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Issue #3

OTTER REALM

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY'S STUDENT-RUN NEWSPAPER

OCTOBER 1, 2015

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OTTERMEDIA: PLEASE STAND BY

This is the first of a two-part in-depth report.

By D'Quan Stewart

Several students lined the wall of room 1180 in the Tanimura and Antle Family Memorial Library during the Sept. 14 California State University, Monterey Bay (CSUMB) Academic Senate meeting. They were there to show support for a resolution regarding OtterMedia that was put forward for a first-read. This was one of the more public displays and discussions about the controversy and confusion surrounding the status of the student media program.

OtterMedia is an online-streaming radio project that from its inception in 1998 through the spring 2015 semester had been offered as a one-unit course through the Cinematic Arts and Technology

(CAT) department, often referred to as CART. Programs were also broadcast on the campus cable television system. Over the summer student disc jockeys (DJs) were told the program had been cut from CSUMB. This news, while inaccurate, prompted a social media frenzy between current and former DJs.

CAT no longer is offering OtterMedia for course credit. "OM [OtterMedia] was cut because the course was only offered for elective credit, meaning that the credits did not contribute to the students' graduation," said Emma Richardson, Associated Students (AS)

OtterMedia continues on page 3

herScript provides support for women in computer science

By Andres Hernandez

Women in the California State University, Monterey Bay (CSUMB) CS-in-3 program found it necessary to level the playing field in this traditionally male-dominated industry. Identifying the need for additional instructional support for women in CS-in-3, the herScript program was started in the winter of 2014.

Women currently make up one-third of the CS-in-3 membership.

Looking to support each other, the women decided to do so by educating each other on programming problems outside of the classroom setting. The women do additional research on problems and concepts they face in the classroom. They then present their new found knowledge to the rest of the women in the program and together they progress.

Lesly Garcia Jimenez became interested in Computer Science, after witnessing her brother Luis Garcia progress through his first year of the program as part of the first CS-in-3 cohort. Garcia Jimenez began her journey with CS-in-3 in fall 2014 as a member of the second cohort and is currently in her second year of the program.

"I started to see what Computer Science really was and I was able to see him [Luis Garcia] working on different programming problems and it kind of caught my attention," said Garcia Jimenez.

"We basically started it because we see the gap between men and women in the Computer Science field. So we wanted to support each other," said Garcia Jimenez.

Seeing the learning curve and disproportion between male and female members of her cohort, Garcia Jimenez along with 11 other women started herScript to begin the advancement of women in program through peer mentoring.

herScript is much more than a peer mentoring group, according to Luis Garcia, member of CS-in-3 and brother of Garcia Jimenez.

"Through herScript they are able to do much more than practice and teach how to code. They also learn important professional skills such as running professional meetings, hold-



Lesly Garcia Jimenez, member of herScript, working on a new coding project.

Andres Hernandez/Otter Realm

ing positions, networking with professionals within the field and event planning," said Garcia.

herScript is a relatively young organization on the campus of CSUMB, but has already begun to make an impact in the Monterey County. Beginning fall 2015, they began hosting Let's Code, every second Saturday of each month for local high school students.

The first session was on Sept. 12 at Hartnell College; 25 students from throughout Monterey County attended. The students were taught basic Web programming language known

as HTML coding techniques and will also learn how to use App Inventor, a platform used to create Android applications from scratch.

herScript offers prizes to outstanding students to entice them to return for additional workshops. This semester the winning student will have the option of a Chromebook or an Arduino microcontroller board.

By introducing students to the field of Computer Science through their workshops, the group hopes to attract more students to enter CS-in-3.

CS-in-3 is a program offered by CSUMB developed by Dr. Sathya Narayanan, in conjunction with Hartnell College. The program provides a streamlined Computer Science degree in three years, thus the CS-in-3 moniker.

Alongside an accelerated pathway, there are more than \$2 million in scholarships available to students entering the program, according to Narayanan's CSUMB web page.

For additional information about the ladies of herScript and their upcoming events visit <http://herscript.wix.com/herscript>.

It's dangerous to go alone... use the Night Walk program



CSUMB Campus Security Officers ready to help students walk across campus at night.

Photo provided by Campus Security

By Sophie Snow

Students at California State University, Monterey Bay (CSUMB) want to feel secure at all times no matter where they are or where they're going.

This is why there are a number of services available on campus in affiliation with the University Police Department, to ensure the safety of every student.

One of the many services available is the Night Walk.

The Night Walk program allows an individual to request a Campus Security Officer (CSO) to accompany them to any location on the main campus regardless of their school association.

This semester the Night Walk program already has provided a record number of escorts.

The amount of Night Walks has been substantial according to Claudia Rodriguez, a CSO.

Rodriguez works the Night Walk shift on Wednesday evenings where she typically receives 6-8 calls. However, she has received 12 calls in one shift this past semester.

Areas on campus in which Rodriguez has accompanied students include the Promontory apartments and the Watershed Institute on 4100 B Street.

"We encourage students to use the Night Walk program since it is a part of their school funding-it's something they're paying for, so we want them to use it," said Rodriguez.

Night Walk is available 24 hours a day, 7 days a week by both campus police officers and CSOs during fall and spring semesters. In order to request an escort call: 831-655-0268.

CSUMB Colleges

Gospel Choir joins campus



Students at choir practice (front row left to right) Emilie Bufford, Samuel Rios and Emma Williams with (back row left to right) accompanist, Juan Zamora and singer, Carlos Tottress.

Samantha Gray/Otter Realm

By Samantha Gray

Even though the Otter Showcase has passed, it is never too late to look into various clubs here at California State University, Monterey Bay (CSUMB).

A new addition to the College of Arts, Humanities and Social Sciences is the Gospel Choir, which is open to anyone.

Carlos Tottress started the club this year and it will be an official course in the spring semester: Music and Performing Arts (MPA) 310: Gospel Choir. The two unit course will meet Monday and Friday evenings at 6 p.m. to sing a variety of songs. The final grading will be a public performance at the end of the semester.

Tottress is the Director of Vocal Studies in MPA and also

teaches Voice Training, the Chorale and Vocal Studies.

The club has been practicing songs remixed and arranged by Tottress himself, which include Psalm 150, Silent Night and Karamu, sung in Swahili. The

"I'm just tickled pink because we've never had 60 voices"

group is rehearsing in preparation for their first event in Seaside this November at Hays Christian Methodist Episcopal Church. This is a warm up for their performance at the annual Winter Concert, Dec. 6 in the World Theater. The choir will perform alongside the CSUMB Chorale, Concert Band, Jazz Band and other groups.

"I'm just tickled pink because

we've never had 60 voices," said Tottress about the winter concert. Combining the choir and chorale will double the number of voices making for a powerful show. "I think we're going to be making history. I don't think we've ever

"I want as many opportunities to sing as I can," said junior Emilie Bufford. She said she is excited to be a member of the Gospel Choir. "I also love Carlos's energy and want to be in as many classes with him as I can."

Through his experience as a gospel-recording artist and his dedication to the subject, Tottress has put together this course and brought students together.

"So, there was nothing really in our university to help us understand where gospel music came from. It's history. It's origin," said Tottress about what motivated him to start the group. They not only sing, but also study the book *The Golden Age of Gospel* by Horace Clarence Boyer. This club isn't merely social gatherings on a Friday night, but a learning opportunity.

had up to sixty voices on the World Theater stage." There are approximately thirty members in the Gospel Choir. The CSUMB choir is also open to the local community, making for a diverse group.

Choir members have the chance to control their nerves and share their voices with their peers during weekly events in the Music Hall courtyard.

Bright Futures



President Eduardo Ochoa talking with CSUMB students.

Photo provided by CSUMB

By Sarah Ontiveros

Only 20 percent of young students in Monterey County are considered to be ready for kindergarten. An estimated 32 percent of English learners are considered fluent by fourth grade. While 82 percent of students graduate from high school, only a third take the SAT test or complete financial aid forms, two important steps for college bound students.

These statistics indicate much more must be done to prepare students to enter college, or a career and succeed. Some interventions should take place even before a child enters kindergarten.

California State University, Monterey Bay (CSUMB), hosted a special conference that brought together community stakeholders including education, business, government and social service leaders of Monterey County to talk about the troubling statistics and to develop a plan to move forward.

"The Bright Futures initiative presents an amazing opportunity for our community to come together to collectively work to improve educational outcomes in our region," said Dr. Jose Luis

Alvarado, Dean of the College of Education. "The long term outcome is for each child within our community to be given the opportunity to reach their individual academic and career potential."

The group discussed the educational challenges facing area youth and how the organizations can work together to make improvements. The Monterey County Cradle-to-Career initiative is designed to help prepare children for school and to succeed in school, complete high school and either enter college or a career after graduation.

The idea behind Bright Futures is to involve the whole community in student success. Clearly, this view is the key to make change happen in the educational system. Developing forms and sources of leadership in schools promote and support change.

The sessions with community leaders will continue this fall. As part of its mission to serve Monterey County, CSUMB is participating in multiple ways. University leadership and faculty are engaged in myriad aspects of the program.

Gutierrez presents at Hispanic Heritage Month event



Dr. Jose Angel Gutierrez presenting the film *Latina Americans: Pride and Prejudice* and discussing the legacy of the Chicano movement.

Andres Hernandez/Otter Realm

By Andres Hernandez

On Sept. 17 Dr. Jose Angel Gutierrez paid a visit to California State University, Monterey Bay (CSUMB) and presented the film *Latina Americans: Pride and Prejudice*. This presentation was just one of several events hosted by the College of Health Sciences & Human Services in celebration of Hispanic Heritage Month.

Gutierrez has been recognized by the Chicano community as one of the Four Horsemen for his leadership within the Chicano movement in the 1960s. His work was particularly important in Texas where he founded Raza Unida de Cristal.

The Raza Unida party articulated the needs and concerns of the poor and working class and helped mobilize militant protests against the treatment of Chicanos in a predominately anglicized Crystal City, Texas.

After screening the film Gutierrez commented on the importance of unifying the Chicano community now more so than ever: "We all stand on the shoulders of prior generations. It takes all of us to make the change."

The most effective way to make that change for the Chicano community is to "register and vote, and not just vote, but vote for the right person," said Gutierrez.

