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Issue #5

# OTTER REALM

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY'S STUDENT-RUN NEWSPAPER

OCTOBER 29, 2015

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## MONTEREY ZOO: WHO IS THE REAL ANIMAL?

*Exotic animal enclosures at the Monterey Zoo are questionable*

By Georgette Ward and Andres Hernandez

It may come as a surprise to many to learn there is a zoo in Monterey County. Tucked away in the vast foothills of southern Salinas, there is a 51 acre plot of land that houses hundreds of exotic animals just a short drive from campus. Here you will find animals as small as koi fish and parrots to larger species such as tigers, bears and elephants.

The Monterey Zoo, operated by Charlie Sammut, may sound like a great destination for locals or tourists, however many visitors find it alarming and question the ethics of the owner. The poor quality of cages and care for the animals is hard to overlook, according to Yelp reviews. Moreover, after a review of federal guidelines for zoological animals, the Monterey Zoo is falling short and is not meeting minimum standards for shelter.

"NOT a 'sanctuary' at all," wrote Joshua G. on Yelp with his one



A small capuchin monkey at the Monterey Zoo stares back at visitors.

Andres Hernandez/Otter Realm

star rating of Vision Quest Ranch. "These massive cats are kept in tiny wire cages with concrete floors and left to endlessly pace back and forth, they cannot run, chase, or get any sense of freedom in these tiny tiny

drab spaces. This is basically a low budget zoo that has bit off more than they can chew and can't properly accommodate their attractions. These animals have been commodified to make a quick buck."

However, some visitors find the zoo to be enjoyable.

"I am so glad I found this place I seen it in group on checked out the website and yelp reviews," wrote Krystal H. with her five star Yelp rat-

ing. "Almost did not come because of some of the reviews. I am happy I brought my family. My favorite part along with the rest of my family was the white tigers."

This positive comment is a rarity;

## Cucumber chaos



Cucumbers at a local grocery store.

ing.

## Time to fall back!



At this point in the semester, who doesn't appreciate an extra hour of sleep?

### California supermarkets affected by cucumber Salmonella

By Zena McCartney

If you purchased a cucumber at an area supermarket in September, then you may have been at risk of getting the most common food borne illness in the U.S.

Limited Edition pole-grown cucumbers from Andrew and Williamson Fresh Produce have been identified as the source of a *Salmonella Poona* outbreak in 36 states. There have been four deaths and more than 150 hospitalizations as a result. California is one of the states affected.

The company initiated a voluntary recall of the product in early September. Many Monterey County businesses that received this product, including Marina and Seaside Save Mart Supermarkets, took part in the recall.

"We pulled the Limited Edition Andrew & Williamson cucumbers immediately and put up signs informing customers of the recall item and the dates associated. If customers had already bought the product they were advised to destroy it or bring it back for a refund," said Nannette Miranda, Save Mart Supermar-

ket Public Affairs manager.

Due to the limited shelf life of a cucumber the company and government officials believe all the contaminated product is now out of consumer circulation.

"The recall didn't significantly affect the stores [Save Mart Supermarket], because we are not limited to one cucumber supplier," said Miranda. "When our company pulled the cucumbers, the customers had other varieties from different producers to choose from, so it was not a problem."

The Limited Edition Andrew & Williamson cucumbers were sold to In-N-Out Burger, Save Mart Supermarket, Sam's Club, The Capital Grille, United Supermarkets, Albertson's, H-E-B, Safeway, Kroger, Olive Garden, Costco and Fresh & Easy.

The U.S. Food and Drug Administration (FDA) stated these cucumbers were grown from Rancho Don Juanito in Baja, Mexico and were sold between Aug. 1 and Sept. 3. They are long, dark green and can be referenced as an "American Cucumber" usually sold in bulk to grocery stores. The FDA sent a follow up alert informing that

the *Salmonella* case was caused by unsanitary work conditions.

#### What is Salmonella?

*Salmonella* is the most common food borne illness in the U.S. There are more than a million people affected annually.

"A normal human eye cannot tell that a product is contaminated with *Salmonella* bacteria," said Dr. Laura Gieraltowski, an epidemiologist at Centers for Disease Control and Prevention (CDC).

*Salmonella* is a small microscopic bacteria that causes intestinal sickness. Within 12 to 72 hours, the infection can be felt in the stomach via cramps, diarrhea and stomach pain.

It can be transmitted to humans by eating foods contaminated with small amounts of animal feces. During food processing, employees who directly handle food, who do not wash their hands with soap after using the bathroom can also contaminate food with *Salmonella* according to the CDC.

Cross-contamination of *Salmonella* can occur when coming into contact with surfaces, people or other products that have the bacteria.

Washing your hands with soap af-

ter using the restroom, handling dirty surfaces or taking care of animals in addition to following food handling and preparation guides are methods to prevent *Salmonella*.

"The simple steps such as clean, separate, cook and chill your food will help consumers avoid food borne illnesses," said Gieraltowski.

*Salmonella* infection is more common in the summer months (June, July and August) than winter.

- Children under 5 years old are the most likely to get a *Salmonella* infection.

- Infants who are not breast fed are more likely to get a *Salmonella* infection.

- Children who are 5 years old and younger, adults over 65 years old, and people with weakened immune systems are the most likely to have severe infections.

- Avoid cross-contamination - think about what surfaces food touches before consuming.

\*Information provided by the CDC

By Colin Bockman

On Sunday, Nov. 1, Daylight Saving Time (DST) ends, which means that the phrase "fall back" will kick into gear. At 2 a.m., most smart phones, iPhones and computers will automatically adjust themselves back an hour.

While "falling back" and "springing forward" are commonplace to most of us, not everyone takes part in the bi-annual time change. DST does not exist in Arizona and Hawaii, or the majority of other countries around the world.

In order to conserve energy and deal with the problems of oil shortages in the United States, a federal law was passed in 1973 that established DST. The thought was people could make better use of the daytime hours, which would result in less energy use.

This sounds like a good idea. So, why then, do some states and other countries not use DST?

In Arizona, heat plays a major factor. If the Grand Canyon State observed DST, the scorching rays from the sun during the summer months (at times hotter than 115 degrees at the peak of day), would still be lingering at many peoples' bedtime, around 9 p.m.

Hawaii on the other hand, being closer to the equator than all other 49 states, has a fluctuation of 11 to 13

hours (winter to summer respectively) of daylight throughout the year. The consistency of daylight gives no need for this tropical destination to follow DST.

Qing Xu, an alumni of California State University, Monterey Bay, had trouble adapting to DST upon moving to the U.S. from China. He said it: "disrupted my biological clock." He feels saving energy is important, but on the other hand, he asks: "Is it worth it to compromise people's health?"

As for China enacting DST, Xu feels the country might be better off to: "apply it regionally rather than across-the-board," especially since China is so large. Xu also said if DST were enacted in the Chinese regions that follow Beijing Time: "some of these places could see the sun rise at 10 a.m."

As part of the Energy Policy Act of 2005, former President George W. Bush signed a bill that lengthened DST. Since 2007 DST starts three weeks earlier (the second Sunday in March) and lasts one week longer in the fall (the first Sunday of November) than it had previously.

Be sure to check all your clocks, don't rely on technology to "fall back" for you. You don't want to be that nerd who shows up to class an hour early come Monday.

# CSUMB Colleges

## Bellumori making waves in the Monterey Bay

By Andres Hernandez

A recent graduate of the University of Delaware, Dr. Maria Bellumori joined the Kinesiology Department here at California State University, Monterey Bay (CSUMB) as an assistant professor in fall 2014. In her short time working at CSUMB she has done nothing but make waves in the bay.

Bellumori was awarded a Faculty Incentive Grant (FIG), which serves to assist pre-tenured assistant and associate professors with beginning scholarly projects that have potential to be funded by organizations outside of the university.

The total amount granted to Bellumori in the spring 2015 semester totaled approximately \$9,500. This was only \$500 short of the \$10,000 maximum offered through the University Corporation, according to Bellumori. With this funding, Bellumori has begun the development of a program aimed at teaching functional fitness methods to older adults.

This class will be offered through a partnership with the Peninsula Wellness Center located just a mile from CSUMB's main campus. The Peninsula Wellness Center has agreed to



Dr. Maria Bellumori answers questions about an assignment.

Andres Hernandez/Otter Realm

loan space to Bellumori to host the functional fitness sessions. She will be leading the research and teaching for the program with the help of CSUMB seniors Selena Romero, Andrew Stuck, Steven Villaneda, Daniel Westmoreland and junior Arianna Mariotti.

"It consists of safe exercises

that you can do in your home and things that are aimed at improving your functional ability," said Bellumori in regards to the purpose of the program.

Bellumori plans to use the Go-4Life program developed by the National Institute of Aging as the basis for the program and looks

to add an additional component. By implementing a speed component, Bellumori seeks to target the nervous system. Citing slowness as a major factor in many adult injuries, Bellumori claims through the use of the speed component participants will increase their muscular reaction time which in turn will improve functional ability decreasing the risk of injury.

After developing the curriculum for this program Bellumori presented this research to the Community Hospital of the Monterey Peninsula (CHOMP). The research piqued the interest of CHOMP's Institutional

Review Board. The partnership with CHOMP is in its developing stages and is dependent on the success of the program hosted at the Peninsula Wellness Center. Bellumori's hope is to partner with CHOMP in the future in order to make this a community wide program throughout Monterey County.

Bellumori is collaborating with Dr. Judith Canner, CSUMB associate professor of Mathematics and Statistics, who has been awarded a research grant from the National Institutes of Health (NIH). The NIH is a part of the U.S. Dept. of Health and Human Services and exists to foster re-

search and innovation in health sciences in order to continue improving the health of all Americans.

