack Ayala wear beautiful face paint for VPA 25th annual Día de los Muertos celebration.

Smashing Breast Cancer

The Super Smash Otter Club raises money for breast cancer awareness.



Local Drinks

Alvarado Street Brewery has the best beers in town.



Horoscopes

Find out what the stars have in store for you this November.



Proposition 1: Abortion rights in state constitution

Submitted by Chloe Hibben / Community Journalism

Currently in California, law states that individuals have rights to privacy as well as choice in abortion and other contraceptive options. Proposition 1 ensures that existing California laws provide individuals with the fundamental right to privacy in regards to their reproductive decisions including rights to abortion and to choose or refuse contraceptives. The measure would amend the Constitution to protect these fundamental rights in addition to prohibiting the State from denying or interfering with any individual's reproductive freedoms. The amendment does not limit or narrow the existing rights to privacy and equal protection under the California constitution.

A quote pulled from the amendment states, "The state shall not deny or interfere with an individual's reproductive freedom in their most intimate decisions, which includes their fundamental right to choose to have an abortion and their fundamental right to choose or refuse contraceptives."

The leading campaign that is in support of this proposition is YES on 1 in which is endorsed by members of the Democratic party and the Peace and Freedom party. Governor Gavin Newsom, and U.S senators Alex Padilla and Diane Feinstein have also openly endorsed and contributed funds to YES on 1. Some organizations involved in this campaign include Planned Parenthood, Human Rights Campaign, California Medical Association and several others. These committees have contributed an estimated \$14.9 million in support of Proposition 1.

In opposition to this amendment is California Together, No on Proposition 1. This campaign has endorsements by the Republican party such as former U.S Representative Tom Campbell, Senator Brian Dahle and Jim Patterson. More organizations that support No on Proposition 1 would involve California Alliance Pregnancy Care, California Conference of Catholic Bishops, Students for Life and several others. Together the campaign has raised an estimate of \$292,000 in opposition to Proposition 1.

What does a Vote Yes mean vs. a Vote No ?

A yes vote would mean a change in the California Constitution to bar state legislators from passing laws that could interfere an individuals right to abortion or contraceptive options.

A no vote would mean the individual's right to abortion or contraceptive options are left unprotected in the California Constitution, meaning the California legislature would be able to repeal or limit these rights in the future.



Proposition 28: Arts & music education funding

Submitted by Catalina Villegas / Community Journalism

The upcoming 2022 election poses a critical upswing in state funding to the arts and music programs in K-12 schools. If passing, Proposition 28 would require a minimum of 1% of total state and local revenues to be granted to these education agencies. This would alter the arts and music status in increased spending from \$800 million to \$1 billion each fiscal year.

Voting yes would also require schools with 500 or more students to use 80% of the funding for employing teachers and 20% for training and materials. This would allow for an expansive reach of these subject programs for further employment and interest on students. The current limited financing of these subjects has affected the K-12 programs deeply.

The proponents details some of the issues: 90% of elementary schools in California fail to provide a high quality course of study across arts disciplines, 96% of middle schools don't provide a high quality course of study across arts disciplines, and 72% of high schools don't include high quality curriculum across arts disciplines

The official supporters of Proposition 28 include local school board members as well as high profile celebrities, among several organizations such as the Los Angeles

Unified School District, California Dance Education and California Educational Theater organized by the Vote Arts & Minds campaign. Joining the noted yes voters is former official U.S. Secretary of Education Arne Duncan (D) and highlighted political parties such as the Democratic Party of California. To reach a broader listening audience, actor, writer, producer Issa Rae explains the needed ballot measure would positively reflect in the low income communities and marginalized students who would positively benefit from the access to arts education.

Met with surprisingly little opposition for a funding initiative, there were no formal submitted arguments against 28. The only noted opponent is the organization Reform California. His chairman, Carl DeMaio argues that "Prop 28 sounds good on the surface — more funding for arts and music — but the language is fatally flawed to allow diversion of funding from other education programs that are already not meeting the performance goals we've set."