With this upcoming Presidential election, there is no better time to be aware of what the Chicano community is doing to help improve its state of being. "Since the Chicano movement, no one has engaged in nation building," said Gutierrez referring to increasing Chicano voter turnout.

Gutierrez's purpose in speaking to the CSUMB community was not only to celebrate the legacy of the Chicano movement, but to begin discussion on how that legacy can be continued and improved beginning at CSUMB and other Hispanic Serving Institutions.

Rodriguez honored for outstanding achievement



By CSUMB University Communications

An aspiring physician and medical researcher from Cal State University, Monterey Bay has been chosen for a California State University (CSU) Trustees' Award for Outstanding Achievement.

Jason Rodriguez, a senior biology major from the San Fernando Valley, was honored on Sept. 8 at the CSU board meeting in Long Beach.

The Trustees' Awards are the highest recognition of student achievement in the CSU system and are accompanied by a scholarship. Awardees must demonstrate superior academic performance, personal accomplishments, community service and financial need.

"These trustees' scholars are leaders on their campus, in the community and among their peers," said CSU Chancellor Timothy White. "Their stories of drive, commitment and perseverance – often overcoming great odds – serve as testaments to the indomitable spirit of CSU students."

Rodriguez works in the university's Academic Skills Achievement Program, where he tutors other students.

He felt a great deal of pressure to succeed in college as a first-generation student from a single-parent home. A

lifetime of financial struggles motivated him to prepare for a career that will allow him to help support his mother while also being able to help other people.

To pursue his passion for using science to improve the lives of others, Rodriguez plans to pursue a combined M.D.-Ph.D. program, a goal solidified by his summer research experience at Dartmouth College's School of Medicine.

He wants to be a practicing physician who also does bio-medical research. He hopes to attend UCLA or UC San Francisco for graduate school.

Approximately 460,000 students attend the 23 campuses of the CSU system.

Only one student from each campus is honored with the Trustees' Award. The program began three decades ago with scholarships endowed by the William Randolph Hearst Foundation. Since then, the generosity of current and emeritus CSU trustees and many other supporters has allowed the program to expand.



Students at the Sept. 22 open forum held by Associated Students, expressing their concerns about OtterMedia.

D'Quan Stewart/Otter Realm

OTTERMEDIA

From page 1

president. "Because the CSU, and CSUMB campus alike, are trying to get students to graduation on time, there has been cuts to these courses that only offer elective credit"

Management of the online station has been transferred to the CSUMB AS, which plans to continue the program. However, no official communication was sent to OtterMedia staff from the University, which left people to fill in the blanks on their own.

No communication, much confusion

"From what I know of the OtterMedia controversy is that it seems like CAT wants nothing to do with it and doesn't seem to like Steven who was in charge of it," said Carly Allen, one of OtterMedia station managers. "Over the summer, I tried talking to a number of people about the status of OtterMedia and most of them had no idea what was going on or just said it was being moved to Student Activities [Associated Students]."

The Steven who Allen refers to is Steven Levinson, the founding advisor of OtterMedia, who had been a long-time lecturer in CAT. Along with news that OtterMedia had been cut, many students heard Levinson had been fired due to a personality issue with CAT's chair, Professor Enid Ryce. This further inflamed many students who have worked with Levinson for multiple semesters.

"I was not fired," said Levinson. "CSUMB attempted to lay me off. The California Faculty Association filed a grievance and after a level one grievance meeting, CSUMB settled and gave me my full contract."

Ryce confirmed that Levinson is getting paid a full-salary, but would not comment further due to privacy

issues. She did state: "I'm always disappointed when students are distracted by misinformation. I am so impressed, however, with the students' passion for creative expression and for their kindness and support of the people they care about."

In addition to the DJ's, another group of students who seem to be caught up in the controversy of whether OtterMedia changes are curriculum or personnel related, is AS. The group currently is in the process of sorting out the details to get OtterMedia back on the air.

AS now holding the reigns

"When the decision was made to no longer offer OM [OtterMedia] as a course, and AS officers saw on social media that students were upset, we had discussions with the Dean of Students as to what the plan was for OM," Emma Richardson. "There was a decision made from academic folks and Student Activities folks that OM would be part of Student Activities in some way."

"AS volunteered to take on OM so that we could make sure students could remain involved with OM even if it did not exist as a class. About a month ago, OM was officially transferred to AS as a program and since then, we have been working diligently to reestablish OM as it was, only as a student run organization rather than a course."

Richardson said OtterMedia will get \$10,000 from AS beginning in the fall 2016 semester.

In response to student concerns, Richardson and other AS representatives held a forum on Sept. 22. At the forum, students in support of OtterMedia voiced their concerns and frustrations with AS's process during their transition phase. The DJs were also asked several questions during the event.

One question that none of the DJs could answer was about the reach of

OtterMedia. Levinson and the students all spoke about the broad impact of OtterMedia and the large listener base for the programs; however there apparently are no actual analytics to document any solid numbers.

"We don't have exact numbers on listeners," said Levinson. "Most of our local listeners were watching the cable TV channel, and there's no way of tracking that. IT has told me that the CineArts website gets many visitors and that is largely a result of OtterMedia."

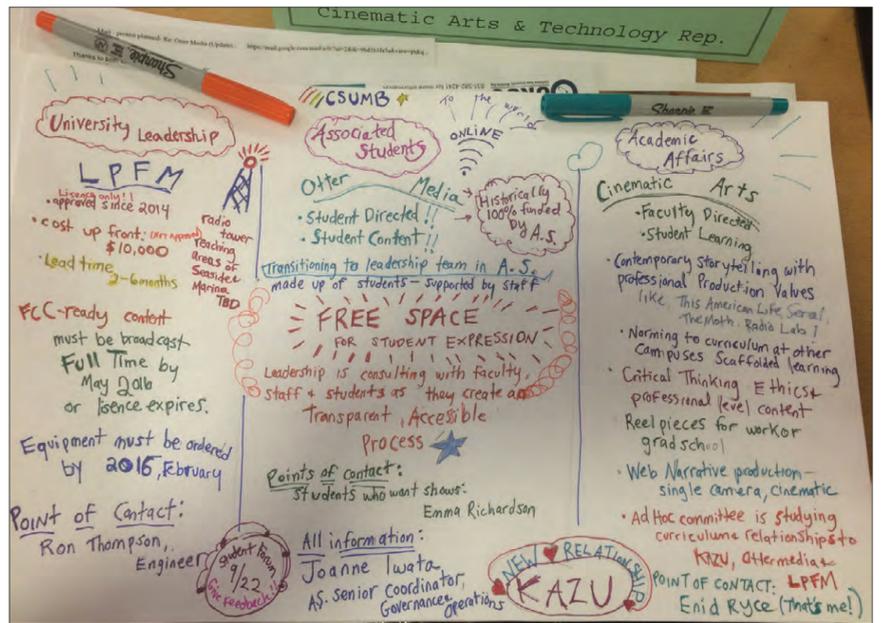
No matter the number of listeners, AS made clear that it supports OtterMedia and values its contribution to the campus. The challenge facing AS appears to be getting the support and buy-in from current OtterMedia staff, many of whom still believe OtterMedia has "died" and want it back on air now, not next semester.

"OtterMedia did not die. It is a transition, and sometimes those take a bit longer than we would like," said Ryce. "Things like getting keys to the doors and other materials, that aren't being readily provided to A.S. There are often transitions at big institutions, and they take longer than you'd expect. But, this is a transition that everyone has been working towards for five years or so, because it will be better for the students."

Resolution to support OtterMedia

The Academic Senate resolution at the September meeting was introduced by Levinson. A document justifying the resolution states: "OtterMedia has been very popular among CSUMB students with up to 60 CSUMB students involved every semester. OtterMedia has proven to be an effective mean of information distribution and community building among CSUMB students."

The resolution also links OtterMedia to a possible Low Power FM (LPFM) radio station that would



The "doodle" provided to Academic Senate by Professor Enid Ryce.

be hosted from the current student broadcast studio. Levinson said OtterMedia and LPFM are part of the same project. He questions why the two are being presented as two different areas of interest.

However, Ryce offered an alternative view to the Senate. Ryce presented a "doodle" that she created to demonstrate the separation between the two projects and her department. The handout also noted the new role of AS as overseeing OtterMedia.

Ryce and Levinson had a brief exchange following Ryce's comments. The two disagreed about information from CSUMB engineer Ron Thompson related to the LPFM project.

The personnel issues linked to OtterMedia and the LPFM station makes an already confusing and contentious situation even more complicated and emotional.

Despite the outcome of the vote, the resolution will have little to no impact on the future of either OtterMedia or the LPFM project. The resolution will again be presented to the Academic Senate during the Oct. 12 meeting. "There will be an opportunity for a motion and a second by Senate voting members and then a time certain for discussion (if there is a motion and a second)," said Professor Pat Tinsley McGill, president of the Academic Senate. "Anybody in attendance can comment during the discussion time, but we try to be sure to accommodate comments by voting Senators."

The meeting begins at 12:10 p.m. in room 1180 of the Tanimura and Antle Family Memorial Library. Richardson noted: "No matter

what decisions are made by Academic Senate, or any other group on campus for that matter, the Associated Students are here to advocate on behalf of any student concerns. Our voices and our advocacy efforts have overturned decisions before and we will do anything we can to ensure that students are happy through this transition process."

Part two will explore more issues related to the LPFM station, as well as provide an update on the Academic Senate vote on the resolution and a progress update on OtterMedia's transition.

Editor's note: D'Quan Stewart has been an OtterMedia DJ for three semesters.

"U" wanna "ROC"?

By Achelle Reynoso

"We focus on all that stuff that you don't get in your normal classes, like how to apply to grad school," said Carla Fresquez, Undergraduate Research Opportunities Center (UROC) research associate. "It's a pretty sweet deal."

To College of Science students research is often an important part of earning an undergraduate degree. California State University, Monterey Bay's (CSUMB) UROC program offers many tools to help students get involved with research.

UROC places students with

To be in the UROC Scholars program, a student should be at least a sophomore. They are required to have a minimum grade point average (GPA) of 3.0 and are responsible to attend four semester-long UROC courses.

In these courses students receive guidance for conducting research and are provided assistance on the "hidden curriculum," which includes things not often taught in a classroom setting, such as how to apply to graduate schools and scholarships.

The UROC Researchers program is open to all CSUMB stu-

Although the majority of UROC Scholars have been from the College of Science, students from any major are welcome to apply as the program looks to expand.