There was an extensive process to submit the proposal which ultimately resulted in the award of \$1 million, which will be dispersed over the next five years.

Bellumori was instrumental in beginning conversations and collaborating with University of California, Santa Cruz (UCSC). Bellumori was also responsible for curriculum development, general drafting and overview on this grant proposal, according to Canner.

Canner spoke to Bellumori's commitment to the project by saying: "It was fantastic to work with such an enthusiastic and intelligent faculty member on the project. I could tell how much she cares about the students and university through her commitment to building the proposed curriculum regardless of whether the funding came through."

Canner and Bellumori have attended meetings together at UCSC to initiate the establishment of a Data Science program on the campus of CSUMB coupled with research opportunities on the campus of UCSC. Bellumori is working to develop a First Year Seminar course which will expose students to research early in their college career and involve them in research as they progress through their time at CSUMB.

The goal for the UCSC component is to give CSUMB students opportunities to research during the summer in Santa Cruz. They will attend UCSC to conduct their research and return to CSUMB where they will work with faculty mentors to publish their research and attend conferences to further enhance their experience.

## Science Club offers multiple benefits to science majors

By Achelle Reynoso

"We like to promote science in the wildest forms possible so it can pique everybody's interest," said Leslie Castro-Alcina, senior Biology major. "We like to go out and explore the fun parts of science, and that is what our club is about."

California State University, Monterey Bay offers a variety of clubs and organizations on campus. One that is growing rapidly is, the Science Club. The club offers benefits for College of Science students, as well as non-science majors.

"It helps build a certain community," said Anny Leyva, vice president and Biology major. "For a while it was only Biology

majors, but now we have Computer Science, Environmental Science majors, [etc.] The fact that it's going is awesome. We have something that we have never had before. It is all sciences working together for a common cause."

Club President, Aya Deborah Chato, said she enjoys the club and what it is trying to accomplish. "We are slowly getting rid of the stigma that science is hard."

Leyva's favorite thing about the club is: "Getting to really know the professors. They are the ones who will be writing our letters of recommendation, and they were once in our position



The Science Club

Achelle Reynoso/Otter Realm

too. They were once struggling students trying to figure out what they want to do in life."

The club also offers resources that may be difficult to

find elsewhere.

"We are planning on doing a book exchange, where upper-classmen pass down their books to the younger majors. We try

to be as resourceful as we can," said Leyva.

The Science Club currently has 22 members and are always looking to grow. Club meet-

ings are every other Monday. For more information contact scienceclub@csumb.edu.

## More than just a movement

Huerta exhibit up at National Portrait Gallery, Diana Garcia shares the voices of the Chican@ movement

By Samantha Gray

Hispanic Heritage month is a time to recognize the culture and the improvements made to United States by Hispanic and Latin@ Americans. Amongst great names in Latin@ culture is Dolores Huerta, an activist who made history. Huerta and Cesar Chavez founded the United Farm Workers (UFW) Association and she became a world-leading feminist, labor organizer and lobbyist.

Taina Caragol, the curator for this year's Latin@ art and history exhibit at the National Portrait Gallery in the Library of Congress, has dedicated her exhibit to Huerta. It is titled: "One Life: Dolores Huerta," and features photos, paintings and other artifacts that document Huerta's contribution to the labor movement. The exhibit is on display through May 2016.

"The more Caragol looked at the work done by Huerta, she realized that she [Huerta] had never gotten her full recognition for her involvement with UFW, but being its heart and soul," said Diana Garcia, professor and poet in California State University,

Monterey Bay's Division of Humanities and Communications. Garcia received the opportunity this summer to preview the exhibit in Washington, D. C. and write ekphrastic poems based on the photos featured. In addition to this opportunity, Garcia will give a reading at the National Portrait Gallery in Jan. 2016.

"I was going to be able to finally give voice to her," Garcia said about Huerta and what the movement meant to her. "She is an outspoken Chicana woman, when Chicana women did not have a voice. She is a hero and an icon."

Garcia describes being a teen-

ager seeing the back-breaking work families were put through, to being in her mid-sixties and how surreal of a transformation it has been. Having come full circle, it is hard for her not to get choked up at the iconic image of Huerta holding the sign reading "Huelga," meaning strike. Garcia said a reproduction of this image is highlighted in the exhibit and one of the first photos seen when entering.

Movements such as Huerta's carry on throughout the years and inspire women like Caragol and Garcia to not only promote, but achieve greatness.

Diana Garcia (second from right) and Taina Caragol (right) at the National Portrait Gallery.



Diana Garcia (second from right) and Taina Caragol (right) at the National Portrait Gallery.

## Monterey County teacher shortage

*Student population growing, increasing demand for educators*

By Sarah Ontiveros

Monterey County is among the five counties in California experiencing a shortage of teachers. Subjects where there are teacher shortages include: math, English, science, bilingual education and special education. Job eliminations and retirements that took place during the recession led to many vacancies which have not been filled.

"What we're seeing is not enough people going into teaching preparation programs," said Rosa Coronado, according to the California State University, Monterey Bay (CSUMB) website. Coronado is the assistant superintendent of Human Resources at the Monterey County Office of Education (MCOE).

This year the MCOE has decided to improve its services and hold job fairs for prospective teachers. MCOE will be holding a workshop called, "So you want to be a teacher?" for those interested in becoming an educator.

The Monterey Peninsula Unified School District (MPUSD) held its third job fair earlier this year, which resulted in the hiring of 100 new teachers. MPUSD will also have a spring career fair, which usually attracts at

least 12 or more new candidates. CSUMB will be a part of this fair to help recruit potential teachers.

CSUMB is responding to the teacher shortage. It offers an on-the-job intern pathway to earn a teaching credential, which allows spring graduates to accept a paid internship position. This program provides summer coursework to prepare candidates for their first year of teaching as interns employed by local school districts.

"We are pleased to announce a new program for candidates interested in a Master of Arts in Education (MAE+) degree that includes a teaching credential," said Mark O' Shea, professor of Teacher Education.

Students admitted to this pro-

gram will spend a residency year of student teaching with an experienced teacher while taking courses with CSUMB. This program can be completed in 18 months and offers stipends up to \$27,000 a year to clear fees and cost of living expenses to students who qualify. The MAE+ credential in multiple subjects and single subject programs will be offered.

If you are interested in a teaching career check out:

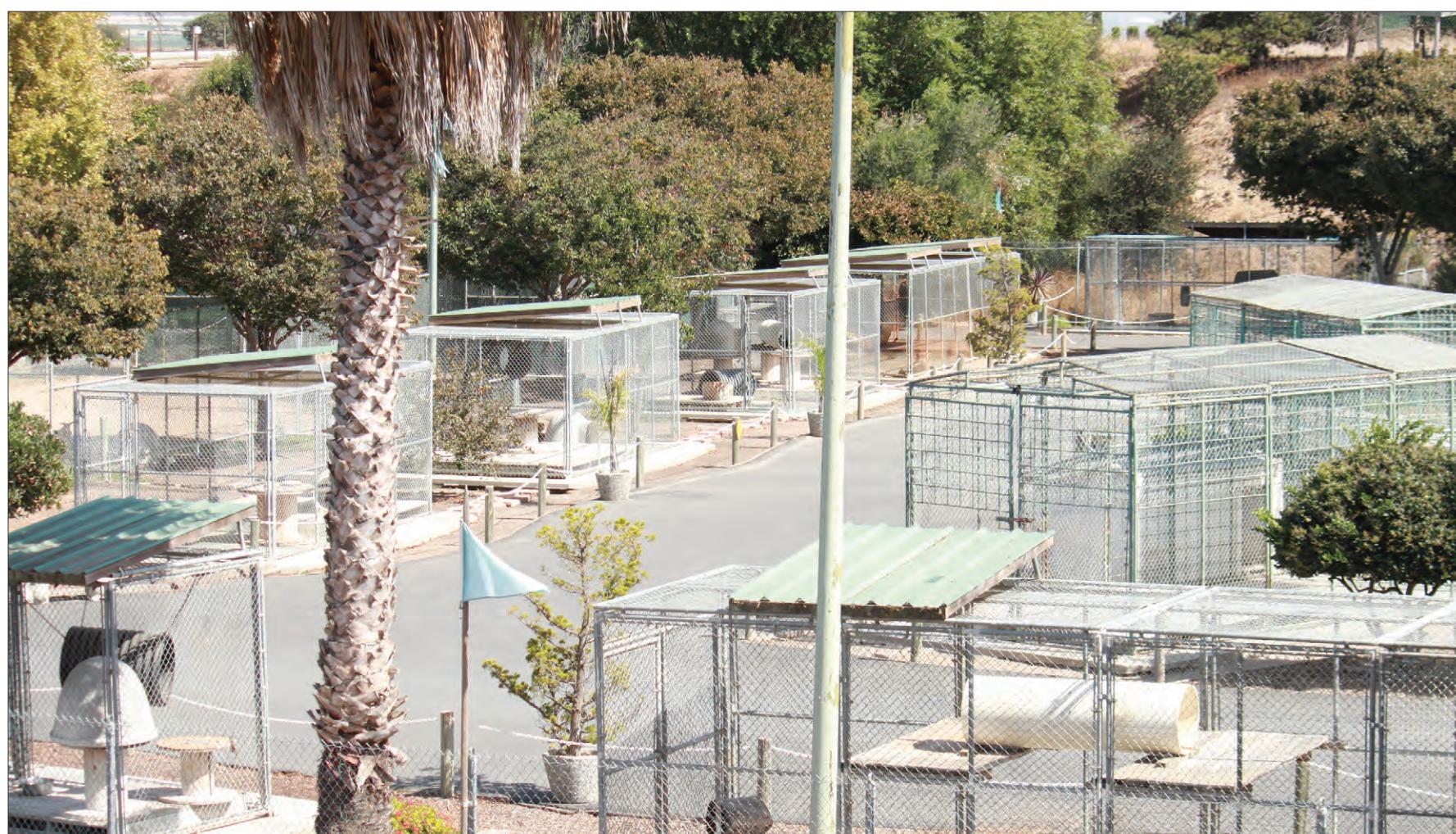
- [www.csumb.edu/teach](http://www.csumb.edu/teach)
- [www.montereyherald.com](http://www.montereyherald.com)
- [www.csumb.com](http://www.csumb.com)

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gram will spend a residency year of student teaching with an experienced teacher while taking courses with CSUMB. This program can be completed in 18 months and offers stipends up to \$27,000 a year to clear fees and cost of living expenses to students who qualify. The MAE+ credential in multiple subjects and single subject programs will be offered.

