

# the Lutrinae

CSUMB Student-Run Newspaper

April 11, 2022

# The importance of Black women everywhere

Story by Estrella McDaniel  
Illustration by Malia Savella

California State University, Monterey Bay welcomed guest speaker Aja Reynolds in a Zoom event titled Who will sing a Black Girl Song on April 7. Reynolds aimed to showcase what she has learned about Black girls throughout her career as a healer, activist, artist and educator.

Reynolds has been an educator for over 15 years, and is now living in Detroit.

She started the event off with a question: "What do you think of when you hear someone say they went to a wake after someone passed away?" She used this to help dive into her presentation.

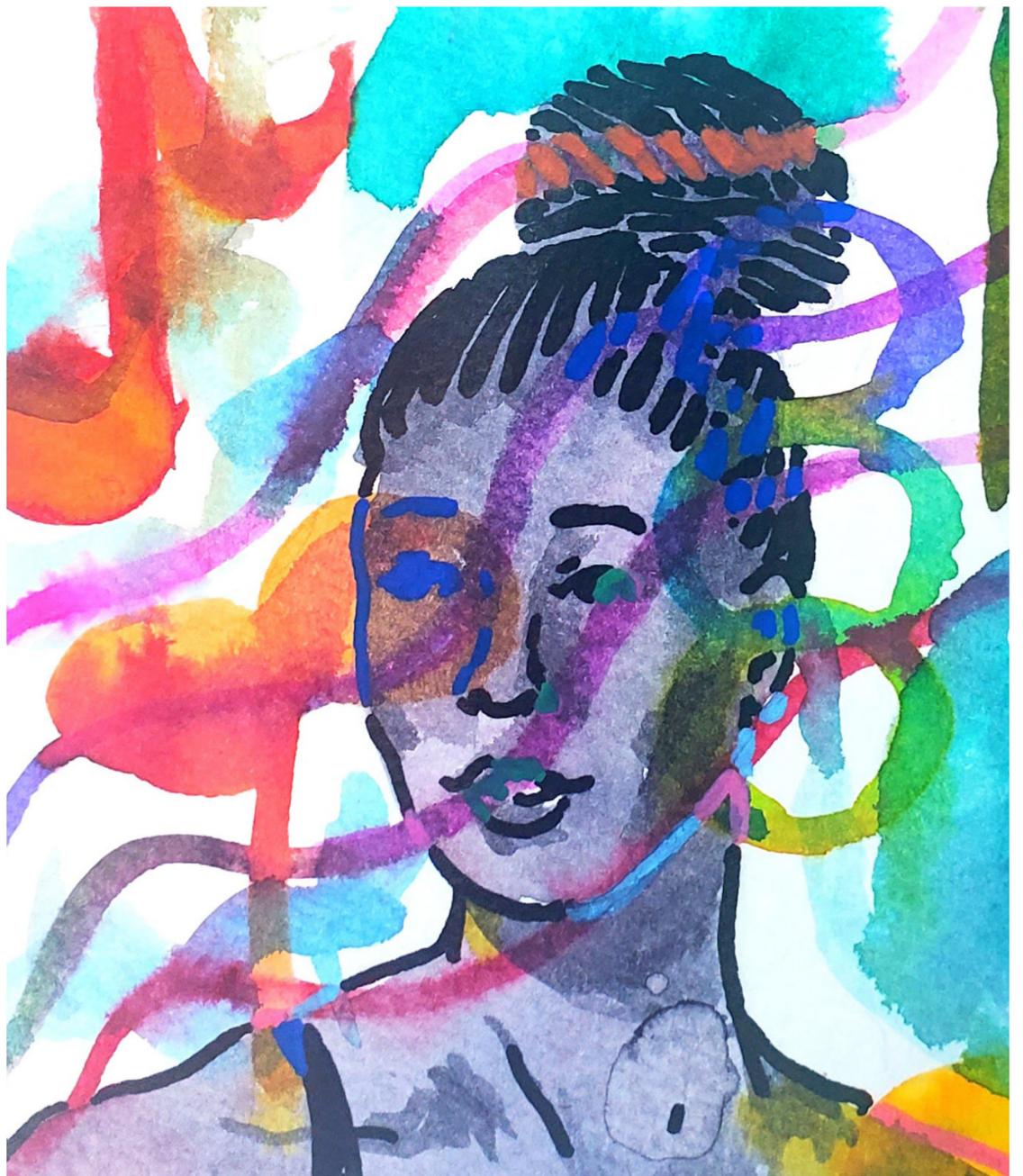
Through her work as an educator, Reynolds saw how little Black girls are showcased and instead noticed Black men are usually the ones who are typically more successful and have careers.

