

the Lutrinae

CSUMB Student-Run Newspaper

Oct. 4, 2021



Monterey's 2nd annual poetry festival

Article by Cassidy Ulery
Illustration by Malia Savella

Multicolored Christmas lights were strewn from ceiling-high, novel-filled bookshelves as guests began filling seats and mingling amongst each other before Old Capitol Book's second annual Monterey Poetry Festival started on Oct. 2. Featuring more than a handful of California State University, Monterey Bay (CSUMB) poets, the festival was complete with professors, students and an open mic for community members.

CSUMB's afternoon performance was the perfect kickoff to Saturday's events. As the night drew on, the evening performance featured various poets from all across the nation, with important messages of identity, racism, death, incarceration and the struggles of life.

Kenny Garcia, an associate librarian at CSUMB and fellow poet, was emceeing CSUMB's afternoon event, introducing the talented professors and students reading their spoken word for the audience.

"We are very excited to have everyone here today," Garcia said. "We have some amazing CSUMB faculty and students that will be sharing their work with you today."

First up to perform was CSUMB's Humanities and Communication (HCOM) professor Kent Leatham. Before indulging the audience with his poetry, Leatham informed the audience of important trigger warnings his poetry contains.

"My poetry [I will be reading today] revolves around growing up during the AIDS/HIV pandemic, mass school shootings and the trauma of enduring a global pandemic," Leatham said.

Despite the adversaries Leatham's poetry describes, his poetry shows the resilience of the human spirit and how change is essential to enabling social justice.

After Leatham's performance, fourth-year Lizz Wiles took to the stage, reading different pieces of her poetry - some which comes from her capstone project - highlighting mental health awareness and validation, feminism and self-realization.

CSUMB's associate professor of Social Action and Composition Daniel Summerhill was up third, and he read a few pieces of poetry from his book "Divine, Divine, Divine," while previewing some of poetry from his upcoming book "Mausoleum of Flowers" being published in 2022.

Summerhill's last poem "An Ode to Elijah" was a beautiful tribute to his nephew, Elijah, who has autism. As Summerhill notes, it's recognition of their fight against the world in creating an equal space between spectrums.

Fourth-year Rocio Carranza-Pineda is a first-generation, LatinX poet at CSUMB who writes poems in English and Spanish to express her own "cultura." Carranza-Pineda read poetry, some of which was dedicated to her mother, interchangeably using the two languages to portray her message.

CSUMB's professor of Service Learning and Social Action Chrissy Hernandez was the last featured speaker of the event, reading poetry from her college days and current work, which discusses the effects of drug addiction and assault.

In a homage to her grandfather, Hernandez read a poem on strawberries and his life lived as a farmworker, teaching her ways to determine a strawberry's ripeness, informing her of pesticidal practices, while giving her unforgettable memories she holds dear to her heart today.

Once the open mic portion began, CSUMB's third-year Zoe Atlas read three poems focusing on different premises such as her family back in Palestine and the injustices facing them, the nonlinear nature of time and breaking comfort zones - translating pain into art.

Community members from Santa Cruz and Monterey all took turns sharing their poetry and expressing themselves before the afternoon event came to a close.

Aideed Medina, a poet living and working in the Fresno art scene, was the last performer and, in contrast to the poetry shared about grandfathers, spoke on the beauty of seeing her grandmother burst with joy as she danced the night away, twirling her dress and showcasing an ear-to-ear smile. For Medina, the happiness exuberating from her grandmother that night, still brings her an unparalleled sense of freedom.

Fingers were snapping in applause of the poets, audience members would echo praise in responses to particular stanzas or words, and there was an undeniable sense of acceptance and community parading throughout the room.

Transitioning from the afternoon to evening event, audience members were given a two-hour break to shop around the store, check out the temporary art exhibits or catch some dinner in Downtown Monterey.

Stephanie Spoto, HCOM professor and co-manager of Old Capitol Books, hosted the nighttime performances

and expressed her excitement of the return of the poetry festival and in-person activities.

"This is my favorite event of the poetry festival," Spoto said. "This is when I get to invite all of my closest friends to come share their poetry."

Heather Flescher, poet and transgender activist, spoke on recognition and transgender identity. Flescher grew up in Cape Cod, but now lives in the Monterey area and has for the past 23 years.

Flescher's first chapbook "One Foot on the Ground," is available for purchase, and she is working on poetry that will examine mental health and transgender issues.

Monterey poet Jeff Erwin was the second performer, sharing poems on different aspects of life and the struggles we endure. Comically, Erwin tore the paper his poems were printed on as the ending to his set.