The supporters of Proposition 28 insist that its passing would allow further inclusion in school programs and increase in attendance and overall boosted classroom morale. It would dramatically alter art departments into a properly suited environment for students to improve cognitive development and spatial reasoning.



The Lutrinae is a weekly campus newspaper covering CSUMB and its neighboring areas. Here at *The Lutrinae*, our goal is not only to educate and inform the public, but to entertain, to spark creativity, to encourage diversity of opinion, and to build a sense of community on campus and with the neighboring cities.

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The Lutrinae serves two purposes: It is a training ground for students who wish to develop journalism skills and build their resume, and it is a forum for free expression of campus issues and news. The Lutrinae Editorial team will determine what to print and reserves the right to edit for libel, space, or clarity.

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Proposition 31: Uphold flavored tobacco ban

Submitted by Oscar Daniel Jimenez Iniguez / Community Journalism

On Nov. 8, Californians will decide who wins seats in the House of Representatives and the Senate, along with seven different propositions. One of those is Prop. 31, which aims to uphold the ban on flavored tobacco products and flavor enhancers.

California voters will have the final say in whether the state bans in-person stores and vending machines from selling flavored tobacco products and enhancers or not.

The proposition is a referendum on a 2020 Senate Bill (SB) 793 passed by the Legislature and signed by Gov. Gavin Newsom. However, the law did not go fully into effect as a referendum on the law is first required before it goes through.

Those in the California State Legislature who originally voted for the proposition in 2020 were 84 out of 89 Democrats, and 8 out of 30 Republicans.

Some major proponents for the proposition are Newsom, the California Democratic Party, the American Heart Association, the Campaign for Tobacco-Free Kids, the California Teachers Association, and League of Women Voters of California, and the American Lung Association.

"Big Tobacco has been targeting our kids, trying to hook our kids on tobacco products, killing literally a generation. It's time for us to stand up and protect our kids and to push back against Big Tobacco, not just in terms of their efforts to go after our kids but their racist marketing,"

said Newsom. "Enough's enough, this is about as easy a question that we'll be asked this November."

Proponents believe that voting yes on Prop. 31, will prevent tobacco companies from advertising to children and teens. As well as lowering the smoking rate for minority groups who have high rates of illness linked to smoking.

Major opponents of the proposition are the Republican Party of California, Philip Morris USA, R.J Reynolds Tobacco Company, ITG Brands, California Coalition for Fairness, Swedish Match North America, American Snuff Co and the CEO of Central Valley Business Federation.

"We agree that youth should never have access to any tobacco products, but this can be achieved without imposing a total prohibition on products that millions of adults choose to use," said the California Coalition of Fairness. "This law goes too far and is unfair, particularly since lawmakers have exempted hookah, expensive cigars and flavored pipe tobacco from the prohibition."

"Moreover, a prohibition will hurt small, local businesses and jobs as products are pushed from licensed, conscientious retailers to an underground market, leading to increased youth access, crime and other social or criminal justice concerns for many California residents."

Opponents who are advocating no for Prop. 31 say that a ban on tobacco flavors is not needed as laws are in place that don't allow for the products to be sold to minors

in the first place. As well as infringing on the rights of consenting adults who use these products.

The total number of contributions in support of Prop. 31 is \$6.2 million. While the opposition's total contribution is three times more with \$22.9 million.

The highest donor for support of the proposition is Michael R. Blomberg with \$4.29 million. Followed by the Kaiser Foundation Health plan with \$1.1 million and the American Cancer Society Cancer Action Network, American Heart Association, and American Lung Association all with \$100 thousand.

In opposition to the proposition, the highest donor is R.J Reynolds Tobacco Company with \$9.46 million and Philip Morris USA with a close \$9.34 million. American Snuff Company contributed \$826 thousand while both ITG Brands and Swedish Match North American gave \$500 thousand.

If you put YES on the ballot for Prop. 31, you will be voting for California to ban some flavored tobacco products and flavor enhancers from being sold at in-person stores and vending machines.

If you put NO on the ballot for Prop. 31, you will be voting for California to allow in-person stores and vending machines under local rules, federal and state laws to continue to sell flavored tobacco products and flavor enhancers.

Are you a first time voter?