Reynolds went on to share a poem with attendees, focusing on how Black girls are seen to be invisible. There were some great takeaways from the poem, but one standout line was "Black girls are born stars, already dead when everyone sees them."

This line in the poem was probably the hardest one to hear because it is sad to say, but the truth lies in another question asked by Reynolds: "What are ways Black girls have been invisible?"

Fourth-year Nyah Edington said "a way Black girls have been invisible to me is the silence of our need for protection and to be valid in our emotions and sensitivity."

This event was hopefully an eye-opener to see the many difficulties Black girls go through to just be seen as actual human beings. With the help of activists like Reynolds, more can be done to ensure that no one feels invisible.



**"Black girls are born stars, already dead when everyone sees them."**

## Thursday Money Moves

Join Rhita Zhang for the final installment of the Thursday Money Moves Series.



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## Open Mic Night

The music club hosts an open mic night for musicians of all skill levels.



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## 8-Bit

Developed by only three people, "Hollow Knight" is one of the best platformers.



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# Open mic night brings CSUMB's musicians together

Story and photo by Bryan Chavez

Graduating senior music major Jordynne England, alongside California State University, Monterey Bay's (CSUMB) music club, held an open mic night in the Music Hall on April 8. Students had the opportunity to sign up and showcase their musical talents.

According to England, she wanted to allow students to showcase their music. "I feel like the school doesn't have a lot of opportunities for students to do that. I also wanted it to be in an environment where the performers felt comfortable, and the crowd was very supportive of every performer that came up, which was very nice to see."

Seventeen musicians signed up to perform, all with different live performance experience levels. England's capstone project focuses on the Riot Grrrl underground feminist punk movement from the 80s and 90s. The group would have meetings for women in punk scenes across the globe to step up to showcase their music, art, and beliefs that went against social norms.

"I wanted students to kind of feel some kind of connection with each other through music," England said, "I felt the open mic was the best thing to do."

CSUMB's music club provides student musicians of all levels the opportunity to connect and learn about local music events like this one. You can visit the music club's my raft page and join their group for more information.



*Roxy Ortiz performs on guitar during April 8 Open Mic Night.*

# Dive Into the Deep at the Monterey Bay Aquarium

Story by Arianna Nalbach  
Photo by Bryan Chavez

After five years of preparation, work and various challenges, the Monterey Bay Aquarium's newest exhibit, Into the Deep, is open to the public. Into the Deep spotlights a collection of deep-sea creatures, "from football-sized giant isopods to transparent jellies that glow," according to the aquarium's website.

Into the Deep is the largest exhibit of deep sea life in North America, at approximately 10,000 square feet. Between research, development, prototyping planning, and more, the exhibit cost \$15 million and was funded by a gift from The Grainger Family Fund, in honor of David and Juli Grainger.

An article published by the Monterey Bay Aquarium in March 2021 revealed one of the biggest challenges the staff encountered was getting to the deep sea to explore and collect animals for the exhibit. Partnering with the Monterey Bay Aquarium Research Institute (MBARI), they were able to use technology and remote-operated vehicles to explore deeper in the ocean than scuba divers can reach.

The deep sea is one of the least explored habitats on Earth but the aquarium and MBARI are continuing to explore the habitat with top-of-the-line ocean exploration technology, sharing their discoveries as they go.

Into the Deep spotlights creatures from the midwater - the area between the deep seafloor and sunlit water - and the seafloor. The aquarium's website explains that the midwater is the largest habitat on Earth.

There are 21 new live exhibit habitats in Into the Deep, representing dozens of new species in the Monterey Bay Aquarium.

In the exhibit, visitors can get a glimpse of the sealife exclusive to the midwater. A few of the animals visitors can see from the midwater include the sea angel, snow globe jelly, and red paper lantern jelly.

The midwater gallery also features never-before-exhibited creatures, such as the bloody-belly comb jelly, which MBARI scientists first discovered. It also features a comb jelly that has yet to be scientifically named, currently nicknamed Red-x.

