

the Lutrinae

CSUMB Student-Run Newspaper

Oct. 19, 2020

Protesters march to President Ochoa's doorstep



Protesters march past Ochoa's home in East Campus to demand the staff layoff notices be rescinded.

Story and photos by Sydney Brown

Staff members, faculty and students equipped with picket signs and booming voices marched to the doorstep of the California State University, Monterey Bay (CSUMB) President Edouardo Ochoa to protest staff layoffs on Oct. 16.

After the university administered 29 layoff notices on the first day of Fall 2020 instruction, several CSUMB employees - whether they were given a layoff notice or not - felt disheartened by the manner in which the notices were distributed, and went straight to Ochoa's home to voice their concerns and demand the layoffs be rescinded.

"There is no lack of work on the CSUMB campus," said Tasha Lindstrom from CSUMB's College of Business in the press release for the picket. "With these layoffs, programs and student success are at risk, and we think that President Ochoa has other options that should be explored first."

She was one of the main leaders of the protest, along with President of the Employees Union Chapter 322 Sathyan Sundaram, who was listed as the contact person for the event. A website titled No Layoffs at CSUMB was created to publicize the march where members of the CSUMB community could RSVP and find protest slogans for their picket signs.

According to the site, the reasons staff layoffs were protested was due to the threat it poses to CSUMB students, the poor communication with those who received layoff notices, the layoffs hindering campus morale and the university's silence to staff members several unanswered questions about the layoffs. The website also included a page that said all protesters must wear a mask and practice social distancing throughout the entire march to ensure proper health and safety for everyone attending.

At 5 p.m. over 30 participants gathered at Wainwright Park in East Campus, which is located just a few blocks away from Ochoa's home, and began to make picket signs. Phrases such as "Lack of work says who?" "No CSUMB Layoffs," "Layoffs hurt CSUMB students" and "What work have you done Natalie" were found raised in the air as the group made their way down Wainwright Drive.

Unified shouts were heard from the protesters as they marched through the street saying "No Layoffs!" and "Rescind Layoffs!" and approached Ochoa's driveway. When making their way through the East Campus faculty neighborhood, few bystanders watched the march and the speeches conducted inside the president's court.

Once they reached Ochoa's home, protesters used their stillness as an opportunity for conducting speeches, offering a space for staff members to share their stories. Marta Gonzalez appeared in front of the crowd, burdened by the news of her layoff notice.

Gonzalez works for the University Police Department and said the school's police officers will now be responsible for the parking service tasks she usually oversees. "Their job is to keep our campus and East Campus safe and they're being pulled away from that to work on the duties that I was originally doing," she said. "I was laid off. When the students eventually come back, who's going to be there for them?"

The concern that students will be affected by the layoffs was a common theme during the march. Not only did picket signs declare protester's worries, but this was also expressed when individuals spoke in front of their determined cohort.

Graduate student Nawied Amin expressed his rapport with the staff affected by the layoffs. He grabbed the megaphone, faced the crowd and said, "We students respectively support all of you." He then encouraged another unified chant as he and the protesters declared "We support you!" repeatedly three times.

"Students want the best out of our college experience ... each of us are respectively stakeholders," said Amin. Although students might not be affected by the layoffs currently, Amin said "there's next academic year" and future students who may be impacted.

Protesters waited for Ochoa, ready to express their disappointment towards the staff layoffs. Many hoped they could begin a discourse with the president and find a solution that works for staff members and the administration.

After 6 p.m., frustrated protesters repeatedly chanted "shame" and "come out," trying to get a reaction from the

president. Despite their efforts, Ochoa did not step out of his home and was nowhere to be seen throughout the entire protest.

"I'm not surprised," said Jennifer Hinds from CSUMB's College of Business. Hinds was close to hitting her one-year employee anniversary when she said she received an abrupt, one minute phone call with news that she would be laid off.

"We let him know ahead of time that we were going to be here and as a leader he should've come out and talked with us," she said. "It was very frustrating."

Hinds oversees roughly 60 students and pairs them with business mentors to aid them in networking for their future careers. Standing on the sidewalk in front of Ochoa's home, she spoke to those participating in the march. "I do a lot for our students and who will hurt the most?" To finish her sentence, all the protesters chimed in to speak in unison with Hinds and said "the students!"

Hinds said along with the rescinding of the layoff notices, staff members desire an empathetic and personal form of communication with Ochoa. "Go to each college and apologize to each person who's been laid off, instead of writing a letter, instead of doing an email or instead of doing a Zoom town hall," she said about the president. "He needs to personally apologize to them ... it would have been a great start (to mend the ties between staff members and the administration) if he would've come outside of his house and supported us and acknowledged us."

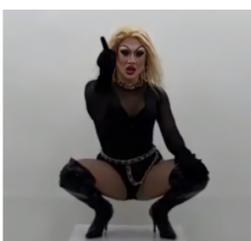
The group of marchers had support outside of the evening's protest as over 100 people signed a petition listed on the anti-layoff site, which included signatures from employees of a dozen different CSUMB departments.