If you are interested in a teaching career check out:

- [www.csumb.edu/teach](http://www.csumb.edu/teach)
- [www.montereyherald.com](http://www.montereyherald.com)
- [www.csumb.com](http://www.csumb.com)



An overhead view of the zoo's main courtyard lined with cages. They provide minimal shade or protection from the elements.

## ZOO from page 1

Primary enclosure regulations include the minimal requirements pertaining to the habitat in which the animals are housed.

Structures are only required to allow each animal to make "normal postural adjustments with adequate freedom of movement." This grants an extremely small space for animals to be housed in. The minimum amount of floor space for each species only requires the enclosure to be three times the size of the animal that will be living within it.

The guidelines provided by the USDA do not suggest what makes for a comfortable existence for the animals. Other zoological facilities such as Safari West Santa Rosa have managed to create habitats with sufficient room to roam, rather than providing enclosures for their resident animals.

The Animal Welfare Act and Regulations states animals in outdoor housing require: "Shelter from the elements. Outdoor housing facilities for nonhuman primates must provide adequate shelter from the elements at all times. It must provide protection from the sun, rain, snow, wind and cold, and from any weather conditions that may occur."

It is clear the Monterey Zoo's open-air enclosures do not meet these standards. The impact on the animals of a warm day in the Salinas Valley can be seen, as they sprawl out on the hot concrete, panting and batting flies.



All photos by Andres Hernandez

### Protecting or Profiteering?

"This is not a sanctuary," wrote Amanda L. in her Yelp review. "How can people support something that does not have the animal's best interest at heart, yet fills the human's bank account... The facilities aren't even well suited for the size of the animals, and do not allow them to roam free."

Sammut seems unphased by the negative reviews and believes he is properly caring for the animals.

"It has to meet the demands of the public, community, the state, federal requirements,

so it's hard sometimes to build something that assures safety yet doesn't look like a prison," said Sammut.

Sammut has been a Salinas local since 1972 when his family arrived and established The Laurel Inn Motel which is still in operation today. Sammut decided that life as a business owner was not for him and pursued a career in law enforcement instead. In 1985 while still a police officer for the city of Seaside, Sammut invested in Oxton Kennels as a hobby.

Oxton Kennels is a dog and cat boarding

facility which helped peak his interest in working with animals as a full-time career. Sammut resigned as a police officer and began to put all of his efforts into helping run the kennel.

Before resigning, while on duty Sammut was dispatched to a home in Seaside that was illegally housing a mountain lion. Deciding that he could better care for the animal, Sammut obtained permits from California Fish and Game Commission to adopt "Sam" the mountain lion, his first exotic pet. "Back then it was legal to do something like that," said Sammut. From there his interest in owning exotic pets grew immensely.

Sammut ordered a tiger from an online broker to add to his growing collection. To his surprise, a lion was delivered to him. Six months later the tiger Sammut originally ordered arrived and he decided to keep them both. Sammut said: "This was probably one of the more ignorant things I've ever done."

This collection of wild cats inspired Sammut to expand his operation and use his pets as tools in the entertainment industry. His pride and joy, Josef the Lion, became Sammut's prized possession and a featured actor in films such as *The Lion King* (1994), *Giant Thunder Mountain* (1991) and *George of the Jungle* (1997).

As laws changed, Sammut formed a group he calls the California Animal Owners Association. This organization is now known as International Animal Welfare Association. This allowed him to continue housing his exotic pets and expand his business into what it is today.

Sammut mentioned his struggles in operating a zoo and also defended that what he is doing is for educational purposes. He believes having a captive population is necessary and provides longevity for populations that are considered endangered in the wild.

He is convinced that having a captive population is educational and essential to understanding how these animals can be served in their natural environments. He alludes to whales in captivity, more specifically those at SeaWorld.

"These whales that are in captivity, I've gone, seen them, met their trainers, watched them interact and I see happy animals," said Sammut. "They were born in captivity, most of them, they don't know the wild. The ones who know the wild can't be returned to it, it would kill them. I see happy animals, a relationship. So for the good they're doing, helping educate people about how special these animals are, yeah I think it's worth having them in captivity, I truly do. Is that suggesting we should be taking more out of the wild? No. That's where I draw my line."

Vision Quest Ranch, Sammut noted, is being expanded with the help of undisclosed donors. The first step in the expansion process has already taken place. The four tigers housed at the zoo have been moved into new enclosures which are a large step up from the remainder of the facility. To better accommodate his animals, Sammut plans to model each new habitat in a similar fashion.

## Letter from AS President: Emma Richardson

Hello Fellow Otters,

By now you are probably ready for some time off! Hang tight my friends, there are only a few more weeks until we are out for Fall Break. Your Associated Students are working to ensure that your time between now and then goes as smoothly as possible. There are some noteworthy events coming soon that you will surely enjoy!

We will be hosting an Open Forum on Oct. 29 beginning at 5 p.m. in the West Lounge of the Student Center. This is a place for students to come express any grievances they have had with the university. AS officers will advocate for students based on the issues that are discussed at the forum. We are also bringing you Salsa Magic! Learn the Salsa and other Latin dances in the Black Box Cabaret on Nov. 12 at 6 p.m.

In other news, an issue that is facing college campuses and students across the country is gun violence. Naturally, many students have expressed concerns about safety on our campus and in the surrounding community. President Ochoa has informed AS that preventative action is taking place through training staff, faculty and students, on how to keep the campus a safe environment. Please know that the Personal Growth and Counseling Center is available to students in any time of need and can be reached through the contact number (831) 582-3969. They are located in the Health and Wellness Services Building (80).

As we continue on in the semester, there are still applications available for Associated Students officer positions. Applications can be found in the AS Office, Room 125 of the Student Center, and online at [csumb.edu/as](http://csumb.edu/as). Please turn in applications to the office or email them to [aspresident@csumb.edu](mailto:aspresident@csumb.edu). Applications for the AS Legacy Scholarships and AS Capstone Grants are also available in the office.

As I say in each publication, we are here for the students! If you have any questions, concerns, compliments or feedback, we would love to hear them! Please stop by the AS Office any time of the day. Continue to be the wonderful people you are. Go Otters!

Emma Richardson  
Associated Students President

## Creating a killer resume



Lori Mackey  
Financial Literacy Advisor

No matter what year you're in it's time to start thinking about preparing to land an internship or even better, your dream job. This will take some time so the sooner you start the better. It's normal to be nervous and you probably don't even know where to start. To make it a little easier, here is a format that will help you through the process.

First, in the digital world your online presence is a huge part of your resume. Before you do anything it's time to clean up your Facebook, Instagram and Twitter accounts. Think about if your grandma looked at these, would it be appropriate? A picture is worth a thousand words, so it's fine to have fun pictures that show your personality, hobbies and interests. Just make sure your pictures are telling the right story.