Characterized by steep underwater mountains and hydrothermal vents, the seafloor creates a unique environment for its species to thrive. There is everything from long-legged crabs to unique corals and octopuses.

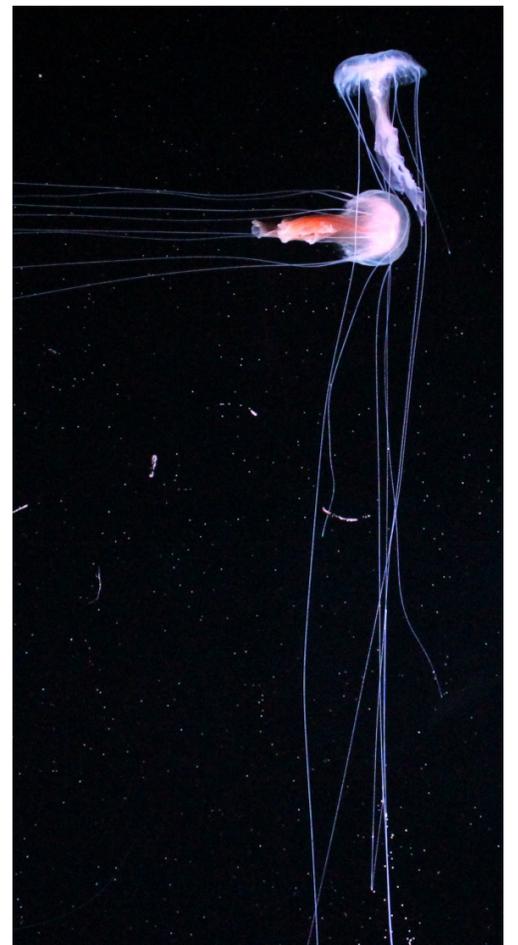
Diving further into the exhibit, visitors can see otherworldly animals such as the basket star and feather star. Into the Deep is home to two types of crabs, the Japanese porcupine crab, and the Japanese spider crab.

While looking at the Japanese spider crabs, visitors can also learn about "whalefall" in the 12,500-gallon display, demonstrating how whale carcasses on the seafloor can become the foundation for a diverse community of animals.

The newest exhibit also spotlights tiny bone-eating worms, which were first discovered on whalefalls in Monterey Bay.

Before exiting the exhibit, visitors can stop by an isopod touch station. Visitors can gently touch the shells of the football-sized seafloor friends before leaving the exhibit.

There is plenty more to discover and learn from Into the Deep. To purchase tickets or a membership to the aquarium, head to their website <https://www.montereybayaquarium.org/>. California State University, Monterey Bay students can pick up a free ticket to the Monterey Bay Aquarium in the Otter Student Union.



*Students can use their free ticket to the Monterey Bay Aquarium to see jellyfish like these in the new Into the Deep exhibit.*

# Cooking with CSUMB: Meal prepping and multitasking

By Maxwelle Tartaglia  
Illustration by Malia Savella

California State University, Monterey Bay (CSUMB) and the Basic Needs Initiative program paired up once again to produce their monthly Cooking with CSUMB virtual event on April 8.

Hosted by Care Manager Joanna Snawder-Manzo and Basic Needs Coordinator Sabrina Lee, Cooking with CSUMB is a live Zoom series, featuring healthy and efficient recipes targeted towards college students, demonstrated by faculty and staff.

This month's Cooking With CSUMB demonstration was led by Basic Needs intern, Misha Arnold. She is a collaborative health and human services major working on her capstone that emphasizes the importance of nutrition.

Arnold coached students on the benefits and ease of meal prepping and multitasking with both her lunch and dinner recipes.

Students learned how to make a one-pot vegetable pasta for dinner and a "Rainbow Wrap" for lunch.

Arnold began her demonstration by boiling whole grain pasta in a large pot for the dinner. She advised students to pick a whole grain over a white pasta because it provides for fiber and to cook whole grain pasta for longer than it says on the box.

