

OTTER REALM

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY'S STUDENT-RUN NEWSPAPER

MARCH 2, 2017

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OTTER RUGBY: TACKLE LIKE

a girl

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YOUR MENTAL HEALTH IN COLLEGE

Kelly Galten

The life of a college student is nothing short of hectic. Classes, a job, social lives, and family are all forces pulling us in different directions. The amount of stress placed on our shoulders is often crushing and sometimes unbearable. Some students work themselves to the bone and are just getting by. Others are cursed with the overcommitting gene and load their schedules with obligations. Living in a constant state of stress appears to be the norm today, and it is harming every part of our lives.

A 2012 study published in the research journal *Neuron* studied the effect of different stressors in young male mice. After varying lengths of time being exposed to stress, the mice demonstrated

that they had little memory of familiar objects, and that “repeated stress has a detrimental effect on recognition memory.” Like the mice, students are exposed to high amounts of stress on a daily basis, and as a result are damaging a key function of their brains. Ever had so many things happening at once that you start forgetting obvious details? That’s your brain losing memory, like a computer slowing down when storage gets low. Homework is forgotten in binders, meetings are missed, phone calls and emails go unanswered, simply because we can’t remember.

There is incredible pressure to find the perfect career or succeed with perfect grades, preferably as quickly as possible. There is good news in all this, however. Another study, this time from *Stress.org*, reports that students today are dealing with their stress in

healthier ways. Less students are turning to alcohol and smoking, both common ways to beat away the pressure. Women reported relieving stress by volunteering, joining organizations, and working around their own households, whereas men tending to turn to sports or gaming.

Look, we all stress out. We all have our breaking point, and we all take on more than we should. Sometimes, we need to hear that it is okay to relax and take a break. So here you go; it is absolutely fine to take that nap instead of going to that club meeting. Go get food and be late to class this time. Say no when the next potential obligation comes along. It does not mean you are weak, or are failing, or will not succeed. It means you are human, and humans break sometimes. What matters is that you can put yourself back together, and tackle the next bout of stress.

IDENTITY POLITICS: WHO'S THE ENEMY?

Sean Roney

The United States is beautiful because of our diversity. However, identity politics, which seeks to divide rather than unite, is rampant on our campus. Both the left and right engage in this destructive thinking. We need to focus on how each of us is able to uniquely contribute, rather than hunt for incompatibilities.

The left practices identity politics at universities, where students are taught ideologies like institutionalized oppression or white privilege, the ideas that skin color alone determines how one will do within our society. This makes it justifiable to deny whites, straights, males, and Christians their freedom of speech, while also saying anyone who isn’t a member of those groups will always be their victim. In the interest of creating equality, universities maintain a system of virtue-based intolerance and preference.

This erodes the ability to argue by causing people on both sides to lash out with identity-based attacks rather than engaging in discussion. Frontloading statements with one’s identity is com-

mon. When someone opens with, “As a Mexican woman...” or “As a Republican Christian...” they have immediately discredited their argument by showing their logic carries so little weight they need to fall back on identity. Valid discourse relies on logic, not victimhood.

To facilitate identity politics, students count their oppression points using intersectionality, which claims to spotlight the many facets of people. Otherwise known as having a functional sense of empathy. If someone needs buzzwords to understand people are more than skin deep, they need a therapist. Those who preach intersectionality often boil others down to categories to ignore human individuality, ironically enough.

The predictable backlash is the small but growing alt-right movement. They also think based on identity, claiming that all important world accomplishments are white-made and white-deserved. This is the polar opposite of the left’s claims that whites are murderous criminals that have ruined the world. It is bigotry to be openly hostile toward whites and men, where they’re told they cannot comment on issues. It is frightening to see movements like Project

Evropa gain traction within the SoCal CSU system, but entirely logical, since divisiveness fosters further division.

It is wrong to hold past injustices over the heads of people today as a penance specter. It is equally wrong to celebrate past advances while denying how much was lost. If we hold whites accountable for the sins of slavery, we must also hold accountable all other groups who took part in the practice. Additionally, if we hold anyone accountable for the past crime of slavery, we must also credit them with the more recent virtue of helping to end it.

Those who divide us are against us. It would be easy to blame neo Nazis or professors for instigation. But instigators need followers. That is us, the populace. By engaging in identity politics, we have hurt our ability to cooperate. We need to bury the hatchets and join hands, not in spite of our differences, but because of our differences. It is uncomfortable and difficult. But forgiveness and teamwork often are.

The solution is simple, to paraphrase Dr. Martin Luther King Jr., we must not judge each other by the color of our skin, but by the content of our character.

OTTER REALM

The Otter Realm is a student publication produced by the HCOM 389 class. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty, or staff.

The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print based on these pages and reserves the right to edit for libel, space, or clarity.

Advertising revenue supports Otter Realm publications and events. Letters to the Editor should include first and last name and should be submitted via email. The Otter Realm reserves the right to reject any Letter to the Editor for any reason, and anonymous letters will not be published.

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What you Otter be doing!

MARCH 2ND - MARCH 15TH

- SUN
- MON
- TUES
- WED
- THUR
- FRI
- SAT

Featured day:

International Women's Day



International Women's Day is observed annually on March 8th. This global day celebrates the cultural, political, social and economic achievements of women. The day also brings international awareness to gender parity. #InternationalWomensDay

-NationalDayCalendar.com

03/02
Empower Each Otter Tabling
 1-3pm
 Student Center - Starbucks

African American History Month
 3-7pm
 @Alumni & Visitors Center

03/03

National Day of Unplugging

Jamboree
 7-9pm
 @DC

03/04
Planting at CSUMB
 10am - 1pm
 @Off Campus Location

03/05

National Absinthe Day

03/06
CLGA Information Tabling
 11am - 1pm
 @Library
ZUMBA!!!
 6-7pm
 @BBC

03/07
Queer and Trans Hangout
 10:30am-12pm
 @Cross Cultural Center
Weigh Your Waste
 12-1pm, 6-7pm
 @DC

03/08
International Women's Day

Weigh Your Waste
 12-1pm, 6-7pm
 @DC

Startup Challenge Intro Workshop & Pop Up
 6 - 7:30pm
 @BIT: Rm 105

03/09
White Privilege
 4-6pm
 @Cross Cultural Center
Weigh Your Waste
 12-1pm, 6-7pm
 @DC

03/10
Soil Chemistry: Lecture & Dinner
 6 - 9pm
 @Student Center - West Lounge

03/11

National Johnny Appleseed Day

Planting at Fort Ord National Monument
 10-11am

10/12

National Crabmeat Day

10/13
Study Abroad 101
 12-1:50pm
 @Heron Hall
Art as Activism
 2-4pm
 @OC3

10/14
Sexual Assault Awareness Committee
 11am-12:50pm
 @Student Center: Rm 113

10/15

National Kick Butts Day

Japanese Tea Ceremony
 12-5pm
 @University Center

2-Week Weather Forecast (for Marina)



All icons by Flaticons.com
 Weather forecast from Accuweather.com

Silver medal for Student Union

The new Student Union may be a lower LEED certification than campus predecessors

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The Student Union will be located in the parking lot circled in yellow. Groundbreaking is set to take place this summer. Photo courtesy of the CSUMB Master Plan.

A new home for the Student Union is on its way to Cal State Monterey Bay (CSUMB). It will be located at the current parking lot of Inter-Garrison and 5th Ave. and it is expected to be ready by 2019.

The Campus Planning and Development office is currently certifying and blueprinting the new with the goal of efficient energy use, construction materials, and sustainable in terms of design and use. The most recent construction projects in our campus are certified platinum, like the Business and Technology building (BIT) and the Library, there is some uncertainty about the certification of the upcoming Student Union building.

In a recent interview with the Otter Realm Staff, President Eduardo Ochoa stated that the Student Union may not be certified as

highly as the BIT Building or the library. He said that this was due to budgeting issues.

The certification process is based a points system. "The Leadership in Energy and Environmental Design (LEED) provides a score based on the number of points obtained in various sustainability categories," says Lacey Raak, CSUMB Sustainability director. "A silver rating is 50-59 points and platinum is 80-110 points."

These points, Raak says, are based off categories including energy efficiency, location and transportation, indoor air quality, etc. "There are not a lot of opportunities to build a campus from the ground up, the way CSUMB is being built, therefore no opportunity should be wasted," says Raak. As a campus that prides itself on sustainability, one would only hope for it to receive the highest level of certification.