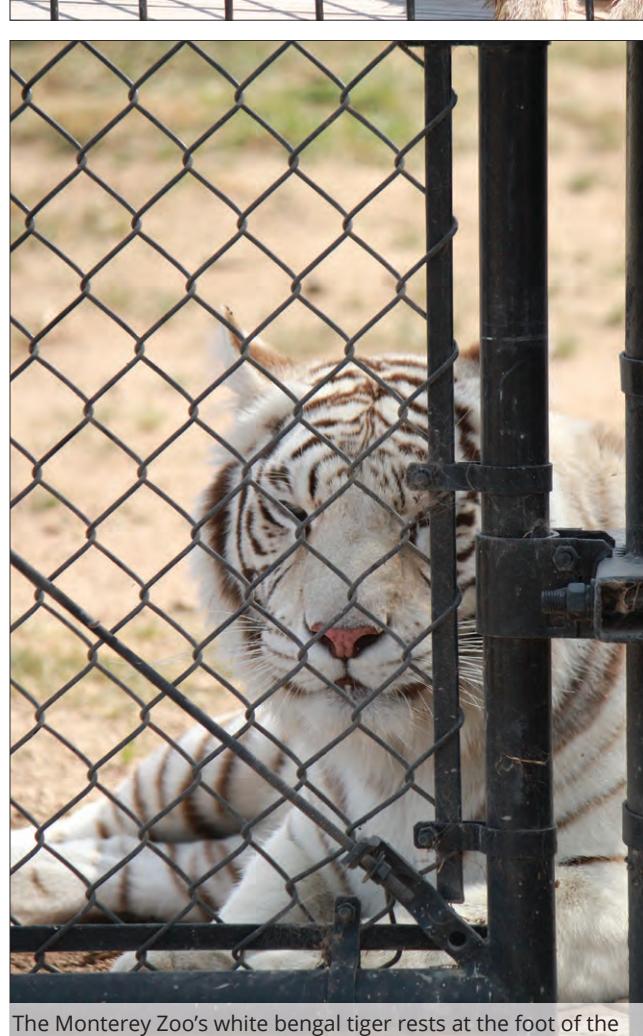
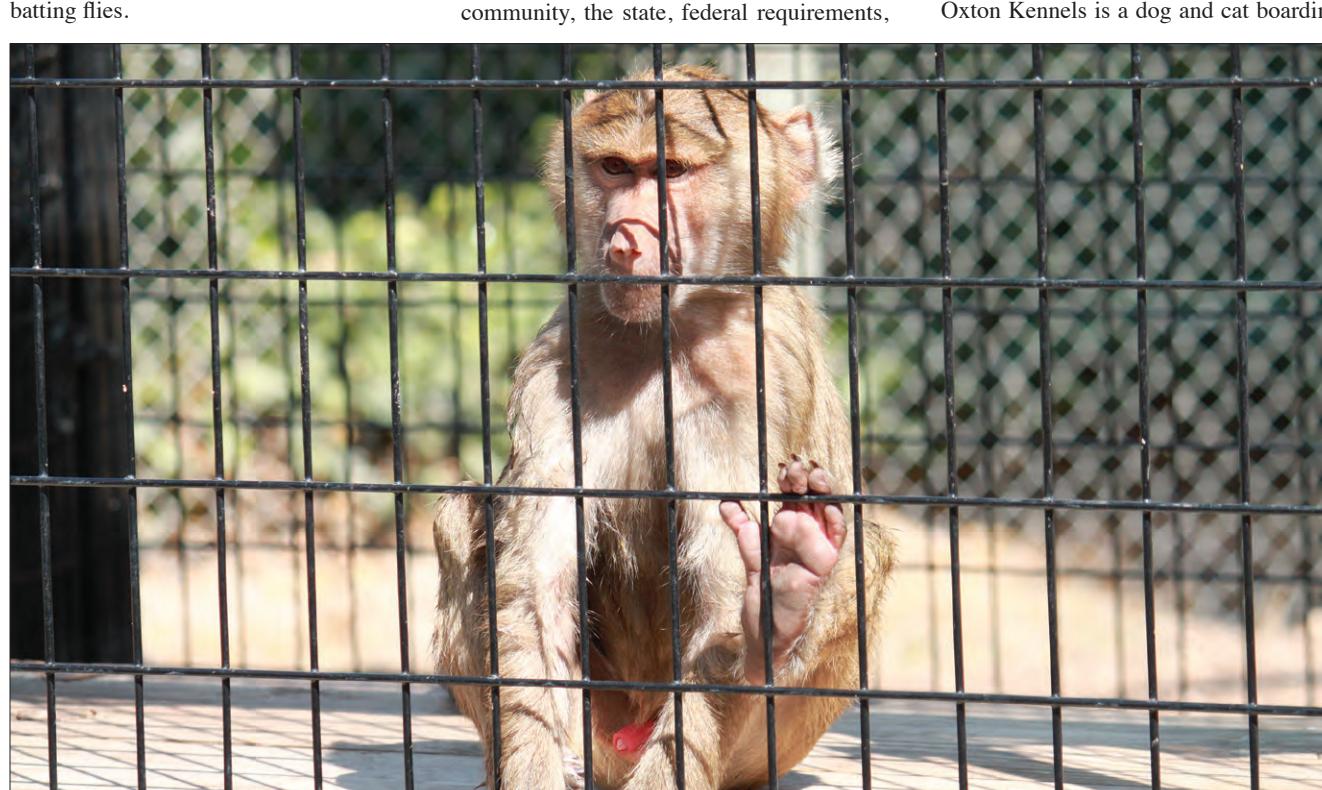
Next is your resume! It's exciting to see all the options you have in creating a killer representation of you and your life to date. TheMuse.com is a wonderful resource and has a massive amount of information to help you create the best resume possible.

Make it a point to read the articles to understand new trends and rules in creating a resume before you start. After you've created your resume connect it to your LinkedIn account. Make sure all your information is up to date and consistent.

If you don't have a personal website and a twitter account then create one! These accounts will take your resume to the next level. It's hard to express yourself on a resume alone. But your own website can showcase everything you've done to date. You can connect these in your contact information and talk about your website through the interview process. This will set you apart from other candidates and showcase your talents.

For a free online presence check out About.me and Word press. If you want your own website Squarespace.com is excellent and has the ability for you to sell items, create a blog and has reasonable rates.

Finally, don't be shy about your accomplishments. Be bold and don't hold back. If you feel you're bragging, then you're doing it right. If you're having a hard time talking about yourself then get a friend or family member to help you. There's a time to be humble but when creating an online presence and resume, it is not one of them.



The Monterey Zoo's white Bengal tiger rests at the foot of the enclosure.



On a hot Salinas afternoon, this lion utilizes the limited amount of shade in his cage.

# OTTER REALM

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY

The Otter Realm is a student publication produced by the HCOM 387 and HCOM 389 classes. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty or staff.

The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print on these pages and reserves the right to edit for libel, space or clarity.

Advertising revenue supports Otter Realm publications and events. Letters to the Editor should include first and last name and should be less than 300 words, submitted via email. The Otter Realm will not publish anonymous letters and reserves the right to reject any Letter to the Editor for any reason.

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# Life behind bars: A day at the Monterey Zoo



By Georgette Ward

Being held captive and forced to spend part of your life in a cage sounds like prison to most humans.

When it comes to lifestyles of animals, the line between business and ethics becomes rather blurred. A life behind bars is a sad reality to thousands of animals that are removed from the wild to be kept and bred in zoos.

Monterey has its own Zoo tucked away in the hills of Salinas, where a man named Charlie Sammut has created multiple businesses within the limits of his property in order to help maintain and expand his Zoo.

Many would argue that zoos are learning tools. They provide us knowledge about exotic animals that we would otherwise only learn about in a book or through a television screen. They allow individuals the opportunity to get up close and personal with some of their favorite wild species and even feed them in some cases.

From my own recent experience at the Monterey Zoo, I wondered how educational my tour had really been. As a group, my tour only spent a few minutes, at most, at each animal's exhibit. We were offered a few questions and given the minimal facts about each animal, such as where they originated, what they eat or that eye contact was a sign of aggression. From that experience, I can

say I didn't take away much more information about these animals than I already knew going in.

After previewing the facilities in person, I was disheartened to see gorgeous exotic animals living in spaces that would be less than the equivalent of a dorm room to humans. Chain link fencing served as walls and ceilings for each animal's exhibit, from monkeys, to kangaroos, to black bears. Most animals hardly moved, the larger species were sleeping or batting flies away from their faces.

It was hard not to think about how exposed each of these animals were to the elements. Whether it be cold pouring rain or 95 degrees (like the day I visited), these creatures have minimal shelter.

Most animals were alone in their exhibit, leaving species who are used to traveling in packs or herds, isolated. These animals are less commonly 'rescued' from the wild due to unique circumstances (like abandonment) and more often bred in order



Andre Sitolini/Otter Realm

to trade, loan or sell to other zoos once they grow into adults. Their captive existence is highly based off of funding a business.

"The confined life of captive elephants is in sharp contrast to that of elephants in the wild, who may walk 30 miles a day and establish life-long bonds," according to the Humane Society.

This does not only hold true to elephants, but most species contained in zoos are highly active and unlikely to get remotely close to the amount of exercise and regular movement that they would in the wild.

Operations such as the Monterey Zoo do occasionally take certain animals on walks, but this still isn't enough activity for these animals. It is also important to keep in mind that they are not domestic house pets, they are species whose gene pool developed in the wild.

Sadly, the U. S. Department of Agriculture's Animal Welfare regulations have unreasonably low standards as to the quality of life captive

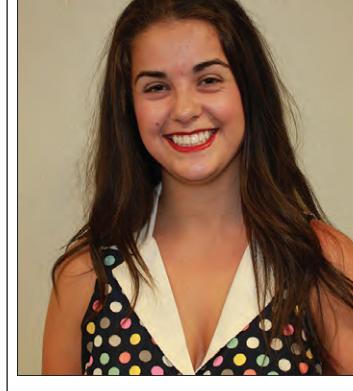
animals must receive. This allows for zoos', like Monterey's, to maintain poor conditions for the animals to live in, while expanding their animal collection.

It is important to recognize the argument, that keeping certain species in captivity is a necessary tool in order to keep the gene pool alive. The logic is that if the species were to go completely extinct in the wild, there would at the least be a captive population. But, not all animals in zoos are part of the endangered species list.

It is 2015, we should know better than to continue to normalize and use animals as a business for human entertainment. It's time we talk about questioning zoo's and the condition of their captive populations.

If you'd like to help put an end to zoos, don't visit them; create a discussion that debates the nature of their enterprise. Zoo's are business machines that profit off of the livelihood of wild animals.

## Police profession: misconstrued and misunderstood



By Sophie Snow

Growing up the daughter of a law enforcement officer, I never gave it much thought. I never really thought about how every time my father put on that badge there was the possibility he would not walk through the door in the morning.

Today, there is no doubt that the profession of law enforcement is under great scrutiny from both the media and public. The death of a citizen that occurs at the hands of a police officer breaks big news and people are quick to jump onto the bandwagon of hate against law enforcement.

This, in turn, creates an extreme strain within the police force and the

communities that they serve. Policing is becoming an even more dangerous job than it already is, given the rise of many anti-policing groups and false reports of force incidents.

There are many aspects of policing that the public are quick to judge. Yet, imagine being in an occupation where you are told that every person you will approach on duty is a potential threat. Your work is extremely dangerous, the outcome of every encounter is unknown and you are regularly exposed to human anguish and death.

Being a police officer, you have to be conscious that at any second, someone or something could end your life. You are taking a risk each time you walk out the door.

On top of dealing with such risks, law enforcement also suffers under a biased opinion of public view when it comes to their procedural methods.

Officers always need a reason for an interaction with a certain individual. They don't plan on shooting anyone on duty or pulling someone over on the highway for fun. Nor do they use force unless it is necessary, but in certain situations if a suspect is not being compliant it is called for.