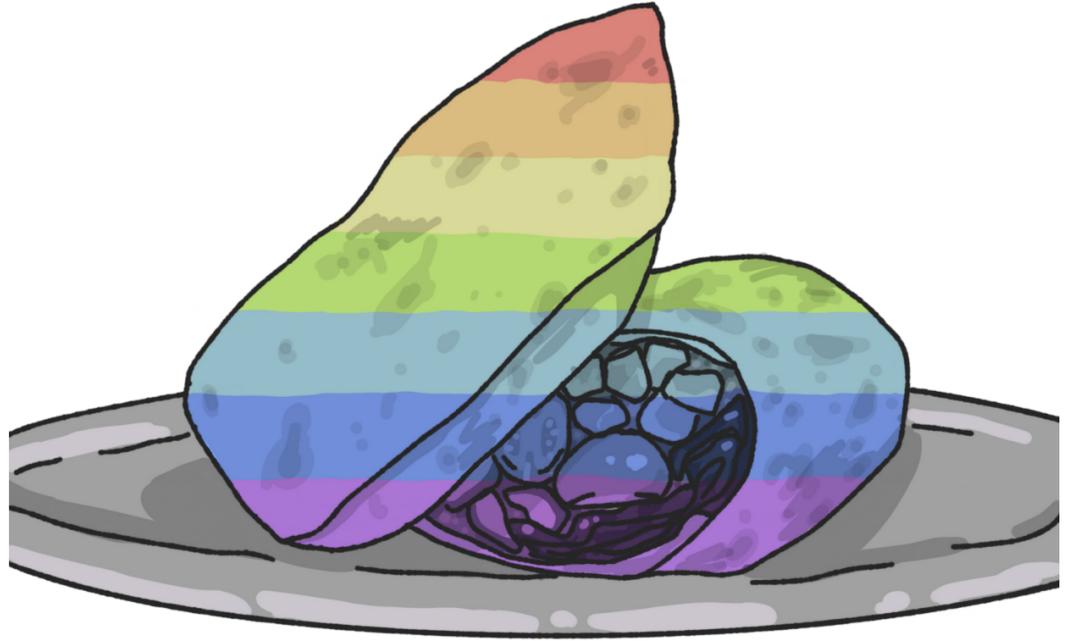
While the pasta was boiling, Arnold instructed the audience to begin working on their rainbow wrap.

The ingredients for the wrap goes as follows:

- Whole wheat tortilla
- Hummus
- Spinach
- Bell pepper (Red, orange, yellow, green)
- Red onion
- Broccoli Slaw (Shredded broccoli and carrots)
- Sprouts (Alfalfa, clover, etc.)
- Basil (Tip: tear the leaves to release more flavor)

This is where the meal prepping comes into play, Arnold chopped up all her veggies and stored them in her fridge to speed up the process of making the wraps.

The rainbow wrap got its title from the colorful vegetables that make up its filling. Arnold told students that every color corresponds with a different nutrient.



Lay out the tortilla on a piece of tin foil (for students who wish to store it for later) and spread the hummus over the tortilla. Then add all of the veggies and roll it up in the tortilla and the foil. Enjoy immediately or feel free to throw in the fridge for later, or even take it on the go!

Arnold recommends making more than one at a time to have throughout the week.

After making your wrap, check back on the pasta.

After straining the water from the pasta, return the pot to the stove to begin cooking. Arnold advises students not to rinse the pasta, the starch left on it from the water will help the sauce stick.

The ingredients for the dinner goes as follows:

- Whole grain rotini pasta
- 2 cans (no salt added) diced tomatoes
- 3 tbsp tomato paste
- Garlic (pre-peeled garlic recommended)
- Granulated garlic
- Granulated onion
- Italian seasoning
- Black pepper
- Spinach
- Frozen peas (optional)
- Nutritional yeast

Arnold set the temperature to medium high and first added one can of diced tomatoes to the pot, stirring until they were incorporated. Once everything is mixed, add in two tablespoons of tomato paste and the sliced or minced garlic.

Arnold advises those who are replicating the recipe to season to taste before adding in the veggies, followed by another tablespoon of tomato paste and stir. She also recommended students put a lid over vegetables while they cook to preserve their nutritional value.

Once the spinach has wilted and the peas have defrosted, turn the heat down to medium and stir until fully cooked.

Arnold separated the dish into multiple tupperware containers, allowing them to cool before storing them in the fridge to have as meals throughout the week.

Meal prepping these healthy dishes can be a great way to stress less about meals and to save precious time.