Those opposed to the staff layoffs are hosting another protest at the overpass behind the Dunes Shopping Center in Marina on Oct. 19.

The Public Information Officer of CSUMB Walter Ryce was unable to comment on the protest by the time of this article's publication.

Werk Witch

Performers serve in CSUMB's annual drag show.



Cooking with

CSUMB Students learn to make Baked Sushi.



President Speaker Series

President Ochoa discusses the media and politics.



Challenging mental health stigmas

Story by Anna Stubler

Hufsa Ahmad spread awareness when leading the Staying Socially Distant Without Harming your Mental Health discussion to California State University, Monterey Bay (CSUMB) students and staff on Oct. 14. Ahmad's openness and humor encouraged many participants to engage with her throughout the talk despite the seriousness of some topics.

Ahmad started by detailing her journey to where she is now: a 32-year-old living with mental illness and a celebrated advocate for breaking the stigma surrounding mental health issues. She has a master's in social work from California State University, Long Beach and is currently the program director for the Orange County Multi-Ethnic Collaborative of Community Agencies, where she facilitates programs to prevent stigma and suicide. Ahmad has also been invited to lead several TED talks about mental health and has her own website where she advocates for more awareness.

Her journey up to this point was by no means smooth. Ahmad discussed bouts of bullying, depression and attempted suicide during her elementary and high school years.

"I've kept in touch with my teachers, and of course my mom about this, and she said that she knew I was depressed, my teachers knew I was depressed," she said. "But none of them did anything because they didn't know what to do."

This pervasive ignorance around mental health issues is part of the reason Ahmad is an advocate today. "That is, to me, such a crime that ignorance leads to inaction. But essentially, because you don't know what to do you do nothing. And that's why we need mental health education."

Throughout her journey of living with mental illness Ahmad has been inspired by peers to keep going no matter how hard her struggles became.

Ahmad attended Harvey Mudd College to study chemistry but in college she had a downward spiral that included alcohol abuse and delusions. Late one night on campus, she said she "heard something saying to me, 'climb from one balcony to the other balcony.'"

After that she had to meet with her resident advisor Jason and she described her terrifying experience to him. "He looked me in the eye and he said, 'Hufsa you are destined for greatness.'"

These seemingly simple words of encouragement and belief in her have helped her stay strong through tough times. "I heard Jason saying 'you are destined for greatness' and that saved my life."

Ahmad went on to talk about how mental health is affected by the pandemic. "Fifty-two percent of people feel like they are going to be worse off due to the pandemic," she said.

Ahmad suggested ways to manage the balancing act of work or school while maintaining a healthy mind. Her advice was to connect with others, get enough sleep consistently and to seek counseling if needed. Ahmad said Zoom fatigue can affect people and told students limit their time on Zoom and turn off their camera when possible, contradicting what a lot of teachers prefer. This is because, "It feels like you're performing if your camera's on because it makes you feel like people are always watching you," she said. "So you have to look alert, and that in itself is draining."

Ahmad also discussed the power of association and delusions and how those issues have been even more prevalent during the pandemic. She used the drop in Corona beer sales as an example. Because people are connecting the name of the beer to the coronavirus, they are linking the product to the pandemic although the two don't directly affect one another. Falsely labeling anything or anyone can negatively affect a person's attitude towards that item or individual.

This power of association is what leads to stigmas about mental health according to Ahmad. For example, she said to avoid saying things like, "He's a schizophrenic," because it then labels that person and associates them with all the misconceptions surrounding the illness.

This inspired her catchphrase and hashtag STIGMA SMASH. According to Ahmad's website, "The idea of 'stigma smashing' was related to channeling the Incredible Hulk's anger into combating stigma. Instead of yelling 'Hulk Smash' however, we yell 'STIGMA SMASH!'"

Throughout her talk Ahmad emphasized the importance of counseling and getting help when needed and also inspiring friends in need to get help.

"You don't have to be someone's best friend to have an impact on their lives. Even with strangers you can have an impact," she said. "Your words and your actions go a long way."

This was the second talk in the Social Justice Dialogue Series put on by CSUMB's Center for Learning and Assessment and Otter Cross Cultural Center. The next part of the series, Post Election 2020 Cultivating Our Pathway for the Future, will broadcast on Nov. 12.

Resources

CSUMB Counseling Center

Phone: 831-582-3969

Email: counseling_center@csumb.edu

Free Resource: YOU@CSUMB

National Suicide Prevention Lifeline

Phone: 1-800-273-TALK

Website: www.suicidepreventionlifeline.org

Know the Signs

Website: Suicideispreventable.org

Crisis Text Line - Free, 24/7, Confidential

Text HELLO to 741741

the
Lutrinae

The Lutrinae is a weekly campus newspaper covering CSUMB and its neighboring areas. Here at *The Lutrinae*, our goal is not only to educate and inform the public, but to entertain, to spark creativity, to encourage diversity of opinion, and to build a sense of community on campus and with the neighboring cities.