This isn't to say law enforcement is perfect. It's not. There are many

wolves with badges who abuse and disrespect the job. They take advantage of the honor they've been granted and taint the reputation of all in law enforcement. We see this in the news and say: "This is why I hate cops."

However, it is not fair to claim all officers take advantage of their position. The actions of others simply do not reflect every individual or an entire profession. The job is still an incredibly honorable one to those who use it to create a peaceful and safe community for the people.

The problem is that law enforcement and the communities they serve have become extremely divided. So what can be done to change this?

What needs to be done, is to stop taking sides. We can't put all the blame on the community and we can't put all the blame on law enforcement. We need to find a common ground and mend the division that has separated the police and the people.

Here at California State University, Monterey Bay (CSUMB) the officers of the University Police Department (UPD) are working hard to shift the paradigms.

"We don't want to pop out of nowhere because the time calls for

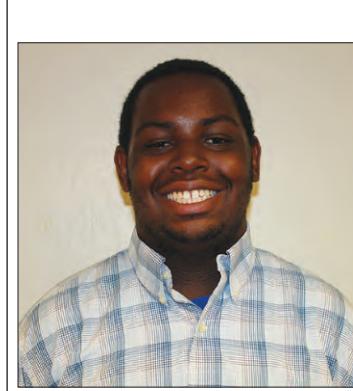
it. We want our students to see us on campus having a cup of coffee at Starbucks just so they know that we're around and accessible to them in case they need us," said Earl Lawson, UPD chief. Lawson stressed how important it is to establish a connection with the community in which he and the rest of the UPD serve.

CSUMB students and police are on their way to creating a united and trusting community within the campus where both understand and have a mutual respect for one another, making this campus a peaceful environment for everyone.

So, from someone whose parent dedicated 27 years of his life to being a law enforcement officer and a little girl who felt pride when her father picked her up from school in his uniform, there are many honorable and good police officers.

It's a life of ambiguity, but it's also a life of respectable duty and integrity. The officers who do their job honorably contribute not only to the community they serve, but to the world for the sake of peace.

## On-field accolades most important for pro sports Hall of Fame



By D'Quan Stewart

Being a professional athlete is one of the most pressure-driven occupations. Dealing with criticism from the media and fans can be extremely frustrating. The moment you sign a huge, lucrative contract the heat is on.

Of course, being a professional athlete has its perks. Athletes get paid to play the sport they enjoy. Fans express their pleasure of having you represent their team positively. Most importantly, your employer will be more than glad to recognize you for your accomplishments on the field.

In professional sports, being in

ducted into the Hall of Fame is one of the most prestigious honors an athlete can have. Their hard work has been noticed and they are getting rewarded for that. Unfortunately, Major League Baseball (MLB) is one of the sports that does not only consider on field performances when voting for who should go into the Hall of Fame, but off field behavior as well.

With steroids haunting the sport for the past decade, it is hard to know who should really go into Cooperstown and MLB does not want to ruin its credibility, or what is left of it. This has left many players who seemed to be destined for the Hall of Fame to still be waiting for the call up.

One of the main players still waiting on deck is Barry Bonds. Bonds, the reigning MLB home run king, with 762 in his career, unofficially retired in 2007. He holds many MLB records including the most home runs in a single season with 73 and has career batting average of .300; which is considered very good for a hitter.

However, Bonds' accomplishments came into question when he was presented as the "father of the

steroids era." He has had many court dates dealing with BALCO, a former Performance Enhancing Drugs (PED) company. Bonds has never been convicted or even indicted on criminal charges related to steroid use. He was found guilty of obstruction of justice in a 2011 perjury case.

Throughout his playing career, he never failed a drug test. This fact helped to protect him during the trial about usage.

Regardless, Bonds was considered a great player long before the rumored use of steroids. During his time with the Pittsburgh Pirates, he was considered one of the best Pirates of all time. He won two Most Valuable Player awards, three Silver Slugger awards and had three All-Star game appearances while with the Pirates.

He constantly led the team with hits, home runs and runs batted in. He is still considered one of the greatest to ever play for the franchise, despite the accusations against him.

In his three years of eligibility, Bonds has still not been elected to the MLB Hall of Fame. Given his many accomplishments, many

# Smoking laws should be improved



By Achelle Reynoso

When I walk through campus and see someone smoking, it still confuses me. We have all been taught that smoking is "bad." Since elementary school, we have been taught smoking cigarettes is proven to cut your life shorter as well as a cause of cancer.

However, on a daily occurrence when walking into buildings on campus, such as the Business and Information Technology (BIT) building, I will see a group of people smoking. I am naturally hesitant when I have the realization that I will now have to walk through this toxic smoke just to get to the door.

California Government Code 7597 section A states: "No public employee or member of the public shall smoke any tobacco product inside a public building, or in an outdoor area within 20 feet of a main exit, entrance, or operable window of a public building, or in a passenger vehicle, as defined by Section 465 of the Vehicle Code, owned by the state."

Although these people might be 20 feet from the front door of the

building (even though some are not), is that far enough? I think these laws should be taken a step further.

I believe the 20 feet distance rule should be taken more seriously, and that people should not be able to smoke by, or in front of, any entrances to a public building.

Often I dread walking to my classes because I know that I will have to pass through a cloud of smoke in order to get there and I do not believe that is fair for those of us who do not want to inhale smoke. Changing the law so smokers cannot be in any type of pathway to a door of a public building would solve this problem.

I am aware that being in college means we are surrounded by adults who can make their own decisions, therefore for those who want to smoke, that is their choice.

I, along with many others, do not want to smoke. Just because it is your choice, does not mean that you do not need to follow the laws that are put in place for the betterment of public health.

I have heard some people defend smoking in front of buildings, saying that for some people, especially international students, smoking is a

part of their culture. Does a cultural preference make an exception to the laws set by the state of California?

"Tobacco smoke contains more than 7,000 chemicals, including hundreds that are toxic and about 70 that can cause cancer," according to the Centers for Disease Control and Prevention website. Furthermore, second-hand smoke has been proven to be just as harmful as smoking itself, so I don't want to be around smokers.

California has been taking more steps in order to protect the health of others. In 2014, two bills were signed: "Assembly Bill 1819 will protect children by prohibiting smoking inside family day care home at all times, whether children are present or not, and Assembly Bill 2359 will prohibit smoking within 25 feet of certified farmers' markets," according to the American Lung Association website. Bills such as these are being passed more and more often.

I believe smoking in front of any public building should be prohibited in order to spare the lungs of those who are just trying to pass through, and in my case, go to class.

**Andre Sitolini/Otter Realm**

## MEMOIRS OF A MALE FEMINIST

*Escaping dating violence*



Danielle O'Reilly, 19 year-old Liberal Studies major at Dominican University.

Photo provided by Danielle O'Reilly

By Christopher James-Justice Siders

Danielle O'Reilly is a 19 year old Liberal Studies major from Dominican University located in San Rafael, Calif. She identifies as a feminist because she strongly advocates for gender equality.

She defines feminism as: "Believing in justice and equality for all genders in every aspect of their lives."

O'Reilly developed an interest and understanding of feminism in high school after working with peers to organize the Marin Teen Girl Conference, an annual event that empowers adolescent women in the community. "Our conversations made me realize how many restrictions society places on females and that there are many things women have to worry about the men don't," said O'Reilly.

Societal issues regarding misogyny and the display of hyper-masculinity are generated out of fear of being bullied or shamed, said O'Reilly. "Males that don't fit into this stereotypical mold may be told to 'man up,' which is why society needs to break away from traditional gender norms and allow men to express themselves without the fear of appearing weak."

This concept of polarization, where individuals are forced to con-

form to the gender binary of only displaying masculine or feminine traits based upon genitals, is one of the ways this social construct of patriarchy can negatively affect individuals. These different forms of oppression, that plague our society, also allow patriarchy to thrive in the behaviors of young men.

O'Reilly experienced dating violence as a freshman in high school. The person she was in a relationship with was very controlling and got upset whenever she tried to communicate things that bothered her.

"He would take out his anger by yelling, punching holes in the wall and throwing things."

O'Reilly attempted to break up with him multiple times, but he promised that his behavior would change. O'Reilly stayed with him, believing that he was capable of being a wonderful boyfriend. But after spending two years in this never-ending cycle of abuse, O'Reilly knew that she couldn't stay with him any longer.

O'Reilly then decided to break up via text message as she knew it wasn't safe for her to end things in person, due to his violent outbursts. Shortly after, her now ex-boyfriend posted the details of their breakup on social media. Suddenly he and their mutual friends began sending threats and constantly harassing her with derogatory terms. "Their words completely tore me down and I ex-

perienced horrible flashbacks and anxiety. I tried to handle things on my own, but finally accepted that I needed to get help."

O'Reilly proceeded to connect with the Center for Domestic Peace and joined their youth organization called Marin Against Youth Abuse, which is dedicated to ending relationship violence. O'Reilly is now a trained peer counselor who provides service to young adults who have been through similar things. She shares her story in hopes that individuals who experience this type of violence know they are not victims, they are survivors.

"If you've been through or are going through some of the things I spoke about, know that I am no different than you," said O'Reilly. "I thought the terrible things would never end, but they do, and you can get out too. Being in an unhealthy relationship does not have to keep you from living the life that you dreamed of. Even though it may seem like it right now, your situation is not hopeless. You are not alone. There is help out there. And with that help, you can stand with me and look back at everything and say, 'I made it out of that and life is so much better.'"

For resources, please contact the Monterey Rape Crisis Center in the Campus Health Center, building 80. For additional support, please attend EMPOWER club meetings Mondays at 8 p.m. in the Library, room 1173.