Poet David Mendez gave a passionate reading of his poems focusing on incarceration, bilingualism, love and genealogy - paying special attention to his Native American heritage.

Brian Sheffield is a Monterey-based poet who has performed and is published internationally. During his set, Sheffield read poetry on death, heartache, loss, obligations and time. His interactions with the audience added to the wholesome and inclusive atmosphere.

Coming from Brooklyn, Chris Carr is a poet, artist and educator who gave an electrifying performance of his poetry - a powerful rendition to his hip-hop and creative arts background. Carr spoke on breaking down stereotypes, racism, gentrification, rehumanization and the emotions we experience in our lives.

Musical act Bedrooms sang an acoustic set to send the audience off. Mystifying lyrics and the strumming of guitar was a serene ending to the festival's second day. Chatbooks were being sold left and right as audience members made their way out of the bookstore.

Closing down for the night, the store sleeps in preparation for its final day of the festival on Oct. 3, which will be hosting a poetry writing workshop and zine launch party.

Old Capitol Books is open to the public Thursday to Sundays from noon to 6 p.m. A variety of books are available for purchase. Boukra Press is a project of Old Capitol Books with plans to publish different chapbooks all throughout 2022.

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CSUMB poetry highlights

Story by Cassidy Ulery



Lizz Wiles Fourth-year HCOM

Photo courtesy of Lizz Wiles

Lizz Wiles' passion for poetry has been flourishing since childhood. Since she was a young girl, her mother has always been encouraging literary arts. Wiles' mother, a fantastic writer herself, is the definition and backbone of support.

"She taught me how to start writing and how poetry is tied to one's soul," Wiles said. "When I would struggle with the rhythm of a piece, my mother would bring out our metronome to help me measure syllables and gauge the music of my poem."

When it comes to writing poetry, Wiles can spend months on a particular line or syntactic choice, but when the emotions are high, the words bleed onto the page. Sometimes her poems construct themselves pieces at a time or in one sitting.

"All-at-once ideas often form when I am writing about something I have either considered, studied, experienced or have well-rounded knowledge regarding," Wiles said. "Alternatively, bit-by-bit ideas are parts of myself I am still forming and understanding."

Wiles draws inspiration from Lana Del Rey, Tongo Eisen-Martin, Blythe Baird, Sylvia Path, June Jordan and many others. At

the Monterey Poetry Festival, Wiles is excited to connect with fellow colleagues and community members, expressing her gratitude for having the platform to speak and share.

During her performance, Wiles plans on reading eight of her poems. The themes of her poetry range from loss, worldly struggles, nature, feminism, and mental health awareness and validation.

"We need to talk about grief, about systemic discrimination, and about the silent death that is having mental illness," Wiles said. "Not only that - never only that. We need to act."

the
Lutrinae

The Lutrinae is a weekly campus newspaper covering CSUMB and its neighboring areas. Here at *The Lutrinae*, our goal is not only to educate and inform the public, but to entertain, to spark creativity, to encourage diversity of opinion, and to build a sense of community on campus and with the neighboring cities.

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Zoe Atlas Third-year HCOM

Photo courtesy of Zoe Atlas

Music and creative writing have always been a part of Zoe Atlas's life. Her father has influenced many of her musical inspirations from George Winston to sanskrit mantras. Atlas began her formal poet career as a first-year student at CSUMB, where she took Environmental Creative Writing, along with a music, poetry, prayer and storytelling course.

"That's when I started piecing together my identity as a poet," Atlas said. "Reading Joy Harjo's work 'How We Became Human' completely blew me away. I had a very intense 'that's me, I do that!' moment."

Poetry has given Atlas a platform to express herself - allowing her to discover her sensitivities and formulate her feelings. As Atlas writes poetry, she engages in a transformative process, where she digs deeper into the trauma and memories she's accumulated, going through a rebirth and shedding parts of the past.

"Sometimes I wake up in the morning with this magnetic pull to a specific place in my mind," Atlas said. "That's when I know I need to go there. A poem wants to be born, and it comes from that place and it's usually a poem that's very sure of itself from the start."

When it comes to Atlas's process of writing poetry, she is able to connect with her ancestors and hopes her poetry can be used to help others heal. Being vulnerable can be a terrifying yet gratifying practice.

"I feel like the best things in life are hidden behind a wall of fear," Atlas said. "Being able to recognize I have this fear, but I'm going to do it anyways is the best feeling. The greatest moments in my life come from when I can share my creations with others."