FROM FARMS TO INCUBATORS

Six women CEOs of the agriculture industry breaking into the field

Samantha Calderon
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The From Farms to Incubators event was held on Feb. 16 at the Western Growers Association Center for Innovation in Salinas highlighted the success of women in the Agricultural Technology industry. Six female CEO's from minority backgrounds shared their inspirations with the women in

attendance if the event.

The CEOs noted that Agricultural Technology needs to become a goal, not a coincidence in career choice. A male-dominated field, the women maintain that they have better connections with ranchers than the men who solely work with data. The entrepreneurs



From left, Diane Wu, Poornima Parameswaran, Miku Jha, Jessica Gonzales, Christine Su, and Erica Riel-Carden talk about the need to have more women in the Agricultural Technology industry.

Photo by Samantha Calderon/Otter Realm

neers are closing a gap between Silicon Valley and the agricultural industry while motivating minority women to become bosses.

Agricultural Technology is a blooming field designed to improve sustainability. Of the minorities within the industry, 80 percent are women.

Attorney Erica Riel-Carden said, "It's always been White men, never minority women." Riel-Carden mentioned that when negotiating

with males, she is expected to talk in a "bro-to-bro" manner. Riel-Carden admitted, "I did everything to make sure I did not end up in agriculture." She reminds undergraduate students to be open to possibilities.

The entrepreneurs started as growers and moved up the ranks. Christine Su, CEO of PastureMap, tells women, "Ask for forgiveness, not permission."

LATINX, QUEER, AND PROUD

Salinas film festival provides visibility for Latinxs within the LGBTQ+ community

Samantha Calderon

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Photo by Samantha Calderon/Otter Realm

Danny Montenegro (left), Genevieve Toribio (center), Vicky Osoria (center), and Miranda Mossey (right) open up about being LGBTQ+ in a rural county that only recently embraced an open dialogue.

The Latinx LGBTQ+ Film Festival was held at Maya Cinemas in Salinas on Feb. 24 and 25. The first festival of its kind in Monterey County inspired conversation and visibility through films and a panel discussion featuring local LGBTQ+ members.

Vicky Osoria, a 4th-year Visual Public Arts major, represented CSUMB at the panel. Osoria said some days she feels she does not look Transgender enough and that she wants to give up sometimes. Osoria comes from a “Machista” (hyper-masculine) household, common in Latino communities.

Osoria’s advice is, “If I’m wearing heels and a skirt, don’t get

blood on them. Just don’t kill us.” Osoria pleads that if anyone sees a person facing harassment because of their gender or sexuality to help them, do not assume anyone else will step in.

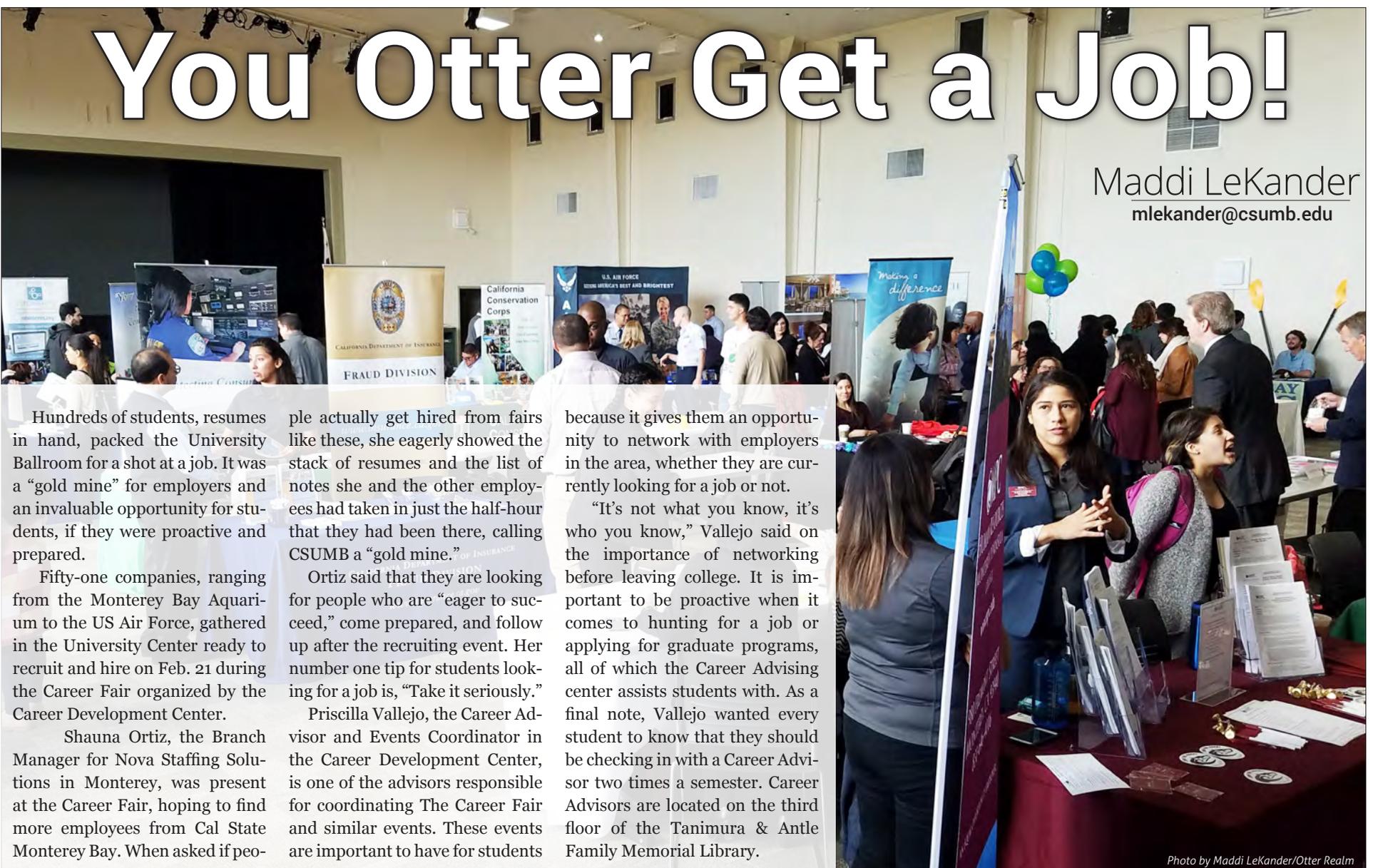
The films, *Tres Gotas de Agua*, *Libertad*, *Salir*, and *Raising Zoey* were screened with English and Spanish subtitles. They focus on the intersectionality of being in the Latinx and LGBTQ+ communities.

The festival was a safe space for people who have struggled to find a community that reflects their identity this rural area. The festival is expected to be held each year to keep the dialogue going.

You Otter Get a Job!

Maddi LeKander

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Hundreds of students, resumes in hand, packed the University Ballroom for a shot at a job. It was a “gold mine” for employers and an invaluable opportunity for students, if they were proactive and prepared.

Fifty-one companies, ranging from the Monterey Bay Aquarium to the US Air Force, gathered in the University Center ready to recruit and hire on Feb. 21 during the Career Fair organized by the Career Development Center.

Shauna Ortiz, the Branch Manager for Nova Staffing Solutions in Monterey, was present at the Career Fair, hoping to find more employees from Cal State Monterey Bay. When asked if peo-

ple actually get hired from fairs like these, she eagerly showed the stack of resumes and the list of notes she and the other employees had taken in just the half-hour that they had been there, calling CSUMB a “gold mine.”

Ortiz said that they are looking for people who are “eager to succeed,” come prepared, and follow up after the recruiting event. Her number one tip for students looking for a job is, “Take it seriously.”

Priscilla Vallejo, the Career Advisor and Events Coordinator in the Career Development Center, is one of the advisors responsible for coordinating The Career Fair and similar events. These events are important to have for students

because it gives them an opportunity to network with employers in the area, whether they are currently looking for a job or not.

“It’s not what you know, it’s who you know,” Vallejo said on the importance of networking before leaving college. It is important to be proactive when it comes to hunting for a job or applying for graduate programs, all of which the Career Advising center assists students with. As a final note, Vallejo wanted every student to know that they should be checking in with a Career Advisor two times a semester. Career Advisors are located on the third floor of the Tanimura & Antle Family Memorial Library.