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Reframing the Dreamer Narrative



Story by Carmen Lavilla
Photo by Syndey Brown

California State University, Monterey Bay (CSUMB) hosted the Immigration Advocacy Week event We Are Not Dreamers: Undocumented Scholars Theorizing Undocumented Life in the United States on Oct. 14. The event was compiled by Leisly J. Abrego and Genevieve Negròn-Gonzales who navigated the nuances of the dreamer narrative in their book "We Are Not Dreamers" and paved an alternative and more inclusive approach forward from current attitudes about dreamers.

The documented and formerly undocumented scholars who contributed to this piece led a panel in which they discussed issues intertwined with immigration, DACA and undocumented communities.

This event was held in partnership with the Otter Cross Cultural Center, Otter Student Union, CSUMB Libraries, CSUMB Transfer Student Success, CSUMB Undocu-

Success, CSUMB Office of Inclusive Excellence, Hartnell Community College, Gavilan College, Monterey Peninsula College and Cabrillo College.

The constructed dreamer narrative presents a one-dimensional and exclusionary approach to handling undocumented life in this country. Educational and economic achievements of undocumented youth become the means to justify paths to citizenship. Then, there comes a conversation that circulates around the topic of who belongs here and who doesn't within the community according to academic and career success, thus leaving plenty to be excluded from this category. Academically struggling students, transgender activists and queer undocumented parents are some of the excluded groups, to name a few.

Abrego and Negròn-Gonzales, however, crafted a compilation of essays in their book as means to take advantage of their scholarship and make a political intervention that provides expansive justice, unconditional rights and humanity to all within the community. Negròn-Gonzalez viewed the book as a methodological intervention as a way to "reshape and remake the field".

As young undocumented people began to gain access to higher education, there was an influx of spaces in which they could theorize, write and talk as scholars about the undocumented experience. Negròn-Gonzalez and Abrego, however, said the playing field was not catching up to make space for these important interventions.

Additionally, conversations about the undocumented experience are typically centered solely on the educational sphere, which creates an inadequate representation of immigrant life. "We Are Not Dreamers" pushes beyond this and "makes us look at the different spaces that life is touched by the undocumented existence," said Negròn-Gonzalez.

The panel disrupted the dreamer archetype while reframing approaches towards the immigration rights movement.

Sharing queer stories on National Coming Out Day: Jiya Day



Story by Arianna Nalbach
Photo courtesy of Jiya Day

Coming out can be an emotional, life-changing experience for anyone in the LGBTQ+ community. On Sunday, Oct. 11, we celebrated National Coming Out Day. The holiday was first founded in the United States in 1988 by Robert Eichsberg and Jean O'Leary, in honor of the first anniversary of the March on Washington for Lesbian and Gay Rights.

Since that day, the world has progressed exponentially, but many of these changes have only happened in the last 20 years and the fight for true equality is nowhere near over. Many people still face discrimination on a daily basis, whether it's for their sexuality, race, gender, disabilities or social statuses.

Third-year California State University, Monterey Bay student Jiya Day is a Black bisexual woman with mild spastic quadriplegic cerebral palsy. She explained cerebral palsy occurs when there is a lack of oxygen to the brain before, during or after birth.

Day was born early and while in the hospital there were moments when she had a lack of oxygen. "I've had it my

whole life. For people that don't have disabilities they see it has something impacting my life, but this has been my whole life, and I don't know anything different," she said. "There's ways that other people perceive me that can impact certain things in my life that have to do with other people, but as far as my day to day routine, I'm just living my life."

Growing up in a world still learning to accept people for their differences can certainly be a difficult experience. Day said coming to terms with each of her different identities has brought upon different waves of emotions.

"Coming to terms with being Black has been the easiest, what hasn't been as easy is coming to terms with my disability and sexuality," she said. "You internalize a lot of stuff when you don't grow up seeing representation of yourself, when you hear micro-aggressions every day when you have to go to school, and many other things. It seems like I'm very secure in all my identities, but with everything happening as of lately, I want to break down sometimes."

During President Barack Obama's administration run, the United States made more progress in accepting the LGBTQ+ community than it had throughout the rest of

our history. However, since President Donald Trump's election, there have been severe steps back on all of the changes the Obama administration enacted towards the LGBTQ+ community specifically.

"I love who I am, but sometimes it can be hard. It feels like carrying a 100 pound weight while also walking on hot rocks. I'm not expecting everyone to understand the struggles of ableism, biphobia, and racism, but people can at least try to be a little empathic," Day said.

Being a LGBTQ+ person of color with a disability comes with many hardships. Day explained some of the struggles she has had to face throughout her life and related them to intersectionality theory. "What I can say is that no room feels 100% safe."

Day said there are times where it seems everyone around her is accepting of her identities, but the moment she "acts a certain way" people tend to give her the side-eye, showing their true colors and negativity around disabled individuals.

"As much as my being may make other people uncomfortable, I can never stop being me because once I stop that means that oppressive society has won," she said. "I refuse to let people think they have defeated me."

While she has a unique situation, Day exhibits nothing but positivity and an uplifting attitude on life. She explains being a queer person of color with a disability, "you always have a sense of community. I have gained a lot since coming to terms with all of my identities."