Atlas plans on reading three of her poems at the Monterey Poetry Festival. Her themes differ for each poem, but revolve around family and the social injustices facing Palestinians, the nonlinear effects of time and the process of understanding oneself through reflection.



Bok Choy opens after much anticipation

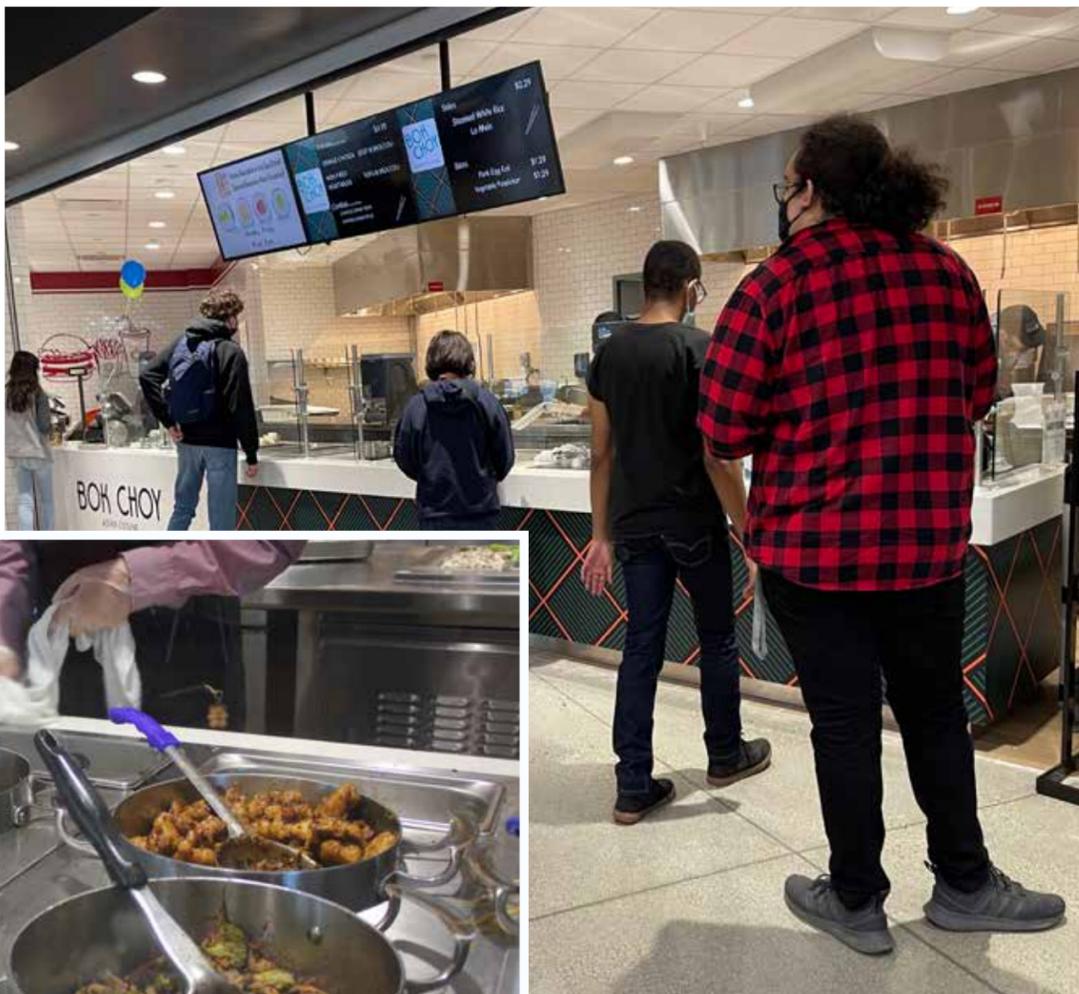
Story by Bryan Chavez

Photos by Arianna Nalbach and Joshua Label

After a long anticipated wait, Bok Choy opened in the Otter Student Union at California State University, Monterey Bay (CSUMB) on Sept. 27. The Chinese cuisine dining option had its opening after facing a shortage of staff members to help run the location.

Haley Bartlett, a cashier at Bok Choy, said that they are no longer short-staffed and working there has been “pretty chill so far.”

Students with a meal plan can do a meal exchange of two entrees, one side and one drink with plenty of menu items for students to try for themselves.



Right photo: Students line up to try out Bok Choy on opening day, on Sept. 27.
Left photo: Bok Choy's Chinese cuisine is ready to fill hungry Otters plates on Sept. 27.