Story by Estrella McDaniel

There are two ways to vote: in person at your nearest polling place and by mail.

With voting coming to an end, students need the right resources to know what steps to take next and how their votes can make an impact.

The deadline to request a mail-in ballot has passed, but students can still submit their mail-in ballots if they have them or vote in-person.

The nearest polling place is the Nancy Dodd Center, located at 3043 Macarthur Dr. Marina, CA 93933, and their hours are from 7 a.m. - 8 p.m.

For those who's ballot was sent home and are at school, you can always either get it sent to you or go to the in-person polls.

California State University Monterey Bay provides different opportunities for students to register to vote and also information about the elections.

You can go to the website provided by the school that shows you videos of how to vote and tips for first-time voters.

To vote or get any of the information stated from above, go to the following websites: <https://csumb.edu/as/vote/> <https://csumb.edu/communityengagement/register-vote/voter-information/>

What do you do on rainy days to stay cozy?

Otter Chatter by Haley Graham



Dominik Vasquez

Liberal Studies
First-Year

"On a rainy day, I like to stay home in my room and just watch movies like on Netflix and TV shows. Just relax."



Carina Roldan

Kinesiology
First-Year

"I just like to stay in my room, listen to music and read."



Paul Fox

Biology
Third-Year

"Well actually on a rainy day, I don't want to stay inside. I like to go out and look for mushrooms."

11.07.22

Otter Media rocks Halloween Night

Story by Oscar Daniel Jimenez Iniguez
Photos courtesy of Citaly Jauregui

Otter Media celebrated Halloween night with Monte Mash, an event filled with pumpkin painting, live music, a costume contest and an original short film screening made by Otter Media. Students from across campus came together as they celebrated into the night by dressing in costumes and by participating in everything the event offered.

Roxy Ortiz, Jake Yu and Jacob Alfaro provided the live music for the event playing original songs, covers of hit rock songs and Halloween-themed music.

The costume contest, hosted by Otter Pride, was voted on by the students in attendance. The third place winner was a three-way tie between two students dressed as a vampire, another as the Bride from Quentin Tarantino's "Kill Bill" series and the final as an Enderman from the videogame "Minecraft." The spot for third place ultimately came down to a tie-breaking decision that was voted on by how loud the audience cheered and clapped for the individual contestants.

The crowd overwhelmingly voted for the Enderman, taking third place. The second-place winner was a student dressed as Princess Peach from Nintendo's video game franchise "Mario." The first-place winner went to a couple who dressed as Juno MacGuff and Paulie Blecker from the 2007 comedy/drama movie "Juno."

The original short film made by Otter Media, unfortunately did not play in its entirety because of technical difficulties. However, this did not take away from the overall event according to third-year Otter Media live events coordinator Derek Rasmussen.

"It was honestly fantastic, despite the event having this one hiccup. You just have to be able to roll with the punches. We had a great turnout, a lot of really fun friendly familiar faces and great people came out. We were pretty proud and satisfied with the turnout and it was fun," said Rasmussen. "It was also my birthday celebration, so I couldn't ask for anything better."

The original short film can be found on Otter Media's youtube channel [ottermedia] under the video titled Tales Of Slaughtermedia.



Super Smash Otters Club smash breast cancer

Story by Oscar Daniel Jimenez Iniguez
Photos by Jaelynn Diokno

With October celebrating both Halloween and breast cancer awareness, the Super Smash Otters Club threw their yearly charity "Super Smash Bros." tournament where they raised \$769.69 for the National Breast Cancer Foundation, surpassing their goal of \$500.

The event, Smashing Breast Cancer 2022, collected donations from tournament fees, money matches and voluntary donations. They also held a costume contest hosted by Valorant Club.

The contest was voted on in four separate categories by the people in attendance: best gaming costume, funniest costume, most creative costume and scariest costume.

The best gaming costume went to someone dressed as Tennis Wario from Nintendo's video game franchise "Tennis Mario." The funniest costume went to a student dressed as a dripped-out life-size Munchen Ramen Noodle Soup. The most creative went to an infected green zombie, and the scariest went to a terrifying nightmarish Grim Reaper.