Having pride in one's identity is becoming more and more prevalent and people no longer have to feel shame about their identity. Holidays such as National Coming Out Day help celebrate the importance of acceptance and being comfortable in your own skin.

Whether someone is out publicly or privately, National Coming Out Day was and will continue to be a prominent day for many individuals in the LGBTQ+ community.

"School for me has been so crazy lately that I didn't get to celebrate myself, but I think it is a really important day, especially for people that are not out yet, so they know that they are not alone," said Day.

Everyone's experience with discovering their sexual identities is unique. Some people always knew, other people figured it out later in their life, and some people are still figuring it out.

"I don't want to steal Demi Lovato's answer, but Cruel Intentions was a sexual awakening - for lack of a better phrase for me - wait no, Monica and Quincy in Love in Basketball was my sexual awakening," said Day.

Day recalled that loving oneself is of utmost importance when addressing their identities and sexuality. "Just remember that you deserve happiness and never let anyone diminish your light."

Latest immigration policies are shared with students

Story by Cassidy Ulery

California State University, Monterey Bay (CSUMB) along with the Immigrant Legal Defense hosted a virtual resource seminar providing students with current, up-to-date information regarding immigration policy on Oct. 12. The valuable information seminar covered topics on Deferred Action for Childhood Arrivals (DACA), Temporary Protected Status (TPS) and other on-going updates affecting immigration cases.

CSUMB's Undocu-Success Resource Specialist Maria Lopez Cabrera was joined by Managing Attorney Barbara Pinto. Pinto, along with the Immigrant Legal Defense, equips students and staff across the CSU

campuses with vital legal information ranging from family petitions, court defense and citizen applications.

Pinto started the seminar with new updates and the current status of DACA. Under the current Trump administration, no new applications for DACA are being processed. However, renewal applications are still allowed but only grant DACA applicants coverage for one year, opposed to the previous two years.

It's important to keep in mind that as long as DACA is in place with Congress, recipients are protected from detention and deportation.

TPS is currently allowing for work authorization and protection against deportation. In addition to DACA

coverage changing, the filing fees are increasing. When can the public expect to see these changes issued? The answer is unknown, as there is a current lawsuit taking place in order to block the scheduled fee increase.

Lastly, Pinto advised immigrants that come into contact with Immigration and Customs Enforcement (ICE) in public or the privacy of one's home to enforce their constitutional rights, refuse to sign documents and reveal as little personal information as possible.

When in doubt, the Immigrant Legal Defense is available for student resources, legal aid and representation throughout the CSU system.

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Werk Witch crowns next reigning Drag Queen

Story and screenshots by Sydney Brown

Looks were served, wigs were in full effect and several witch bite*** were found at California State University, Monterey Bay's (CSUMB) third-annual drag show on Oct. 17. Hosted by the Otter Cross Cultural Center, Otter Student Union and Pride Club, Werk Witch celebrated drag culture with performances from CSUMB students and celebrity judges.

Contestants of the show were inspired to put on their best performances as their scores were calculated by celebrity guests Kochina Rude, Betty Fresas and Jujubee. Bianca Zamora and RJ Enriquez emceed the event, both ecstatic to see performers work the stage as they led a smooth transition when broadcasting the various acts via Zoom.

Nayda Montana remained in the spotlight, winning the title of Drag Queen after a stunning performance. But, each contestant shined while on screen and created an entertainment-filled Saturday night for viewers.

Zamora and Enriquez were seen on screen as they hosted the event live and announced the name of each performer before changing the screen view to a recording of that contestant's music video-style performance. Then, the judges provided live commentary on each video to assist viewers in deciding who would be voted as Mx. Congeniality of the evening.

Starting off the show with a yummy, red-wigged act, judge Betty Fresas performed to the song "Ice Cream Chillin'" by BLACKPINK ft. Selena Gomez. Suited with a strawberry ice cream background, attendees could practically drool over fresas fun opening number.

In between segments, Zamora and Enriquez taught viewers about drag culture and history. "Shakespeare was said to use the phrases 'enter dressed resembling a girl' or 'enter dressed as girl' in his plays as notes that later evolved into drag," Enriquez said.

Zamora explained that the common terms expressed during drag shows are derived from queer culture. "So much of our drag culture of queer resistance, of queer movements, are due to the amazing work and brilliance of queer and trans Black and brown communities," she said. These include words like 'fierce,' 'realness,' 'werk' and 'voguing.' These words represent feeling proud and being lively during queer celebrations.

Both the emcees and the judges reminded everyone watching to tip the performers on Venmo or Cashapp as tipping is a standard drag show practice.

The first contestant on the lineup was Madison Wisconsin who wore cherry, heart-shaped sunglasses accompanied by colorful hair barrettes. Wisconsin's video was set at a local 7-11 to the song "Big Gulp." Judge Rude said Wisconsin did a stunning job using "guerilla drag filming style."

Next up was Teara Card, who was awarded Mx. Congeniality at last year's Werk Witch. Filmed in an open forest, Teara Card created a beautiful punk-rock atmosphere and dropped dead to lay on a tombstone at the final note of the number.