Steps in networking

Story by Nikki Dodd

Illustration by Malia Savella

California State University, Monterey Bay (CSUMB) offered another useful workshop for helping students build their social capital on Sept. 28. Hosted by Corin White, Undergraduate Research Opportunities Center (UROC) curriculum research associate, the event taught students ways to build a network strategy and identify mentors.

What is social capital?

Social capital consists of relationships among people. Having connections can help enable a better network. Identifying people or “mentors” as White describes them is key.

Types/Roles

To be able to network, looking at the types and roles of people in our lives is important. There are five different types to look at when considering who to contact for advice or job opportunities.

The friend - labeled as the “outsider” can be someone you trust and that would be able to see the connection between personal and professional.

The role model - possesses the skills you are wanting to develop pertaining to possible job interests

The insider - the institutional perspective, outside of your “unit/group/department.”

The veteran - labeled as the “OG” has a leadership role and a wealth of experience

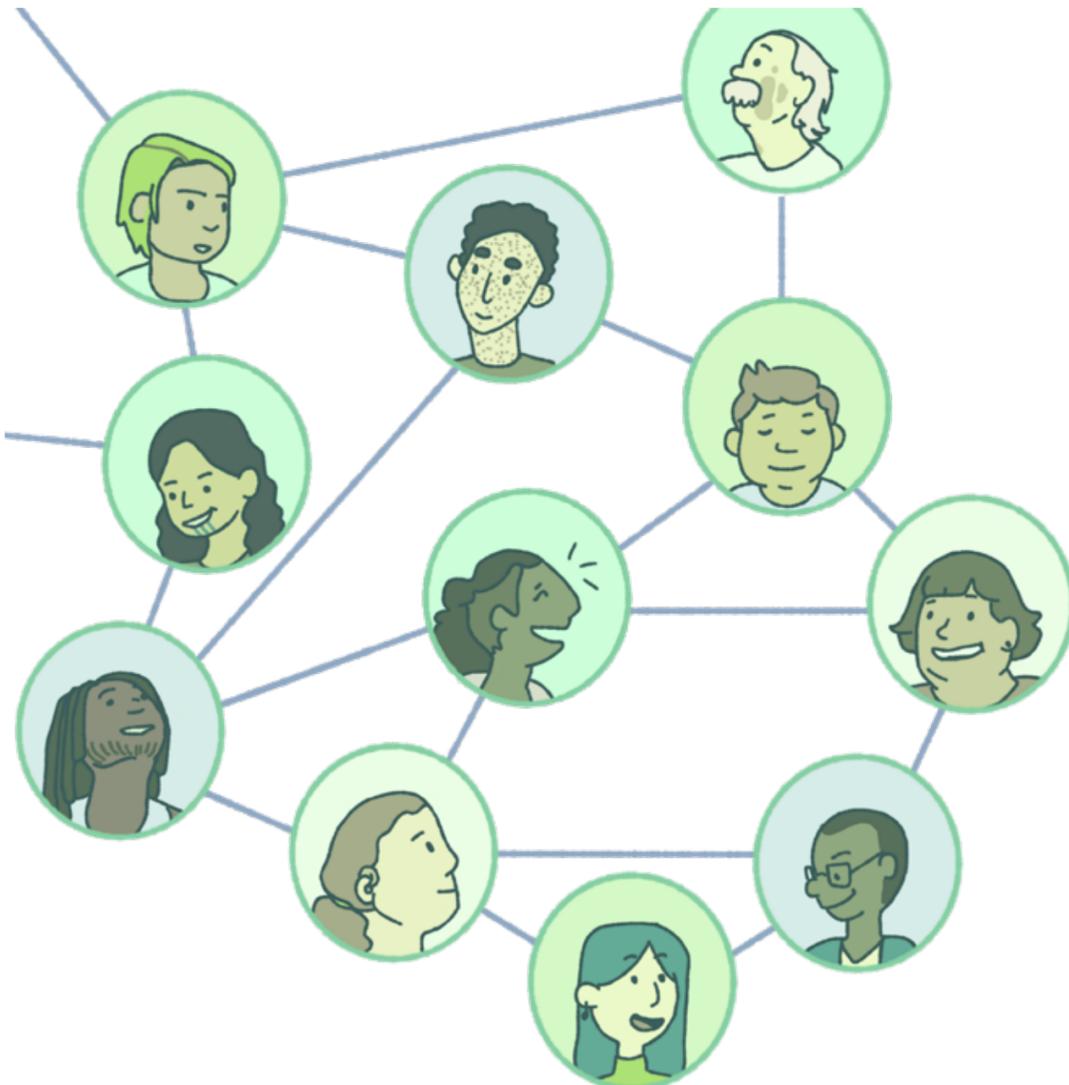
The teacher - can be a mix of the previous four mentioned: friend, role model, insider or veteran depending on how you choose to work with them.