Photo by Maddi LeKander/Otter Realm

Otters outlast the Gators

*Women's
Basketball
defeat the
Gators
Feb. 10*

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With the Otters looking sharp to start the game, we jumped out to a quick lead early in the first quarter. The San Francisco State Gators battled back tallying 32 total points going into halftime, outscoring the Otters by 9 in the 2nd quarter. After a physical battle in the first half, the Gators had their sights on continuing their tough and physical gameplay through the rest of the game. As the Otters start out down by four in the 3rd quarter, Coach Nakamoto explained that, "We (CSUMB) came out with a lot more energy to open the third quarter which has been

our weak point." With McKenna Hill and Victoria Dorn leading the way for the Otters in points scored with 23 and 13 points, both players reached personal career high milestones. In addition to Dorn hitting her single-season best 74th three pointer in the 3rd quarter, Hill made her 1,000th career point as she hit a layup later on in the 3rd. Dorn shot 5-10 from the field and 3-7 behind the arc. As a team, the Otters shot an outstanding 56% from the field and 62% behind the arc in the second half, outscoring the Gators 43-34 to come out on top with a 71-66 win.



Photo by Anthony Denevi/Otter Realm

HOME OPENER SPOILED FOR OTTERS

Men's Rugby fail to defend home field against the Dons

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Coming out hot right at kickoff, the Otters cashed in on some early scoring opportunities including a chip shot penalty kick just a few minutes into the match. The Otters punished the Dons early on in the game with some devastating hits. The Dons finally broke through the Otter defense scoring the first try of the game midway through the first half. Missing the conversion, the Dons trailed the Otters by one point. Right before half time, the Dons slipped through the defense

once more to score another try. Missing the conversion kick once again, the score would stay 6-10 through halftime, Otters trailing by four points. Coach Ball talking to his players at half time stated that "We need to clean up the tackling and wrap when you tackle." Coach later on then said to his players "Do not let them spread the ball to the side lines. Beat them to the front.. ..Play our game." As the start of the second half went under way, a few miss handled passes and a few missed tackles led to another Dons try. The Otters offense could not get back up on their feet. As the Dons scored 27 unanswered points, the Otters fall to a final score of 27-6 Dons.



Photo by Anthony Denevi/Otter Realm

TACKLE LIKE

a girl



Photo by Anthony Denevi/Otter Realm

Women's Rugby team secures win against the University of San Francisco

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After a cold brisk morning, the afternoon provided nearly all blue skies for the rest of the day. The Dons scored first, trying to build a lead while on the road in hostile territory. Failing to connect on the conversion kick, the Dons led by 5 midway through the first half. The Otters countered the Dons score with a score of their own, as Janice Stein scored shortly after, taking the lead as they turn in their 2 point con-

version kick. Saving the rest of the scoring for the second half, the Otters trailed by a small deficit at half. Once the second half began, the Dons gave up a try 2 minutes in. Not losing composure, the Dons fired back, taking the lead 17-12. The Otters then capitalized on missed tackles and other mistakes in the second half that the Dons made, scoring 15 unanswered points off three tries in a little over three minutes. Coming out on top by 3 points, the Otters defeated the Dons with a final of 27-24.

THE FINAL SHOWDOWN

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It was the final basketball game of the season this past Saturday night. It was also the last game of senior and star forward McKenna Hill's career. While this bittersweet moment was admittedly hard to think about for Hill, she says she instead "chose to think positive and decided to have fun." And while the game ended up being one of the more exciting games of the season, the first half was anything but fun for Hill and the Otters.

Chico State had a 17 point lead at halftime as their Otter counterparts struggled to get much of anything going defensively. But even with a lackluster season quickly coming to an abrupt close, the team was still driven and united at halftime. Hill describes the team's focus in the locker room, "we made the commitment to play the second half with grit and knew we needed to leave everything on the floor."

Hill and the rest of the team certainly left everything on the floor, going on a 10-0 run to start the second half. "Once we cleaned up our defensive play, it led to an easy transition to better offense which allowed us to claw our way back into the game inch by inch," Hill says of the

team's strong second-half start. The Otters won back the spectator's attention and sparked some hope when after fighting to bring themselves within two points of their opponents. Hill was at the forefront of the comeback, ultimately scoring 25 points in the game.

Despite making an incredibly exciting run and proving that the game isn't over until the clock ticks zero, the Otters ultimately fell to the Chico State Wildcats by a score of 51-55. "It's an amazing opportunity we have as Otters and I loved every minute of it" Hill says after finishing her final game. "This place is truly an amazing university and I am honored to have had the opportunity to leave my mark on the record books and on the program."

While Hill finished her career in dramatic fashion, the following game showcased an ill equipped men's Otters team who failed to keep up with Chico State. The only exciting thing about the men's basketball game (aside from two stellar alley-oops by Chico State) was a lucky Otter fan sinking a \$500 half-court shot during halftime. The shot drew more enthusiasm and engagement from the audience than any point during the actual game. The Otters ultimately lost their final game of the season by a score of 57-72.

Shining start for Softball

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Eight of the last ten games won, the Cal State, Monterey Bay' Softball team has a start to the season to be proud of. CSUMB has outscored opponents 71-30 in that span.

They added four wins to the tally this weekend when they swept the visiting Cal State Dominguez Hills Toros, outscoring the Toros 39 - 11 over four games.

In the opener, CSUMB scored 11 hits, making clear the Toro's visit would not be easy, finishing 11-2.

The Toros rallied to outscored CSUMB in the first four innings of Game two 5-3. The Otters put up seven runs the following two innings,

shutting the Toros out for a final score of 10-5.

The following double-header on Saturday was a confirmation that Game 1 was no fluke. The otters won Game 3, 7-11, and Game 4, 11-3.

Hayley Fein (Freshman) has had 27 strikeouts over 46 Innings pitched this season.

In Game 1 she started and finished against CSDH Hayley allowed three hits. Finishing in the Sixth inning of Game 2 with a shut out.

Julia Garcia (Junior), and Courtney Hennings (Sophomore) lead the team with 19 hits each.

The Otters face San Bernardino for two double headers March 3 and 4. They will then face Holy Names University March 9 at home.



A RACE THROUGH TIME

**** SAVE THE DATE ****
APRIL 6TH & APRIL 7TH, 2017

A Race Through Time is an original play written by CSUMB Alumni Antoinette Anderson, that focuses on viewing African American history from a human rights standpoint.

California State University, Monterey Bay
WORLD THEATER

For more information or disability accommodations contact:
Chris Siders at csiders@csumb.edu

CSUMB BSU NAACP

HOSTED BY
CSUMB BSU AND NAACP

RACING THROUGH AFRICAN AMERICAN HISTORY

Alum's original play begins production

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On April 6 and 7, the Black Students United Association brings the original play *A Race Through Time*, by Antoinette Anderson, back to the stage for all Cal State Monterey Bay students and faculty. The production team, Christopher Siders, Marquis Crear, Karla Noyles, Jasmine Lottier, Mia Elliott, Kiari Young-Collie, and Antoinette Anderson, want the audience to focus on African-American history from the West African slave trade to current day America; challenging students and faculty to view the Civil Rights movement through a Human Rights Lens. *A Race through Time* tells different stories throughout the play, showing the perspective of "Black Lives Matter" and hate crimes through three life events.

The production team showed how strong *A Race through Time* is going to be. They all believe their casts and team members present "nice blends of people with different backgrounds and mindsets

coming from different departments on campus and presenting different areas of strengths," the members of the production team have been on campus for a several years and know the types of awareness they want to bring to CSUMB from hate crimes around campus, people who are scared to talk about events currently happening, and the education of African history and repression that continues to be present.

Anderson hopes this play empowers, educates, and inspires audience members to go out and stand up for what they find to be true activism. The rest of the production team hopes people will no longer be scared to talk about these topics, will be aware of events and to not fight or be angry about what is happening in the world today. Through all the auditions, presentations, advertising, sponsorships, club budgets, and support, the production team of "*A Race through Time*" hope that through all their challenges and determination to get this play live, people will come out in April to see African American history through a different lens.

Has Big Brother gone too far?