Mixing gaming and drag, Frxsa Chavez played not one, but two roles in an "Among Us"-inspired music video to the song "Promiscuous" by Nelly and Timbaland. Chavez wore an all-pink outfit when the feminine part of the song played and an all-black outfit with a motorcycle helmet when Nelly's verses played, all while a game of "Among Us" unravelled in the background.

We later find out Chavez's black outfit represented the black avatar in the game and the pink outfit represented the pink avatar. Black was the imposter of the game and convinced other players to kick Pink off of the ship at the end of the song.

"I was watching something I did not want to end," said judge Jujubee.

Jujubee sang her original song "Situationship" for the fans watching at home. She appeared in front of a white wall, illuminated by a single spotlight and wore a classic, black witch hat while singing the chilling ballad. Later on she announced her new song "Bad Juju" will be released soon, revealing the CSUMB community was the first group of people she told about the song.

Granting the virtual crowd with L.A. realness, Sarah Tonin gave a black-and-gold vogue performance switching from a black-and-white screen to a technicolor world of drag to an upbeat pop song. Following Sarah Tonin, Lalo Ka performed to an all-Spanish track wearing a devil mask in the spirit of Halloween.

Continuing with the spooky atmosphere, judge Kochina Rude ran from monsters holding a bloody butcher's knife during her performance. The video was inspired by the classic horror film "C.H.U.D." from 1984.

The last contestant of the night was Nayda Montana, who Zamora announced as the pop star queen from Dallas. Dressed in a black leotard and thigh-high boots, she performed to Miley Cyrus' "Midnight Sky."

"I was gagged from the moment she came on stage," said judge Betty Fresas. "I was like - wow."

After a night filled with fierce, entertaining performances, it was finally time to crown one contestant as the Werk Witch Drag Queen.

Third place was a tie between Madison Wisconsin and Sarah Tonin with second place allotted to Teara Card. The title of Drag Queen was awarded to Nayda Montana and Sarah Tonin won Mx. Congeniality.

Despite being held virtually, Werk Witch was a success, and viewers closed their laptops feeling the spirit of drag in their hearts.



Werk Witch winner Nayda Montana fiercely performs to "Midnight Sky."



Judge Betty Fresas praises the glamorous Werk Witch contestants.



Jujubee sings her lovely original ballad "Situationship."



Kochina Rude judges the Werk Witch contestants via Zoom.



Story, screenshots and photo by Breanna Peterson

Kochina Rude is a Bay Area drag queen who identified her style as “50% punk girl, 50% low-rider chola girl.” Out of drag, she is a cisgender man, but in drag, she’s all lady - using she/her/hers pronouns. The Otter Cross Cultural Center coupled with Kochina Rude and hosted a drag makeup tutorial on Oct. 16 in preparation for California State University, Monterey Bay’s annual Werk Witch drag show.

Rude started off with a disclaimer, stating that she was initially not naturally good at makeup, but went on to say that “All things come with time and practice. It’s supposed to be fun.”

Rude told a brief history of drag throughout the tutorial, noting that modern drag has roots in the queer and trans ballroom culture of the 1970s and 80s.

“Drag is for everybody,” Rude said.

Back in the day, there used to be a distinction between the cisgender men who did drag and the trans women who did drag, but Rude said that language evolved and changed over time.

“Drag is for everyone,” she said.

As for the makeup, Rude suggested budgeting one to two hours for completion, depending on how dramatic one is planning to go. She praised using Krylon, which is a brand of theatre makeup. It’s pretty heavy stuff, but it’s necessary for a full face of drag realism.

“You’re not wearing this to brunch with MeeMaw,” Rude said.

Having a good sense of humor is a necessary aspect to drag culture. Rude mentioned that in her house among her drag sisters, there is a need to comment on each other’s “busted” looks. Part of the culture is being able to “drag” or “read” your drag sisters, which is basically bullying or teasing each other but all in good spirits.

Rude’s first step for drag makeup is the blocking of the eyebrows which entails gluing your eyebrows in an upward motion so that you get a good flat base. She suggested going over them five times, plus an extra swipe for good measure. Before foundation, you need to use a concealer because those “eternal bags need to be cornered” she said.

An interesting trick Rude explained was rubbing deodorant all over your face after primer but before foundation. This is so that the anti-perspirant can help absorb the oil and sweat one might get during a performance because stage lights can be harsh.

For people with an adams apple, Rude said they can contour the neck by patting - not wiping - it with a beauty blender. This creates a shadow to hide the adams apple.

Rude used cream based makeup and then powders over it to set it. This method is called baking.

Baking requires one to apply the powder, let it sit for five to 10 minutes and then dust off the excess. One will see that most of the powder was absorbed by the face during the process. The phrase “beating your face” comes from this because you have to use some force to blend the makeup.

Rude recited a drag proverb: “If you can blend, makeup is your friend.” It’s really important to blend to get a smooth look. Rude advised to always blend upward to get a wind tunnel look. She also said that the corners and planes of your face should be in shadow to create definition. However, Rude said, “So much about makeup is figuring out what works for you.”