Informational interviews

The purpose of these interviews finds another way to obtain information on a career path, position, scholarship or even pursuing graduate school. It is advised to conduct at least three informational interviews within a career path or somewhere of interest.

By doing so, whether a student is looking for a job or applying for graduate school, they can take the information and advice provided in each interview and apply it to their overall career goal.

LinkedIn is a strong tool in expanding one’s network of people to reach out to.



Whether it is done in-person or through email, reaching out can be beneficial. One should include where they work or what program/position they are interested in, basing it on how one would like more information on the person’s experiences, and how they got to where they are.

Resources

An easy starting point to building one’s social capital and network is to join “UROC @ CSU Monterey Bay”

LinkedIn Group and use the platform to connect with professionals in one’s field of interest.

Sitting down and thinking about those close to you whether professionally or personally can make the difference. If anyone is interested in gaining more guidance in reaching out to peers or mentors, reach out to White or UROC for further information.

Students get creative at Makerspace

Story by Helene Kristensen

Photo courtesy of Rachell Hester

Cutline: Students gather in the Makerspace office and creative Fall-related crafts on Oct. 1

The Makerspace Office at California State University, Monterey Bay (CSUMB) is a spot on the third-floor of the Tanimura & Antle Family Memorial Library, where students can experiment and start creating. Makerspace hosted a water colour workshop on Oct. 1, and many students were in attendance.

All the supplies needed were handed out to them at no cost, with the event free-for-all to attend and design.

Makerspace Coordinator Rachell Hester describes the environment.

“Students can learn new skills independently or collaboratively,” Hester said. “There are resources available to get the help to go further on your projects or ideas with the help of trained student assistants or staff. It is also a great place to de-stress during finals week.”

At the Makerspace, students are free to do almost anything they want to. General supplies that are user-friendly are available during open hours such as paracord, button machines, paint, makers, pencils paper, books for inspiration, puzzles and craft supplies.

There are also supplies available such as hot glue guns, needles for felting or embroidery or sewing, and precision or Xacto knives. These supplies do, according to Hester,

require a short safety training, but are also generally available.

Laser cutters, 3D printers, vinyl cutters and Computer Numerical Control (CNC) machines, along with some other tools and supplies will be available for students during workshops or by request, if they have enough staffing. No prior experience is needed.

“In the future, students can look forward to projects like sewing a face mask with an Auntie Chrissy Lay,” Hester said.

Lay is a CSUMB faculty member and co-author of the Auntie Sewing Squad. Lay speaks about making as a means of social justice. Masks made during this workshop can be for participants or child size masks that will be delivered to communities in need.

Lay’s book, “The Auntie Sewing Squad,” will be available at the CSUMB library for students interested in checking it out.

In December, Makerspace’s First Friday is collaborating with the College of Business to have a Q&A styled workshop about personal finances. This will include anything from student loans to car loans, credit cards, savings, budgeting and more.

Students are encouraged to ask questions, and the experts will try their best to answer any questions. Hester also assures that craft and activities will also take place during this workshop.

More specific activities and workshops have yet to be determined, but students are encouraged to stay up to date on what is happening by following their Instagram page @csumb_makerspace for more details. MyRaft will also be a platform where students can get information and stay up to date about what is going on.

In case there are any specific projects students want to work on in the future, Hester encourages them to email makerspace@csumb.edu and include a short text with their idea, or a YouTube or other form of tutorial link.

Makerspace is currently open Fridays from noon to 4 p.m. and students are encouraged to stop by. The office is only closed the first Friday of the month, when workshops are being hosted instead.

Students can check their interests on the paper located outside the Makerspace office to announce what they would like to see more of.

Makerspace is dependent on funding from grants in order to be able to purchase supplies and fund student assistants.

Seeing as grants are never guaranteed, Hester and the team are working hard to provide access.

“This is an awesome resource on campus, and encourages all students to come utilize the Makerspace,” Hester said. “Let us know it has use and value to our CSUMB community.”



Students gather in the Makerspace office and creative fall-related crafts on Oct. 1.

Students hit reset with mindfulness minutes

Story by Anna Stubler

Illustration courtesy of atsukosmith via Flickr

Daniel Reed, a psychologist at California State University, Monterey Bay (CSUMB) led a Mindfulness workshop entitled “Mindfulness Minutes,” where participants took 45 minutes out of their day to practice mindfulness and reset themselves on Sept. 29.