More detailed recipe descriptions, as well as information about upcoming Basic Needs Initiative events can be found at <https://csumb.edu/basicneeds/>

# Otters kick off four-game series against Cal State LA Golden Eagles

Story by Victoria White  
Photos courtesy of Mak Webber

The California State University, Monterey Bay (CSUMB) Otters started their four-game series against the California State University, Los Angeles (CSULA) Golden Eagles on Friday April 8 with a victory for the Otters, with a score of 1-12.

Events took a sharp turn early in the game when CSUMB's Brady Miguel (#3) was struck in the shoulder by a wild pitch from LA's pitcher Yuji Sakane (#31). Shortly after getting hit by the pitch, Miguel stole second base. Jason Ajamian (#27) was able to reach first base off an error from LA's third baseman, allowing Miguel to make it all the way home and score for the Otters.

In the top of the second inning, CSUMB held their narrow lead by grounding out LA's batters before they could score. The bottom of the second inning saw four runs for the Otters. One from Chris Rubottom (#22), one for Kyle Guerra (#7), one from Chase Lindemann (#9), and one from Miguel.

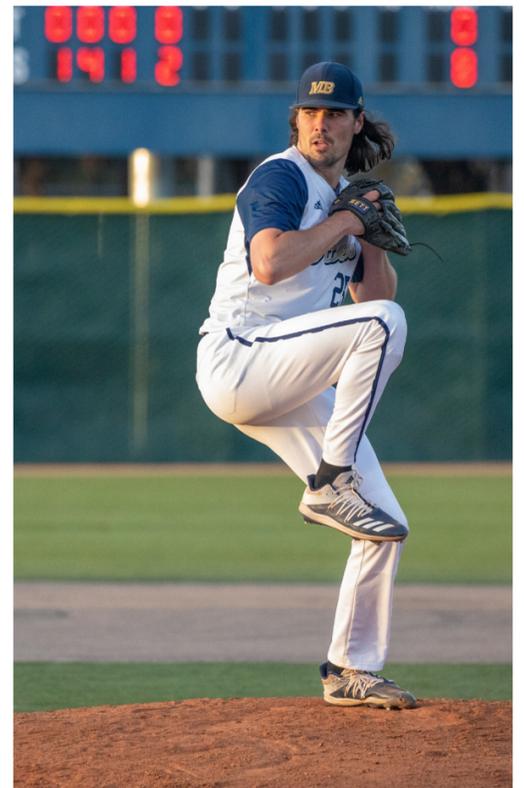
The top of the third inning held a strong defense from the Otters, with no runners from the Golden Eagles able to make it all the way home. The bottom of the third inning only had one run for CSUMB. Nico Hartojo (#8) singled out to left field and made it safely to first base and shortly afterward was able to steal second base. When his teammate Arthur Soto (#19) grounded out, Hartojo advanced to third base. Next up was Rubottom, who sent the ball flying out to right field, allowing Hartojo to make it home and score for CSUMB.

Going into the fourth inning, the Otters were able to maintain their 6-0 lead against CSULA and add two more runs to their scoreboard. CSUMB's Brady Miguel (#3) and Jason Ajamian (#27) were able to safely round all three bases and make it home without being tagged out.

The Golden Eagles made their first run of the game in the top of the fifth inning. Nick Penzetta (#22) hit a double out to right center field. His teammate Anthony Angel Jr. (#19) singled to shortstop, making it to first base and letting Penzetta advance to third. The Otters pitcher made an illegal motion which allowed both CSULA players to advance a base on a balk. As a result, Penzetta scored for the Golden Eagles and put a run on the scoreboard.

The next major event happened at the bottom of the sixth inning, Miguel doubled out to center field. Next, Ajamian was hit by a pitch from CSULA's pitcher Sakane and was awarded first base as a result. Hartojo singled through the left side and made it to first base, Ajamian advanced to second. With the bases loaded, Chris Rubottom (#22) stepped up to bat. Rubottom hit a double down the right field line, Hartojo advanced to third base, and both Miguel and Ajamian scored for CSUMB. Carrying on with his teammates momentum, Guerra hit a single down the right field line, both Rubottom and Hartojo took the opportunity to make it safely back to home base.

Neither team scored for the remainder of the game. The final score was 1-12, in favor of the Otters. For more information, or to catch future games, visit [otterathletics.com](http://otterathletics.com).