Immediately after that statement, Rude changed her mind about the process, threw her hands in the air and moved on to the next step. One thing she focused on is the importance of supporting Black-owned products. For her eyeshadow, Rude uses the brand Juvia’s Place which is a Black-owned line of makeup specifically designed for Black and brown skin tones. She also uses the drag queen favorite, Sugarpill. While doing her eyeshadow, Rude lost her brush.

“Half of you doing your makeup is losing your fu***** brush,” Rude said.

Rude’s drag inspirations are Dolly Parton, Elvira and Rita Moreno. The Zoom chat was filled with excitement as the participants dipped their toes into dragging Rude.

“Sounds like ya’ll are drag queens in the making - but don’t come for my gig bi***,” Rude said.

Winding down, Rude did her eyebrows in thin lines with black liner. “I’m a chola, bi***,” she said.

She added a signature freckle, and then people in the group chat started calling for “the tooth.” Rude then took a bottle of Black ink, snarled and drew a big gap in between her two front teeth. This seems to be her claim to fame.

“I’m a payasa [clown], that’s literally what ya’ll pay me for,” Rude said.

The participants left the tutorial with a history lesson, great makeup tips and a stronger sense of the drag community. Drag is making fun of gender norms, and as Rude said, “Don’t you look ridiculous bi***?”

Kochina Rude teaches students to beat their face



Kochina Rude takes a moment to appreciate her drag makeup look.



Let's get baked: Sushi deconstructed

Story by Cassidy Ulery
Picture by Sabrina Lee

California State University, Monterey Bay and the Basic Needs Initiative program led their weekly virtual cooking demonstration on Oct. 15. Providing students with new recipes that don't break the bank, Cooking with CSUMB allows students to make simple food modifications that accommodate their fast lifestyle.

Basic Needs Student Assistant Sabrina Lee guided viewers through a hands-on cooking tutorial on how to make Baked Sushi. According to Lee, Baked Sushi is a "deconstructed sushi roll that is baked into a casserole."

Adaptable for protein, rice and flavoring choices, this easy and simple recipe tackles the Japanese cravings of any hungry Otter.

The Baked Sushi is a meal requiring minimal effort and equipment. Lee advised students to use a rice cooker, baking sheet, baking pan, some spatulas and bowls mix the ingredients together.

Starting the dish by baking the Salmon anywhere from 10 to 20 minutes depending on the size of the salmon, Lee then moved on to cook the rice and smash her avocados to a guacamole-like consistency.

"Work smarter, not harder," Lee said. "Line your baking pan with foil to make for an easier cleanup."

Proper layering is crucial when designing the Baked Sushi casserole. To prevent the layers from sticking, Lee suggested coating the baking pan with an oil or butter cooking spray. Then came the time to create a delicious masterpiece.

Laying down the seasoned rice, topping with seaweed paper, avocado, salmon and complimenting the dish with a plethora of personal favorites such as Aji Nori Furikake, Lee assembled a mouth-watering oven produced favorite.

"Eat your heart out," Lee said. "But remember to exercise after."



A platter of Baked Sushi waits to be devoured.

Cooking with CSUMB is hosting their next cooking demonstration on Oct. 22. Host Derek Guterrez will instruct students how to recreate Baked Chicken and

Veggies. Each week, random lucky students are chosen to receive \$25 e-gift cards to help purchase groceries and follow along with these recipes at home.

Preisident Ochoa analyzes the media amidst the election



Story by Cassidy Ulery
Photo by Sydney Brown

California State University, Monterey Bay (CSUMB) hosted the fall President Speaker Series event on Oct. 14, highlighting how the current political landscape is paving the way for the upcoming election. CSUMB President Eduardo Ochoa led a panel of political commentators to define the "Truth, Fiction and Alternative Facts" surrounding society and its media platforms that influence young voters.

"With the rise of the internet, this diversity of voices has proliferated to a level of chaos," Ochoa said. "It's become a potential threat to the broadly acceptable truths."

Ochoa focused on the public misinformation being construed from the media. Mentioning the Russian actors that interfered with the 2016 election, Ochoa found it timely to bring news fiction to the discussion board.

Ochoa and the panel described how news networks such as MSNBC are dramatically changing the perception and directions news stories are taking. Revealing the large monetary contributions Trump has given to news networks, the idea of biased, subjective headlines making the page of young American's social media, TV stations and websites is not far fetched.

Former Republican Rapid Response Director and Aid to Mitt Romney's 2012 presidential campaign Matt Gorman provided viewer's with an inside look to the Republican demographic. Gorman believes the current political landscape has been widely influenced from Trump and his monetary donations. So much so, Gorman anticipates a major change across news stations when ratings aren't being funneled with contributions.

"What happens when Trump leaves office in three months or four years, is a reckoning for news stations who have

overleveraged themselves," Gorman said. "Those that have been feeding the Trump beast for ratings."

No matter the news platform, the stylistic and analytical directions each news company curves their segment around takes time and consideration, depending on the target audience and the message each platform is hoping to promote.