The winner of the tournament, fourth-year student Steven Hickman, said he enjoyed the event and praised the Super Smash Otters Club for the events they do on campus.

"This was really fun. I love playing Smash and every time a Smash tournament is hosted on campus I am the first one there," said Hickman. "I have been here since my freshman year when the first esports team started and I

just have been coming back year after year with a new set of people every week and it's a wonderful group of people and gaming community."

Before the event started, the room that was originally expected to be used wouldn't open, causing frustration and panic among the club officers. They called security but were not able to open the room as a staff member had to be present to do so. In search of finding alternatives, they found a small room open and located in the library where they decided to throw the event.

Second-year Super Smash Otters Club President Micah Rodriguez believed that despite the setback and delay, the new location enhanced the experience of the event much more.

"The environment for the event was actually very nice. I love getting to talk to people because the closure and lack of open space really made it feel personal. It was almost as if everyone was together at a party having a good time," said Rodriguez. "Somehow the event still managed to go really well."

"Last year we hit \$1,040, and while we didn't hit that goal this year, I am still glad we raised a lot of money for breast cancer."

The Super Smash Otters Club meets each Friday from 6-9 p.m. in Heron Hall room 118.



Lisa Irvine joyfully races to star status

Story by Oscar Daniel Jimenez Iniguez
Photo by Max Guerrero

Women's cross-country runner Lisa Irvine, a third-year environmental science technology and policy major, goes into each race trying to think joyfully and positively.

"I tend to kind of just go into it with positive thoughts like 'I can do this, this is happening,'" Irvine says. "I try not to think too much about it until I am on the line getting ready to go ... I really just stay positive and happy."

For much of the season, the positive thinking has seemed to work. As earlier on Oct. 1, she earned her first collegiate win covering a 6K course in 22 minutes, 58.0 seconds at the Waves International, which led to California State University Monterey Bay (CSUMB) taking second place, marking the first time since 2015 an Otter has taken the top honors at an Invitational.

Her first victory stacked with her already impressive breakout season thus far has proved Irvine is a key component and aspect of CSUMB's cross-country team success.

At the Waves International, she started the race off by getting a feel for how fast her competition was going, placing quickness as a key to how she ran and started.

"I went off pretty fast to start the race, and typically that's how I run. I go fast or start out fast but I always kind of go off how it feels," she said. "Most of the time I am not really thinking, but in the beginning of the race, it's a little bit of a push per se, just trying to feel out where my legs are."

"Starting off I said to myself 'oh they're really fast, OK that's fine, we are going to go with this.'"

Immediately after her race, she felt a sense of relief knowing she had accomplished something great on account of her own will and determination.

"I felt relieved that I finished that course. The hills were tough. I was very happy and surprised even though I shouldn't be surprised because I have been working so hard," said Irvine.

Feeling extremely proud of herself and her performance, Irvine reflected on what the win meant to her not only as a student-athlete but as a person with goals and aspirations.

"Crossing the finish line was like 'Oh, I ran this whole race, I really hope I get through the whole thing,' which I did," she said. "I was very happy and just overall felt a sense of relief and proud for how far I have come in running throughout my life and what led to that moment."

Irvine was not only proud of herself, but also in her teammates and coaches who mutually felt the same way. They continue to support her throughout her time at CSUMB and Irvine does not take that for granted.

"I was super proud of my teammates. They did amazing and after a while, someone figured out that I got first and they all were really proud of me and really happy," she said. "Everyone was overjoyed as we were all equally happy for each other and coach was really proud."

Those same feelings of pride extend to Irvine's younger sisters, who she describes as her role models that inspire her on all of her runs.

"My two sisters Alex and Beth, who are both younger than me, are my biggest role models and are people who I look up to the most because of how strong they are individually and how hard they work toward their own goals and that helps push me throughout my races. They help push me through the tougher times of a race."

As Irvine continues her athletic and academic career at CSUMB, she hopes to continue doing her best no matter what.



"I want to continue to work hard and push myself to see what I can do. My goals are to work with my team because we have a great family of students," said Irvine. "I want to try and do my best by giving it all I have every day. Even if it is not the best, at least it is my best."