Otters's Ethan McRae (#25) throwing a pitch in the top of the 5th inning against the CSULA Golden Eagles on April 8.

## CSUMB baseball second half victory against CSULA

Story by Victoria White  
Photo by Bryan Chavez



Otters's Brady Miguel (#3) takes a swing at a pitch from Golden Eagles's Christian Longoria (#6) on April 9.

California State University, Monterey Bay (CSUMB) Otters baseball hosted game two of their four-game series against California State University, Los Angeles (CSULA) on Saturday April 9. The Otters won the game with a final score of 18-12.

The Golden Eagles were able to establish a solid lead early in the game, scoring seven runs in the top of the first inning. The Otters tried to catch up during their turn at bat at the bottom of the first inning, but were only able to score two runs from Chase Lindemann (#9) and Brady Miguel (#3).

CSULA continued to keep CSUMB at bay, maintaining their lead until the top of the sixth inning. LA's scoring streak plateaued at 12 runs, compared to the CSUMB's 9 runs. The Otters saw an opportunity to close the gap and thanks to Jacob Martin (#23), Nico Hartojo (#8) and Nathan Flores (#12), the game was tied in the bottom of the sixth inning with 12 runs apiece.

The Otters continued to further their lead through the bottom of the eighth inning. Kyle Guerra (#7) scored the final run for CSUMB after hitting a single out to right field, later stealing second base and reaching third base off a fielding error. Guerra reached home base when Hartojo hit a single to left field.

CSULA wasn't able to close the score gap for the remainder of the game and Monterey was able to maintain their two-run lead.

## Otters clutch narrow victory after 12-inning game

Story by Victoria White

California State University, Monterey Bay (CSUMB) baseball had their third game in their four-game series against California State University, Los Angeles (CSULA) on Saturday April 9. After a close battle, the Otters came out victorious with a final score of 6-7.

The game was slow to start, with the first scores coming from the Otters in the bottom of the second inning. Jason Ajamian (#27) hit a single down the left side and made it safely to base. Jacob Martin (#23) followed afterward and hit a double down center field, taking second base and allowing Ajamian to advance to third.

Nico Hartojo (#8) stepped up to bat next, was hit by a pitch, and walked to first base. Adrian Collazo (#15) who grounded out, but allowed Ajamian to score, Hartojo to advance to second and Martin to take third. Next up to bat was Chris Rubottom (#22), who hit a single to the right field. Hartojo advanced to third base and Martin added another score for the Otters. Rubottom was tagged out at second base by the shortstop and Hartojo scored off a throwing error made by CSULA's pitcher.

The Golden Eagles attempted to catch up in the top of the third inning. Nick Atkins (#4) hit a single out to left field and made it safely to first base. His teammate Johnny Pacheco (#14) hit it out of the park, literally, and scored a homerun. Both Atkins and Pacheco got points on the scoreboard for the Golden Eagles.

CSULA managed to pull ahead of CSUMB in the top of the fourth inning. Will Picketts (#2) hit a single up the middle. His teammate Drew Emmons (#34) also hit a single up the middle and advanced to first base, which allowed Picketts to advance to second. Gerardo Castaneda (#9) grounded out to first base off a bunt, while Emmons advanced to second and Picketts advanced to third. Thomas Chavez (#8) singled up the middle and both Emmons and Picketts raced for home base, scoring for the Golden Eagles.

The Golden Eagles furthered their lead in the top of the fifth inning. Both A.J. Salgado (#24) and Picketts scored for the Golden Eagles. However Jacob Martin (#23) and Chase Lindemann (#9) managed to tie the game for the Otters at the bottom of the seventh inning.

With the game tied at six runs apiece, both CSULA and CSUMB fought back and forth for five more innings, neither team managing to make any headway on the scoreboard. Finally, in the bottom of the 12th inning, Lindemann walked to first base off a ball, then shortly afterwards stole second base. Brady Miguel (#3) hit a single and Lindemann raced home and scored for the Otters, breaking the tie and winning the game for CSUMB.

The Otters won their last game against the Golden Eagles on Sunday April 10 at 11 a.m, with a final score of 1-12. For more information and to catch future games, visit [otterathletics.com](http://otterathletics.com).