Third year Liberal Studies major and UROC student assistant, Haylea Hesketh, said she is excited for the upcoming year to see students from different majors get involved with the program.

"Benefits of UROC include networking, experience doing research in your field of interest, as well as resources such as workshops for GRE prep and grad

"Although the majority of UROC Scholars have been from the College of Science, students from any major are welcome to apply as the program looks to expand"

on-campus researchers, as well as external partners. "Students are partnered with research mentors so that they are given individualized attention in terms of being able to receive help with the various stages of the scientific process," said Fresquez.

Incoming UROC students will be placed in one of two programs, the UROC Scholars program or the UROC Researchers program.

dents with a minimum 2.75 GPA. This program is more flexible as students are only required to participate in two of UROC's workshops.

This semester UROC will offer 18 workshops open to all CSUMB students. These workshops will cover graduate school preparedness, how to find research opportunities, presenting research and other topics.

school application help," said Hesketh.

If you are interested in being a part of UROC, please stop by the office, located on the second floor of the Tanimura & Antle Family Library, suite 2150. Applications are being accepted now through Nov. 2.

For additional information please visit: <https://csumb.edu/uroc>.

New faculty in the College of Business enjoy Monterey



CSUMB's Business and Information Technology Building

By Aubrie Layne

Since the opening of the Business and Information Technology (BIT) building, new faculty have settled in at California State University, Monterey Bay (CSUMB) graciously.

Shwadhin Sharma, assistant professor of Computer Information Systems and Database Management (CISDM), has established a place within the College of Business community.

After completing his masters from North Carolina and Ph.D. from Mississippi State University, Sharma was looking for a position to fit his interest of being a researcher and a faculty member. "I found a job opening in CSUMB and applied for it."

The coastal views and friendly

atmosphere of CSUMB suits not only Sharma but Dante DiGregorio, associate professor, as well. Originally from New Mexico, DiGregorio searched for a university that was similar to his hometown.

"I really like the way that faculty and staff at CSUMB are committed to helping students learn and succeed. There's a high level of commitment to the mission, with fewer silos than my previous school. Enjoying an ocean view from my office in the wonderful new BIT building is a nice bonus too," said DiGregorio.

In addition to the wonderful views at CSUMB a new faculty member Christina Zhang, assis-

tant professor, expressed how impressed she is with the students' work ethic and motivation to succeed.

"They are totally different from the ones I encountered at private schools. They are not entitled, neither are they pushed by their parents. They are the ones that want to succeed in class and eventually get a college degree. They understand the importance of education. Most of them are first-generation college students. They overcome quite a bit obstacles to get to where they are now. This is definitely something you don't see as much in private colleges," said Zhang.

OTTER REALM

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY

The Otter Realm is a student publication produced by the HCOM 387 and HCOM 389 classes. Opinions expressed herein do not necessarily reflect the views of the Otter Realm, CSUMB administration, faculty or staff.

The Otter Realm serves two purposes: It is a training lab for students who wish to develop journalism skills, and it is a forum for free expression of campus issues and news. The Otter Realm Editorial Board will determine what to print on these pages and reserves the right to edit for libel, space or clarity.

Advertising revenue supports Otter Realm publications and events. Letters to the Editor should include first and last name and should be less than 300 words, submitted via email. The Otter Realm will not publish anonymous letters and reserves the right to reject any Letter to the Editor for any reason.

NewsRoom: (831) 582-4066
Advertising: (559) 920-6990
email: otterrealm@csumb.edu
Office hours: Wed. 4 - 5 p.m.
 Wave Hall Building 4

EDITOR-IN-CHIEF

Briana Mackey

PRODUCTION MANAGER

Alex Hennessey

ADVERTISING MANAGER

LaMarcus Bailey

WEBMASTER

Toutoua Vang

MULTIMEDIA MANAGER

Lupe Bercerra

REPORTING STAFF

Achelle Reynoso

College of Science

Andres Hernandez

College of Health Sciences and Human Services

Aubrie Layne

College of Business

Caroline Carroll

Fort Ord Reuse Authority

Colin Bockman

City of Seaside

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Student Activities/OSU

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ADVISORS

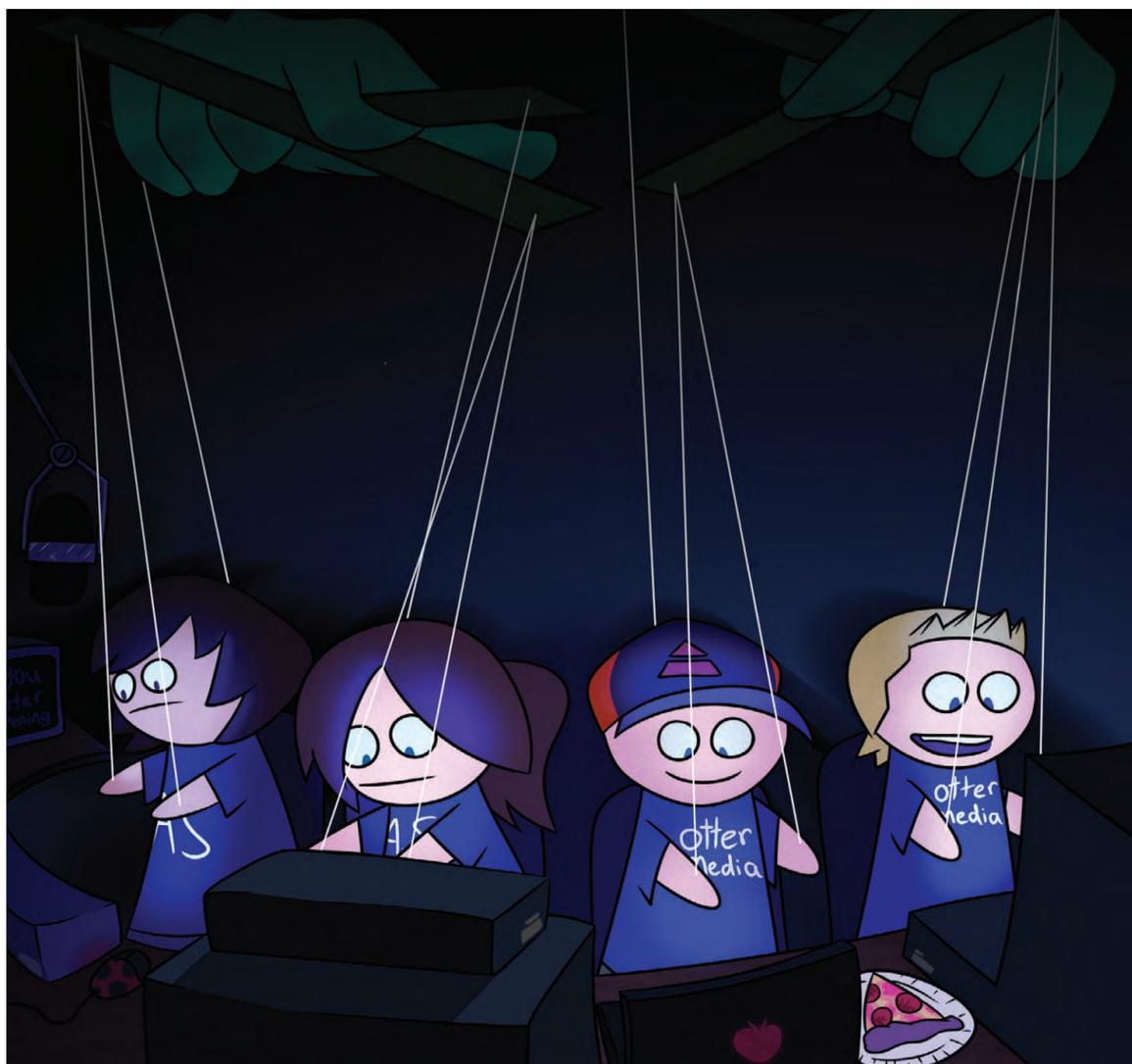
Estella Porras

Sam Robinson

Corrections:

In the Sept. 17 issue of the *Otter Realm*, the page 5 caption incorrectly stated the bullet that struck Aram Hami's bumper was retrieved by police and put into evidence. The bullet was never found.

Support AS in OtterMedia



Andre Sitolini/Otter Realm

By Editorial Staff

The past couple of weeks have been a whirlwind of miscommunication and confusion on campus regarding the fate of OtterMedia. In a heroic effort to help the students continue their beloved program, Associated Students (AS) has done everything in its power to make the transition of OtterMedia smooth. The *Otter Realm* fully supports AS in its leadership and guidance of making this transition possible.

It's obvious many students have strong emotional ties to OtterMedia, and former advisor Steven Levinson. The public forum held by AS on Sept. 22 was a display of tensions and frustrations of misinformed

students finally being voiced. "I just don't understand why we can't start again, like tomorrow, and not next semester," said a student DJ at the forum.

The decision to cut OtterMedia as a class was made by the Cinematic Arts and Technology administration because: "CSUMB didn't see that OtterMedia was helping folks graduate," said AS President Emma Richardson. Students previously involved with OtterMedia were led to believe that the entirety of OtterMedia was going to be cancelled, when in fact it is very much alive.

Richardson, thoroughly explained to students at the 7 p.m. public forum that an immediate transition of OtterMedia was just not possible. Despite

the hostility of students in OtterMedia towards AS, Richardson was composed and defused many of the distorted accusations. Understandably, AS has its own guidelines and regulations that they have to approve before OtterMedia students can start their radio shows again, something students are having a hard time understanding and accepting.

"We just want Steve," said another student at the forum. Unfortunately, what happens to Steven Levinson as an Advisor of OtterMedia is not up to Associated Student leaders, and is rightfully seen by them as a separate issue they cannot control.

What is important in this whole situation, is that students will be able to continue their participation in Ot-

terMedia, something that was only made possible by AS stepping in to take it on as a student organization. At a four year institution of higher education, decisions on programs cannot be made on an emotional level. This ordeal has taken a lot of people's time and energy, and should be looked at objectively. The focus needs to be on student learning and enrichment, and not campus politics.

If the students in OtterMedia were fully engaged and hands-on in the past, they should have no problem transitioning the leadership from Levinson to student staff members under the guidance of AS. The *Otter Realm* is excited to see the growth and progression of OtterMedia as it makes this transition.