“The goal is not to judge ourselves,” Reed said. “We congratulate ourselves for taking the 45 minutes for ourselves.”

Reed then instructed participants that there were no specific rules or expectations for the session.

The session was composed of two different mindfulness practices led by Reed. To begin, he asked participants to become comfortable, but not so much that they would fall asleep. He then advised them to close their eyes or soften their gaze.

Next, he worked on leading participants in relaxing their whole body, loosening their muscles and sinking into their breath. He also asked participants to be aware of their environment around them, focusing on the details and the smells.

In the process of sinking into relaxation, Reed told participants to notice which areas held onto tension and to deliver relaxation to those spots.

Throughout the workshop, Reed gave participants options based on their comfort. Participants could use either words or visualizations as part of their mindfulness exercise. He noted that participants could take a break or step away whenever necessary.

Reed concluded the session with some thoughts about the ever-urgent tasks that work and school impose.

“Work is like a cake,” Reed said.

He believes one can take a piece of the cake at any one time, but to attempt to tackle the whole cake in a single-go will lead to feelings of sickness and exhaustion. By tackling manageable pieces and letting go of work when work time is over, one can maintain balance.

Students can check MyRaft for information on how to register for the next weekly session.



Monterey Peninsula Chamber of Commerce takes to the streets

Story by Daniel Gallo
Photos by Joshua Label

The Monterey Peninsula Chamber of Commerce hit the streets of Seaside for their Annual Business Walk on Oct. 1. From restaurants to hardware stores, participants and staff greeted local owners to discuss business during the pandemic.

The Chamber enables success with networking opportunities, helping members of regional businesses grow their companies.

Alex Winkle, Vice-Chair of Economic Vitality, discussed the team's mission.

"It's about creating a community," Winkle said, " [and] making sure their interests are served."

Before sending attendants down Broadway Avenue, Winkle kickstarted the event at Laguna Grande Park, parring Chamber staff, board directors and students.

There are new and old businesses in Seaside and on North Fremont Street. It's about ensuring connections, serving interests through outreach and addressing government regulation.

Membership benefits provide a path towards new customers, access to promotion and publicity and invitations to Monterey Peninsula receptions.

Big Sur, Carmel, Marina, Sand City, Pacific Grove and Pebble Beach are additional areas that the Chamber serves.

Ernesto Altamirano, Communications and Public Engagement Specialist, described his experience.

"I was surprised how open they were," Altamirano said. "They took the time to share their successes and what they wanted to accomplish."

Altamirano works with the city of Seaside, handling press releases and social media content with relevant updates. The area has a significant Latino population, and he ensures that information is available in English and Spanish.

Interacting with local businesses owners in the region provides insight into the variety of people in this diverse place.

COVID-19 has affected business owners for better or worse. Staffing shortages, lower customer sales, and making rent payments while being closed are part of the battle.

Seaside Liquors is a local business that benefited from the past year because of the rising alcohol consumption

during the pandemic. However, finding reliable staff remains a challenge for their management.

While some owners watched their business grow, others had to endure a prolonged rebuilding process.

Grant Taylor, CSUMB Alumni, and the Chamber's Membership Sales Representative acknowledged the local's generosity.

"They took the time to meet with us when they were busy," Taylor said. "I appreciated that."

Everyone has a story, and hearing from locals was an enriching experience, an opportunity to understand the community on a personal level.



Monterey Peninsula Chamber of Commerce members gather for the Annual Business Walk on Oct. 1.

Tips to secure a strong recommendation letter



Story by Nikki Dodd
Illustration by Malia Savella

California State University, Monterey Bay (CSUMB), along with Nanda Warren from the Cooperative Learning Center (CLC) and Natasha Oehlman from the Undergraduate Research Opportunities Center (UROC), co-hosted a joint workshop teaching students strategies for receiving successful letters of recommendation on Sept. 23.

This workshop is one of five being taught in a graduate workshop series for students this Fall, and is a collaborative effort between UROC, the Career Center, the Transfer Center and the CLC, which is sponsored by the Title V Mentorship and Equity in Transitions to Achieve Student Success (METAS) grant.

The purpose of the workshops are to guide students who are preparing to apply for graduate school, or other career preparations and ensure they have a strong letter of recommendation for any application.

This workshop, in particular, emphasized working closely with chosen reference writers to secure strong letters of recommendation for applications. There are five core steps in this process that were shown to best succeed.

Step One - Selecting

First step in the process is "select." Deciding who you want to reach out to for a reference letter depends on the application and program. Pick someone that relates to the area or program you are applying for and make sure to assess the relationship, whether it be a colleague or professor.