Privacy and our digital selves

Staff

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Digital technology makes humans more connected than ever, but the convenience of the digital life has an impact on our personal privacy.

"Freedom vs. Privacy: A debate about the erosion of digital privacy," is the theme of the 15th Annual Ethics and Responsible Business Forum that will take place on March 7, from 3 to 5 PM at the University Center, Ballroom.

The panel speakers include David Brin, author of best-seller "*The Transparency Society*," Lee Tien, from the Electronic Frontier Foun-

datation, and other five experts, one of them, HCOM Ethics and Communication professor, Mridula Mascarenhas.

The panel will discuss the challenges of technology, information-sharing, the need to express ourselves digitally, and at the same time, the right to protect our dignity and safety in the internet.

This free event is sponsored by the College of Business, College of Science, and the College of Arts, Humanities and Social Sciences with support from Associated Students.



THE OTTER REALM PREZ CONFERENCE

On President's Day, Otter Realm staff reporters had the opportunity to sit down with President Dr. Eduardo Ochoa. Each staff reporter thought of a couple questions about issues and happenings on our campus. Here is an excerpt from the press conference, which can be viewed online at www.otterrealm.com.

Brittany Glassman
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*During the press conference, the Otter Realm staff was able to learn more about President Ochoa's visions and ideas behind the campus, plus Ochoa's favorite football player, Leo Messi, Argentina's national team captain.
Photo by Kimberly Haley/Otter Realm*

Q Will you sign the Dreamer's petition that was proposed to you and the administration during Trump's inauguration, proposing to make CSUMB as a sanctuary campus? If not, why?

A The word "sanctuary" is an ambiguous term that has become a flashpoint with the Federal Government, especially with the Trump Administration. We have avoided doing that, and it is a CSU wide decision. There are however a number of commitments that were made as a system and as a campus that amount to everything one can do under the heading of Sanctuary without breaking Federal law.

Q Given the 5 percent tuition hike proposed by the CSU Board of Trustees, what is your view on it? Are there potential alternatives?

A Alternative - The state of California gives us adequate funding, otherwise students may be graduating later than expected which is more of a problem than the actual hike. We want students to get out of here within four years, but he didn't give his personal view. Allegedly, Board of Trustees sympathizes with us.

Q If you could describe CSUMB using only one word or phrase what would it be?

A A supportive community. Doing what matters. Extraordinary opportunity. (And our personal favorite); Wet.

Q How has CSUMB's campus safety been so far this semester and how can we maintain or improve our standing? What other things is the school doing or working on to improve campus safety?

A Campus safety indicatives include;

- crime prevention coordinator, Shanieka Jones that works extensively with students.
- Classes being offered on campus include Self defence, CPR, and sexual assault prevention.
- Campus continues to improve lighting in parking lots, and switching to efficient LED lighting.
- The night walk programming staff had been expanded.
- Rave Guardian campus safety app. This app notifies people you trust to check in with you. It has a safety timer (status and location are available to people you trust). The app also has one touch communication with UPD. (Free APP!)

Otter Realm has also made speed round questions video with President Ochoa featuring light, personable questions!
Check it out at:
www.otterrealm.com

Tuition freeze goes to Sacramento

State Assembly puts forth a Bill to freeze tuition until 2020

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A strategic move to freeze tuition for public universities in California until 2020 gives hope to students of the CSU system who are concerned about the increase of tuition and particularly, the 5 percent pending approval by the Board of Trustees of the CSU.

Assemblywoman Sharon Quirk-Silva introduced Assembly Bill 393 with support of the California Faculty Association (CFA). This bill proposes to freeze of tuition and fees for students in the CSU and Community Colleges through 2020, and urge the UC Regents to adopt a similar policy.

Student activists and union leaders urge fellow students to tweet or call legislators and to use the hashtag #StopTheFees to put pressure on Sacramento. They also created the site www.StopTheFees.org to search for legislators' homes and send messages

to them from their constituencies.

The CSUMB Student for Quality Education (SQE) coordinator, Rebecca Caladiao, said that students need to "keep fighting for their rights toward accessible and affordable quality university education." She also invited students to be involved in future actions. "We need students for the March 21 trip to Long Beach or to be a part of a Wake for Our Wallets on March 22 on campus in solidarity with the actions happening in front of the Board of Trustees."

SQE is an organization open to all students. Caladiao emphasized the urgency of organizing and protesting. "Otherwise our silence tells them [legislators and Board of Trustees] that we're ok paying more money, staying longer in the university system, working more hours to pay for food and housing, sacrificing self-care practices, and [allowing] the privatization of higher public education."



Assemblywoman Sharon Quirk-Silva, joined by SQE students and CFA leaders in Sacramento to introduce the bill to freeze student tuition.
Photo by Otter Realm.

Leadership of the future

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College teaches many skills for the future, but something not always learned are leadership skills. On this campus there are so many different opportunities to be able to gain these leadership skills. Students can apply for upcoming leadership conferences online.

There three major leadership conferences coming up. The biggest one is Leader Shape, where twelve students are chosen to go to a six-day conference at Dominican University. The best part is that it is free! The students selected will be combined with forty other students from eight other colleges. Other leadership conferences include the Leadership

Expedition, where students gain skills through outdoor activities, and CSUMB Leadership Conference, where there will be guest speakers such as Alice Hom. This conference is focused on awareness and how to take action.

For all these opportunities, all applications are live on the CSUMB website under leadership development. Derek Gutierrez is the Coordinator of Student Organizations and Leadership Development, oversees and can answer more question about any of these opportunities. He has something to tell the students of CSUMB; "You can always withdraw your application, you can't decide you want to go after the registration closes. The worst thing you can do is not submit an application because you don't know if you want to go."

Love Your Melon!

Michelle Ortiz
miortiz@csumb.edu

Love your Melon is now at CSUMB!
Love Your Melon is an organization that was started in October 22nd, 2012 in a class at the University of St. Thomas in St. Paul, Minnesota by two colleagues, Zach and Brian. Their mission was to improve the lives of children battling cancer with simply putting a hat on every child battling cancer in America.

President: Parisa Jensen
Pjensen@csumb.edu
(831) 331-1334

Vice President: Kaitlyn Faris
kfaris@csumb.edu
(408) 504-6239

Want your own? Go to loveyourmelon.com and choose our chapter at checkout to support us!

photo courtesy of Kaitlyn Faris



#ottercliffhanger:

CAMPUS FRAT TO WALK THE EXTRA MILE FOR WOMEN'S RIGHTS

Andrea Topete
acasastopte@csumb.edu

&
Kelly Galten
kgalten@csumb.edu

Fraternities come with a bad stigma of bad reputations, But the brothers of Kappa Sigma are trying to change that with there Walk a Mile March. They want to show the women of CSUMB and the community that they are dedicated to them. "We are Kappa Sigma at CSUMB," says Alex Rassamni, the Service Chair of the fraternity and a Sophomore Business Administration Major. "We welcome you to learn about us, and we will show you what we stand for."

Francisco Rojas, a senior Psychology major, works as an advocate at the Monterey Rape Crisis Center. "You're taught the myths," Rojas says of becoming a Rape Crisis Advocate. "What's actually going on...whether it's sex trafficking, involvements in schools, and so forth. We're all taught to not take these issues lightly." He,

The fraternity wants make sure they are known for their philanthropy and community work

along with President Christian Wick (also a Senior, HCOM Pre-law major) and Rassami, has spearheaded the Walk A Mile project. The original Walk a Mile in Her Shoes national campaign is a one-mile stroll of men wearing women's high-heels and supporting sexual assault awareness. The fraternity had to shorten the name due to branding issues, but are pushing forward nevertheless. Kappa Sigma has contacted several other organizations on campus to gain support for the event. They hope to make the Walk a community, not

just a campus, event.

The fraternity wants make sure they are known for their philanthropy and community work, rather than their past negative image; from the beginning, they teach their members that they need to respect all women. Wick is certain that the changes to the image of the fraternity will stimulate Kappa Sigmas' presence and improve their standing in the community; "We're dedicated to supporting [women] through any of their struggles," he says, "in order to make this university, this town, our whole nation and even the world a better place."

"It's amazing to me to see how the fraternity has grown."

Although the fraternity is diverse, they can all agree that women issues are important, aside from personal backgrounds or political views. The hope is for the Walk to become an annual event, and to show that the brothers of Kappa Sigma care for the women of the community.