Irvine is continuing to do her best and be a standout team member. On Oct. 16, she beat her record at the Bronco Invitational by running a 21:58.5, marking it as the 16th fastest 6K in CSUMB history.

At the Nov. 5 CCAA Championship meet in Carmel, Irvine placed 25th out of 95 runners in the 6k, with a final time of 23:09.04. CSUMB placed 8th out of 11 teams.

Irvine and the rest of the women's cross country team will be traveling to Montana on Nov. 19 for the NCAA West Regional Championship.

Otters eliminated by Chico in first round of CCAA championship tournament

Story by Oscar Daniel Jimenez Iniguez
Photo courtesy of Katie Tozier

The No. 4 seed California State University Monterey Bay (CSUMB) men's soccer team lost in the opening round of the 2022 California Collegiate Athletic Association championship tournament to visiting No. 5 seed Chico State 3-0 on Oct. 30, ending a successful season for the Otters.

The first half consisted of the teams exchanging an equal amount of shots 4-4. However, Chico State was the only one to score a goal in the half by Wildcat defender Justin Ricketts (#2).

The Otters in the second half were offensively ready as they outshot the Wildcats 8-5. Despite the offensive surge, it proved to be futile in the half as none of the shots CSUMB took scored.

Chico responded by scoring two of their five shots taken within 43 seconds of each other. One of the goals was off of a penalty kick shot by midfielder Adrian Fontanelli (#10) because of a yellow card given to Otter defender Alexis Sanchez (#6). The Wildcats got another goal off of an assisted pass by midfielder Noah Ross (#20), shot and scored by forward Miles Rice (#5).

Monterey Bay goalkeeper Matthias Milton (#1) didn't have any saves, while Wildcat goalkeeper Luis Albarran (#1) didn't allow any goals and had four saves.

The Otters finished their season with an overall record of 8-8-2 and 6-5-0 in the California Collegiate Athletic Association. It was their first ever appearance in the league tournament. The Wildcats are continuing their season with a record of 7-4-8 and 3-2-6.

For more information on upcoming games, visit otterathletics.com.

See all game scores on page 8.



11.07.22

thelutrinae.com

Exploring Eastward

8-Bit

Story and screenshots by Arianna Nalbach

“Eastward” is a charming action-adventure role-playing game (RPG) paying homage to older similar titles with a gorgeous pixel art style, loveable characters, and a simplistic, yet fun, combat style.

The indie title was developed by Pixpil and released on Sept. 16, 2021, to the Nintendo Switch, Windows, and Mac computers. It is currently on sale until Nov. 17 for \$14.99 on the Nintendo eShop and Steam. When not on sale, it can be purchased for \$24.99.

In “Eastward,” you play as a miner, John, and his adoptive daughter, Sam, as you go on a journey through a society on the brink of collapse.

The duo lives in an underground village, mostly composed of people who have never ventured to the world above.

In the years leading up to the game’s events, the air in the land above was poisoned. Those who could, escaped to underground villages to start anew. As new generations were born, there eventually was no one with memories of blue skies and green grass — except Sam.

While in school, Sam insists she has seen the outside world, but no one believes her and calls her a liar. Ultimately, she runs away to prove her classmates wrong, and the real adventure begins.

Playing as John, you chase after Sam with your trusty frying pan as you venture into the above-ground world.



The combat and exploration methods are highly reminiscent of old dungeon crawlers, with each new map area crammed with tiny details for the player to discover.

The combat is pretty simple in nature. If you take too many hits, you will get a game over and need to restart from your last save point.

One downside to combat in “Eastward” is particularly apparent with bosses. The game comes with an epilepsy warning and anyone with epileptic tendencies must proceed cautiously.

When attacks are successful, the enemy will flash white. It is not too noticeable with regular enemies, but when fighting a boss, it is especially jarring and painful on the eyes.

There is a setting to reduce the flashing, and it will be a gray color instead of stark white, but those with epilepsy should still be cautious playing through “Eastward.”