Women's athletics: separate but equal?

By Joey Bennett

Are women weaker than men? If you think not, then why do we have separate athletic teams for men and women?

Power and control

The questions are: Are men truly more powerful than women? Is there any scientific data to come to this conclusion?

Professional women athletes on average perform 10 percent lower than professional men athletes in general olympic events. This is simply due to the fact that men have higher testosterone levels which allows them to have larger muscle mass than women (in most cases). However, with sports activities it isn't just about muscle mass and physical abilities, it is also about strategy.

"I think mentally we are completely the same... There's an obvious physical difference, so that plays a part in the disadvantage," said McKenna Hill, California State University, Monterey Bay's (CSUMB) guard forward on the women's basketball team.

Male domination

With most major sports teams being 100 percent male-dominated, we need to think about why male sports teams are more popular than female sports teams.

In the United States, the 2014 Superbowl had more than 135 million viewers, while during the same year at the Women's World Cup, the U.S. team's matches had fewer than 30 million viewers.

Why do women's sports have a smaller following?

"I feel that it is just more of a male-dominated world and because of this, men's sports have been on a snowball for ages, where Title IX has only been around so long," said Mykayla Harris, CSUMB's center for the women's basketball team.

Many have speculated over why women's sports don't have as large a

following as men's sports, although not many can find specific reasons or data to explain this.

In 1972, Title IX was implemented to allow women equal opportunities in athletics as men in organizations that are federally funded, such as schools and universities. With more women in sports, minds have been changing over the years and it's time for us to start questioning the need for a separation of men and women in professional sports.

"I feel like in the high school, elementary and college level it's not a big difference. It's really when it comes to the pro [professional level], where it is a disadvantage," says Hill.

Women athletes grow up their entire lives trying to become the best at what they do, and yet even if they do become the best, they still cannot shine in the spotlight while men are given this privilege much more easily, just because they are men.

Let women in!

Women should be allowed to participate in major league sports if they show the capability to perform equally or better than men, based on skill, not on gender. Sports leagues should work to create leagues which include men and women equally, not by excluding women without even giving them a chance.

The separation can be beneficial in creating a balanced atmosphere for women due to the fact that men do have that extra muscle mass. However this does not mean that when a woman is powerful enough to join a major league team, that she could not.

So in all, it seems fair to ask: Would it be harmful to integrate men's and women's teams based on skill?

We all can think of a time where a woman has outperformed a man, we've seen it in the businessworld, in education, in leadership, in war and yet we can't see it in sports?

When will there be a day where a girl can say: "I can't believe I just got beat by a boy?"

Memoirs Of A Male Feminist

All we need is love

By Christopher James-Justice Siders

Martin Aguilar, a 26 year old, California State University, Monterey Bay (CSUMB) alumni, hip hop artist and former president of the Gamma Zeta Alpha Fraternity, Inc. chapter at CSUMB stated he never identified as a feminist until he started to think about society as a whole. "I have high expectations from myself in terms of what I hope to impact with my art and ideas on the betterment of our communities...[I] do feel that all issues need to be shed for healing and progress, from those who identify as minority to those who come from broken families to our women of all backgrounds."

Aguilar defines feminism as a global effort to educate ourselves and raise awareness on the different societal ills women face on a daily basis: various gendered based problems ranging from domestic violence to rape to work salary differences. He developed this understanding of feminism through a Social and Behavioral Science 350 course on campus.

In addition to the influence he gained from his education, Aguilar felt that his Native/Mexican American heritage has shaped his culture in relation to the culture of feminism. "We are not all the same...we do not all identify into one thing. I think this knowledge has allowed me to perceive all of us as diverse yet living under the same communities. These are the same identities that bring me to want to change certain traditional ideas about various things and genders...Not all ideas need changes, but the way different people are perceived or treated do," said Aguilar.

Aguilar feels that one way individuals obtain these different ideas regarding hyper-masculinity are from religion. "Religion which affects my Mexican culture part of me, which cultured my parents, which

raised me. Since I disagree with the varying ideas that come from that source, I think that is what affects it," said Aguilar.

Gender violence has a deep impact on Aguilar's life as it was something that occurred often in his household. "My father and mother would get into many arguments. Some of those arguments would even escalate into a physical violence. It did not get to the point where my mother was injured badly, but it did happen enough to cause some form of trauma in my life."

In relationships, when verbal abuse is apparent, it is a sign that things may get out of hand. I have been guilty of this in my past where me and another individual were arguing and things escalated to which we started to use profane language directed towards one another, purposely trying to inflict emotional harm. Verbal and emotional abuse are the first warning signs to physical violence, all under the umbrella of gender violence.

Aguilar believes that men must acknowledge their own "multi-dimensional" identities to become better allies to women in the fight for equality. "After [men] do that they must begin to recognize others who have their own identities and they may differ from our own and respect those. At the end of the day love should be the ultimate gesture in whatever that manifests, whatever we do should come from a place of love."

With that being said, Aguilar also believes that self love, patience and education are key to destroying the patriarchal system in our social norms. "... Sharing ideas via whatever platform, we can essentially move towards, creating new system of living that would better suit everyone."

Marina woman tastes the sweet reward of owning her own business



Cheesecake Dreamation mini taste bites: oreo, caramel pecan and raspberry swirl. Sam Gray/Otter Realm

By Samantha Gray

It's important to be mindful of what goes in our bodies and that involves fueling it with the most important meal of the day, dessert! One might be thinking this is Monterey and the only options are clam chowder or fish and chips. Look no further than Reservation Road for a family owned dessert shop, Cheesecake Dreamation.

"This is better than the Cheesecake Factory. [Cheesecake Factory] lacks flavor and it's dull compared to Dreamation," said California State University, Monterey Bay senior and math major, Carlos Aguilar. His first trip to the shop was one he doesn't regret as he ordered six "mini tease bites" of various flavors, "which were all amazing."

Located at 265 Reservation Road in Marina, the shop was started a little over a year ago by Melissa Yeater. Opening up her

own shop was inevitable given her previous catering profession and operating an online business for about seven years.

"I always knew I would open a shop and the way things started falling into place made it that much more of a reality," said Yeater.

When entering the shop, the

"This is better than the Cheesecake Factory"

color purple may be overwhelming, but adds another personal touch since it is Yeater's favorite color. Inspirational quotes on the walls were also hand picked by Yeater.

When you visit the store, you'll notice the wall to the left reads: "Dream until your dreams come true," and attached to Dreamation's logo is the Biblical

verse, Jeremiah 29:11. "My faith in God is what motivates me and drives me. I know that with Him I can do all things," said Yeater.

Along with these encouragements, Cheesecake Dreamation uses authentic ingredients accompanied by appreciated costs for college students and a welcoming atmosphere.

Some of the flavors offered in the shop include caramel pecan, Oreo, raspberry swirl and many more. These can be ordered as a whole nine-inch cheesecake for \$27, a four-inch "teasecake" for \$6 or a dozen of their signature mini tease bites for \$20. The shop not only serves on Reservation Road, but caters to weddings and group events.

Yeater hopes to open more locations while increasing customer satisfaction. She also strives to spread her passions for baking and cheesecake with the world because, as she said: "Who doesn't love dessert?"

What's your personality credit or debit?



Photo provided by Wikimedia

By Lori Mackey
Financial Literacy Advisor

Credit gives you flexibility and debit is immediate. So what kind of money personality do you have? Are you a Saver or a Spender? If you're a spender a debit card will be your best friend. It will take care of you and not allow you to spend money you don't have. But you can still get in trouble with overdraft fees, which can run \$35 each just for starters.

If you're a saver, credit cards are great because you can save with points, reward programs and travel incentives. But you have to watch it just like a debit card, because as we all know spending money is extremely easy. A couple nights out and in debt you go. If you start running a balance and don't pay it off monthly no amount of rewards will make up

for the interest you'll pay.

If you decide debit cards work best with your personality there's a new company called Simple. com their motto "Save with ease, spend with freedom." It's a Visa debit card, has zero fees, and makes tracking your money easy and fun. Rather than giving you a "current balance" they have "Safe to Spend." It's easy and did I say zero fees even if you overdraft your account.

Credit or debit the biggest deciding factor of your money personality is your FICO score. This score will determine if you can get a job, an apartment or a loan.

If you apply for a job that has any security risk the company will run a credit check to see your financial situation. If you're renting an apartment or applying for a loan, they will run a credit

check on you to see your financial history.

If you've never seen your credit report visit creditkarma.com and check out your financial report card. It's free and valuable information in deciding what's best for you.

Credit Karma probably will have some offers pop up that you qualify for, but the best credit card for you will depend on your personality and if you're planning on paying it off monthly.

If you plan on rolling over a balance then forget the rewards and go for the lowest rate you can. Don't be fooled by the zero percent introductory rate, and read all fine print before signing. Remember the golden rule: If it sounds too good to be true, it probably is.

Letter from AS President: Emma Richardson

Hello Otters,

Your Associated Students (AS) hope that your semester has been excellent thus far. We are excited to be a part of your college experience as we continue on throughout the fall!

There is plenty going on in the lives of your Associated Students officers. We are gearing up for some fun, innovative and empowering events that are coming up over the next few weeks. The Associated Students are hosting the first Blue Crue tailgate of the semester on Oct. 2. The tailgate will be at 6 p.m. at the Otter Sports Complex where there will be free food provided for Blue Crue members.

We are also thrilled to be partnering with the Otter Student Union and Otter Cross Cultural Center to bring Alicia Garza, a social activist and co-creator of the #BlackLivesMatter movement, to campus. This event will take place in the Univeristy Center Ballroom on the evening of Oct. 6, doors open at 6:30 p.m.

AS is also working on the transition of OtterMedia. We are collaborating with students, staff and faculty to ensure that the program can continue and thrive as a student run organization. We are gathering information, developing structure and analyzing the needs of the program. Each day we are closer to perfecting OtterMedia and will continue to update the students as we take steps forward.

There are also some positive initiatives to report on that are happening in other areas of campus. First, the Personal Growth and Counseling Center (PGCC) will be extending its Tuesday hours through 7 p.m. Because



of student concerns that were raised in the spring, there will be a review of the PGCC staff, services and practices. This way, changes can be made where they are necessary. There are also positive changes that are being implemented in the Financial Aid Office. To create more efficient practices, student assistants will now be able to take calls and respond to emails from students. This way, financial aid counselors have more time to dedicate to responding to students with more specific inquiries.