The CSUMB Kappa Sigma chapter is unique in their crusade for women's rights. Other chapters of the fraternity have not yet joined the movement, focusing on other issues. This chapter has also had its fair share of stereotyping, and is working extremely hard to cast off common fraternity stigmas. The average GPA of the fraternity in Fall 2016 was a 3.1, a significant achievement. Wick is incredibly proud of his brothers for stepping up this semester and launching the fraternity in a new direction; "It's amazing to me to see how the fraternity has grown: in terms of academics, in terms of fundraising, in terms of service and our outreach programs, and how far we have been able to spread our reach. It is just amazing."

Go to Twitter and Instagram (@otterrealm), and tell us what you think. Use the hashtag #ottercliffhanger, and we will include your voice in the follow-up stories.

WALK FOR HER

PRESENTED BY

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APRIL 1ST, 2017

10 A.M.

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WITH THE SUBJECT LINE WALK FOR HER



KNOW YOUR RIGHTS!

CSU REACTS TO NEW IMMIGRATION POLICIES

Michelle Ortiz
miortiz@csumb.edu

“CSUMB maintains its policy that our university police will not be tasked with enforcement of immigration laws.”

CSUMB President, Eduardo Ochoa

for Childhood Arrivals) program still are protected by the current laws. However, not all undocumented students are registered in the DACA program.

Although Chancellor White does not embrace the term of a “sanctuary” university, he clearly expressed that the campus police will not work as a tool in support of immigration agencies.

He also advised students, faculty and staff to “call the campus police” if someone in campus is approached by agents asking about immigration status.

While a vast number of undocumented immigrants are in risk of being detained and deported as never before by the new expanded and stricter laws of the Trump administration, the authorities of the California University System (CSU) reiterated to its students that it stays committed to provide a “welcoming and inclusive environment” to all students.

To reassure students who lack complete immigration documentation, the chancellor of the CSU System, Timothy White, also stated that the campus police will not participate with federal agencies involved in detention or interrogation of students.

In a Feb. 22 memorandum Chancellor White also indicated that undocumented students who are under enrolled in the DACA (Deferred Action

CSUMB President, Eduardo Ochoa, underscored the commitment to student safety in an email reiterating that “CSUMB maintains its policy that our university police will not be tasked with enforcement of immigration laws.” He added, “If you have questions about anyone who might contact you regarding an immigration issue, you are encouraged to contact University Police at 831-655-0268, or visit their offices in Valley Hall.”



It is important to understand that as a human being, under the 14th amendment of the constitution of the United States of America, you have rights according to the ACLU: (if you would like to access these in English you can see them through the aclu.org website.)



WHAT TO DO IF ICE COMES TO YOUR DOOR

DO NOT OPEN DOORS
ICE cannot come in without a signed warrant by a criminal court judge. They can only come in if you let them.

REMAIN SILENT
ICE can use anything you say against you in your immigration case so claim your right to remain silent!
“Say “I plead the fifth amendment and choose to remain silent”.”

DO NOT SIGN
Don’t sign anything ICE gives you without talking to an attorney.

REPORT & RECORD!
Report immediately: UWD hotline 1-844-363-1423.
Take pictures & video unless you’re on federal government property.
Take notes of badge numbers, number of agents, time, type of car and exactly what happened!

FIGHT BACK!
Get a trustworthy attorney & explore all options to fight your case. If detained, you may be able to get bail - don’t give up hope! Join your local team to defend yourself from enforcement!

unitedwedream.org/end

¡CONOCE TUS DERECHOS!



CSU RESPONDE A LAS NUEVAS POLÍTICAS DE INMIGRACIÓN

Miles de inmigrantes indocumentados están en riesgo de ser detenidos y deportados como nunca antes por las nuevas leyes de la administración del presidente Trump. Sin embargo, los estudiantes de California University System (CSU) recibieron un mensaje de apoyo cuando las directivas de la universidad reiteraron su compromiso por un “ambiente inclusivo y de respeto” para todos los estudiantes.

Para tranquilizar a los estudiantes que carecen de documentación completa, el canciller del Sistema CSU, Timothy White dijo que la policía del campus no colaborará con agencias federales encargadas de detenciones o interrogatorios a estudiantes.

En un memorándum fechado el 22 de febrero, White dijo que los estudiantes indocumentados que están inscritos en el programa DACA (Deferred Action for Childhood Arrivals) siguen protegidos por la ley. Sin embargo, no todos los

estudiantes indocumentados están registrados en el programa DACA.

Aunque el Canciller White no acepta el término de una universidad “santuario,” claramente expresó que la policía del campus no funcionará como una herramienta de apoyo a las agencias de inmigración. También aconsejó a los estudiantes, profesores y personal “llamar a la policía del campus” si agentes indagan sobre el estatus migratorio de un estudiante.

Eduardo Ochoa, rector de CSUMB, subrayó su compromiso con la seguridad de los estudiantes en un correo electrónico reiterando que “CSUMB mantiene su política de que nuestra policía universitaria no tendrá la tarea de hacer cumplir las leyes de inmigración.” Y agregó, que en caso de ser contactado por asuntos de inmigración, los estudiantes pueden llamar a la policía de la universidad al 831-655-0268, o visitar sus oficinas en Valley Hall. “

“CSUMB mantiene su política de que nuestra policía universitaria no tendrá la tarea de hacer cumplir las leyes de inmigración.”

Eduardo Ochoa, rector de CSUMB



Photo by Estella Porras



Es importante entender que por el simple hecho de ser un ser humano bajo la 14a enmienda de la constitución de los Estados Unidos de América, tiene derechos de acuerdo a la ACLU y estos son:

For this information in other languages, please go to the Otter Realm’s **Facebook and Tumblr** for many more translations.

EN CASO DE REDADAS ¿QUÉ PUEDES HACER?

NO ABRAS LA PUERTA
La migra solo puede entrar a tu casa con una orden de arresto emitida por un juez de la corte criminal, o si tu le abres la puerta. ¡No habras la puerta!

GUARDA SILENCIO
Tienes el derecho a permanecer llamado/a. Si te confrontan agentes de inmigración, di:
****Uso mi derecho bajo la quinta enmienda, y tengo el derecho a mantenerme llamado/a****

NO FIRMES
No firmes nada que te den los agentes de inmigración.

¡REPORTA Y GRABA!
Reporta inmediatamente al 1-844-363-1423.
Toma fotos y videos, a menos que estes en suelo federal. Toma notas del número de placa, el número de los agentes, la hora, el tipo de carro, y exáctamente que sucedió.

¡HAZ UN PLAN Y PELEA!
Si inmigración detiene a un ser querido, busca un abogado de confianza, y haz planes para que alguien cuide a tus hijos. Tu puedes pelear un caso de detención y tal vez recibir una fianza. Únete a un equipo local para defenderte de la migra.

unitedwedream.org/end United We Dream

Q & A WITH EMILY MCMATH OF THE VAGINA MONOLOGUES

Naomi Parrilla

nparrilla@csumb.edu

Q Why did you decide to be a part of this production?

A “I am an avid feminist, and being able to express that- my feminist views and issues in women’s lives within our society was an excellent choice for me to be apart of this production. It makes certain topics and issues that are uncomfortable to most [easier]. That is really important, especially with everything going on right now in our political and societal sphere. [and] to not stay silent and to stand up.”

Q Do you think some people may find this production so “strong?”

A “Overall- for some it may be a little too much. This is all accurate information that women go through and unfortunately in order to change things we have to talk about the things that make us uncomfortable. The beauty of this production is that it uses humor, and real life situations, and interviews to convey a more realistic idea of what we go through and what we deal with. For some it may be a bit overwhelming but at the same time- what doesn’t challenge you doesn’t change you.”



photo courtesy of Emily McMath

Q How much do you think this impacted CSUMB student body as a whole?

A “Definitely made a positive impact on or student body; for those who have seen it. I reference with everything going on in politics and our societal issues. It is really important- on Jan. 21st was the women’s march all over the country and for this to be just a mere two weeks right after that it really shows that there is a lot to be said about that.”

THE CSUMB MUSIC AND PERFORMING ARTS DEPARTMENT
PRESENTS

BOOK, MUSIC
& LYRICS BY
JIM JACONS
AND
WARREN CASEY

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TO THE
50'S!