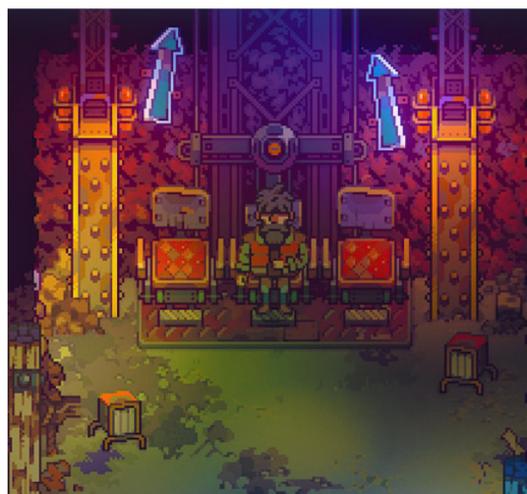
Each boss is unique and has different mechanics to beat them with varying puzzle aspects, but it still uses the same core fighting mechanics introduced at the beginning of the game.

As you go through the different areas of “Eastward,” you will encounter simple puzzles that help keep the exploration from getting boring.

Although, exploring would still be entertaining without the additional puzzles along the way. Each area has so many small details making “Eastward” feel alive.

From small animations of things in the foreground or the glistening of running water, “Eastward” never passes up the opportunity to include a small detail that will add to the post-apocalyptic atmosphere.

“Eastward” is truly a gem you won’t want to miss out on. With loveable characters, a gorgeous pixel art style, a memorable soundtrack, and a perfectly handcrafted world, there is a lot to love about “Eastward.”



Local Drinks: Hoppy times at Alvarado Street Brewery locations

Story and photos by Dee Davila

Of the many restaurants that are available in downtown Monterey, none are as prolific for their beer as Alvarado Street Brewery is. With many awards under their belt, it’s no surprise that they have captured the hearts of tourists and locals alike.

Alvarado Street Brewery was founded in 2014 by father and son John and J.C. Hill with one goal in mind: To bring the community together and create a welcoming space for all around the one beverage they felt most people enjoyed. Nearly a decade later, Alvarado Street Brewery has three locations in the Monterey Peninsula serving Salinas, Monterey and Carmel-by-the-Sea.

Nellie South, who was the manager on duty at the Monterey location when I visited, was ecstatic to talk about Alvarado Street Brewery’s brief history, their offerings and their purpose.

We are here to, obviously, bring good beer and good food to everybody,” said South. “We are a palace where everybody is welcome.”

The Monterey brewpub itself is a combination of a comfortable sitdown dining experience along with a beer garden in the back for those who seek a more casual experience. The beer garden has its own serving kiosk so those in the back don’t have to walk to the front for a second or third beer. The decor is also reminiscent of an actual garden with greenery and vines surrounding the seating area, making for a warm and cozy atmosphere amidst the cool coastal weather that Monterey sees.

One of the beers on tap included the award-winning Mai Tai PA, a year-round available American India Pale Ale beer that gives notes of tropical passion fruit and mango balanced by the light bitterness of the Mosaic hops.

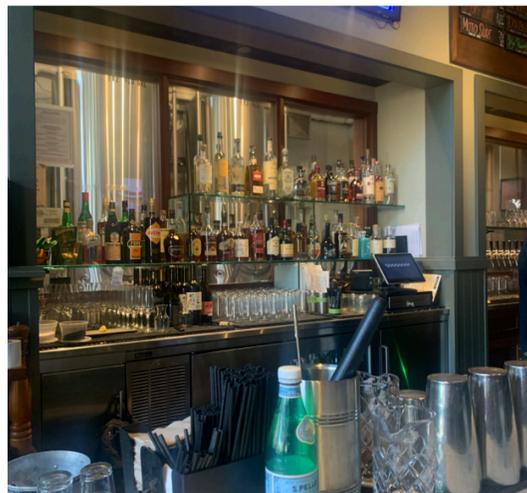
Not every beer is bitter and hoppy at the brewpub. They offer a wide selection of sour beers for those looking for fruity and tart beverages. The Pink PMB, which stands for peach, mango and banana, is a luscious and rich beer with tastes and aromas that remind me of fizzy Odwalla or Naked smoothies, but with alcohol. At 8% alcohol, this Imperial Sour is deceptively powerful and packs a punch as well.