We, at your Associated Students, are continuing to advocate for students on the campus, local and statewide level. We encourage students who want to be involved with our advocacy efforts

to join the AS Lobby Corps that meets weekly on Mondays at 8 p.m. in room 150 of the Student Center.

Thank you all for your contributions to the California State University, Monterey Bay (CSUMB) community. We are thrilled to have you here and are happy to represent the magnificent students who develop this campus every day. If there are any issues that arise, or if you have any general inquiries, please email me. Go CSUMB, go Otters!

Thank you,
Emma Richardson
AS President
aspresident@csumb.edu

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WORLD COMMUNION SUNDAY
October 4, 2015 @ 10:00 a.m.

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A feel a day keeps the doctor away

Breast cancer awareness month is here!

By **Achelle Reynoso**

October is a month filled with trick-or-treating, candy and laughter. Although it is a time for play, what some do not know is that October is National Breast Cancer Awareness Month (NBCAM). The event is intended to create awareness about the disease, how it is detected, treatment options and providing support for those afflicted.

"One in eight women will be diagnosed with breast cancer in their lifetime," according to the National Breast Cancer website.

This would mean in a lecture hall at California State University, Monterey Bay (CSUMB) that contains 50 women, at least six will be diagnosed with some form of breast cancer in their lifetime.

"An estimated 220,000 women will develop breast cancer this year and over 40,000 will die from it," according to the National Breast Cancer website. Since it is the second leading cause of death among women in the United States, NBCAM stresses early detection and the importance of self examination.

Self examination can be done in the shower, in front of a mirror or laying down. By looking at and touching your breasts regularly are good ways to familiarize yourself with the texture of the tissue. If a lump does occur you will notice the change and be able to call a doctor for a professional check up.

"Forty percent of diagnosed breast cancers are detected by women who feel a lump, so establishing a regular breast self-exam is very important," according to Johns Hopkins Medical Center.

Even though it is very common in women, men are not necessarily safe from this disease. An estimated 2,150 men in the U. S. will develop breast cancer and 410 will die each year from it.



Vanessa Stage

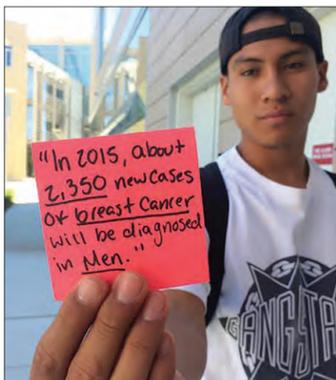
"I feel Breast Cancer Awareness Month is important because it's not only a women's issue but it does affect men as well. The more we can bring attention to it and encourage people to check themselves, the more lives and families we can help get treatment earlier," said fourth year biology major, Vanessa Stage.

Stage's grandmother was diagnosed with breast cancer in 2013. For someone in the same position: "Cry at first because you need to. After that, get ready to be the best cheerleader for that person. Also get involved with organizations that support Breast Cancer Awareness."



Evan Gerling

Evan Gerling, first year cinematography major, who was young when his grandmother was diagnosed with breast cancer said: "I want people to be aware of the treatment and the support they have out there. Not only for the victims of breast cancer, but for the families that are affected as well."



Alex Roman

Second year human communication major, Alex Roman, says his family friend was diagnosed with breast cancer this past summer. "I believe Breast Cancer Awareness Month is so important because it makes people more aware of the resources for people that have cancer. It lets them know that they are not alone."



Kristina Fry

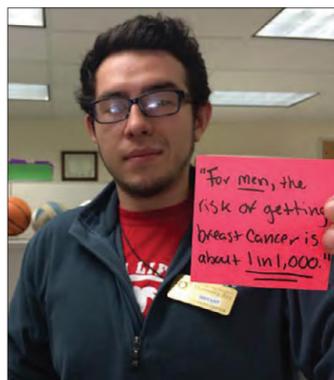
Kristina Fry, a second year psychology student here at CSUMB, was only 14 years old when she found out her stepmother had been diagnosed with breast cancer. She feels it is very important to know about breast cancer because of how sick people can get from it.

"Having Breast Cancer Awareness Month really helps get the idea out and lets men and women know the possible symptoms and signs of breast cancer," said Fry. "The biggest thing I want people to know is how to perform a self exam. Stay close with your family, give big support, and stick through it," said Fry.



Elyse Colbert

Human communication fourth year, Elyse Colbert has been close to two women with breast cancer: her grandmother and her mother's best friend. Having a month dedicated to bring awareness to the disease is important to Colbert because: "The more people that know about it, the better chance we have of beating it."



Bryant Gutierrez

Student Center front desk employee and second year marine science major, Bryant Gutierrez, has had a very personal experience with breast cancer, when his mother was diagnosed his junior year of high school.

Gutierrez advises others to help out in any way whenever possible: "Everyone knows it is bad, but I want more people to be educated on how severe it gets and what people go through."

Caution! Critters creepin'

By **Sophie Snow**

Remember that time when you were walking back to your residence hall late at night, turned the corner and out of nowhere a raccoon pops his head out of the trash can and glares at you? It's chewing on its prized leftovers as it eyes you suspiciously, twitching its nose, trying to pick up the scent of any food on you.

The two of you have a stare down like you're in the Wild West until it makes the first move, and you're sent running in the other direction.

The raccoon always seems to win.

Forget the raccoon for a moment though. How would you like to turn the corner and find a black bear rummaging through the trash? This wasn't a fictitious scenario, but reality for residents of East Campus this summer.

California State University Monterey Bay (CSUMB) is located within woodland areas of the Bureau Land Management (BLM) which makes Fort Ord a protected area due to its national history and abundance of wildlife.

Common inhabitants of the area include raccoons, skunks, deer, coyotes, mountain lions, bobcats, turkey, rattlesnakes and on extremely rare occasions, black bears!

It is not uncommon for students to come into contact with wild animals.

Davonte Johnson, a senior, recalls an encounter he had with a skunk here on campus: "I was leaving campus late at night. I took General Jim Moore road, and there was a skunk in the middle of the road. I didn't want to stop drastically, so I swerved to avoid it and came to a full stop. I tried to save its life by

avoiding it but it sprayed anyway. I took a shower when I got home that night. My car also reeked for an entire week."

Angela Gonzales, a junior, also has had her share of wildlife interaction.

She and a friend were coming back from East Campus, driving pretty fast, when suddenly, a deer popped out of nowhere. They screamed and slammed on the breaks. Their bodies lunged forward, almost hitting the dash. Panicked with fright, they believed that they had hit the deer. However, it casually pranced off the road, unharmed.

Both of these encounters are examples of why students should be educated about the environment that surrounds our campus and how to be cautious in possible interactions that may end up harmful to both animals and humans.

If you encounter a wild animal, you should always make yourself appear bigger than the animal by waving your arms vigorously and making a lot of noise to scare it away, said Officer Stacie Russo of the University Police Department.

"Always fight back," Russo added.

Simple tips in avoiding a confrontation would include: do not leave pets unattended or outside at night, remove potential water and food sources, do not walk alone, and if there is a confrontation, take Russo's advice.

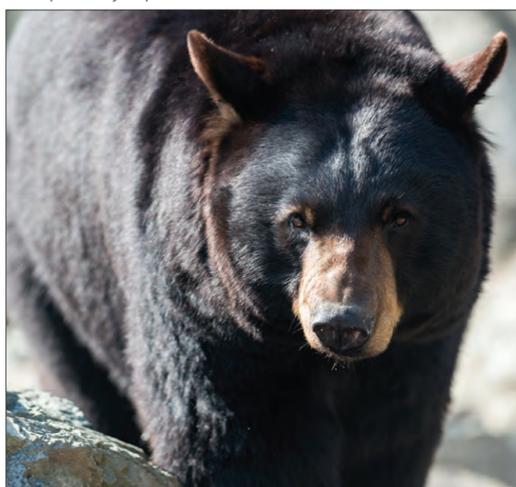
Next time you take a hike through the beautiful Fort Ord trails, keep in mind that you are not alone, and that you are a visitor in someone else's home. Be respectful of the life around you.

Also remember, that the trashcan bandit always wins the stare-down.

Attacks or any incidents are to be reported to the UPD at (831) 655-0268.



Photos provided by wikipedia



PEOPLE ON CAMPUS

Where is your favorite spot to eat at on or off campus and why?



JUDAH YOUNG
FRESHMAN, BIOLOGY

"On campus, Starbucks because I love their lemon cake. It's the best cake ever! Off campus, Panda or Chipotle because I love Chinese food and my mom loves Chipotle."



KANO VANG
SOPHOMORE, MARINE SCIENCE

"Keoki's Hawaiian BBQ, the food is really good. It is good comfort food made with love. There is also a 10 percent student discount!"



DANA WHELAN
FRESHMAN, BUSINESS

"On campus I like to eat at the Otter Express because it has amazing junk food. Off campus I like Chili's because I'm in love with the southwest egg rolls."



MARTIN TELLEZ
JUNIOR, VISUAL AND PUBLIC ART

"My favorite place to eat would have to be Papa Chevo's (Marina) because of their amazing carne asada fries!"



GABRIELLA GOUGH
JUNIOR, MARINE SCIENCE

"My favorite spot off campus is Noodle Bar because it is cheap and good. I also like Harumi, my favorite sushi roll is the Green Dragon."

From one Otter to another



By Georgette Ward

It's not always easy being the new kid at a school where it seems like everyone already knows each other and their environment. As a transfer student, this issue is not uncommon. It takes time to find your way around and eventually you learn the shortcuts. Here are a few tips that I wish someone had told me when I first transferred to California State University, Monterey Bay in the fall of 2014.

Rent, don't buy.

If possible, save yourself some extra cash and rent your textbooks online rather than purchasing them at full price. You can expect to rent a textbook for a fraction of the purchase price and you don't have to find a place to store them once the semester has ended. You simply ship the book back in the packaging you received it in.

There are plenty of ways to go about renting, Kaitlyn Wahl a fourth year psychology major said: "Half.com and Chegg.com are really good sites for renting textbooks. I also utilize Amazon Prime because you can have it two years for free as a student which includes two-day shipping."