“Highlights” from the Musical

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TERRANCE FARRELL

MUSICAL DIRECTOR
CARLOS A. TOTTRISS

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MPA Department of Music & Performing Arts

CALIFORNIA STATE UNIVERSITY
Monterey Bay

You're the one that I want!

Grease swings into CSUMB's Music Department

Marcus Gazaway
mgazaway@csumb.edu

Shake, rattle, and roll to The World Theater as the Music and Performing Arts students present “Highlights” from the musical Grease. The musical is directed by Terrance Farrell and Carlos A. Tottress. “It’s Legendary!” says Tottress. Grease is a 1978 American musical romantic comedy about two lovers in a 1950’s high school and is one of the highest grossing musicals in history.

“We wanted to perform this musical because we all love Grease. Everyone knows the musical, and it’s super easy to identify the char-

acters.” says dance choreographer and performing arts student Rain Shadrach.

Lars Jorder, a music major and International student from Norway, will play the leading male role, Danny. Erika Balsvik will be performing the leading female role as Sandy. Musical numbers like “Greased Lightning,” “Summer Lovin,” and “You’re the One That I Want” are a few of the musical highlights that students can expect to hear performed by this 25 student cast. The performance can be seen on April 23, Saturday at 6:00 p.m. and April 24, Sunday at 3:00 p.m. Admission is free to all students.

OTTER EBERT

*Looking at dystopias of the 2000s and
the ties to the present*

Alexis Flores
alexflores@csumb.edu

CHILDREN OF MEN & V FOR VENDETTA

When the travel ban photos were going viral on social media, I felt like I had seen it before. Artists all over the world have predicted this dystopian future. Filmmakers, musicians, painters, poets, writers, and photographers have always given voice to their political views. But some have viewed the world around them and made predictions that have in some ways come true.

Alfonso Cuarón's *Children of Men* (2006) dystopian drama set the world on a course that had no future. Women all over the world could no longer become fertile. No babies, no future. In England, the government has deemed all immigrants illegal. Sound familiar?

V for Vendetta (2005), Directed by James McTeigue, also deals with a corrupt government that gained much of its strength using fear. The film was based off Alan

Moore's original graphic novel of the same name.

The films both try to relay the worst things that can happen in the world when the people stop voicing their opinions.

Children of Men won Best Cinematography and Best Production design at the BAFTA Awards (deservedly so, with long scenes that give the feel of immersion).

Both films showcase some of the best performances by prominent actors currently in the movie industry: *Children of Men* stars Julianne Moore, Michael Caine, and Clive Owen, and *V for Vendetta* features Hugo Weaving, Natalie Portman, and the recently passed John Hurt. Portman even shaved her head for her role!

V for Vendetta is currently available on Netflix, and *Children of Men* is on HBO Go, YouTube, and iTunes for \$2.99.



BEST PICTURE: ~~*La La Land*~~ *Moonlight*
BEST ACTRESS: *Emma Stone*
SUP. ACTRESS: *Viola Davis*
BEST ACTOR: *Casey Affleck*
SUP. ACTOR: *Mahershala Ali*
BEST ANIMATED: *Zootopia*

COOKING IN COLLEGE

Maddi LeKander
mlekander@csumb.edu

Cooking in college can be stressful, no doubt. If you are anything like me, you had never needed to cook before and for the first semester here the Dining Commons and the Otter Express were your best friends. But now it's been a while and the food now all tastes the same. And let's be honest, money is not the easiest to come by. So, what to do? You learn to cook! Which is not as easy as it sounds. You might not have easy access to a kitchen or you might not have all the appliances

that you need. Plus, after a long day of classes or work or Netflix, cooking may be an added stress you just do not need. But you still have to eat.

It can be hard to figure out where to start or what you need to get. Have no fear, though, because I have compiled some tips and tricks that I have gathered through my struggle of cooking in college. I have also filmed a video where I walk you through an easy recipe for Salsa Verde Eggs made either in the microwave or on the stove. You can find the video at OtterRealm.com. And be sure to check back for more recipes!

See below for Maddi's best easy dorm eats!

CHIEF EATS: GUSTO, SEASIDE



photo by Kelly Galten/Otter Realm

Rarely does your reviewer venture into an establishment that requires nicer clothing than yoga pants and an old t-shirt. However, a dear friend decided to treat your reviewer to lunch at Gusto in Seaside, and it was such a lovely experience as to appear in this column.

Gusto is not necessarily cheap for a student. The pasta dishes were all in the \$17 range; not overpriced, but maybe not an everyday meal. The interior is not overly fancy, thankfully, and the waitstaff was friendly and attentive. The decor is modern. Then, there is the food.

The garlic bread that was served for

appetizers was divine, the flavors mellow and never competing. The short-rib ravioli nearly brought your review to tears of joy, and the sauce tasted of mushrooms without throwing the flavors off. Dessert took the form of Nutella Pizza; a super thin crust with nutella spread and powdered sugar.

All of these elements add up to a 4.5 out of 5 for Gusto. The only deduction was that the price makes the restaurant more of a special occasion destination.

Gusto is housed at 1901 Fremont Boulevard, Seaside.

RECIPE

for success

Surviving College Cooking

what you'll need:



Food Containers
To store and carry food

Glass Measuring cup
Microwave for hot water!



All Purpose Kitchen Knife
For all cutting and chopping needs

Slow Cooker
Slow and steady cooking



Wow! Salt, Pepper, and Spices
Flavors like garlic salt and lemon pepper help a boring dish!

TIPS + TRICKS

"One Pot" recipes will be simple to make, and easy on the clean up.

It's always more fun to cook with friends, so plan a dinner night and cook together!

"One Pot" recipes will be simple to make, and easy on the clean up.

Take-out Boxes from the DC can store veggies and ingredients.

Experiment with items you already have! This is how I discovered that hummus quesadillas are amazing.

By Maddi LeKander

FRESH POWDER FALLING IN LAKE TAHOE



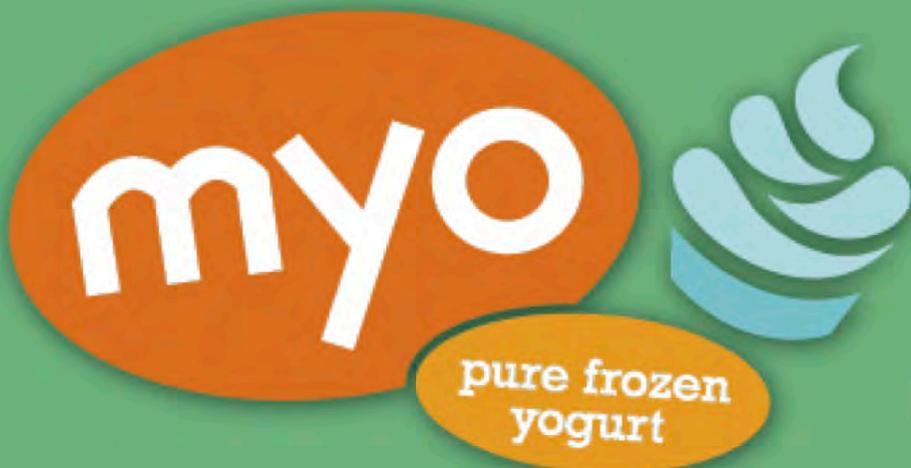
Photo by Anthony Denevi/Otter Realm

Anthony Denevi
adenevi@csumb.edu

Snowstorms have struck Lake Tahoe, California aggressively over the past week with lots of cold air moving in from behind the storm. This chilly breeze has been moving through Lake Tahoe since Sunday, February 19 and is expected to continue to pass through this moun-

tain city until Wednesday. After numerous mathematical calculations, weather specialists are expecting this snowstorm to bring in an additional 8-10 inches of snow at lake level, and 2 to 5 feet of snow on the mountains! Do not be fooled on Thursday, February 23 with clear skies, because as soon as Friday, February 24 approaches, round two of the snowstorm has been predicted to hit Lake Tahoe. A cold low moving down from the North could bring several more inches of snow until Monday,

February 28. Be sure to take proper precautions before heading to this frostbitten town, because black ice and hypothermia are serious if one has not prepared properly for such a drastic weather change. Get educated on 4-wheel drive and chain regulations, and remember to pack warm clothes, food, and beverages for the drive in case California Highway Patrol declares a "stand still" on the highway from the extreme weather conditions at hand.