They also serve a wide variety of foods at the Monterey location. One of the food options include the margherita pizza which is served with fresh cherry tomatoes and a luxurious and velvety cheese that coats the mouth with flavor. Some of the other options are the many salads such as the beet and burrata salad and an array of burgers, including a lamb burger for the adventurous. Alvarado also offers vegan and vegetarian dishes so no one feels left out when dining out here.

While Alvarado Street Brewery is a few minutes away, they are worth the 10-minute drive or Uber ride into downtown Monterey for the experience as a whole. The busy environment makes for a fun and engaging environment to distract from the daily grind that school demands.

Those interested can find the original Alvarado Street Brewery at 426 Alvarado Street, Monterey. Visit their Carmel-by-the-Sea location at Mission Street & 7th Ave Carmel Plaza, Suite 112 or the newly-opened Salinas location at 1315 Dayton St.

South also had a few recommendations of her own. She said “My favorite beer is Howzit Punch, the passionfruit, orange, and guava beer, I’d have to go with the loco-moco or the brie and apple pizza.”



November Horoscopes



Story by Maxwelle Tartaglia
Illustration by Arianna Nalbach

Aries (March 21 - April 19)

This could be a difficult or transformative month for Aries. Your ruling planet will be in retrograde for November so you may find yourself feeling lost and confused.

Try to relax and take it easy. Make conscious efforts to clearly communicate as issues in your life may follow a theme of miscommunications.

Leo (July 23 - Aug. 22)

For Leo, expect the beginning of the month to be a relatively chill experience. Feel free to take the opportunity to focus on family and comfort, maybe even tidy up your space.

However, when the eclipse occurs on Nov. 8 and creates a huge shift, it will present some big changes for you at work or school. You may be presented with some major decisions or come to a realization that you desire a shift in your career.

Sagittarius (Nov. 22 - Dec. 21)

In preparation for your upcoming season, use this month's transformative themes to prepare. The eclipse presents a great opportunity for all signs to strengthen their routines.

Nearing the end of the month, your season begins Nov. 22. You will likely feel reinvigorated with a zest for life. Use that energy to make strides in your life, relationship and/or career.

Taurus (April 20 - May 20)

This month, Taurus, you will be experiencing both the incoming lunar eclipse and the full moon on Nov. 8. Watch out for this, as the combination of the two usually spells conflict.

Expect to feel a shift around this time of the month. It will feel exhausting and emotional, but this shift will bring new and exciting changes to facets of your life, like your relationships and career dynamics.

Virgo (Aug. 23 - Sept. 22)

Scorpio season is a time of productivity and communication for Virgo. You may find yourself having an easier time communicating your thoughts and feelings this month so take advantage of it!

Start initiating conversations about topics that you usually find difficult to talk about. These discussions can be about love, money or anything else you find yourself normally having a hard time communicating.

Capricorn (Dec. 22 - Jan. 19)

This could be a time for romance for you, Capricorn. With Venus moving to oppose Uranus on Nov. 5, you may meet some romantic possibilities. Take this month to step out of your comfort zone and socialize.

If you are already in a relationship, take the opportunity to communicate with your partner about your wants and needs within your relationship. This is a great time to make sure you are both on the same page.

Gemini (May 21 - June 20)

Get ready to make some strides in your career or career goals! This is a busy time of the year for you so put together a schedule and get organized.

With Mars in retrograde for the month, you will be reassessing your goals, gaining a greater understanding of your motivations and handling strong feelings of frustration.

Libra (Sept. 23 - Oct. 22)

With the lunar eclipse occurring, this month will be filled with finances for Libra. Take the opportunity to make some big changes in your finances in ways such as investing or even requesting a raise.

Money will be a persistent theme during this time so make sure you are watching your spending and keeping track of your finances.

Aquarius (Jan. 20 - Feb. 19)

This month brings themes of family! You may find yourself wanting to visit family back at home or reconnect with loved ones. Do not deny yourself these urges. Take the time to call your parents or make the drive back home.