CBS Political Contributor and founding partner of the 270 Strategies Lynda Tran informed viewers of the importance of fact checking your news sources. When networks are being persuaded to promote an agenda, it's easy to lose sight on the analytical inner-doings of our political system. Instead of receiving a pre-disposed agenda, Tran encourages people to expand their outlets and contrive their own personal opinion.

"Networks like NBC or ABC focus on the analysis," Tran said. "It's about trying to get information to their viewers to help shape their perspective of politics and what's going on."

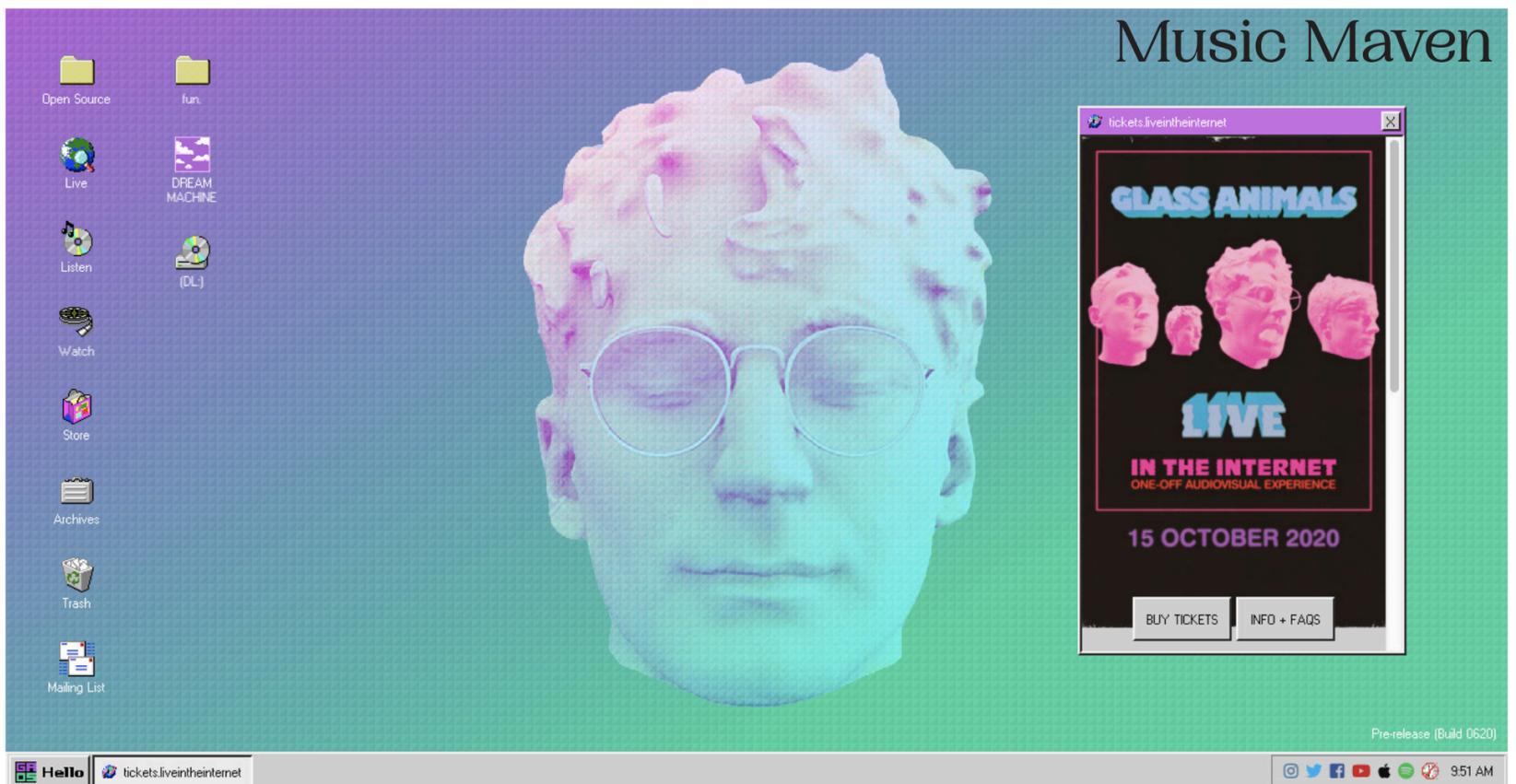
Looking at the fundamentally different views of COVID sweeping the country, the panelists agreed one thing is clear: the beliefs of Americans regarding the pandemic and politics are being shifted and manipulated to coerce Trump's approval ratings. The side effects from false news or "fake news" can be detrimental to the overall well-being and health of our society's members.

"Are you looking to entertain folks" Tran said, "or are you looking to educate society?"

Students and Americans all around can be sure to receive accurate information by checking as many news sources as possible. Most information the political panelists receive comes from Twitter. Looking for a trend line of data, as well as a wide range of news platforms helps produce trustworthy knowledge. Making sure you have a diversity of voices across the board prevents reading from an unethical, misguided outlet.

Photo: A local newspaper sits on top of a ballot drop-off box.

Upcoming livestreams allow artists to continue performing



Glass Animals publicizes their livestream show online.