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## THANK YOU CSU MONTEREY BAY

Thank you CSU Monterey Bay for your warm welcome. I was honored to meet the students, faculty, staff and alumni of this outstanding campus. You are an important part of our vital university system.

I learned a great deal about the innovative learning environment and the transformative experiences that are the foundation of our mission of student success. It is clear that CSU Monterey Bay's students, faculty, staff and alumni are making a difference in the community, in the state, and beyond. What you do every day matters.

Our successes will continue to grow in the work we do together. I look forward to continuing to see and hear about your remarkable achievements.

Warm regards,

*Tim*

Timothy P. White  
Chancellor



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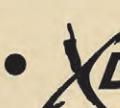
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# PEOPLE ON CAMPUS

**What is the most memorable Halloween costume you have ever worn or have ever seen?**



**FRANCISCO GARCIA, JR.**  
JUNIOR, CINEMATIC ARTS & TECHNOLOGY

"This one drunken skeleton mask that I had in middle school. It was all yellow and the teeth were all crooked and its eyes were upward and downward. It was all crazy."



**JANÉE GOODMAN**  
SENIOR, BIOLOGY

"Me and my sister were the before and after Whitney Houston."



**CARLA GUSTAFSON**  
SENIOR, BIOLOGY

"This family was the whole Star Wars gang. The mom and the dad were Darth Vader and Princess Leah. The younger kids were the Stormtroopers and the baby was Yoda and it had a bald head. It was super cute!"



**ALEX NAVA**  
SENIOR, BIOLOGY

"I saw this couple that were Sweeny Todd and Mrs. Lovett. It was intense. They had costumes that had to have cost a couple hundred dollars. I swear he had real knives and she had blood on her neck and into her dress and everything."



**ARTURO AQUINO**  
UNDECLARED, FRESHMAN

"For me I think it would have to be fifth grade when I dressed up as a Clone Trooper."

# SWIPE NO SWIPIING MY SWEATER



Beware of the endless pit of missing clothes.

Kendall Avila/Otter Realm

By Kendall Avila

Have you ever been folding laundry in an on campus laundry room, and thought 'where did my favorite sweatshirt go?' Chances are it was stolen by a fellow Otter, as campus laundry rooms have become notorious hunting grounds for laundry thieves.

"I have had an article of clothing missing when I went to go pick up my clothes from the laundry because my clothes were moved from the washer to

the dryer," said Jessica Alamo, freshman Collaborative Health and Human Services major who lives in Manzanita Hall.

The laundry rooms of California State University, Monterey Bay (CSUMB) have turned into black holes. Most likely if you forget your laundry, your clothes will be tampered with.

"Because I was a bit late from moving laundry from the washer to the dryer, my clothes were moved for me without my consent," said James Drennen, soph-

omore Global Studies major who lives in Pinnacles Hall.

This issue has been happening for a while now. Jessica Stafford, a junior Human Communications major, lived in Yarrow Hall two years ago and reported the same problem.

"I would have a missing piece of clothing once every week it felt like. I don't think I have matching socks anymore," said Stafford.

There are some ways to prevent missing laundry from hap-

pening. "I set a timer so that I know when my laundry is done so I can get there right away and no one would be able to steal my clothes," said Jamie Stark, sophomore Business major who lives in Vineyards Hall.

To all the laundry thieves, remember we are all on the same team here and stealing from a teammate is a serious offense.

Let's all remember to be courteous of one another and be the Otter family we are.



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# Land of the Medicine Buddha, Santa Cruz's best kept secret

An  
enchanted  
forest in  
the Nisene  
Marks State  
Park of  
Santa Cruz

By Georgette Ward

Envision a 100 acre forest of Redwood trees with Tibetan prayer flags, gongs, temples and miniature Buddha statues. There is a small river running through the region and a multitude of dirt paths that lead you deeper into this unique Tibetan art decorated woodland.

This place is not imaginary and it's not far away. Best known as Land of the Medicine Buddha, this forest-land is located in the Nisene Marks State Park of Santa Cruz, at 5800 Prescott Road, Soquel. It's just a 45 minute drive from California State University, Monterey Bay (CSUMB).

Although you may see a Buddhist monk along your journey and notice the spiritual nature of the premises, visiting is not limited to Buddhists. The property and those who help manage it welcome anyone interested in discovering what it has to offer.

Shortly after you exit the freeway, your GPS will direct you through an older residential neighborhood until you take a quick right at a fork that leads you onto a paved road next to a wooded forest. This redwood-lined drive takes about seven minutes before you arrive at a small bridge. On the other side of it is a colorful wood carved sign engrave "Land of The Medicine Buddha" this is the South end and entrance.



Visitor, Sean Pournia spinning the prayer wheels.



All photos by Georgette Ward/Otter Realm

Land of The Medicine Buddha, length. Hikers have the option of going free to enter and open until 8 p.m., is the perfect location for a weekend hike, a peaceful retreat, meditation, a place to have a picnic or catch up on some quiet relaxation time in nature. It also is dog friendly!

Lance Johnson, office manager at Land of The Medicine Buddha said: "The purpose of the Land of the Medicine Buddha was to preserve the tradition of our teachers who practice Zen Buddhism. With the help of our school we are best able to spread teachings."

Land of The Medicine Buddha has beautiful connecting trails that vary in

leave pictures or symbols of past canine friends. Other locations on the property feature miniature temples, large Buddhist statues, shrines, spinning prayer wheels and multitudes of gongs.

Hailey Kemp, a senior at CSUMB calls this location one of her favorite spots, she said: "It's such a unique area. I appreciate the silence there, and how it is encouraged to be quiet and meditative. The Enchanted Forest is my favorite part; all of the items people have left behind really do leave a presence. I feel connected to strangers and their good intentions, which doesn't happen often."

Whether or not you consider yourself

a religious or spiritual person, this location is a must-see for the serene beauty and charm alone. There are much more than just trails and Tibetan art at the Land of the Medicine Buddha. The facilities include and are not limited to retreat centers, group tours and visits, conferences, meditation groups, teachings and an Inn where you can spend the night or the week.

For more information of how to make reservations or book a stay at Land of The Medicine Buddha, visit [dharma.landofmedicinebuddha.org/](http://dharma.landofmedicinebuddha.org/).

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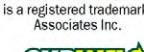


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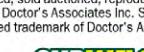


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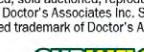
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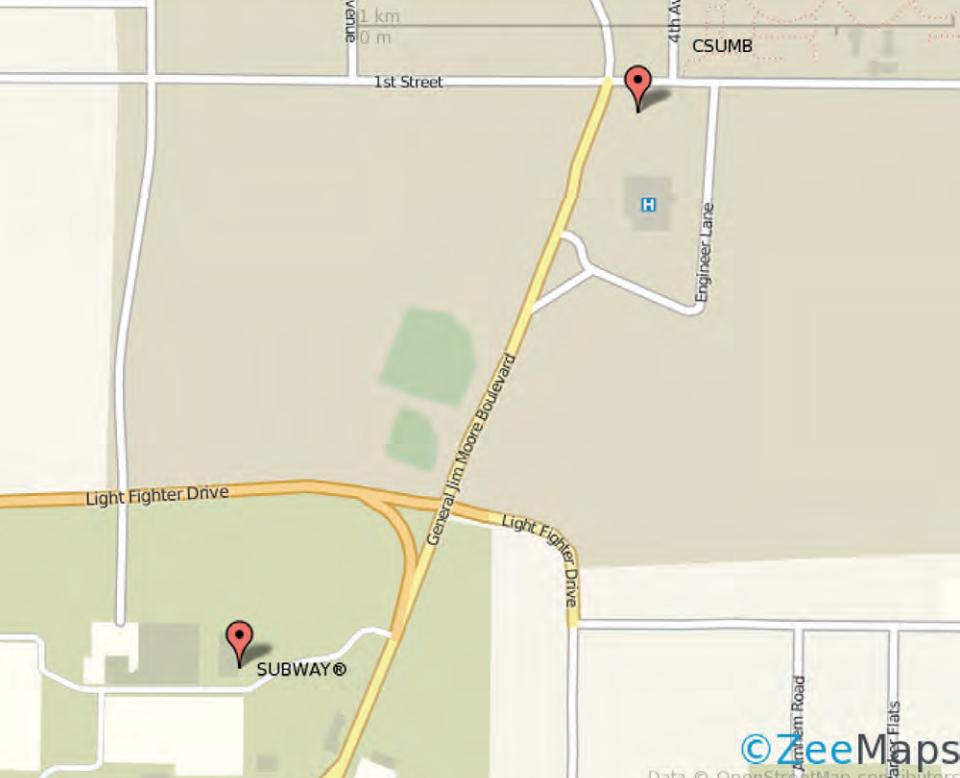
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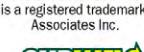
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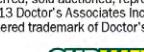


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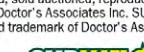
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Offer Expires: 11/29/15

CSUMB students and faculty always receive a free 21oz fountain soda with the purchase of a six-inch or footlong sub (with CSUMB ID).

# Get out and get in shape

## Seek the caloric advantage of exploring local trails

By Heather Audyski

California State University, Monterey Bay (CSUMB) is surrounded by many beautiful trails to hike, walk, run or bike. These trails can be used to view the stunning scenery, while also providing an excellent source of exercise. A key part of exercising is recognizing how many calories one is burning through their preferred method.

For optimal calorie burning it is recommended to walk at a 4.5 mile per hour (mph) pace, or walking a mile in 13 minutes and 20 seconds, according to Prevention. While walking at a 4.5 mph speed one can burn almost as many calories as someone who is jogging at about the same speed due to using the same amount of energy to stay in motion, based on a study by fitness scientists at Washington University in St. Louis.