Make sure you use this time to establish and set boundaries within your social circles as previous boundaries may begin to feel blurry.

Cancer (June 21 - July 22)

Your energy will peak during this time. This month will be a great time for you to really focus on your love life, both in a romantic sense and a self-love way.

You could see major benefits in setting up a new routine for yourself. Get some new clothes or redecorate your space. Take the opportunity to refresh and enliven yourself.

Scorpio (Oct. 23 - Nov. 21)

It is your month, Scorpio! You are likely to make some new connections this year as the lunar eclipse takes place on the 8th.

This could also be a great time to experiment with interests that you never had the confidence to try before. This November will be a time for transformation, so take advantage of it and get immersed in new passion!

Pisces (Feb. 20 - March 20)

This is the season of growth for Pisces. Be especially introspective this month to really take advantage of this energy. Be productive and really try to isolate your goals and desires.

Midway through the month, you may even notice a change in your social group. With new members offering new perspectives to your life, take advantage of this and really expand your horizons. Learn about new things and find new initiatives!

Links used:

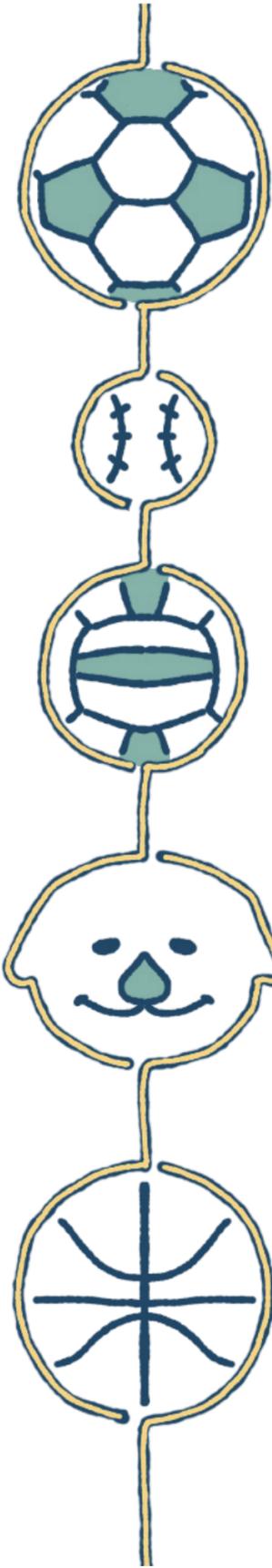
<https://www.moongiant.com/calendar/>

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<https://www.vice.com/en/article/jgpkjk/your-monthly-horoscope-november-2022>

<https://www.womenshealthmag.com/life/g41793177/november-2022-monthly-horoscope/?slide=11>

Game Results



Men's Soccer

Oct. 30 vs Chico State
CCAA Championship Tournament

L 0 - 3

Women's Basketball

Nov. 3 @ San Jose State

L 43 - 81

Men's Volleyball

Nov. 4 @ Cal State San Bernardino

L 1 - 3

Men's Cross Country

Nov. 5 @ CCAA Championship Meet

8th of 9 teams

Women's Cross Country

Nov. 5 @ CCAA Championship Meet

8th of 11 teams

Can you unscramble these farming-related words to reveal their true meaning?

sopcr

ceudpro

owcrreacs

cotratr

ermrfa

nroc

zreilitfer

lerinkspr

wscO

eedss

								3
							1	
		7						2
4				2			7	
3				7				9
				9			6	
		6	4	9			5	
		1				6		
9	5	2	7		3			

Answers:

9	5	2	7	1	3	8	4	6
8	4	1	2	5	6	9	3	7
7	3	6	4	9	8	5	2	1
2	7	8	9	3	5	6	1	4
3	1	5	6	7	4	2	8	9
4	6	9	8	2	1	3	7	5
1	8	7	3	6	9	4	5	2
6	2	3	5	4	7	1	9	8
5	9	4	1	8	2	7	6	3

Crops, Scarecrow,
Farmer, Fertilizer,
Cows, Produce,
Tractor, Corn,
Sprinkler, Seeds