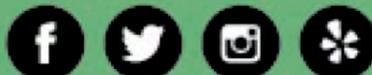


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AN OTTER'S OPINION:

WHY I LEFT THE LEFT
and You Should Too

Sean Roney
sroney@csumb.edu

I grew up Democrat, then shifted to Independent later in life, and always considered myself a leftist, a liberal, a progressive. It was sitting in CSUMB classrooms that I saw first-hand how corrupt the left was. Professors and students were openly hostile to any difference in views, proactively shaming all dissent. My values were no longer in alignment with the people around me, but I was silent because I thought I was alone.

The election of President Donald Trump came as a surprise to just about everyone on campus. It taught me two things. First, the nation was filled with invisible Republicans. Second, there were invisible Republicans all over campus. We were the ones without tears and curse-filled snarls. While others slumped in despair, we sat and walked upright, able to give each other subtle nods. We are not alone.

A few weeks ago I was standing with a group of Republican students when one asked the group, "How do you survive here?" We all answered the same, "By staying silent." Our numbers are growing, from converts such as myself, to moderate leftists such as a friend of mine who consid-

ers herself a classic feminist, but is tired of being told she's evil for being white. We should no longer remain silent.

It must seem outrageous for there to be Republicans on campus and their membership would include former liberals. I've heard many students and a few professors refer to Republicans as frightened people holding on to outdated ways. This is malarkey. The following are why I chose to side with the Republicans.

The left used to be about diversity of backgrounds. Now categorization of background is all that matters. No one is allowed to do anything but their

My values were no longer in alignment with the people around me, but I was silent because I thought I was alone.

own background, because celebrating another culture is called appropriation. The left wants to divide everyone into cultural boxes, which means only some get to keep t-shirts, blue jeans, and tennis shoes while the rest of us revert to tunics, togas, and loin-cloths.

The left used to be about personal freedom. Their identity politics have robbed entire groups of agency, forcing them to believe they'll always be victims. And the oppressors? Also robbed of agency, told they must apologize and grovel for the sins of their ances-

tors. Gone is the thought that the underdogs in any given situation can be helped to gain an equal future. Now there is a desire to use government to force the social control, all while forgetting that if we surrender enough freedoms to force a Christian to violate their ethics, we also give the government enough power to later violate our ethics.

The left used to invite dissent and allow diversity of thought. They were the side for pushing boundaries to improve things for everyone. Now, if you dare question even one part of their ideology, you're called a racist, sexist, homophobe, bigot, or any other deplorable label. The divisive Marxist fundamentals behind the current left cause people to think they are nothing but their identity, which means any disagreement is not with their arguments, but with themselves at a core level, and that all opposition thus disagrees with their right to exist. This justifies violent protection of the leftist ideology, giving rise to branches such as Antifa and Black Lives Matter, with some leaders and members calling for death and harm to their enemies.

The left used to believe in the good of the human spirit. Now the left's underlying belief is that all people are bad and their extinction would benefit the planet. But before total extinction, white people, men, and Christians should go first. Rather than look ahead with the belief that the future can be better, the left looks to the past with the belief the present will always be haunted by it. People are seen not as unique individuals full

of potential, but members of a collective that should all behave the same way. Discussions of ideas have been replaced with a battle of feelings where all fight to be the most offended.

The left used to believe in substantial goals. There were people to help and actions to take to help those people. Now the left creates

It is time to be active in your class discussions. Correct people when they say Republicans are fueled by hate and backwards thinking.

a fictional enemy known as the Patriarchy. Just like the Illuminati or the Bogyman, an imaginary enemy means it can never be defeated, so that believers can always claim to be a victim. Those who want to push insidious ideas such as white privilege want to erase mention of such historical events as Holodomor.

The left used to value opportunity and equality. Now the left is willing to create sanctuary campuses that threaten to cause federal cuts and undermine educational opportunities to citizens

and immigrants alike. Meanwhile, those campuses are not centers of learning, but giant safe spaces where entire classrooms students are indoctrinated. Meanwhile, environmental policies cripple American markets when companies outsource labor to countries with less environmental restrictions.

The left used to be progressive. But it is now undeniably regressive. All honesty has been toppled by outrage. Defense of American freedoms has shifted to become a conservative value. Conservatives value freedoms for everyone, even when others misuse those freedoms to tell us our rights are mere privileges that we have no excuse to exercise.

If you've noticed these things, know that our numbers here are small, but growing. We have been invisible and silent for too long. It is time to be active in your class discussions. Correct people when they say Republicans are fueled by hate and backwards thinking. Be polite and logical, but do show there are other points of view on this campus. Or, write to the Otter Realm with your political point of view.

Nationwide, more Americans have joined this movement. Republican control of government includes not only the national victories, but state governors, state legislatures, mayors, and sheriffs. Democrats have lost more than 1,000 seats in government across the United States, and that pattern should continue. Republicans in 2018 and Trump in 2020!

Come on over to the fix-it side. All Americans welcome.

AN OTTER'S OPINION: 25 WINS GRAMMY, *Lemonade* WINS HEARTS



Haley Mathis
hamathis@csumb.edu

As award season comes to a close, there has been much conversation over who truly deserved the coveted Grammy Award for Album of the Year. With Adele's record-breaking album sales for her album 25 (eight million copies sold in the US), it was seemingly no surprise that she took home the prize. As Adele approached the stage to accept her award, tears streamed down her face. Not tears of joy, but of disappointment. "I'm very humbled and very grateful and gracious, but the artist of my life is Beyoncé. The Lemonade album, for me, is so monumental," Adele admitted. Members of the self-proclaimed Beyhive quickly swarmed the internet in agreement with Adele. This brought an interesting question to the surface, did Adele deserve the Grammy win?

Beyoncé's talent is inarguable. She can sing, dance, perform, and most importantly send a message with her music. The Lemonade album was filled with just that, cultural significance.

Her live performances are almost always aimed at sending a message. 25, on the other hand, is a self reflective compilation of Adele's experiences with fame, parenthood, love, and sadness. Adele is known for her vocal abilities. She is the type of artist that stands in the middle of the stage, armed with only her voice, and captures the audience. Comparing Beyoncé and Adele's performing style shows that while they are both vastly talented, they are also vastly different.

Now that we have acknowledged both artist's talent, let's get to the numbers. How many people did it take to write the songs for 25? Each track was written by Adele and 2-3 co-writers. Lemonade averages 6 writers per song (including Beyoncé.) The number of writers on Lemonade is not necessarily a bad thing, collaboration often produces better results. What about sales? Like I stated earlier, 25 sold a whopping 8 million copies in the US alone. Lemonade sold a little over 1 million copies. In this modern age of internet piracy, reaching 1 million in sales is still a large feat that should not be dismissed. Still, Adele sold 8 times more albums than Beyoncé, and that must have been a contributing factor to her win.

I have bought all of Adele's albums and even attended her concert in San Jose last year. I think her Grammy win was well deserved. If Beyoncé had won, though, I would not have been disappointed. They are equally talented artists that have such differences in style that it is difficult to compare. In reality, the influence and impact each artist has on their fans is worth much more than any award.

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Contact Valerie Balanon at:
vbalanon@csumb.edu

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KEEPING UP WITH AS

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Hello Otters!

We made it through the stormy weather of the past few weeks! I hope all of you and your families came out safe and are looking forward to the blue skies ahead.

Your Associated Students were working hard last semester to be sure that we had a ton of fun events for you to attend this Spring! First, you can get your heart rate up and have a great time at our Zumba classes, offered every Monday of this month (besides spring break). Then, you can join us on one of our excursions happening in the month of March. Tickets are already on sale for the Sharks vs. Sabres game on the 14th. Our tickets for the Warriors game go on sale on the 13th. You can buy both of these at the Student Center front

desk.

We are also still working hard to represent you on the statewide level. We will be taking 16 people to the California Higher Education Student Summit to advocate for you with representatives from all other CSU campuses. On March 13th, we will be sitting down with legislators in Sacramento to tell them why they should fund the CSU and ultimately, avoid a potential tuition increase. This is just one of the many things we do to make sure that your voice is heard.