Finding the right fit

A useful website to check out before adding classes is ratemyprofessor.com. Ratemyprofessor is a website that allows you to see what other students have to say about the way the course is taught, as well as their personal opinion about the instructor. It is important to make sure that you're taking a class with a faculty member who you feel you can keep up with.

It also is important for students to enroll in courses that match their skill level. Don't take classes that are too easy or too advanced.

"Finding the level of classes they're ready for. I would recommend for science transfer students that they contact Fatima

Ramos, a transfer student coordinator. Transfer student coordinators help students get adjusted to life here on campus," said Karen Wallace, College of Science academic advisor.

CSUMB lifestyle

Be prepared with clothing that can accommodate any season at its extremes. New students are often under the impression that Monterey's climate is a moderate temperature that always stays close to 60 degrees. This can be common during the winter season, but there is also mass amounts of rainfall and harsh winds. If you're not prepared for rain, then you can expect to get drenched while trying to go from class to class.

Summer and fall in Monterey County can also be unpredictable, so don't neglect your hot weather attire. From scorching hot Indian Summers, to the perfect 75 degree beach day weather, students should not underestimate the power of the sun here on the central coast.

If you're on a tight budget, and find yourself eating a not-so-balanced diet, fresh produce is all around us! From your local Grocery Outlet off of Reservation Road, to the year-round farmers markets located in Moss Landing, you can almost always find great deals on fresh produce.

Lastly, bring your student ID wherever you go. From dive shops to movie theaters, your student ID card can be a ticket to student discounts.

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Inked students share their stories

By Katie Kishi

Getting a tattoo is one of the most permanent decisions a person can make, but the decision to do so is more popular today than it ever has been. In America, 36 percent of adults ages 20 to 31 have at least one tattoo, while in general 23 percent of all Americans have at least one tattoo, according to Tattoo Artist Magazine.

The average tattoo cost anywhere from \$75 to \$135 per hour, according to the Alliance of Professional Tattooists.

Although the U.S. Food and Drug Administration regulates the ink used for tattoos, there are still risks. Mild reactions include itchy or inflamed skin, scarring and various allergies. Severe reactions include infections such as hepatitis and HIV.

Some things to look for in order to avoid these risks and receive the best quality tattoos are: a licensed shop, new and sanitary needles directly out of the packaging, experienced artist with a portfolio and employees of the shop who are concerned for your health and safety.

Many tattoos are considered works of art and carry unique personal significance. Furthermore, tattoos are becoming more socially acceptable. California State University, Monterey Bay has its fair share of inked students willing to share their stories.

KENDALL TAMBURRI, SENIOR COASTAL REDWOODS INSIDE OF BICEP



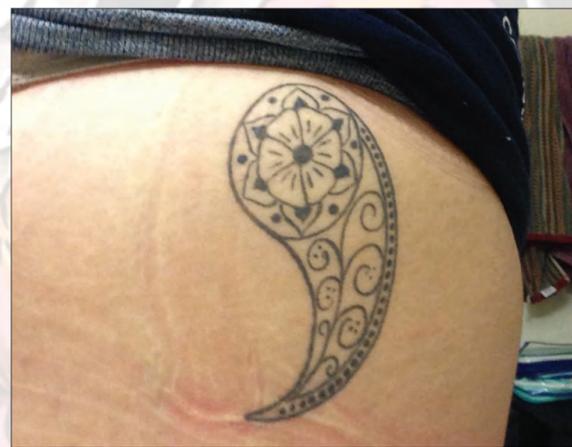
Coastal Redwoods are trees located in Big Sur, where Kendall Tamburri loves to go. Her boyfriend has a similar tattoo of the type of trees where he is located, so it reminds her of their similar stories.

"The pain increased as time went on and it was definitely the most painful out of all my tattoos," said Tamburri.

Tamburri has three tattoos. Her first tattoo is an outline of waves on the back of her neck simply because she loves the ocean.

Tamburri also has a galaxy tattoo on her back, which was spontaneous and it took five hours, but wasn't painful compared to the trees on her arm: "It just reminds me that my problems are small compared to the big world we live in and reminds me to stay grounded."

KEREN CARDENAS AND JADA GINN, SOPHOMORES HALF OF YIN-YANG RIB CAGE



After seven months of careful thought, best friends Keren Cardenas and Jada Ginn got their complementary tattoos this past spring. Cardenas was preparing herself for the pain since it was on her rib cage, but said that it didn't hurt as bad as she expected. Ginn found that it hurt more for a few days after than when she was getting it done.

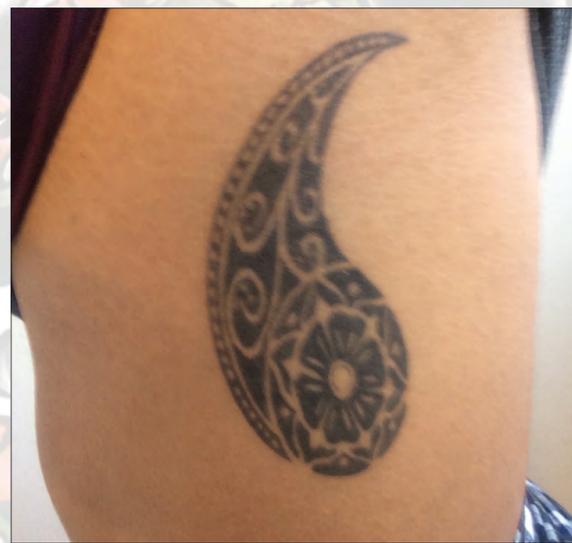
"The yin yang symbolizes opposing forces that complement each other. It just means that we balance each other out and symbolizes our friendship," said Cardenas. "We're like yin and yang: we're opposites but we go together," added Ginn.

JENNA COVENEY, SOPHOMORE CROSS WRIST



Jenna Coveney got a small cross as her first tattoo last December after pondering the idea for a few months. Coveney said that within the two minutes it took to complete the tattoo she felt more discomfort rather than pain.

"I got it because I had just come out of a low point in my life and it signifies the time that God got me back on my feet and reminds me that I am unconditionally loved," said Coveney.



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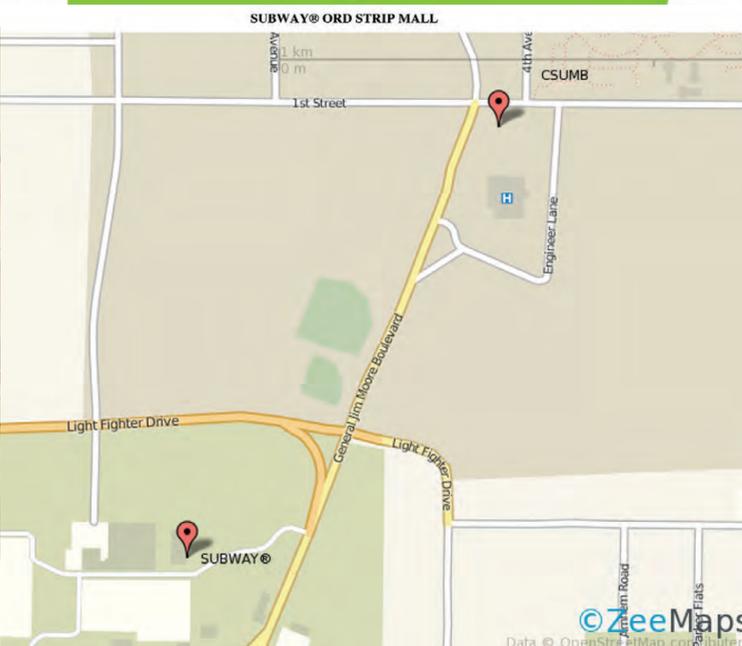
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Offer Expires: 11/1/15

CSUMB students and faculty always receive a free 21oz fountain soda with the purchase of a six-inch or footlong sub (with CSUMB ID).

Disc Golf Club flying high in local community

By Katie Kishi

California State University, Monterey Bay's (CSUMB) Disc Golf Club is making an impact on campus and in the community. On the weekend of Sept. 11-13, a disc golf course was installed at the Los Arboles Sports Complex in Marina specifically for the students of Los Arboles Middle School and the Marina Teen Center.

CSUMB's Disc Golf Club came up with the idea back in January and collected funds over the summer. The project cost approximately \$3,000, but the club received donations from many local community businesses to cut the cost. The Marina Rotary collected funds for the items needed for the course, such as baskets, tee pads and tee signs. The local disc golf community also donated materials.

CSUMB's Women's Disc Golf Club President Traci Alger became the manager of the project through her job as a behavioral technician at Los Arboles Middle School. "I like introducing disc golf to students and was noticed when I helped teach an Adapted Physical Education unit for the Special Education program. The Principal saw my passion for the sport and project," she said.

The Disc Golf Club took great interest in the park when the Marina City Recreation Department was looking to make alterations. The Los Arboles Sports Complex was an ideal location for the course due to the accessibility by the middle school, Teen Center and the public. "Disc golf courses are neat because they generally use the environment as the obstacles, requiring little destruction or construction of the park," said Alger.

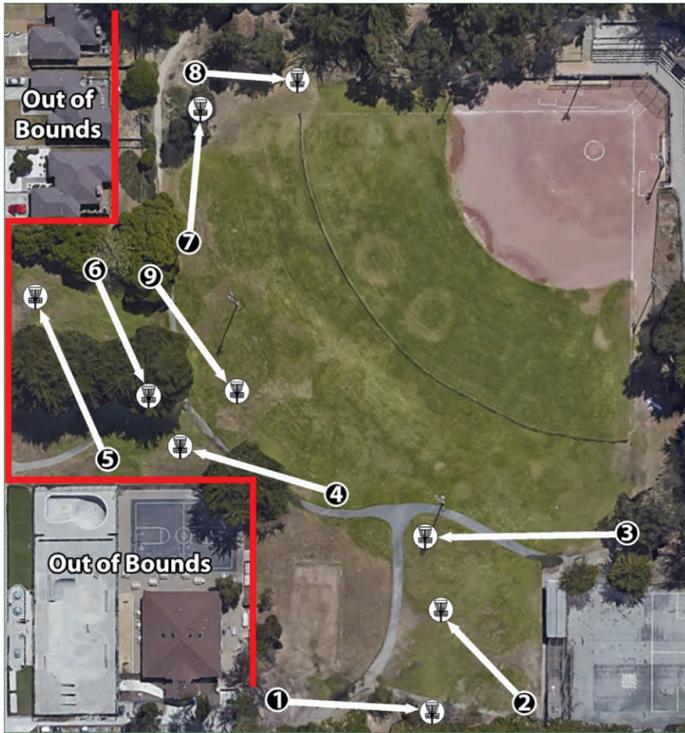
The course has nine holes, which is half the size of a standard course, and utilizes the areas around the baseball field and practice field at the Los Arboles Sports Complex. Each hole has a basket, tee pad and tee sign. Baskets are the disc catching targets, tee pads are the locations to throw from and tee signs inform players of the distance between the tee pad and the basket.