Story and screenshot
by Jenna Ethridge

Until artists are able to safely perform live in front of audiences, many are choosing to perform live in front of their computers. Here are some livestreams scheduled for the rest of the month to enjoy from the safety of your home.

Cold War Kids have a series of four livestreams coming up in collaboration with Portland, Maine's State Theatre. On Oct. 10, they will perform their debut album, "Robbers & Cowards," in its entirety for the first time since its release in 2007. To celebrate the release of their new album, "New Age Norms 2," the band will be performing it live for the first time along with its predecessor, "New Age Norms 1," on Oct. 25.

On Nov. 8, the band will be performing their "festival set," which is expected to be high-energy and full of hits. Finally, the band will introduce some deep cuts in an intimate performance on Nov. 22. Tickets can be purchased for \$15 on nocapshows.com and shows will be archived to watch until Nov. 29.

On Oct. 15, Glass Animals will be sharing a variety of old and new songs in a performance called, "Live In The Internet." Their most recent album, "Dreamland," was released on Aug. 7 and features singles such as the title track and "Heat Waves." Tickets can be purchased on opensource.glassanimals.com for \$17 with the option for a \$32 VIP ticket that includes a commemorative poster.

Hippo Campus will be performing live from First Avenue in Minneapolis for their two scheduled "Dream Streams"

on Oct. 15 and Oct. 22. Both unique sets will feature old songs and new songs spanning from their first EP, "Bashful Creatures," to their most recent album, "Bambi." Tickets are available on noonchorus.com for \$15.

On Oct. 16, Kevin Morby will be celebrating the release of his new album, "Sundowner," by performing it live in its entirety for the first time. Since Sept. 10, Morby has been performing each of his albums every week and his performance of "Sundowner" will be the last of the livestream series. Tickets are available for \$15 on noonchorus.com along with various merchandise packages.

Be sure to stay updated on newly-announced livestream concerts and other ways to financially support your favorite artists in this time of need.

Upcoming Events

Lunch n Learn

Oct. 20 CSUMB alumni of the science illustration program James Adams will teach viewers about the coastal redwoods in the Monterey area. Starting at noon, Adams will lecture as well as teach attendees to sketch redwood trees.

Las Cafeteras

Oct. 20 Beginning at 4 p.m., the acclaimed band Las Cafeteras will have an interactive dialogue about shifting culture through culture.

Voting Privilege and Suppression

Oct. 21 A panel of CSUMB student leaders will discuss voter suppression starting at 11 a.m. The panel will focus on promoting Black and brown healing and will lead a Q&A session.

Registration Shopping Cart

Oct. 21 The Transfer Peer Mentors will help students navigate their enrollment shopping cart to properly register for Winter and Spring 2021 classes at 12:15 p.m.

Drive-Through Free Flu Shot Clinic

Oct. 21 & 22 Head to parking lot 59 to receive a free flu shot from 9 a.m. to noon. Flu shots are available for CSUMB students and their children of 6 months old or older. If attending, please stay inside your vehicle and wear a face mask at all times.

Global Alcohol Culture

Oct. 22 A panel of international students will discuss the social and cultural context of alcohol consumption in their home communities at noon. They will also be answering any questions viewers have about their home's alcohol culture.

Photo contest winner!

theme: comfort



Nicole Freeman

You are the city

By Sydney Brown

I miss Seattle and
 The smell of crisp, frosty air
 I miss our red little noses
 And the way we'd accidentally bump them when we
 kissed

I miss your polyester mitted hand in mine
 We were no rich couple and as you like to say,
 -beggars can't be choosers

I miss wandering around to places unknown
 Those perfect coincidences-the bookstore around the
 corner
 Whose pages read the aggravatingly long code to my
 heart
 Each piece of papyrus elegantly aged by the sun

The sun still shines even if it's cold, you know

I want to jump off of the space needle with you and land
 on the moon
 I only float upwards, I never fall when I'm with you
 Not since I fell in love with you some eight years ago
 Before my first tattoo

I'm sorry that drugged up man tried to fight you on our
 walk
 And that a car almost hit us in the neverending crosswalk
 I guess we aren't meant for the big city,
 But we like to visit anyways, because caring is too heavy
 on our little hearts

I danced with you in the glass museum and the kiln
 grazed my cheeks
 Chihuly thanks for saving me,
 I keep my heart chips in your ceiling
 Don't worry, we'll be back to collect them someday.

**The Lutrinae
 wants to hear
 your voices**

Want to showcase your work in
 the student newspaper? Email
sybrown@csumb.edu to have your
 work considered for our next issue.

We love to see your:
 illustrations • short stories • poems

Can you find all of these words?

- Otter Gnarly Whale
- Monterey Cypress Jellyfish
- Wave Redwood Sand
- Fog

z b k e h b h a k y l y e w g a m f
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Answers:

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5	6	7	3	8	1	2	9	4
4	5	3	9	6	2	1	7	8
7	4	3	8	5	1	9	6	2
3	8	7	9	1	2	5	4	6
6	8	3	7	9	1	2	5	4
9	1	5	2	4	3	6	8	7
4	2	7	8	6	5	9	1	3