If you want to get involved in any of our initiatives, please feel free to reach out to me and I'm sure we can put you to work! One of our upcoming opportunities is to get involved on a planning committee for our annual Slutwalk. If you are interested in be-

ing a part of this, please reach out to Olivia Warren, our Cultural Enrichment Senator at cultural@ascsumb.org.

I look forward to continuing to serve you this semester and as a reminder, if you ever have any concerns or questions you can stop by the AS office or email any of our AS officers, whose emails are on our website at ascsumb.edu/as.

Lauren McClain
president@ascsumb.org

Visit the AS Office in the Student Center, Room 125!

SALINAS VALLEY
ROCK AND GEM CLUB

70th Annual
Gem
and
Mineral Show

Saturday & Sunday,
March 11th & 12th, 2017
10AM to 5PM both days.

*Jewelry :: Gems :: Crystals :: Minerals :: Fossils
Vendors :: Craft Supplies :: Beads*

Admission
\$2.00 per person.

Kids 12 and under are free,
when accompanied
by an adult.

Spreckels Veteran's
Hall Building,
5th and Llano Street,
Spreckels, CA

Drum Talk

Artwork by
Pablo Soto Campoamor

Coordinated by
Dr. Umi Vaughan

JULY 10 TO
JULY 23, 2017



Rhythms from Cuba & Brazil

TO APPLY GO TO
CSUSUMMERARTS.ORG
562.951.4060

Applications Available After January 5, 2017

Percussion class with instructors

**& JOHN SANTOS
& MARIO PAM**

the sextion

Light at the End of a Broken Heart

Brittany Glassman

bglassman@csumb.edu

My junior year as an Otter started out seemingly perfect. I was in a solid, healthy relationship, my heart was full and life was peachy keen.

All of that quickly fell apart when the solid foundation of a relationship crumbled underneath me. It was the first relationship I had been in, which took 5 years to build but only five minutes to break. I was absolutely crushed. My world was over, and I was convinced I would never fall in love again. Now, I know what you're thinking; oh gosh, another sad breakup story (rolls eyes). But stay with me, I am here to assure you that the pain is only temporary!

From what seemed to be my life plummeting into the Grand Canyon with a future of sweatpants and a ridiculous number of cats, turned into me

Why would I give anyone the power of breaking my heart again?

making the best decision of my young life. I decided to leave the country and make a new beginning. Pretty bold decision I know, but something I needed to do, for me. I studied in Germany for the next school year. While packing before I left, my mom came into my room for a little pow wow. She said, and I quote, "Brit, do not fall in love with a German boy." She also added a mini sex talk, but I will spare you those details (you're welcome). My witty response was to blurt; "the only thing I am falling in love with is the German beer!" I smirked

and nudged her with my elbow, she then rolled her eyes with a sigh and walked away. In all seriousness though, the last thing I wanted was to fall in love again. At that point, I did not believe in love anymore. Why would I give anyone the power of

A ridiculous roller-coaster ride that I have found myself on.



breaking my heart again? It was not long into my abroad journey that I met a wonderful German man (I obviously did not take my own advice). He quickly became my person, my home away from home (barf, I know). Here I was, in love again. The happiest I had been in a long time, my heart was whole again. Before I knew it, my abroad year was over and it was time for me to leave the country and man I had fallen in love with. We agreed to break it off once I stepped on the plane. My world was crushed, my heart left in pieces.

Fast forward seven months to the present, and I am now in a new and exciting relationship with a studly military man. My heart feels full once again. If you have not noticed folks, it is a cycle. A ridiculous roller-coaster ride that I have found myself on. Love sucks! But it is also one of the best feelings I have ever felt. Love is really a love-hate relationship. Although I felt as if my world was over when a relationship ended, I learned that it is quite the opposite! It is actually a chance for new beginnings with a new person. From the downfalls I have learned to pick myself up and dust off, and that my life is definitely not over when a relationship is.

Drawing by Brittany Glassman/Otter Realm

FUN & GAMES

SELF-ESTEEM MAD LIB

Fill it in, cut it out, and remind yourself how amazing you are!

Face it, _____ (your name),
 you are about the greatest thing
 since _____ (favorite food).
 No one else can _____ (verb) like you can.
 Your best friend says you are
 the _____ (adjective)-est person in the world.
 Sure, you once

 (embarrassing thing you did),
 but you also

 (honorable thing you did).

So, _____ (favorite endearment),
 today is the day you're going to stop beating up
 on yourself for being _____ (negative adjective) and
 start loving yourself for being
 _____ (positive adjective), _____ (positive adjective) and
 _____ (positive adjective).

And if people give you a
 _____ (negative adjective) time,
 just tell 'em they can take their _____ (noun) and
 _____ (verb) it up their _____ (body part)!



Icon made by Roundicons on Flaticon.com

WOULD YOU RATHER? (FAME VERSION)

Would you rather be famous for your dancing or famous for your singing?

Would you rather make a movie of your life before you were twenty-one or a movie of your life after the age of twenty-one?

Would you rather be an actor/actress in a movie or in a television show?

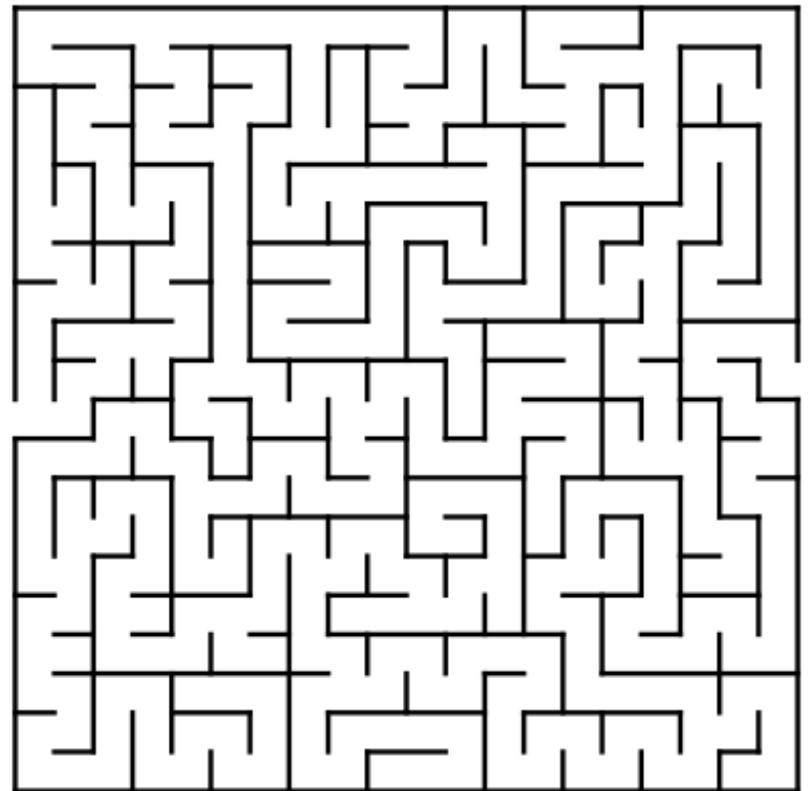
Would you rather be an actor/actress in a comedy or in a drama?

Would you rather do your own stunts in an action movie, or have a stunt person do them?

Would you rather play a villain or a hero in a movie?

Would you rather be a stand-up comedian or a concert pianist?

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					4		7	
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	8		1					
			7	4		3		
	3						5	7
5				1	2	8	6	



OTTERS OF THE BAY

What is the most valuable thing you have learned in college so far?



Alex Morales, Junior
Visual and Public
Arts Major

“Getting to know my professors, learning how they became artists, and gaining experience.”



Jasmine Jackson,
Senior HCOM Major

“Self care and support system. I found that if I wasn’t exercising or eating healthy, I had a difficult time focusing or staying motivated. I also found my support system through EOP (Educated Opportunity Program). Coming from a low income and first generation background, I would NEVER have been able to continue my education without supportive people and programs like EOP!”



Andrea Cedillo,
Senior Environmental
Science Major

“Taking risks.”



Ethan Leung, Senior
Kinesiology Major

“Leaving your comfort zone and doing everything and anything you possibly can. Take advantage of every opportunity you can, and don’t waste time on people or situation that have nothing to offer you.”



Matthew Jim Yang,
Junior HCOM Major

“Friendship. I believe with a strong, encouraging, supportive, and amazing friend group could make college and life a much enjoyable experience.”