The caloric difference between 30 minutes of walking compared to 30 minutes of jogging would be 201 calories to 223 calories. These numbers are based off of a 140-pound woman.

If pounding the pavement is not your ideal type of exercise, CSUMB has an excellent bicycling center located on the campus. If students are interested in biking, they can check out the Otter Cycle Center located in the Student Center East Lounge.

"We've got it pretty well-dialed so that everybody has a good time, regardless of who shows up on the general rides," said Carlos Espinoza, Otter Cycle Center Assistant.

There are mountain bike rides hosted every Friday, which are geared to all skill levels. These rides are free and depart at noon from the Otter Cycle Center. On a recent general ride that Espino-



Heather Audyski/Otter Realm

zo attended, he rode 7.9 miles at an average speed of 7.9 mph. His elevation gain was 407 feet, and he burned a total of 445 calories, according to an application on his phone.

"Three of the rides per month are regular....and there is a long ride once per month," said Espinoza. The long ride is challenging even for intermediate to advanced riders. He suggests that novice riders attend one or all of the other three Friday rides first.

There are many helpful applications that can be used to track these statistics, such as Map My Ride GPS Cycling Riding and Bikemap. Aside from tracking statistics, these applications also have a visualization of the path traveled while biking. While these apps are helpful for biking, there are a lot of applications available for runners as well.

Nike+ Running App tracks your runs and helps you reach

your goals. Runkeeper is another beneficial application which tracks workouts and provides audio updates along the way. These applications are helpful for keeping track of past workouts so you can see your progress over time.

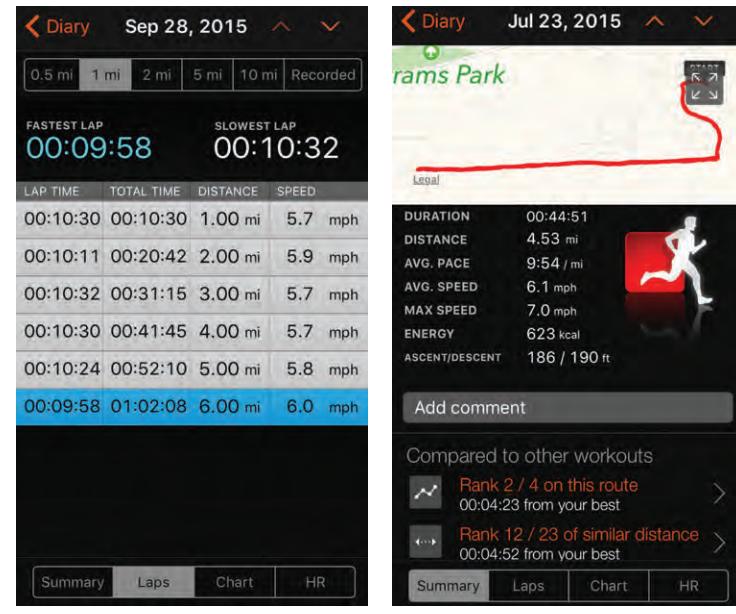
If you have MyFitnessPal installed as a calorie counter, an application called MapMyRun can be downloaded to work in sync with MyFitnessPal. If you've got friends who also run, the applications can be synced with theirs to share milestones and get the social motivation you need to succeed.

There are more than 80 miles of trails located at the Fort Ord National Monument which is roughly six miles from the CSUMB campus. Printable and interactive maps can be found by searching Fort Ord on the Bureau of Land Management's website.

Whether you're on your feet or on your seat, getting out and ex-

ploring local trails is a great way to work off calories and view the beautiful scenery surrounding your town.

For more information about the Fort Ord National Monument, visit the Bureau of Land Management website at <http://www.blm.gov/>.



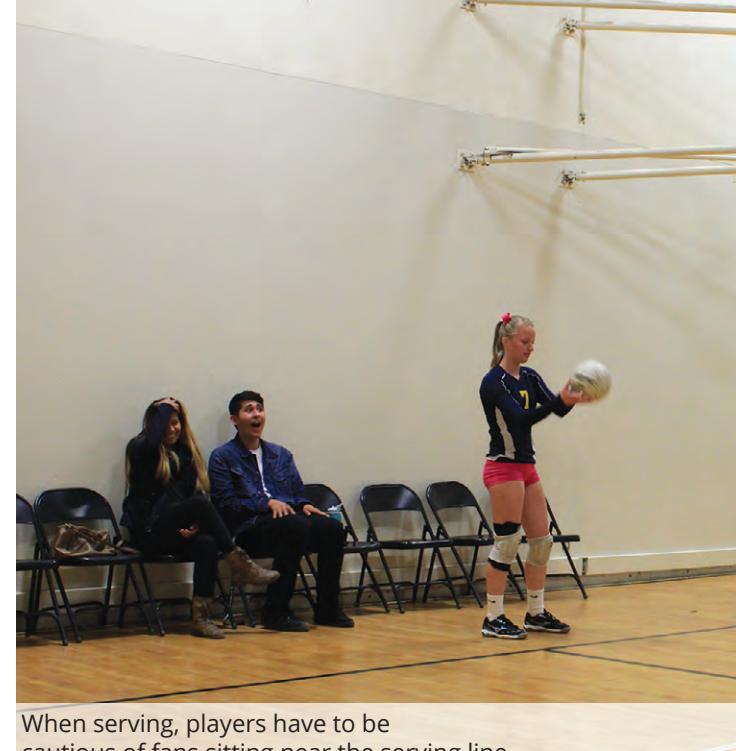
Top right: CSUMB Community Bike Map found at [csumb.edu/transportation](http://csumb.edu/transportation).  
Bottom right: Screenshots of Sports Tracker iOS APP.

# No gym? No problem.

*Lack of athletic facilities won't stop Marina High from succeeding*



Everyone gets a front row seat during the Marina High volleyball game at the Los Arboles Middle School.



When serving, players have to be cautious of fans sitting near the serving line.



Due to the small facilities players have to avoid hitting the ceiling and the backboards.

By Katie Kishi

With a growing student population, an increasing number of student athletes and no facilities to accommodate them, it would seem difficult for a high school to maintain a successful athletics program, but Marina High is thriving even with its lack of resources. Marina High School's athletic program has existed for nine years, and it has been running without any facilities of its own.

Currently, the school doesn't have a gymnasium or a field to play games on, it has one multi-use field for the baseball team to practice on. It has to use other local facilities to host its opponents. The football team plays at Monterey Peninsula College, the soccer teams play at California State University, Monterey

Bay (CSUMB), the volleyball team plays at Los Arboles Middle School in Marina, the swim team uses Seaside High and the basketball teams use CSUMB or other available gyms.

Although the school has to rely on outside sources in order for teams to play, it continues to grow and has big plans for the future of the athletics program. Its top priority for facilities is to get a gymnasium, not only for sports purposes, but also for school assemblies and meetings. "If we got a gym, that would alleviate some of our scheduling issues and bring more kids into Marina," said Juan Cisneros, Marina High athletic director.

In order to use alternative locations, the school must send in a request, set up a contract and

send it into the Monterey Peninsula Unified School District office for approval. Cisneros takes on this task, as well as schedules games around the available times of the rented facilities.

Cisneros said, the school district pays rent for the facilities, which typically ranges between \$100 to \$200 per hour, which can add up over the course of a year. A challenge that comes with lack of facilities includes traveling for the student athletes and their families. Students have to drive or even walk to practices after school or their parents have to drive them. Parents are big advocates of getting facilities on campus for convenience.

"It is a pain to have to go there [Los Arboles Middle School] for practices," said

Kyle Bates, Marina High senior and varsity volleyball player. "It also is very crowded and awkward for games."

The lack of facilities does not prevent Marina High from succeeding in sports. "For what we have, I think we are pretty successful. Sometimes that's not measured with wins and losses. We compete quite a bit and have a lot of good athletes," said Cisneros. While Marina High is making the best use out of what it has, it still has hopeful plans for the future of its athletics program.

Marina High's sports teams include boys and girls basketball, boys and girls soccer, girls volleyball, baseball, softball, football, track, swimming and cheer.

# Local Events



## Open mic night starts Nov. 6 in Seaside



By Stephanie Leon

Do you have a song you'd like to share, a monologue you've been working on, a poem people need to hear? Here is your opportunity!

Every first Friday of the month, The Press Club in Seaside will host an open mic night.

Daniel Vorhies started his open mic night concept at the Cherry Bean in Salinas. The event became one of the largest attractions on Art Walk nights in downtown Salinas. His open mic nights have a vision behind them- they are organic.

It's an experience for both the artist and the audience to connect on a level that most open mics are

not given the opportunity to do. Open mic nights in Seaside are a chance for pure art to be shared with an attached audience.

The Press Club, located at 1123 Fremont Blvd., a locally owned, health conscious pressed juice bar directly underneath the Monterey County Weekly, took an interest in supporting this spectacular event when the first event was hosted at the beginning of this month.

The event is free and for all ages. Open mic night starts at 7 p.m. California State University, Monterey Bay students receive a 10 percent discount with a student ID.

## Monterey County Veterans Day Parade



Show your support for our local heroes on Veterans Day, Wednesday Nov. 11 at 2 p.m. in Oldtown Salinas. This year's parade is dedicated to the men and women who served in the Iraq and Afghanistan conflicts.

The event also celebrates all past heroes, from World War II to the present.

If you would like to participate in this year's parade, please visit: salinasveteransparade.org and download an application, and email or mail it to the address on the form. If you would like to volunteer to help in our parade

## Halloween fun at the fairgrounds

By Colin Bockman

Still don't have any plans for Halloween? The Monterey County Fairgrounds hosts a variety of events during the next couple of days.