The installation of a new course allows people of all ages and abilities to play disc golf. Due to the organization of the park people in wheelchairs have the potential to play without obstacles. "The presentation of a new sport students have not yet tried will be inter-

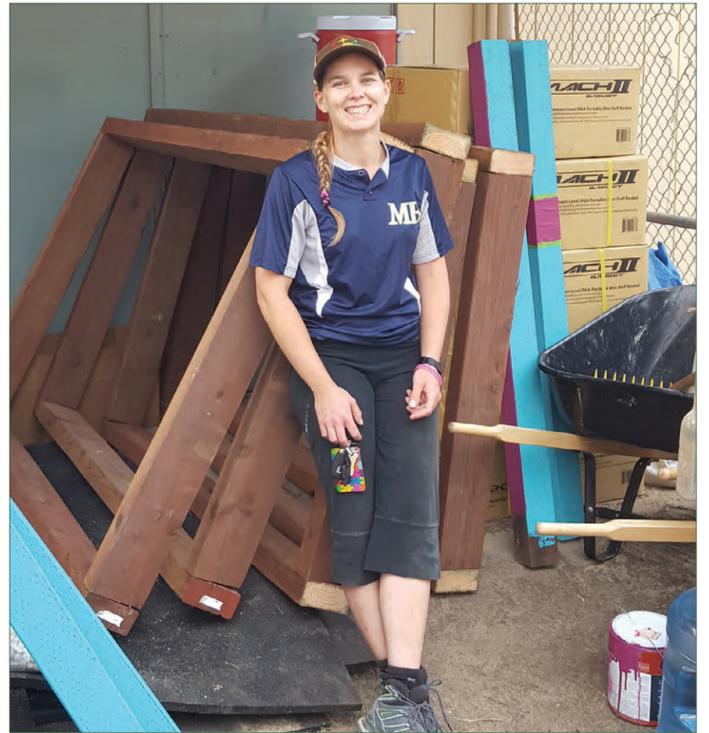


Construction and installation of the tee pads takes place on the property.

Photos provided by Traci Alger



Layout and tee locations for the new disc golf course at the Los Arboles Sports Complex.



Women's Disc Golf Club President Traci Alger awaits the installation of the equipment.

esting and inviting to them. It allows students to try something new and is a lifelong sport," said Alger.

CSUMB's Disc Golf Club Treasurer Chris Holbrook also helped with the installation of the course. "We wanted the sport to be experienced by as many kids in the community as possible. It means a lot to introduce the sport to students and give them a safe place to

practice," he said.

The Disc Golf Club is impacting the community in many ways. The club helps organize the annual St. Jude Disc Golf Charity Invitational to benefit St. Jude's Children's Hospital. The club continues to improve and beautify the courses on campus to increase visibility and ease by moving signs and securing equipment. Additional plans include

beginning an interscholastic or youth disc golf league in the Monterey area. The club plans to put on clinics at local schools and teen centers to teach students how to play disc golf and take them to local courses for practice.

The Disc Golf Club travels locally to play and participates in tournaments out of town, including the annual National Collegiate Disc Golf Competi-

tion. It also hosts several tournaments at both on-campus courses. Club members encourage everyone to try out the sport and get involved. No experience is necessary to join and discs are provided. Beginners are welcome to go to the Cypress course across the street from the University Police Department on Fridays at 10 a.m. to learn how to play.

Get to know Pacific Grove on a deeper level



Lover's Point in Pacific Grove.

Georgette Ward/Otter Realm

Dive into the waters of Lover's Point and enjoy local marine species up close and personal

By Georgette Ward

Enjoying Monterey County's beaches is one common way to spend a sunny Saturday afternoon, but diving under the ocean surface is another experience entirely. Under the sea, you have the opportunity to swim amongst diverse populations of marine life and witness them in their natural habitat.

Pacific Grove's Lover's Point offers a park and beach inlet about 25 minutes south of California State University, Monterey Bay. Lover's Point is one of Monterey County's most popular dive spots. The Monterey Bay is prospering with a variety of marine species including the much-loved and of-

ten seen sea otters, sea lions, seals or even Humpback whales.

"There is definitely a unique marine culture in Pacific Grove that stands out, it's important to pay attention to climate when you snorkel here," said Nicole Dobrin a psychology major. "It's an exciting place to dive because you meet a lot of marine life and become closer with the community."

You can rent equipment from Aquarius, a local dive shop located at 2040 Del Monte Ave. in Monterey. Prices are as listed: \$10 for a snorkel and mask, \$10 for a wetsuit and \$10 for fins. There is also the snorkel

package which includes a mask, snorkel, fins, booties, a wetsuit, hood and gloves for \$35. A 10 percent discount is available with a student ID.

"The best season to dive is winter, so long as you catch conditions between storms," said Max Seale, Aquarius sales associate. "The temperature of the water is warmer and the visibility is much better because there is less phytoplankton."

It's important to check local dive conditions before setting out on your trip, this may be done via website at aquariusdivers.com/conditions/ or by calling (831) 657-1020.

Kinesiology Club looking to grow

By Andres Hernandez

The California State University, Monterey Bay (CSUMB) Kinesiology Club (Kin Club) held its first meeting of the year Wednesday, Sept. 16, with more than 35 Otters in attendance.

Ethan Simpson, president of the Kin Club, facilitated discussion and outlined events for the semester through which the club hopes to extend its reach beyond the campus community. The club strives to promote healthy living throughout Monterey County and bring awareness to the Kinesiology major for prospective students.

"We are looking to get our name out there. We also want to help spread the ideals of health and well-being out to the community," said Megan Lindsay, a second year Kinesiology major and Kin Club secretary. She was excited to see so many faces at the meeting and hopes that they make a consistent return.

The Kin Club recently tabled at the health fair in conjunction with the grand opening of

the Peninsula Wellness Center's new Salinas location. They will also be tabling on Oct. 3 at the Monterey Beach SportsFest and on Oct. 5 at the CSUMB Majors Fair from noon to 2 p.m.

Aside from community outreach, the club looks to support its members by providing access to resources to facilitate healthy living and academic success. The club hopes to negotiate discounted pricing for National Strength and Conditioning Association certification study materials; as they will no longer publish text books to assist students attempting the certification exam.

Whether you are looking for study buddies or gym buddies Kin Club is a great place to meet peers within the Kinesiology department.

For more information about Kin Club contact them by logging into CSUMB Community or attending a meeting on every other Wednesday of the semester at 5 p.m. in the Student Center West Lounge.

Tai Chi in Seaside

By Colin Bockman

"Warning: Tai Chi is addicting and can be good for your health and wellbeing," said Albert Sterwerf, local Tai Chi instructor. Tai Chi is "suitable and beneficial for everyone from an Olympic level athlete to an invalid barely able to get out of bed."

Tai Chi derives from Tai Chi Chuan, a Chinese martial art which translates to "Supreme Ultimate Fist." The practice dates back to the Zhou Dynasty, 1046-256 BCE, according to Ancient History Encyclopedia website.

Sterwerf teaches classes at the Oldmeyer Center located at 986 Hillby Ave. in Seaside, on Tuesdays at 6:30 p.m. As his busy work schedule demands, his current Saturday morning class is on hold. Though, if there is enough interest, classes could resume.

The "earliest roots of Tai Chi Chuan have been lost in secrecy," said Sterwerf, who claims the reason for this is because - in regards to Tai Chi's earliest days - "life and

death could depend on the superior knowledge of a martial artist."

In the last century, Tai Chi has been typically practiced much more as a form of meditation and exercise than as a defense form of martial arts, focusing on the "social and health benefits" of the individual, according to Sterwerf. Today, various styles of Tai Chi include Chen, Yang, Wu and Sun, which all range in different levels of complexity.

Sterwerf emphasizes that stress relief is the best benefit from practicing Tai Chi. While in law school, Sterwerf began to practice the art, to which he credits helped him "at least partially" graduate and pass the bar exam.

Unlike other martial arts such as Karate, Taekwondo and Judo, Tai Chi does not require its students to wear a uniform or to have any equipment. It can also be done practically anywhere, "from a dorm room to a park," said Sterwerf.

Local Events

Co-founder of #BlackLivesMatter to speak Oct. 6

Alicia Garza, founder of the Black Lives Movement will be speaking on Oct. 6. Doors will open at 6:30 p.m. with the speaker following at 7 p.m. in the University Center Ballroom.

The event is free to all California State University students with an ID. Faculty and staff may purchase tickets for \$5, while off-campus general admission is \$10.

"Black Lives Matter is an ideological and political intervention in a world where Black lives are systematically and intentionally targeted for demise. It is an affirmation of Black folks' contributions to this society, our humanity, and our resilience in the face of deadly oppression," wrote Garza for the Feminist Wire.

The event is hosted by Associated Students, Otter Student Union and Otter Cross Cultural Center.



Alicia Garza, co-founder of #BlackLivesMatter.

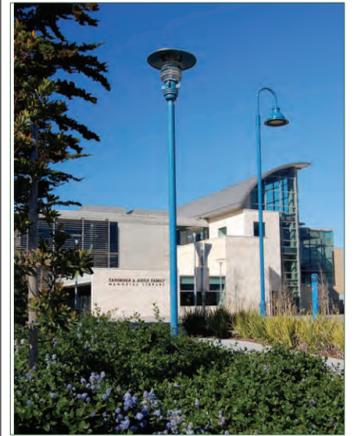


#BlackLivesMatter protest.

Photo provided by Wikipedia

Photo provided by CSUMB

On Campus



Winter and spring advising, registration starts soon

Academic advising for the spring 2016 semester begins Oct. 12. Advising sessions are available online, by phone and in person at the Center for Advising, Career and Student Success office on the Third floor of the Tanimura and Antle Family Memorial Library.