It is important that whoever is chosen has a good understanding of who you are and why you would be a good fit.

Step Two - Contacting

Give the person you are asking an ample amount of time to produce the letter. A month in advance is a good time frame.

If one wants to ask sooner, it is completely acceptable, but keep in mind that the further out one asks will require more organization and communication with the person one chooses.

Step Three - Prepare

After contacting the person who will be writing the letter of recommendation, it is good to prepare them on the program details and key points they may need to mention in the letter, as well as being prepared for the writer to ask any questions during their writing process.

Providing the writer with enough information will better assist them in drafting a strong letter.

Step Four - Check in

Chances are, the person writing the letter of recommendation has a busy schedule. It's a good idea to periodically check in with them, in addition to keeping oneself on track with deadlines

Reminders are always helpful and can go a long way. It is not "bugging" the person, more so letting them know you care and are organized.

Step Five - Give Thanks

The final step in the process is to thank the letter writers for all the hard work and effort in supporting your next educational goal.

A simple "thank you for your time," along with updating them on the admissions status and other types of achievements you might receive goes far.

The person writing the letter wants to help and see success.

Utilizing these steps enables those who are applying to graduate school to have stellar and strong recommendation letters that will separate them from other applicants.

The five-part workshop series also entails the entire suite of virtual grad school events that are available on My Raft. Students are encouraged to visit the CLC to learn more about the five steps, and get feedback on emails to possible faculty or colleagues writing for graduate school applications and career preparation.

31 horror movies for October

<p>Story by Bryan Chavez Illustration by Malia Savella</p> <p>Here are 31 horror/halloween movies to check out this October! Watch in any order!</p>		<p>1. Fear street trilogy Subgenre: Slasher/paranormal Short description: Witch's curse, small town. Streaming on: Netflix</p>	<p>2. Insidious Subgenre: Paranormal Short description: Demon haunting family. Streaming on: Netflix</p>	<p>3. Sinister Subgenre: Supernatural/mystery Short description: Killer's super 8 footage. Streaming on: Hulu</p>	<p>4. Trick 'r Treat Subgenre: Anthology/comedy Essential rules of Halloween. Streaming on: HBO max</p>	<p>5. Scream series Subgenre: Slasher/comedy Short description: Essential rules of horror movies. Streaming on: HBO max</p>
<p>6. The Rocky Horror Picture Show Subgenre: Comedy/musical Short description: Honeymoon rock opera. Streaming on: Hulu</p>	<p>7. The Evil Dead Subgenre: Supernatural Short description: Classic cabin horror. Streaming on: HBO max</p>	<p>8. Cabin in the Woods Subgenre: Comedy Short description: Modern cabin horror. Streaming on: Prime</p>	<p>9. The Shining Subgenre: Psychological/thriller Short description: Family man gets cabin fever. Streaming on: HBO max</p>	<p>10. House Subgenre: Comedy/foreign/paranormal Short description: Japanese school girls. Streaming on: HBO max</p>	<p>11. Eraserhead Subgenre: Experimental/body horror Short description: Abstract parenting issues. Streaming on: HBO max</p>	<p>12. Creep Subgenre: Found footage Short description: Shady online ad. Streaming on: Netflix</p>
<p>13. It Subgenre: Supernatural/thriller Short description: Kid-killing clown. Streaming on: HBO max</p>	<p>14. Killer Klowns from Outer Space Subgenre: Comedy/science fiction Short description: People-killing Clowns. Streaming on: Hulu, Prime</p>	<p>15. Night of the Living Dead Subgenre: Classic/zombie Short description: Trapped inside the house. Streaming on: HBO max</p>	<p>16. Train to Busan Subgenre: Zombie/Foreign Short description: Zombies on a train. Streaming on: Hulu, Tubi</p>	<p>17. Candyman Subgenre: Slasher/supernatural Short description: Say his name five times in the mirror. Streaming on: Tubi</p>	<p>18. Jeepers Creepers Subgenre: Slasher/monster Short description: Don't go snooping in shady places. Streaming on: Tubi</p>	<p>19. House of 1000 Corpses Subgenre: Exploitation Short description: Demented redneck family. Streaming on: Prime, Tubi</p>
<p>20. Hellraiser Subgenre: Slasher/supernatural Short description: Pain is pleasure. Streaming on: Tubi</p>	<p>21. Lords of Chaos Subgenre: Music/thriller Short description: Norwegian Black Metal. Streaming on: Hulu</p>	<p>22. Raw Subgenre: Drama Short description: Cannibal college student. Streaming on: Tubi</p>	<p>23. Sleepaway Camp Subgenre: Slasher/mystery Short description: Summer camp! Streaming on: Tubi</p>	<p>24. Midsommer Subgenre: Psychological thriller Short description: Folk and daytime horror. Streaming on: Prime</p>	<p>25. I Know What You Did Last Summer Subgenre: Slasher Short description: Just teens being teens. Streaming on: Prime</p>	<p>26. Nightmare before Christmas Subgenre: Animation/Christmas Short description: Christmas movie? or Halloween movie? Streaming on: Disney+</p>
<p>27. American Psycho Subgenre: Dark comedy/slasher Short description: Killer Wall Street businessman. Streaming on: Hulu</p>	<p>28. Frankenweenie Subgenre: Animation/comedy Short description: It's alive! Streaming on: Disney+</p>	<p>29. Scooby Doo Subgenre: Comedy/family Short description: The gang takes a trip to spooky island. Streaming on: HBO max</p>	<p>30. Monster House Subgenre: Animation/paranormal Short description: Possessed house. Streaming on: Netflix</p>	<p>31. Häxan Subgenre: Documentary Short description: Halloween party background noise. Streaming on: HBO max</p>	<p>Have a spooky Halloween!!</p>	