## Admitted Otters tour CSUMB

Story and photo by Victoria White

California State University, Monterey Bay (CSUMB) hosted the Admitted Students Days on Saturday April 9. Newly admitted students had the opportunity to tour CSUMB's campus and interact with various clubs and organizations who tabled at the event.

Some of these clubs include the agribusiness club, the anime club, the Otter polo club, and many different Greek Life organizations. Additionally, admitted students had the opportunity to solidify their attendance to CSUMB by visiting the admissions tent that was set up in the main quad.



Newly admitted students visit California State University, Monterey Bay on April 9.

# Hollow Knight is the perfect platformer

## 8-Bit

Story and screenshot by Arianna Nalbach  
Illustration by Malia Savella

Team Cherry's "Hollow Knight" quickly earned itself the reputation of "the "Dark Souls" of platformers" after its initial release in February 2017. Despite being released five years ago, the indie game still has a passionate fan base surrounding it.

"Hollow Knight" is available for Windows, Linux and Mac computers, Playstation 4, Xbox One and the Nintendo Switch. It retails for just \$15 on all platforms.

In "Hollow Knight," you play as the Knight, a nameless bug warrior, adventuring through the underground kingdom of Hallownest. According to the Steam page for the game, you must "explore twisting caverns, battle tainted creatures and befriend bizarre bugs."

When the game initially launched, it already had an extensive story to offer, but the three-person team behind "Hollow Knight" later added four free content packs to the game: "Hidden Dreams," "The Grimm Troupe," "Lifeblood" and "Godmaster."

"Hollow Knight" didn't gain the reputation of "the "Dark Souls" of platformers" for no reason - the game is challenging, mixing intricate combat mechanics with traditional platforming and a limited amount of health.

"Hollow Knight" encourages players to manage their resources carefully. With every successful hit on an enemy, players will earn a small amount of soul; once you have enough soul, you can use it to cast spells or heal one health point.

As the player progresses through the game, they will find different charms. Each charm will provide a different skill, boost a certain attack, or assist the player in some other way. The charms will cost a certain amount of charm notches to equip. Players can get up to 11 charm notches to mix and match their charms to help them progress through the game.

While there are difficult boss fights and infuriating platforming puzzles, "Hollow Knight" is an overall delightful experience. Beating a boss you were stuck on, or getting past a complicated jumping puzzle eliminates the frustration and instead instills a sense of self-confidence. It is extremely rewarding to finally get past the areas you were stuck on.

Even though "Hollow Knight" has challenging aspects, it rarely feels impossible to progress. Most of the more complex challenges are not necessary to beat the game, or have an easier way to help the player get past them, as long as you look around a little bit.



For more competitive players, or players who are up for a challenge, there are a variety of additional challenges to take on within the game. After completing the game for the first time, players will unlock Steel Soul mode. When playing in Steel Soul mode, players only have one chance on everything; if you die, you won't respawn and will have to completely restart the game.

"Hollow Knight" has also become one of the more popular games for speedrunners. There are a variety of different challenges on the internet, where players must beat a certain percentage of the game as fast as possible.

One of the aspects that made "Hollow Knight" so beloved is its stunning visual style. Contrary to the popular hyper-realistic styles seen in most AAA titles, "Hollow Knight" has a gorgeous 2D hand-drawn art style, complete with frame-by-frame animation.

Each area of Hallownest is unique from one another, both in visuals and gameplay. None of the bosses ever feel repetitive. Every area, enemy, boss and NPC looks amazing. Despite being a world full of bugs, the game never feels gross, even for someone typically grossed out by bugs.

"Hollow Knight" is filled with memorable bosses and NPCs, whether it is for the design, the boss fight mechanics or the characters' personalities.

As the player progresses through Hallownest and discovers more about the history of Hallownest, they are accompanied by a "haunting, intimate score," composed by Christopher Larkin, according to the game's steam page. "The score echoes the majesty and sadness of a civilisation brought to ruin."

While there is mostly somber music as you progress through Hallownest, the score takes a turn with more intense music during boss fights.

"Hollow Knight" has an outstanding story, despite it never being at the forefront of the game. Team Cherry took a unique approach to storytelling, staying true to the "show, don't tell" advice many people are familiar with. In order to fully understand the story and unlock all of the game's endings, players need to pay close attention to everything as they progress.