By special arrangement advising sessions are also available beyond regular business hours. Walk-ins are welcomed on Wednesdays from 8:30 a.m. to 4:30 p.m.

Students can schedule an appointment straight from your CMS dashboard, via the "Advising Appointments" shortcut, or call 831-582-3937.

Registration for winter 2016 courses begins Oct. 26. Registration for spring 2016 courses begins Nov. 2.

The Advising office is open Monday through Friday, 8:30 a.m. to 4:30 p.m.

"The New Latinos" screening Oct. 8

There will be a screening of the documentary film: "The New Latinos" on Thursday, Oct. 8 at 6 p.m. in the Music and Performing Arts Hall. The film explores the history of migration from Puerto Rico, Cuba and the Dominican Republic to the United States in the mid-20th century and the indelible mark that Latinos/as of Caribbean origin have made on our country. The film will be introduced with brief remarks by Professor Maria Villaseñor.

The event is the first of eight in a series of screenings of the landmark PBS documentary film series: "Latino Americans: 500 Years of History," which will be coupled with lectures, readings and performances to enrich viewers' experience of the films. The series is funded through a \$10,000 grant from the American Library Association and the National Endowment for the Humanities that was awarded to Professors María Villaseñor (HCOM), Angelica Muro and Amalia Mesa-Bains (Emerita) (VPA) this summer.

The next event accompany screenings of films is a lecture by California State University, Monterey Bay founding faculty and nationally renowned filmmaker Luis Valdez on Wednesday, Nov. 18 at 7 p.m. in the Music and Performing Arts Hall. The events are free and open to everyone.



A still from the documentary "The New Latinos"

President's Speaker Series Continues Oct. 6

Creating workforce and affordable housing in the tri-county area

A thriving region requires not only job creation and a trained workforce, but also an adequate supply of housing that the workforce can afford.

The Monterey Bay region is in the midst of a housing crisis in terms of available stock and affordability. Only 15 percent of the Santa Cruz County and 27 percent of the Monterey County population can afford to own a home.

How can the Monterey Bay region ensure this essential component of a productive regional economy? What are the appropriate policy levers in zoning and strategic planning? What other economic elements, such as alternative funding sources, must be present?

Three experts will discuss solutions for affordable housing in the tri-county area at 3:30 p.m. in the World Theater Oct. 6.

The panelists include: Carol J. Galante, Professor and Faculty Director in Housing and Urban Policy, UC Berkeley; Jennifer LeSar, an expert in community development and real estate finance; and Owen Lawlor, an expert in real estate development and environmental design.

To RSVP for the event visit: <https://csumb.edu/president/presidents-speaker-series-0>.

Urban Death Project presentation Oct. 2

Because death is momentous, miraculous and mysterious...we propose a new option for laying our loved ones to rest.

These are the opening words on the Urban Death Project's website. The group promotes a program that utilizes composting to "safely and gently" turn the remains of the deceased into soil-building materials.

The found and director of the Urban Death Project, Katrina Spade will be at the California State University, Monterey Bay Alumni and Visitor Center on Oct. 2. She will talk about the history of the project, the architectural structure of cities and the place of humans in the natural world.

The presentation starts at 4 p.m. and is free to attend. For more information email: dfernandez@csumb.edu

COMMITTED to the cause

By Heather Audyski

"The best way to find yourself is to lose yourself in the service of others."

- Mahatma Gandhi

In 2013 California State University, Monterey Bay (CSUMB) introduced the Catalyst Center (CC) to its ever growing campus. The CC is a resource center for students participating in realms of co-curricular service, including: community engagement, civic engagement, volunteering and philanthropy. Their purpose is to foster student service to contribute to the quality of life of the community.

Volunteering is beneficial in many ways for it gives one a chance to give back to their community and to learn about themselves. By volunteering one can gain knowledge about how to solve their community needs, while possibly learning something about themselves that they had not previously known.

"Other than free admission to the Aquarium, I gained a lot of knowledge," said Ashley Stout, a senior who volunteered at the Monterey Bay Aquarium. "I learned a lot about the ocean and conservation of course, but I also learned a

lot about the history of Monterey and its bay. I also gained a sense of community that I didn't feel that I had since moving to Monterey. It opened the door to meeting totally different types of people in a new setting. While volunteering there I also learned that I can talk to anyone when I am confident in my knowledge." The CC works in part with AmeriCorps Volunteer Infrastructure Program (VIP) members. The members focus on running the center, as well as finding ways to vastly improve upon the CC itself.

"The center gets involved with events off campus by creating partnerships with organizations around the community," said Eduardo Moreno, CC employee.

Recently, the CC has started a Catalyst Center bi-monthly newsletter which promotes upcoming service events.

In 2014 the Catalyst Center introduced the Cesar Chavez Service Challenge (CCSC). The purpose of the CCSC is to honor and commemorate Cesar Chavez's legacy and the Farm Workers movement through educational events and service opportunities. The challenge works in collaboration

with various clubs and organizations at CSUMB.

"What I learned from my volunteer work is that even though I'm just one person I can make a difference. I learned that I really enjoy giving back to my community with all of this different volunteer work," said Moreno, who is a past winner of the CCSC.

How to get involved

Students can either visit the CC in person, subscribe to the newsletter or check its social media sites such as Instagram, Facebook and Twitter, @csumbcatalyst, to learn about upcoming community service events. There is also a calendar located on the center's website, which shows future events.

Upcoming Events and Volunteering

On Saturday, Oct. 3 the Central Coast Heart & Stroke Walk will be held at the Monterey Custom House Plaza, next to Fisherman's Wharf in downtown Monterey. The Business Development Coordinator for this event is Kate Wokowsky who will be participating in the walk for the first time.

The goal of the event is to raise \$80,000. Donations can be made through the Heart Walk website. "The donations go towards research and education to build healthier lives, free of cardiovascular disease and stroke," said Wokowsky.

The American Heart Association is currently looking for volunteers to help with a variety of tasks including morning set up, preparing the walk route, various activities, to cheer on walkers, work the hydration station and to help clean up. Arrival time is set for 6 a.m. and the finish time is noon.

The event will include a 5k walk, refreshments, Kids' Zone, music and more! By volunteering you are helping this cause build healthier lives free of disease and stroke.

Volunteers are encouraged to sign-up ahead of time by contacting Wokowsky at Kate.Wokowsky@heart.org or (831) 757-6221.

For more information on how to volunteer at the Catalyst Center visit: <https://csumb.edu/catalystcenter>

Caption Contest



Photo provided by wikimedia

Each issue, the Otter Realm will feature a photo that needs a caption. Send your caption to us, and we will post the winner at otterrealm.com

Any CSUMB student and resident of Monterey County may enter their captions. Good luck!

Sept. 3 issue winner is:

Joan Farley

"Now playing the Rocky Horror Picture Show!"

Send your submissions to
otterrealm@csumb.edu

Sudoku

	7	1				9	6	
			4			8		
5				1	7	2		3
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		8			6			
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Find the answers at otterrealm.com

OTTER REALM

CALIFORNIA STATE UNIVERSITY, MONTEREY BAY'S STUDENT-RUN NEWSPAPER

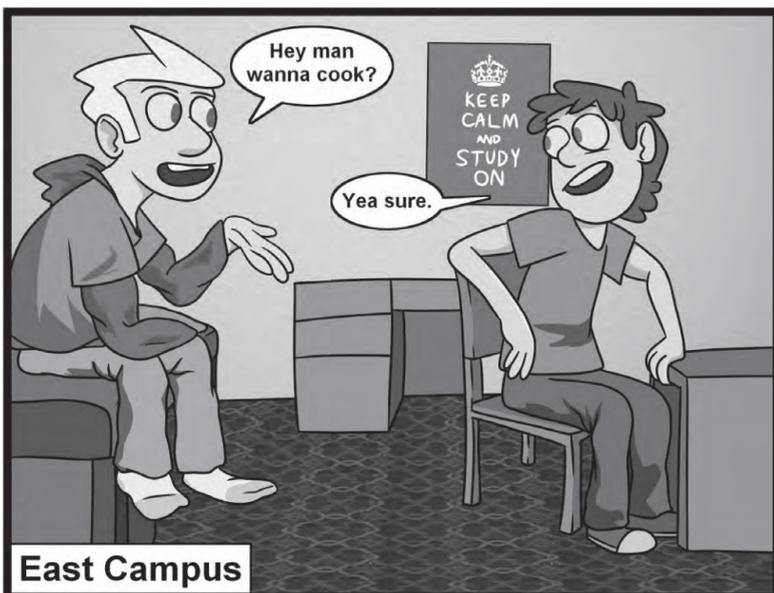
NATIONAL NEWS ENGAGEMENT DAY!

OCT. 6

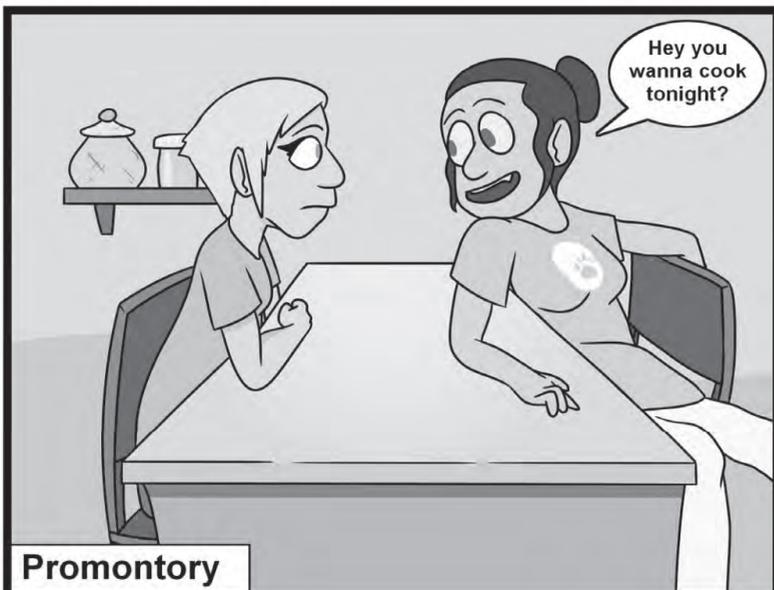
11 A.M. - 2 P.M.

MAIN QUAD

Win prizes and learn about the your local community!



East Campus



Promontory



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