Key lines

Poem by Stella Meadows

and though we are separated by miles
lifetimes as fragile
as dew
dimpled on a garden-spider's web
and though we are separated by time
memories as fleeting
as ash
whisked like so many flakes on wind
and though we are separated by fate
or god
or circumstance
damn the names—each and every one—
though eons lie like chasms between us
we are bound,
oh sweet
oh shining portrait
we are bound,
we are bound

Roma: an immersive look in 1970s Mexico

Monte's Movies

Story by Anna Stubler
Screenshot by Arianna Nalbach

Roma is a one-of-a-kind movie. Directed by Alfonso Cuarón, the movie is shot in black and white, and both the sound and the cinematography are uniquely immersive.

Viewers can wear headphones while watching the film and feel as if they are part of the movie itself, hearing the sound travel as the camera pans. Unusual shots, where the viewer becomes the television with the actors looking straight at the camera, and others where the main character almost disappears in a wide angle view add to the individuality of the film.

In 2019, Roma won an Academy Award for its cinematography.

Besides the cinematography, the story also immerses viewers. The plot follows Cleo, a domestic worker in 1970s Mexico, who takes care of a family with four children. The movie has a documentary feel, but the cinematography adds to the surrealness.

Viewers should watch Roma if they want an immersive viewing experience, and a look into what life was like for different socioeconomic groups in 1970s Mexico. Roma is available on Netflix.



Would you rather work from home or be in-person?

Otter Chatter by Jennifer Gibbs



Cristian Vega

Arts and Tech
Fourth-year

"I had the opportunity to do both, but I live an hour away so even though it's a commute, I'd rather be at the college because it gets me outside of the house. Although, I like the comfort of being in my own home. Here, it's like a job that I can go to."



Brenda Alfaro

Business
Fourth-year

"I would say working at the college is better because since I was quarantined for almost two years, it helps me get out of that mindset. It's a relief coming back to campus. I feel so much better just being here, and I'm much happier!"



Megan Taylor

Marine Biology
Second-year

"I would rather be working at the college because I enjoy in-person learning, and I like being outdoors, walking around and actually meeting people. It's very fun! When you're working at home, you're just staring at a screen, and I don't like to do that. I'd much rather be outside."

Photo contest winner!

Robin Porter | theme: pets



**The Lutrinae
wants to hear
your voices**

Want to showcase your work in the student newspaper? Email culery@csumb.edu to have your work considered for our next issue.

We love to see your:
illustrations • short stories • poems

Can you unscramble these movie-related words to reveal their true meaning?

nrocopp

tshgil

maneic

raemac

doowllyho

notica

etkitc

rotecrid

mlif

ingtca

			8		7	1	2	9
6								4
		2	5		4			8
7		5	1	4		2		
	1		6		2		3	
		6		5	3	4		1
9			3		5	8		
2								7
5	4	7	2		8			

Answers:

5	4	7	2	1	8	9	6	3
2	8	3	4	9	6	5	1	7
9	6	1	3	7	5	8	4	2
8	2	6	7	5	3	4	9	1
4	1	9	6	8	2	7	3	5
7	3	5	1	4	9	2	8	6
1	9	2	5	3	4	6	7	8
6	7	8	9	2	1	3	5	4
3	5	4	8	6	7	1	2	9

popcorn, cinema,
Hollywood, ticket,
film, lights, camera,
action, director,
acting