On Friday, Oct. 30, the Nightmare Run 5K kicks off at 7:30 p.m., registration begins at 4 p.m. At 6 p.m., there will be a live DJ and dancing, the option to get pictures with "zombies" and get drenched in fake blood. Those who register will receive a Nightmare Run t-shirt, admission to the after party and a "surprise giveaway," according to the Monterey County Fairgrounds website.

On the morning of Halloween, the first ever Trick-or-Trot hosted

by They Are One, will kick off at 9 a.m. with a 1K Fun Run/Walk for youngsters and those with strollers or walkers. At 9:30 a.m. the 5K Run/Walk will take place. Participants are encouraged to wear their Halloween costumes.

This family-oriented run, made possible by They Are One - a nonprofit based in Salinas set up to help orphans primarily in Haiti - will loop the inside of the Fairgrounds. The 1K Fun Run/Walk is open to children ages 5 to 12. The registration fee is \$15 per person. For adults interested in the 5K Run/Walk, the registration fee is \$40. Those who come to the event with a group of four or more people will pay \$30 each. Registration begins at 7:30 a.m. More information can be

obtained at the Monterey County Fairgrounds website.

The Road of Transformation Arts (ROTA) Psychic Fair will take place on Saturday, Oct. 31 and Sunday, Nov. 1 from 10 a.m. to 6 p.m. both days. This event includes 40 healers and psychics, jewelry, crystals, books and art sales. There will be a theatrical Houdini Memorial Séance to celebrate the 89th anniversary of the iconic magician's death on Saturday at 6 p.m. There is a \$20 admission fee for the séance. For \$25, one can have a session with a reader or healer. Admission to the Psychic Fair is \$10.

Students receive \$2 off with Otter ID. (See ad below.)

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## Internship Opportunities

### Granite Construction Company

Granite Construction is hiring a Compensation Coordinator Intern to help write job descriptions accurately and consistently. \$14-\$15/hr. 15 hours/week. Watsonville.

### Pebble Beach Company Foundation

Pebble Beach Company Foundation is hiring a Creative Research Analyst Intern interested in nonprofit youth literacy to help research and report information. \$1,500-\$2,000 Stipend. 20 hours/week.

### Central Coast Federal Credit Union

Central Coast Federal Credit Union is seeking an intern to work with Retail Branch Managers developing a Teller policy/procedural manual. \$12/hr. 15 hours/week or less.

### Farmers Insurance

Farmers Insurance District 21, in Salinas, seeks a Marketing/Social Media Intern to manage its web content effectively. \$10/hr. 10-15 hours/week.

### County of Santa Cruz Human Services Department

The County of Santa Cruz Human Services Department seeks creative junior, senior, or postgraduate Communications Intern to frame, research, and develop key communication pieces. \$11-\$14/hour. 15-20 hours/week.

For more details visit: [csumb.edu/business/internships](http://csumb.edu/business/internships).

**\$2 off Entry/Reading/Healing with Otter ID Card**

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## Join the Fun at our Halloween Party!

### 2015 Fall ROTA Psychic FAIR

Saturday October 31 & Sunday November 1

Monterey Fairground, Monterey Room

40 Great Healers & Psychics, Books, Crystals, Jewelry, Art, Cards, Gifts  
All Lectures Free with Admission

Raffle, Door Prizes and More...

Wear your Costume!

Entry fee  
\$10 per day  
Readings  
\$25 each

Doors Open at 10 am both days

A Special Evening Event  
Houdini Memorial Séance  
October 31, 6:00 pm  
\$20 admission

Visit [www.ROTPsychicFair.com](http://www.ROTPsychicFair.com)

# Caption Contest



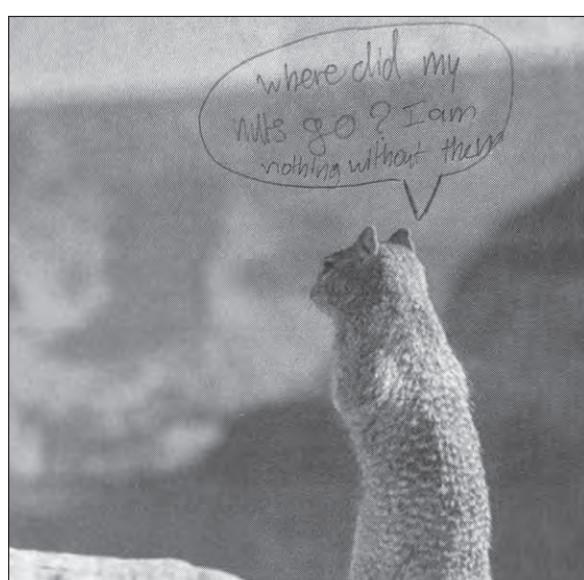
Photo provided by wikipedia

Each issue, the *Otter Realm* will feature a photo that needs a caption. Send your caption to us, and we will post the winner in the next issue.

Any CSUMB student and resident of Monterey County may enter their captions. Good luck!

Send your submissions to  
[otterrealm@csumb.edu](mailto:otterrealm@csumb.edu)

## Oct. 15 winner:



"Where did my nuts go?  
I am nothing without them."

Found written on the Oct. 15 issue of the  
*Otter Realm* inside the Student Center.

# Sudoku

4			1	8				7
		1			9			4
6	9	4					3	
	8				4			
5		3				4		6
			7			5		
5				7	9	1		
1			8			3		
3			9	1				2

Find the answers at [otterrealm.com](http://otterrealm.com)

## FOLLOW US ON SNAPCHAT



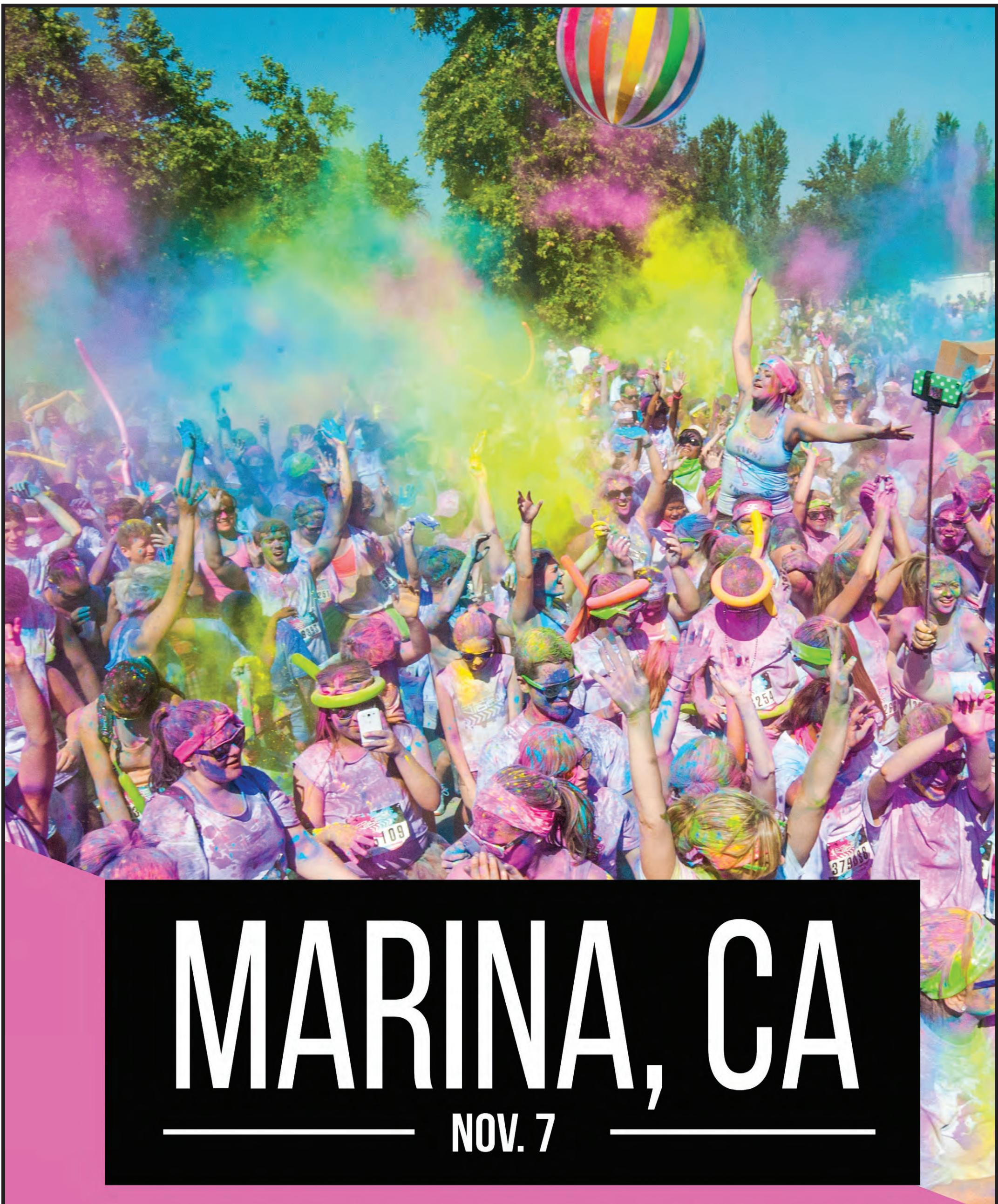
otterrealm

Take a snap to add, and be on the lookout  
for updates!

# The real horror of halloween at CSUMB

By Andre Sitolini



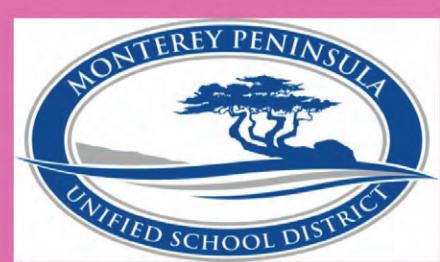


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