"Hollow Knight" is a masterpiece from start to finish and absolutely worth picking up a copy, as long as you're up to the challenge.



Ho there, traveller. I'm afraid there's only me left to offer welcome.  
Our town's fallen quiet you see.



ELDERBUG

# Reinventing vintage clothing

## Artist Highlight

Story by Bryan Chavez  
Instagram: @\_heartkine\_

Katherine Divas is a painter, designer, and thrifter who screen prints her work exclusively on second-hand clothing. As fast fashion and the mass production of clothing continues to have negative impacts on the environment, many people have turned to thrifting as a cheaper, more eco-friendly alternative. To Divas, this is important because she believes we don't need fast fashion to stay in style.

"It's cool I could use my creative side to take used clothes and turn it into something else," Divas said. "You don't need fast fashion and it's a cool recycling thing. Everything is recycled. You get it thrifted or traded with people, or I can wear some of the outfits and when I don't want it anymore, I could just sell it or something. Anyone could do it."

Everything she prints on is already used. Divas mainly looks for clothing without something already on it, going for crew necks like vintage Champions or vintage Hanes to screen her art. Her love for fashion and second-hand clothing came from her family's business back in East LA, when her dad and grandma started selling at flea markets.

"He started to see the fashion part of it and saw that shoes and leather belts sold, so he followed it and he ended up with this warehouse. He has a raghouse," Divas said. "Always being around him and always being at flea markets is something I enjoyed doing. Now that I'm [in Monterey], I don't have access to doing business with him where I can just look through the rag house so now, I go to Goodwill and go thrifting."

Depending on the condition, typically the older the item is, the better. "I like my things to stress cause it adds a bit of character," she said. "In terms of vintage clothes, I have to do some research depending on the item, but usually my things are \$15, \$20 bucks."



Photo by Bryan Chavez



Photo courtesy of Katherine Divas



Photo courtesy of Katherine Divas

Divas' style is heavily influenced by her community back in East Los Angeles, with psychedelic elements.

"I want to represent where I'm from. That's where you get the feeling of LA culture. The psychedelic stuff, I think it's great to be open-minded and a little weird. I feel like a lot of my best experiences were after I tried psychedelics. I just understood things differently and every time, I see more shades of color or new color pallets and I could always take it back with me. I just like to make my things a little bit trippy."

You can check out more of Divas' art and clothing on her Instagram @\_heartkine\_.

# What was your reaction to Will Smith slapping Chris Rock?

*Otter Chatter* by Estrella McDaniel



## Cheyenne Miller

Molecular Biology  
Third-Year

"I feel like Will Smith shouldn't have slapped him, He could have taken Chris Rock aside at the end and told him privately without the slap. But 10 years of being banned is a little extreme, five years would've been enough."



## Austin Narayan

Cinema Arts & Technology  
Third-year

"Well when I first heard about it without any context I was shocked and thought it was just a scene from a movie. Then realizing that it happened at the Oscars made me feel like that is pretty embarrassing, especially from such a great actor. To have acted in such an immature way I feel as if the consequences are justified, which is a shame because he is a great actor but this act will probably have a long-lasting effect on Will and Chris's careers."



## Eric DeSoto

Biology  
Fourth-year

"I was surprised at Will Smith taking it that far, but it shouldn't have been on live TV, and his wife, she seems a bit ungrateful from him doing what he did for her. Ten years does seem a little much."

# The Basket Star

Photo by Bryan Chavez



Can you unscramble these coffee-related words to reveal their true meaning?

basen

ossspree

togaffoa

ettla

inoccuppac

noacirema

ldco ewbr

iedc eeffco

toaihccam

towredenu

5		2	7	8			
4			3				
	6				1		
				2	6		8
2	1					7	
		4			3		
					3		
8		6		4			
1	7						2

Answers:

5	3	2	7	1	8	9	6	4
4	9	1	3	6	5	7	2	8
3	5	7	9	2	1	6	4	8
2	1	9	8	4	6	5	7	3
1	6	8	4	5	7	3	2	9
6	4	5	2	8	7	3	1	9
8	2	6	1	3	4	7	5	9
9	6	1	3	4	7	5	9	2
2	8	9	4	5	7	3	1	6

beans, espresso,  
 affogato, latte,  
 cappuccino,  
 americano, cold  
 brew, iced coffee,  
 machiato, undertow